

# TRANSITIONS FOR SENIOR LIVING

## Sharon Balleau, Senior Care Advisor

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**Transitions For Senior Living** is a free, hands-on elder care advising service that helps St. Louis seniors and their families find appropriate care when living independently is no longer a safe option. Sharon Balleau, senior care advisor, works closely with area home care agencies and independent, assisted living, memory care and skilled nursing communities to find the best level of care for each person's individual needs.

Locally owned and operated, Transitions for Senior Living takes the time to personally meet with families to understand the unique care needs of the older adult and their loved ones. This process takes into account each individual's physical, cognitive, financial, geographical, spiritual and social care needs. Their care advisors pare down to the best choices, arrange and accompany families on tours to ask appropriate questions and help them make the best educated decision for their loved one – Transitions stays involved throughout the entire process.

With more than ten years in the senior industry, the Transitions' team provides unbiased and professional advice to help make the best decision possible, whether you're planning ahead or in crisis-mode.

"St. Louis has many good options for senior living, but they are not one size fits all," Sharon explained. "So, take a deep breath, give Transitions a call; we would love to personally help you with your situation."

