MADE STRONG

By Lydia E. Pinkham's Vegetable Compound.

Winona, Minn.—"I suffered for more than a year from nervousness, and was so bad I could not rest at night-would lie awake and

get so nervous I would have to get up and walk around up and walk around
and in the morning
would be all tired
out. I read about
Lydia E. Pinkham's
Vegetable Compound and thought I would try it. My nervousness soon left ma. I sleep

well and feel fine in the morning and able to do my work. I gladly recom-mend Lydia E. Pinkham's Vegetable

mend Lydia E. Pinkham's Vegetable Compound to make weak nerves strong."— Mrs. ALBERT SULTZE, 603 Olmstead St., Winona, Minn. How often do we hear the expression among women, "I am so nervous, I cannot sleep," or "it seems as though I should fly." Such women should profit by Mrs. Sultze's experience and give this famous root and herb remedy, Lydia E. Pinkham's Vegetable Com-Lydia E. Pinkham's Vegetable Com-

pound, a trial.

For forty years it has been overcoming such serious conditions as displacements, inflammation, ulceration, irreg-ularities, periodic pains, backache, dizziness, and nervous prostration of women, and is now considered the stan-dard remedy for such ailments.



When You Use TARKIC BEST FEED for Cattle, Hogs and Sheep

Has been tried and stood the test. Write or call for prices and further information TARKIO MOLASSES FEED CO. 561-7 Live Stock Exchange, Kansas City, Me.

HEMSTITCHING

PLEATING Done promptly,

BUTTONS Free price list. IDEAL BUTTON & PLEATING CO.

Sonny-Father, one of the boys said I look like you.

Father-Why did you say? Sonny-Nothin'. He's a lot bigger

"Cold In the Head"

is an acute attack of Nasal Catarrh. Persons who are subject to frequent "colds in the head" will find that the use of HALL'S CATARRH MEDICINE will build up the System, cleanse the Blood and render them less liable to colds. Repeated attacks of Acute Catarrn may lead to Chronic Catarrh. Head to Chronic Catarrh.

HALL'S CATARRH MEDICINE is tak.
en internally and acts through the Blood
on the Mucous Surfaces of the System.
All Druggists 75c. Testimonials free.
\$100.00 for any case of catarrh that
HALL'S CATARRH MEDICINE will not
cure.

F. J. Cheney & Co., Toledo, Ohio.

In the march of life oon't heed the order of "right about" when you know you are about right .- Holmes

Beautiful, clear white clothes delights ress who Blue. All grocers. Adv.

Some people are spoiled for the

Suffered Terribly!

"Every Step a Torture," Says Mrs. Whitenack-But Doan's Cured Her

Mrs. Florence Whitenack, 84 Armstrong Ave., Jersey City, N. J., says: "I suffered with rhoumatism for six or seven years. My limbs and joints were so stiff and swollen, I could walk only with difficulty and the pains in my

hips were so severe I could hardly bear them.

Every step I took was torture. My feet and limbs were swollen and so sore, I could hardly bear my waight on them Durmy weight on them. Dur-ing the night I would lie awake for hours and become so nervous, I would have to get up. Dizziness Mr. Whiteack came over me suddenly and my sight blurred. I was never free from the

miserable backaches and rheumatic pains. I used different remedies, but I didn't get any better. Then I com-menced to use Doan's Kidney Pills. The swellings began to leave right away and I continued to use them. The pains and aches left my back and hips and I am cured of the rheumatism and all signs of kidney trouble." Sworn to before

ROBERT KING SEIDEL, Notary Public.

Get Doan's at Any Store, 60c a Box DCAN'S HIDNEY FOSTER-MILBURN CO., BUFFALO, N. Y.



Baby Colds

WOMAN'S NERVES FRENCHMEN THRONG TO SEE AMERICAN SCRAPPERS IN SPECIAL TOURNAMENTS



BOXING BEHIND THE FIRING LINE IN FRANCE.

Special boxing tournaments among the American soldiers now in France. many of whom had noted pugilistic records to their credit before joining the colors, are fully as popular with the French as to the overseas forces serving under the Stars and Stripes.

At a recent series of contests, the principal feature of which was a glove battle between Frankle Burns and Battling Mantell, every available inch of space was occupied, and many were forced to gather outside to await the returns. Seats were at a premium two weeks before the show.

Eddie Roush of Cincinnati Loses Claim to Batting Championship by Making Great Catch.

Eddie Roush of Cincinnati, still unertain of his official batting average, nas just discovered that he is the only man in baseball history who snocked himself out of an undisputed claim to the batting championship by naking a great catch. Impossible, you say? Not at all. Usually, great catches snock the hostile batsman out of base its, but Roush knocked himself out of the leading honors.

He made a desperate stumbling eatch on a fly in a protested St. Louis game-and the game, in which he had nade two hits, was thrown out of the records, entirely because of the loubt whether Roush's catch constiuted a "momentarily held" play, as ie had juggled the ball before he gripsed it. Had he muffed it cold, 1e would have preserved his two hits ind the unquestioned leadership of the

DOUGHBOYS IN FINE FETTLE

Physical Director Eller Says Soldiers in France Are in Splendid Shape Physically.

John Eller, the champion hurdler, cas just returned from France, where he has for seven months been physical director with the Y. M. C. A. Eller received a leave of absence from the New York police department and having performed his services in France, is to return to the force immediately.

Eller said the doughboys were in alendid shape physically and that a zame of handball, followed by a hot and cold bath, was the best cure for shell shock. The American soldiers ire a "great bunch of kidders, even when wounded," Eller said.

GAMES AT STAMFORD BRIDGE

Remarkable Picture Shown of Australian, Lieutenant Pellew, as He Was Making Broad Jump.

Here is a truly remarkable picture,



Licutenant Pellew of Australia.

the foremost athletes of the allied armles took part. Lieut. Cle. Pellew of Australia is the man shown here and te won the broad jump with a sensaional leap. The photographer snaped him at the instant he was clear of he ground and flying through space. 15,000.

BEAT HIMSELF OUT OF TITLE FRENCH WILL PLAY BASEBALL

Ministry of War Orders Systematic Instruction in Army-French Instructors Training.

Systematic training of men to play baseball will be organized throughout the French army by the Young Men's Christian association, following the formal request of General Cottez of the ministry of war. Eight centers already have been established to train French instructors, and these centers are expected to furnish enough teachers to cover the entire French army.

Baseball instruction in the French army has been placed under P. R. Carpenter of Worcester, Mass. The rules of the game have been translated and will be distributed among the poilus.

"I consider this game constitutes ex-



General Vidal, One of Pupils of Johnny Evers, Throwing the Ball.

pastime," said General Cottez in his request that the game be adopted.

Johnny Evers, the former National league second baseman, recently visited General Vidal's headquarters at Besanon, where he demonstrated the taken during the athletic games at game to the officers' school. After nine Stamford Bridge, England, in which days of instruction the young cadets blood, a tourniquet applied by the Gerplayed a five-inning game.

"They were particularly impress with our manner of throwing a basegrenades, which is done straight arm." sald Evers.

"DRIVE" IN BASEBALL LINGO

Bayonet, Camp Paper, Tells Soldiers All About Big Battle-Went in Standing Up.

The Bayonet, the publication issued by the soldier boys at Camp Lee, takes the following view of the first American drive, describing it entirely in baseball lingo,

"The first American drive was like the dirt; just went into the bag standthe Huns, and there was promiscuous use of the bean ball. Although it was like trying out new pitchers, they showed promise and are backed by ony number of veterans to take up the work if any wavering symptoms should at Paris Island, South Carolina. show. Only the top of the batting order was used, and there will be some slugging before the game gets much older. From the way the batteries are going it looks as if the Hun side will be retired on strikes,"

Membership of New York Club.

New York A. C., which recently celebrated the golden jubilee of its organization, has a membership of over

FRED TENNEY TALKS **OF WORLD SERIES**

Aroused by Play Made by Hollocher in Boston Game.

Former First Baseman Cannot See Why Runner Doesn't Try for Second Base When Catcher Tries to Get Him at First

Fred Tenney, greatest of first basemen in his time, cannot see why base tunners, when a catcher tries to pinch them off first with a snap throw, do not immediately light out for second base, like Charlie Hollocher of the Cubs did in the second world series game in Boston. That contest was the first title game Tenney ever had seen. The play on Hollocher turned the complexion of the tussle and brought from Tenney the information that there sn't a chance in a hundred for a first aseman to get the ball to second in ime to stop the runner if the runner goes ahead.

"Players used to pull that play a let," says Tenney. "Why, one of the men who pulled it on me was Jim Mc-Guire, who was able, I guess, to navigate the circuit in some 40 or 50 seconds. I got a perfect throw from the catcher to nip Jim off the bag, made a stab for him and hit the dirt, like McInnis did when he groped around or Hollocher. McGuire was on secand by the time it dawned on me he asn't on first.

"It is hard for a first baseman to top this play, as he has to reverse



Fred Tenney.

cellent exercise, develops precision and himself just as a base runner does quickness of eye and is an attractive who is set to go one way and then has to go the other. It is not only hard, it is almost impossible. Strikes me that the players ought oftener to go on instead of back."

Fred is now living in Winthrop, Mass. He is a grandparent at the age of forty-six. Since managing the Newark Internationals in 1916 Tenney hasn't had any baseball connection. nor has he desired any. He's a success in the business Johnny Evers was a flivver in-boots and shoes.

FINK STILL FULL OF FIGHT

Wounded Baseball Writer Has Fingers Enough to Pull a Trigger and Work Typewriter.

Harry Fink, the first baseball writer to be wounded in the war, is in New York, having just returned from France, minus half of one finger and with three others crushed. The ship en which he was going to Europe was stopped and torpedoed by a submarine. The "sub" captain ordered someone who spoke German to come to the "sub," and Fink was unfortunate enough to be the one. He was compelled to jump from a boat to the sub, and in jumping his hand was caught between the two bonts and crushed. He tried to talk the German captain out of his submarine, but finally was ordered back into his boat and for a long time the craft drifted. with Harry weakening from loss of mans alone preventing him from bleeding to death. Then the boat was picked up by a destroyer and Fink was ball, for it is more efficient than the given proper attention. He returned present French method of throwing recently and now is in a naval hospital, but declares he has enough fingers left to hammer a typewriter and plenty to fight the Germans.

CUE STARS NOW IN SERVICE

Relacit and Ellis Preparing to Fight for Uncle Sam-Both in South Carolina Camps.

Otto Reiselt, young three cushion billiards phenom, who represented Philadelphia in the Interstate league last season, and formerly of Pittsburgh, is now at Camp Greene, South going to first base. Didn't have to hit Carolina, undergoing military training for service in Germany. That is he ing up. The delivery was too fast for will be a representative of Uncle Sam on Hun soil.

> Reiselt and Charley Ellis are the first two Interstate league particlpants to enter the service with the fighters. Ellis at present is stationed

> > Meehan Is Willing.

Willie Mechan, who defeated Jack Dempsey at San Francisco, is willing to meet Demosey again in a longer bout, providing he can get permission from the naval station in California.

Umpire Quigley Coaching. Umpire Ernest C. Quigley of the Na-tional league, will coach St. Loui. university football squad.

HCW TO USE VICK'S VAPORUB IN TREATING SPANISH INFLUENZA

The Influenza Germs Attack the Lining of the Air Passages. When VapoRub Is Applied Over Throat and Chest, the Medicated Vapors Loosen the Phlegm, Open the Air Passages and Stimulate the Mucous Membrane to Throw Off the Germs.

In Addition, VapoRub is Ab- specific for influenza—the disease must lates the Skin, Attracting the Blood to the Surface and the Blood to the B Congestion Within.

CALL A PHYSICIAN - GO TO BED - STAY QUIET - DONT WORRY

There is No Occasion for Panie-Influensa Itself Has a Very Low Percentage of Patalities. Not Over One Death Out of Every Four Hundred Cases According to the N. C. Board of Health. The Chief Danger Lies in Complications Arising, Attacking Principally Patients in a Run-Down Condition-Those Who Don't Go to Bed Soon Enough, or Those Who Get Up Too Early.

Spanish Influenza, which appeared in Spain in May, has all the appearance of grip or la grippe, which has swept over the world in numerous epidemics as far back as history runs. Hippocrates refers to an epidemic in 412 B. C. which is regarded by many to have been influenza. Every century has had its attacks. Beginning with 1831, this country has had five epidemics, the last in 1889-1890.

THE SYMPTOMS.

Grippe, or influenza, as it is now called, usually begins with a chill, foilowed by aching, feverishness and sometimes nausea and dizziness, and a general feeling of weakness and depression. The temperature is from 100 to 104, and the fever usually lasts from three to five days. The germs attack the mucous membrane, or lining of the air passages—nose, throat and bronchial tubes; there is usually a hard cough, especially bad at night, and frequently all the appearances of a severe head cold.

sorbed Through and Stimuthrow off the attack if only you keep up your strength. The chief danger monia or bronchitis developing and sometimes inflammation of the middle ear, or heart affections. For these reasons, it is very important that the reasons, it is very important that the patient remain in bed until his strength returns—stay in bed at least two days or more after the fever has left you, or if you are over 50 or not strong, stay in bed four days or more, according to the severity of the attack.

EXTERNAL APPLICATIONS.

In order to stimulate the lining of the air passages to throw off the grippe germs, to aid in loosening the phlegm and keeping the air passages open, thus making the breathing easier. Vick's VapoRub will be found effective. Hot, wet towels should be applied over the throat, chest and back between the shoulder blades to open the pores. Then Vick's should be rubbed in over the parts until the skin is red, spreed on thickly and cover with two thicknesses of hot fiamel cloths. Leave the clothing loose around the neck, as the heat of the body liberates the ingredients in the form of vapors. These vapors, inhaled with each breath, carry the medication directly to the parts affected. At the same time, VapoRub is absorbed through and stimulates the skin attracting the blood to the surface and thus aids in relieving the congestion within. EXTERNAL APPLICATIONS.

HOW TO AVOID THE DISEASE. HOW TO AVOID THE DISEASE.

Evidence seems to prove that this is a germ disease, spread principally by human contact, chiefly through coughing, sneezing or spitting. Stavoid persons having colds — which means avoiding crowds — common drinking cups, roller towels, etc. Keep up your bodily strength by plenty of exercise in the open air and good food-

to 104, and the fever usually lasts from three to five days. The germs attack the mucous membrane, or lining of the air passages—nose, throat and bronchial tubes; there is usually a hard cough, especially bad at night, and frequently all the appearances of a severe head cold.

THE TREATMENT.

Go to bed at the first symptoms, not only for your own sake, but to avoid spreading the disease to others—take a purgative, eat plenty of nourishing food, remain perfectly quiet and don't worry. Quinline, aspirin or Dover's Powder, etc., may be administered by the physician's directions to relieve the aching. But there is no cure or



Woman's Odd Need. "What did you want to go into that

store for?" asked Mr. Gabb. "For curiosity," replied Mrs. Gabb. "Curiosity!" exclaimed Mr. Gabb. "I thought a woman never ran out of that."—London Answers.

Don't Worry About Pimples. On rising and retiring gently smear

the face with Cutleura Ointment, Wash off the Ointment in five minutes with Cuticura Soap and hot water. For free samples address, "Cuticura, Dept. | for infants and children, and see that it X, Boston." At druggists and by mail. Soap 25, Ointment 25 and 50.-Adv.

All Right, in That Event. "Should one kiss a young man goodnight?"

"If you can't get rid of him any other way I consider it permissible."

Smile, smile, beautiful clear white clothes. Red Cross Ball Blue, American made, therefore best. All grocers. Adv.

I have conquered adversity, but it remains to be seen whether I can conquer prosperity.-Holden,

Fools who keep their mouths shut may pass for wise men.

Cleveland pupils this year cultivated 9,000 school war gardens.

An Ominous Outlook.

"Brace up, young man!" encouraged the dentist. "It will be out and all over in a minute."

"Yes," solemnly replied little Clarence Callipers, who was in the chair. "but one day with the Lord is as a thousand years and a thousand years as one day."-Kansas City Star.

Examine carefully every bottle of CASTORIA, that famous old remedy Bears the Signature of Cart Fletchire.

Important to Mothers

Children Cry for Fletcher's Castoria Tact.

Hostess (beamingly)-How do you like your ple, James? James-A 1-1-little b-b-bigger, ma'am.

After a man runs into debt he either walks out or stays in.



Acid-Stomach Makes Millions Weak and Miserable

For years dentists have been telling us that it's acid mouth that roins the teeth, yet this acid that is powerful enoughsto cat through the harder than some cannel of the teeth and decay them, is tasteless. Its presence can be detected only by chemical tests.

No chemical test is needed to tell you that you have acid stomach. Indigestion, belching, heartburn, sour stomach, food repeating, that miserable puffed up feeling after earling, intestinal pains, headaches, etc. These are all Nature's warning to you. They are sure signs of superactify.

Acid stomach prevents proper digention and assimilation, thus causing the head to become thin and impoverished as a result of which people become sallow skinned, emaciated, sick and bad losting.

Acid stomach causes stomach and in-

low skinned, emaciated, sick and had low-ting.

Actid stomach causes stomach and intestinal fermentation, producing poleonaand toxins which, absorbed into the blood and carried throughout the system cause acto into alcation, inscendia, nervousness, tritability, mental depression, melanchoits, dizziness, vertige and oftentines, valvular heart trouble and heart failure.

Acid-atomach causes irritation all along the intestinal tract—irritation so severe and aggravating as to frequently result in catarrh and even cancer of the stemach.

What chance, then, has anyone for What chance, then, has anyone for rubust health, happiness or success if

ach.
You crave health, strength, the power and will to think and met—don't you?
You want to feel full of pep and energy.
One and fit, siways eager for work or beauty.

Pleasure.
Then you must rid your stomach of its encess acid. You can start doing it right now. A wenderful modern medicine has made it possible to literally wipe out the cross such. This remedy is called EATONIC. It is made in pleasant test.

che has made it possible to literally wipe out the caress acid. This remedy is called EATONIC. It is made in pleasant tast his tablets and you take them just like a bit of candy.

And, my, how good EATONIC makes you feel! It banishes arid stomach miscress like magic! Makes the stomach cool, sweet and strong. Helps you to get full strength out of your food so that, in turn, your body and brain are vigorous, abort and keen.

EATONIC is absolutely guaranteed, so get a big look box from your druggist. If it does not help you your money will be refunded. If your druggist does not keep EATONIC send your druggist, 1018 M. Wabash are, Unleage, Ill., and they will at once mail you a look tox and you can end them the money for it after you receive it.