



Downtown Eau Claire Incorporated (DECI) Presents New Event For October 2024, The High Bridge Howl

News Provided By:

Downtown Eau Claire Incorporated (DECI)

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EAU CLAIRE, Wisc., October 4, 2024/ -- Downtown Eau Claire Incorporated (DECI), announces a free, new and all ages event(s) in downtown Eau Claire, the High Bridge Howl.

This year has presented challenges for many and with the election around the corner, some will feel those stressors increase. DECI has created this fun event with the intention of liberating some of those stressors with a collective gathering to set space and move through the conclusion of the year.

The inaugural event takes place on the evening October 17, 2024, coinciding with the Fall Hunter Supermoon and features the following activities:

5:30 p.m. Phoenix Park

(Meet at the pavilion)

Guided Meditation with EAUM + Sound Bath from Latitude 44

6:00 p.m. Walk To High Bridge

<https://maps.app.goo.gl/FSAwYw5sjuhfcsg8A>

Walk from Phoenix Park pavilion to downtown Eau Claire's High Bridge

6:30 p.m. High Bridge Howl

One minute of collective howling, screaming and noise making down the Chippewa River

The public is invited to gather at 5:30 p.m. at downtown Eau Claire's Phoenix Park for a guided meditation with Latitude 44 and Eaum Yoga + Fitness for some pre-scream zen. At 6 p.m., the group will be led to the High Bridge by Eau Claire's Bicycle and Pedestrian Advisory Committee (BPAC) as part of Walktober, a statewide program to make walking and biking safer. At 6:15 p.m., the "howl" will commence; one minute of collective screaming down the Chippewa River.

The public is invited to meet on the High Bridge at 6:30pm if unable to attend the meditation or walk to the bridge.

Downtown Eau Claire, Inc. (DECI) is an active organization inspired to serve the downtown community through support of small and local businesses and to improve the quality of life in Eau Claire's downtown core.

DECI engages with the community by curating and hosting dynamic and engaging events, marketing business and downtown programs and initiatives, providing grant opportunities to both start-up and existing businesses, offering loans for capital improvement, and advocating for business interests.

For media inquiries, more information on this event or DECI, contact:

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