

Advice to find the perfect fit for senior living

When it comes to choosing a senior living community, a local advisor who knows the ins and outs of senior care in the St. Louis area makes a difference.



Shona McIntyre, owner

Shona McIntyre said **Senior Community Connections** is about finding the right fit for seniors and their families, and she knows the St. Louis area well.

"About two-thirds of seniors who move into a community find out that it's not the right fit for them within the first six months," she said. "So when they work with me, I really hone in on what's important to them. And I know all the communities well."

National companies that have advisors don't always know the local scene, she said.

As a social worker and a certified dementia practitioner from the St. Louis area, Shona knows what to look for; she knows the questions to ask.

"A local senior care advisor helps narrow down the search to two or three communities that meet all their criteria, saving them thousands of dollars and lots of time," she said.

"Everyone's needs are different, but the bottom line is quality care," Shona said. "I really dig in and look at communities to make sure they are offering the best care."

If you or a loved one needs to start thinking about a new, more convenient place to live, call Shona to set up a consultation. She will ask the right questions, then connect the family with those communities that are the best fit in lifestyle and affordability.

"I am a neutral party that's here to guide seniors and their families so they can make the best decisions for themselves or a loved one," she said.

The service is free.



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