

MCKNIGHT PLACE EXTENDED CARE

2 McKnight Place | St. Louis | 314.993.2221

McKnightPlace.com

Providing Excellence in Short-and Long-term Care



Whether an individual is recovering from a surgery or illness and in need of short-term rehabilitation, or facing a longer period of skilled nursing care, **McKnight Place Extended Care** provides peace of mind. McKnight Place Extended Care is more than just skilled nursing and resident care, they believe that communication with and support of their residents' families is critical to successfully supporting your loved one.

McKnight Place provides a traditional skilled nursing care option coupled with the most up-to-date approaches in care and technology. Medication administration and skilled care are provided by licensed practical nurses around-the-clock and their Board Certified Geriatric Medical Director is always on call.

"We offer exceptional nursing care, as well as a full complement of therapy services, including physical therapy, occupational therapy and speech therapy," says administrator Glenda Knittel.

Specialized therapy for specific conditions, such as lymphedema, is provided by several therapists trained to treat these disorders, and all staffers receive special training in dementia care. "Each resident has different preferences and needs, and our personalized care ensures that each resident's expectations are met," Knittel says. "In addition, our wide variety of social events helps residents stay engaged in meaningful activities throughout the day."

Music therapy and art expression are popular choices, and daily exercise programs are designed to keep residents active. They have a full calendar of activities and social events for residents. Activities help maintain the community spirit at McKnight Place Extended Care: Speakers present intriguing programs that spark ideas and conversation; fitness activities, trivia and more. Ensembles and bands make toes tap and fingers snap; and small groups enjoy card games, craft projects and cooking demonstrations.

At the heart of McKnight Place Extended Care is its quality of care. "Our staff is excellent in the care they provide," Knittel says. "We truly work as a team to make each day exceptional for our residents. One of the reasons we're able to do this is because of the longevity in key care positions and our management team. Residents and their families benefit from having experienced, well-trained staff here to help them."

Knittel adds: "McKnight Place Extended Care is locally owned. That makes a difference to our residents, their families and employees. The owners are here, on-site, to address any concerns that may arise. They also care deeply for the community and have chosen to build senior living worthy of their own friends and family – and it shows." For more information or to schedule a tour call (314) 993-2221.