

THE POWER OF PARKS AND RECREATION

CONNECTION
PLAY
COMMUNITY
NATURE
BELONGING
WELL-BEING

NRPA'S JULY
PARK AND RECREATION
MONTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
IMPACTS OF LEISURE AND RECREATION SERVICES COMMUNITY EDUCATIONAL ENVIRONMENTAL HEALTH AND WELLNESS PHYSICAL SOCIAL						
5 Liberty Litter Cleanup Multiple park locations 10:30 a.m. to noon <i>Registration required.</i> bit.ly/kscbcleanup	6 Open Jam Nights Indian Mound Park Mondays, 5-9 p.m. SarasotaCountyParks.com	7 Kids' Summer Beach Runs Siesta Beach Tuesdays, 5:30-7 p.m. <i>Scan the QR code for details.</i>	1 Composting Event* Shamrock Park 10:30 a.m. to noon <i>Registration required.</i> <i>Scan the QR code for details.</i>	2 ESTATE EXPLORER Wander through Phillippi Estate Park. SarasotaCountyParks.com	3 Fireworks on the Lake Nathan Benderson Park 5-10 p.m. <i>Scan the QR code for details.</i>	4 Fireworks Show Siesta Beach 7-10 p.m. <i>Scan the QR code for details.</i>
12 Pistol and Rifle Range* Knight Trail Park Sundays, 9 a.m. to 4 p.m. <i>Scan the QR code for details.</i>	13 HIT THE CHAINS Test your aim on the disc golf course at Wellfield Park. SarasotaCountyParks.com	14 NATIONAL COW APPRECIATION DAY Visit the two adorable cracker cattle at Urfer Family Park, Oreo and CC. SarasotaCountyParks.com	8 TRAILS THAT TELL Take a virtually guided Story Map hike through Old Miakka Preserve. SarasotaCountyParks.com	9 Birding Basics Red Bug Slough Preserve 8-10 a.m. <i>Registration required.</i> <i>Scan the QR code for details.</i>	10 CAMP IN PARADISE* Relax at Turtle Beach Campground in your tent or RV. <i>Reservation required.</i> SarasotaCountyParks.com	11 EcoWalk: Meditation in the Parks Red Bug Slough Preserve 9-10 a.m. <i>Scan the QR code for details.</i>
19 Summer Movie Nights* CoolToday Park Sundays, 5 p.m. CoolTodayPark.com	20 AGENTS OF DISCOVERY Download the app to explore nature and complete missions at Woodmere Park. SarasotaCountyParks.com/AOD	21 Drop-in Pickleball* Englewood Sports Complex Tuesdays, 10 a.m. to noon and 12:30-2:30 p.m. SarasotaCountyParks.com	22 NATIONAL HAMMOCK DAY Find your calm between two palms at North Jetty Park. <i>Bring your own hammock.</i> SarasotaCountyParks.com	23 TRAILBLAZE Go for a scenic spin along the Legacy Trail, with over 18 miles of trail. SarasotaCountyParks.com	24 Nature at Night Event Curry Creek Preserve East Entrance, 8:15-10:15 p.m. <i>Registration required.</i> <i>Scan the QR code for details.</i>	25 History in the Park: Dr. C.B. Wilson House Urfer Family Park, 10 a.m. to noon <i>Registration required.</i> <i>Scan the QR code for details.</i>
26 MindTravel Silent Piano Experience* Nokomis Beach, 6-8 p.m. <i>Registration required.</i> SarasotaCountyParks.com	27 WANDER THE WATERWAYS Launch at Pinecraft Park and follow the Phillippi Creek Trail by kayak or paddleboard. SarasotaCountyParks.com	28 WORLD NATURE CONSERVATION DAY Explore Circus Hammock, a natural oasis acquired through the Sarasota County LAMP. SarasotaCountyParks.com	29 Tranquility by the Sea Beachside Yoga Siesta Beach Wednesdays, 8:30-9:30 a.m. <i>Scan the QR code for details.</i>	30 WORLD SNORKELING DAY Hunt for shark teeth at Caspersen Beach Park in Venice, "Shark Tooth Capital of the World." SarasotaCountyParks.com	31 NATIONAL MUTT DAY Treat your furry friend to a playdate at Lakeview Dog Park. SarasotaCountyParks.com	Scan the QR code for event and activity details/fees. *Denotes an event or activity requiring a fee.



Parks, Recreation and Natural Resources
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