

FRIENDSHIP VILLAGE

Welcome to a Life Well Lived!

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What if senior living truly empowered seniors to feel their best and live life how they want?

What if seniors could enjoy peace of mind at the highest level, knowing that future senior care needs will be covered?

This is the reality Friendship Village provides for each one of its residents, with major investments in seniors' physical, spiritual and emotional wellness as proof.

Their two St. Louis-area campuses, in Sunset Hills and Chesterfield, are purpose-built to help seniors make the most out of every day. The vibrant, state-of-the-art facilities are packed with the latest amenities, setting a new standard for modern senior living accommodations. This level of excellence has been recognized by "U.S. News and World Report," naming Friendship Village as a "Best Independent Living" provider.

Friendship Village's ongoing mission – to keep residents well and independent for as long as possible – is supported through partnerships with industry-leading providers of wellness technology designed specifically for seniors.

One recent example is their partnership with EmpowerMe Wellness, which provides access to therapy, pharmacy, diagnostic and nurse practitioner services – all on campus.

EmpowerMe Wellness increases convenience and improves access to health services while reshaping the relationship residents have with their community. After all, not having to find transportation to a care provider, to pick up a prescription or to attend an off-campus activity means Friendship Village's seniors enjoy life with greater ease.

Another resource now available on campus is SmartCompanion – a virtual assistant (based on Amazon's "Alexa") that's directly integrated with Friendship Village's communication systems.

With hands-free access to phone and video calling, 24/7 voice-activated emergency response connection, daily reminders, entertainment and more, Friendship Village residents enjoy personalized assistance. This both increases their ability to remain independent and helps them maintain a stronger connection with their community, staff and the outside world.

Fall Prevention – The risk of a fall is a leading fear among senior citizens, and often signals or contributes to declining health overall. Friendship Village has partnered with VirtuSense Technologies to monitor its residents' walking patterns to help prevent falls.



VirtuSense's VSTBalance program uses 3D technology to measure the balance of residents while taking them through several assessments such as measuring their walking speed, range of motion and general mobility. The evaluation is easy and only takes 15 minutes.

The technology further represents Friendship Village's commitment to resident health, providing peace of mind when it comes to physical wellness, making Friendship Village an excellent choice.

What are You Waiting For?

With its two campuses, Friendship Village features independent living, assisted living, skilled nursing, rehabilitation, memory care and an at-home care service (FV at Home). All this excellent service is provided via Friendship Village's exclusive Life Care program that keeps future costs predictable for life. St. Louis seniors simply owe it to themselves to learn more about Friendship Village.

One thing is for certain: their caring staff and residents are ready to welcome seniors to a life that's truly well-lived!



Friendship VillageSM

Serving Seniors. Honoring Christ.