

### Updated Quarantine Protocol as of February 21, 2022

In response to the declining positivity rate in the Jefferson County and in our school system, the Archdiocese of Louisville supports the implementation of a mask-optional model.

When a MASK-OPTIONAL MODEL is implemented, per KDPH,

the following contact tracing, isolation and quarantine protocols must be followed.

Each school will monitor its weekly data to determine any changes to the mitigation protocols, including masking.

Parents and faculty members must still report positive Covid-19 cases to the school and keep children at home when they exhibit any Covid-19 or flu-like symptoms.

Detailed guidance can be found on the Team Kentucky Website,

https://govstatus.egov.com/kycovid19

# **MASK OPTIONAL: Contact Tracing, Isolation and Quarantine Guidelines**

#### **CONTACT TRACING AND CLOSE CONTACTS**

With the adoption of a mask-optional policy, the following protocol will be followed:

- Contact tracing will be implemented for at-school exposures to identify closes contacts.
- A close contact is defined as an individual who was within 6 feet of an infected person for a cumulative total of 15 minutes in a 24-hour period while the person was considered contagious.
- If the close contact (student) was wearing a well-fitted mask then the individual should only be traced if he/she was within 3 feet of the infected person for a cumulative total of 15 minutes in a 24-hour period while the person was considered contagious.
- Quarantine and Isolation protocols must be followed as outlined below.
- Test-to-Stay programs are offered at the discretion of each school.

## **ISOLATION PROTOCOLS**

- Anyone with a positive Covid-19 test should self-isolate for at least 5 days\* even if vaccinated.
- To calculate the 5-day isolation period, day 1 is the day after symptoms start or the day of test.
- **Isolation can end** after day 5\* if symptoms are fully resolved and the individual can wear a well-fitting mask for 5 additional days.
- If the individual is unable to wear a mask consistently and properly **or** if symptoms continue, the individual should self-isolate for 10 full days.

\*The first day of symptoms or the date of a positive test, if asymptomatic, is day zero; isolation ends after day 5 (i.e. on day 6)

### **QUARANTINE PROTOCOLS**

- Quarantining is required for direct contacts who are <u>not up-to-date</u> on Covid-19 vaccinations.
- Quarantining is required for at least 5 days for those not up-to-date on Covid-19 vaccinations.
- If a **Test-to Stay** program is in place, then **modified quarantine** should be followed.
- Quarantine can be discontinued <u>after day 5 if</u> the individual is symptom-free and receives a negative Covid-19 test and is able to wear a well-fitting mask for 10 full days from time of exposure.
- Quarantine must continue until after day 10 if individual cannot wear a well-fitting mask consistently.
- If the individual shows proof of a positive **Covid-19 diagnosis in the three months prior** to exposure, no quarantine is required.
- If an individual is **exposed at home** and not up-to-date with Covid-19 vaccination, the individual will quarantine for **at least** 5 days, unless the school is participating in a Test-to-Stay program.

