

# SENIOR COMMUNITY CONNECTIONS

**Shona McIntyre, MSW, CDP, Owner & Senior Care Adviser**

314.401.0399

[seniorcommunityconnections.net](https://seniorcommunityconnections.net)



*Abby Mahon, Shona McIntyre & Jamie Soell*

"One of the biggest challenges families face in choosing senior living options is changing ownership," explained Shona McIntyre, Senior Community Connections owner and "The Caregivers Advocate, Vol. 2" contributor. "It's happening a lot, so our job is to thoroughly vet the new ownership and be prepared to advise current and future clients about that community. Unlike internet-based resources, my team is local. We're in these communities. We know the staff. We know if they're clean, how the food is prepared and how well they did on the last state survey."

Shona and her team (Abby Mahon and Jamie Soell) have 50 years of combined experience.

"We like to think of ourselves as matchmakers," Shona said. "We conduct extensive interviews with the seniors and their families. Then, we use that information to select two or three communities that match the senior's needs.

"Everyone's preferences and lifestyles are different. An active senior will not be happy in a community with limited opportunities. Likewise, a quiet senior might be overwhelmed by a robust community. Some seniors might primarily want restaurant-quality, chef-prepared meals. Food may also play a role for seniors with dietary restrictions or specific needs. When you have experts who know the area and the nuances of each community, finding the right fit for your loved ones is so much easier – and our services are free."