Items need:

-100% cotton material

-cotton flannel

- ¼" elastic- Elastic/rubber headbands can be used due to shortage on elastic.

-thread

-scissors

-pins

-ruler

-cardboard or cardstock to cut out pattern- you can also use a fabric cutting mat

Instructions

1.  Cut your pattern on cardstock or material being used.

    *Dimensions are 9" by 6" for 100% cotton & 7" by 6" for cotton flannel

2.  Cut 2 pieces of the 100% cotton material from pattern.

3.  Cut 1 piece of cotton flannel from pattern.

4.  Take 2 pieces of 100% cotton material and place them together. Make sure to have them both

    facing inside out.

5.  Pin cotton flannel piece on 1 side of your fabric.

6.  Sew bottom along 9" side all the way down.

7.  Go to other 9" side to sew, BUT, leave a 2" gap in middle. That will be used to turn fabric right

    side out.

8.  Take elastic and cut two 7" strips

9.  Take 1 elastic strip and place into the 6" side of mask. Your ends of elastic should be at top and

    bottom of mask. Leave a small piece of elastic out of fabric on both ends.

10. Sew along 6" side. Making sure to sew in your elastic well. Backstitching is very important to hold elastic in place!

11. Repeat steps 9 & 10 on the other 6" side.

12. Using the 2" gap you left turn your mask right side out by slowly working the fabric through.

13. Once fabric is right side out, make sure all the wrinkles are out and fabric is laying flat.

14. Sew along bottom of 9" inch side.

15. Sew along top 9" portion. If it makes it easier you can pin the 2" open portion before sewing.

16. From bottom of mask, fold upwards 1" and then take ½ of that inch and fold back downwards making your pleat.

17. Above bottom pleat, pinch a section of fabric and fold it up. This will make a 2$^{nd}$ pleat.

18. Sew ½" from edge on both sides to sew your pleats in place. Be careful if you sew over your bands to not break your needle.

19. YOUR MASK IS NOW COMPLETE!