



deal
days

earn **4X** points
with digital coupon*
on purchases Sep 30-Oct 6

redeem points to save
on fuel or groceries

Scan here or visit Kroger.com/points
to clip coupon.

*Exclusions apply. See coupon for details.



\$3.99
/lb
with card

**Whole Boneless
Beef Brisket**
Sold in Bag, Limit 2



\$8.99
/lb
with card

**Fresh Atlantic
Salmon Fillets**
Farm-Raised or Kroger Extra Large
Cooked Shrimp, 26-30 ct,
Sold in a 2 lb Bag for \$17.98



Perdue
**Fresh Boneless
Chicken Breasts,
Tenders or Thighs**
Small Pack,
No Antibiotics Ever

**mix & match
BUY 1, GET 1**
of equal or lesser value

FREE
with card



**Smithfield
Bacon**
12-16 oz or Kroger
Dinner Sausage Links,
18 oz; Select Varieties

\$3.99
with card



**Jumbo
Blueberries**
9.8 oz Package
\$4.99
with card



**Large
Avocados
or Mangos**
2/\$3
with card



**Honeycrisp Apples
or Bartlett Pears**
\$1.99
/lb
with card

Coca-Cola
12-Pack, 12 fl oz Cans
Mountain Dew
6-Pack, 16.9 fl oz Bottles

Canada Dry
6-Pack, 16.9 fl oz Bottles
Zevia Soda
6-Pack, 12 fl oz Cans

mix & match
BUY 3, GET 3
FREE
of equal or lesser
value with card.

Select Varieties,
Limit 12 Packages

Gatorade
8-Pack, 20 fl oz Bottles
Bai Beverage
6-Pack, 14 fl oz Bottles

Lipton Tea
12-Pack, 16.9 fl oz Bottles
Spindrift
Sparkling Water
8-Pack, 12 fl oz Cans



**Kroger Milk or
Orange Juice**
Select Varieties, Half
Gallon (Excludes
Chocolate)

**mix & match
BUY 1, GET 1**
of equal or lesser value
FREE
with card



**Campbell's
Chunky or
Protein Soup**
Select Varieties,
16.1-19 oz

**mix & match
BUY 1, GET 1**
of equal or lesser value
FREE
with card



Perdue
Frozen Chicken
Select Varieties,
20-26 oz

**mix & match
BUY 1, GET 1**
of equal or lesser value
FREE
with card



Rao's
Pasta Sauce
Select Varieties,
15-24 oz

\$5.99
with card



Kroger
Peanut Butter
16 oz or Nestlé
Toll House Cookie
Dough, 14-16.5 oz;
Select Varieties

**mix & match
BUY 1, GET 1**
of equal or lesser value
FREE
with card



General Mills
Cereal
Select Varieties,
8.9-14 oz

**mix & match
BUY 2, GET 3**
of equal or lesser value
FREE
with card



Kroger
Butter
Select Varieties,
16 oz

\$2.99
with card



Michelob Ultra
Select Varieties,
12-Pack, 12 fl oz Cans

\$15.99



Kroger
Family Size Appetizers
16-33 oz or Private Selection
Entrée, 16-52 oz;
Select Varieties

**mix & match
BUY 1, GET 1**
of equal or lesser value
50% OFF
with card

weekly digital deals

use coupons **up to 5**
times per transaction.*
unlimited transactions!



find even
more deals
online!



Kroger
Seedless Grapes
3 lb Package or
Simple Truth **Organic**
Grapes, 2 lb Package;
Select Varieties
\$4.99
/ea
with digital coupon
Price without digital coupon
is up to \$7.49 each with card.

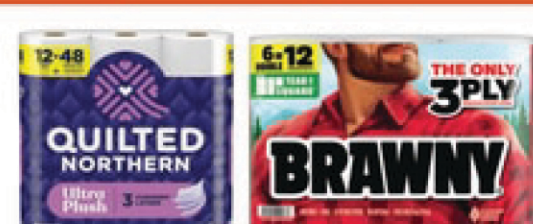


Oscar Mayer
Deli Fresh
Lunch Meat
6-9 oz or Claussen
Pickles, 20-32 fl oz;
Select Varieties
\$3.49
/ea
with digital coupon
Price without digital coupon
is up to \$4.49 each with card.
*While supplies last.



40-Pack Kroger
Purified Water
16.9 fl oz or Coca-Cola,
6-Pack, 16.9 fl oz Bottles;
Select Varieties

\$3.99
/ea
with digital coupon
Price without digital coupon
is up to \$7.49 each with card.



Brawny
Paper Towels
6 Double Rolls or
Quilted Northern
Bath Tissue,
12 Mega Rolls;
Select Varieties

\$10.99
/ea
with digital coupon
Price without digital coupon
is up to \$12.99 each with card.

SALE DATES: Wed. September 30 - Tues. October 6, 2026. Prices and items are effective at your local Kroger store.

SELECTION MAY VARY BY STORE, LIMITED TO STOCK ON HAND. WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT PUBLISHED ERRORS.