

BROOKING PARK

307 South Woods Mill Road | Chesterfield | 314.576.5545

brookingpark.org

Putting People First

One of the greatest challenges in life is finding the right care for your aging loved one, especially if that person is experiencing the ebbs and flows of dementia. Naturally, you want them to enjoy the highest possible quality of life, to be safe in a place that feels like home, and have their ever-changing needs well met. But how do you achieve all of this?

Brooking Park Assisted Living & Memory Care is here to help. Its knowledgeable staff can help families navigate their loved one's memory loss journey, beginning with a consultation and tour of its faith-based, life plan community in Chesterfield.

Ranked as a "Best Nursing Home" by *U.S. News & World Report* and as a 5-star retirement community by the Center for Medicare and Medicaid Services, Brooking Park provides a home-like atmosphere and individualized, around-the-clock care and personal assistance in a supportive and secure environment. Amenities include easy-to-navigate floor plans, expert nurses and medical care professionals, a variety of on-site health care services and therapies, compassionate caregivers and an exceptional staff-to-resident ratio.

Brooking Park offers individuals the ability to seamlessly transition from assisted living to skilled nursing care. Its approach places an emphasis on providing the right type of care at the right time. That's one reason why its residents thrive physically, socially and emotionally. Another is its close proximity to major hospitals and its ability to collaborate with area physicians and healthcare providers.

To ensure a high quality of life, a calendar of daily activities and plentiful gathering places encourage social interaction among residents and provide opportunities for visiting families. The campus features beautiful walking paths and courtyards, common rooms and even an ice cream parlor. Arts and crafts, community games, social hours, live music, interfaith programs,



music and pet therapies, ice cream socials and picnics are among the many activities offered for those who are interested.

As a member of the St. Andrew's Resources for Seniors System, Brooking Park is guided by the principle that a person's well-being is defined by physical, mental and spiritual health. For 60 years, St. Andrew's Resources for Seniors has helped older adults and their families find solutions to the challenges of aging and memory loss, make the most of their lives and feel at ease, understood and valued day and night.

Lowering stress helps to promote happy, productive living for residents and their family members. In fact, the company's trademarked promise is to help families find and access the support they need, and, most importantly, Worry Less®.

Learn more by calling (314) 576-5545 today to schedule a tour of Brooking Park Assisted Living & Memory Care.