

# TRANSITIONS FOR SENIOR LIVING

Sharon Balleau, Senior Care Advisor

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[transitionsforseniorliving.com](https://transitionsforseniorliving.com)



*Transitions For Senior Living* is a locally owned, hands-on service helping St. Louis area seniors and families find the right care, completely free of charge. Working in close partnership with local home care agencies and a wide range of independent, assisted living, memory care, and skilled nursing communities, the team offers unbiased insights into each community's culture, standards of care, and management history.

With more than 13 years of experience in the St. Louis area, Senior Care Advisor Sharon Balleau and her dedicated team take a personal approach — meeting with families to understand each individual's physical, financial, and social needs. They guide families toward the best options, join them on community tours to ask important questions, and provide ongoing support throughout the decision-making process.

"St. Louis has many good options for senior living, but they are not one-size-fits-all," Sharon said. "Take a deep breath and give us a call, whether in crisis-mode or making a plan, we can help you make the best choice."