

Healing benefits of medicinal herbs and more



Sara Biermann and Maria Nisbet, co-owners

Lumin Life Herbal Creations is where you will find all-natural and organic tinctures, balms, salves, teas and other natural products traditionally crafted to help promote good health – physically, spiritually, and emotionally. “Medicinal herbs have been around for thousands of years,” said Maria Nisbet, founder. “There are so many healing and powerful benefits of herbs that can be grown in your own backyard, and you can incorporate them into

your daily life just to help maintain overall wellness and prevent illness.”

Sara Biermann is Nisbet’s partner in the business. They were classmates in the Webster Groves School District.

“Plant medicine has brought us back together,” Nisbet said.

Biermann lives on a century farm, her grandfather once owned and grows most of the herbs used to make their products. She says she has “a passion for the natural world, and feels a deep connection to both seeded and wild-grown native plants.”

“We are committed to sharing the plant wisdom we have learned — the benefits of which we experience every day — so our customers, too, can feel the illuminating effects and the magic of plants in their everyday life,” Sara said.

Lumin Life products can be purchased online and shipped to your home. Both women also have businesses of their own and stock their products at Nisbet’s Home Care Solutions in Eureka and Biermann’s Blu Room Wellness Center in Washington as well as Wildwood Yoga and Wellness and Passiglia Garden Center, both in Wildwood.

“We’re passionate about providing the best all-natural remedies to help you achieve balance and well-being,” said Nisbet.



LUMINLIFE

(314) 556-8435

www.lumin-life.com