

The Warrior Mindset



Kentucky State Police Academy

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Objectives



- Understand the importance of ethical and moral decisions as it relates to combat.
- List the qualities that make up a good value system during combat.
- Understand the importance of having a good value system in combat.

The Warrior's Chosen Path

is

The one less traveled

- Selflessness
- Commitment
- Courage
- Honor
- Discipline
- Pride



“Wolves travel in packs, Eagles soar alone”

Values and Beliefs

- What are Values?
- What are Beliefs?

Fact:

“You live for your values but you will die for your beliefs.”



"The Thin Gray Line"

“Private and public life are subject to the same rules; Truth and manliness will carry you through the world much better than policy, or tact, or expediency, or any other word that was ever devised to conceal a deviation from a straight line.”

General Robert E. Lee



“Earned, never given”



“A title is only name. Living it, is the challenge”

Ethics, Morality, Values and Beliefs
are a closely knit circle.

And they are in constant struggle with all
the evils that surround it



“Doing the right thing is not always the popular thing”

-President George Bush

Morals



- **Infers acting for a principle for principle's sake.**
- **People are not equal in morality or intellectual ability.**
- **Ethics is concerned with morality, ideals of morality, ideal human character and ideal human action.**

“There never was a good knife made of bad steel.”

-B.Franklin

Ethics



- **An ethic is a principle of right or good conduct according to moral custom.**
- **They involve the value of one thing above another.**
- **It is universal in its application, meaning it would be good for all men and women everywhere.**
- **A choice of good over bad.**
- **An element of “ought” in doing one thing over another.**
- **Infers acting on principle because someone is the better for it.**
- **Ethical dilemma is where no good can come from either decision.**

**“It is no dishonor to be in a minority in the cause of liberty and virtue”
-Samual Adams**

More Ethical Thoughts



- **Ethics in public service is comprised of mental attitudes and moral qualities, both are essential.**
- **There are no ethical shortcuts to good performance.**
- **Doing the right thing for the right reasons.**
- **The bottom line in ethics is to never knowingly do harm!**

"It is true that the ones who come out on top are the ones who have been trained in the hardest school."

King Archadamus II

Understanding the Problem

In philosophy, great responsibility is placed on one's freedom to act. It is the freedom of the will or free will that creates a problem.

Are you, or are you not responsible for your own actions?



“With great power comes great responsibility”



Progression of Digression

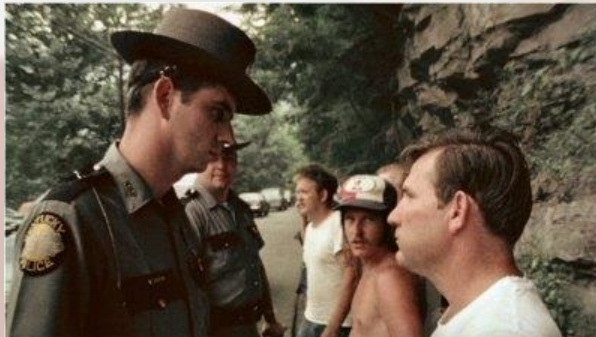
- Police tend to degenerate into the mold of the people they are trying to control.
- It takes courage, and more courage, to consistently do what is right.
- Soon, a little wrong becomes the new right.
- It begins to leave work and follows you home.
- It begins to leave home and follow you to work.
- The loss of personal confidence will engulf both worlds
- The loss of public confidence and respect in their Trooper is the ultimate sanction society imposes on them when they do wrong.



“I do not love the bright sword for its sharpness, nor the arrow for its swiftness, nor the warrior for its glory. I love only what each defend.”

J.R.R. Tolkien

Strictly Voluntary



If you have limited will to act, it is not free will to act, and therefore, the punishment for wrong actions should be shared with the others who are involved in limiting your freedom to act. If you have free will, then the fault for your own actions is completely your own.

The background of the slide features a close-up of an eagle's head, looking directly forward. The eagle has a white head and neck, with a yellow beak. Behind the eagle, the stars and stripes of the American flag are visible, though slightly blurred. The text is overlaid on this background.

What does this have to do with being *Warrior*

EVERYTHING

- It encompasses everything from appearance and conduct to morals and values.
- You will not feel good or be good if you are not proud of yourself first.
- Everything must work in unison for success

“The more you care, the stronger you can be.”

-Jim Rohn

What is a Warrior?

- An individual dedicated toward fighting for a worthy cause, that in the end, will benefit more people than himself.



"I chose this life. I know what I'm doing. And on any given day, I could stop doing it. Today, however isn't that day. And tomorrow won't be either."

-Bruce Wayne, Batman



1%

“Out of 100 men who go into battle,
10 shouldn’t even be there.

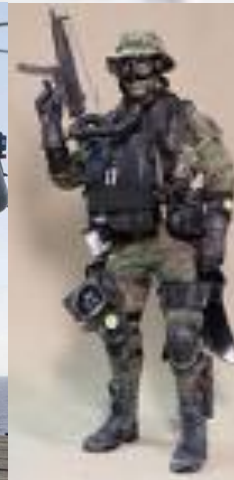
80 are just targets.

9 are the real fighters, and we are lucky to have them, for
they make the battle.

Ah, but The One.

The One is a Warrior,
And he will bring the others home.”

Heracitus



*A warrior must possess certain traits, protect
certain things and have the courage to do
both at all costs*

Praise be to the LORD, my Rock, who trains my hands for war, my fingers for battle

Psalms 144:1

A Warrior Must Possess



- **Vision**
 - Superficial goals lead to superficial results - Attila the Hun
- **Courage**
 - Take arrows in your forehead, not your backs - Unknown
 - Wealth lost-something lost, Honor lost much lost, Courage lost - all lost
- **Discipline**
 - Victory is reserved for those willing to pay its price – Sun Tzu
 - Hard training, easy combat, easy training, hard combat - Marshal Suvorov
- **Belief**
- A small body of determined spirits fired by an unquenchable faith and belief in their mission can alter the course of history Ghandi
- “And I can fight only for something that I love, love only what I respect, and respect only what I at least know.”
 - [Adolf Hitler](#)
- **Patience**
 - You do not train for the opportunity to pull the trigger. You train to know when.

Must Possess



- **Desire**
 - There is nothing impossible to him who will try. - Alexander the Great
- **Confidence**
 - Go to the battlefield firmly confident of victory and you will come home with no wounds - Samurai General Uesugi
- **Resilience**
 - Defeat is a state of mind. You are never defeated until it has been accepted as reality - Bruce Lee
 - Fall down seven times, get up eight - Unknown
- **Commitment**
 - With it or on it - Popular Spartan Motto
- **Respect**
 - Men are respectable, only when they respect – Ralph Waldo Emerson
 - Never take a person's dignity, it means everything to them and nothing to you. – Frank Barron
 - My intent will be evident in the results – Thurgood Marshall

Things a Warrior Must Protect

- Religious Faith
- Family
- Sense of Humor
- Love
- Health
- Peace of Mind
- Friendship
- Honor



A Warrior Must be a Leader



A leader is someone you would follow to a place that you would not go by yourself.

**“To be able to lead others,
a man must be willing to go forward alone”**

-Harry Truman



**“A Manager will find you the door.
A Commander will tell you to go through the door
A Supervisor will watch you go through the door.
A Leader will take you through the door.”**

-Unknown

A Looming Thought



If we had no engineers or no doctors for a generation, it would be difficult. But if we had no warriors, in a single generation we would be both damned and doomed

-Unknown

**LIFE IS DIFICULT!
YOUR CAREER WILL BE
DIFFICULT**

**BUT PAIN SHARED
IS PAIN DIVIDED.**



**“All good is hard. All evil is easy. Dying, losing, cheating,
and mediocrity is easy. Stay away from easy.”**

S.Alexander

“In the middle of every difficulty lies opportunity.”

A. Einstein

YOU CAN KISS YOUR FAMILY AND FRIENDS GOOD-BYE
AND PUT MILES BETWEEN YOU, BUT AT THE SAME TIME
YOU CARRY THEM WITH YOU IN YOUR HEART, YOUR MIND,
YOUR STOMACH, BECAUSE YOU DO NOT JUST LIVE IN A
WORLD BUT A WORLD LIVES IN YOU. ~FREDERICK BUECHNER

NEVER 
LEAVE HOME MAD



Can You Do it on Fire???

- **There is never a good day for a Trooper to die.**
- You must embrace life and death at the same time.
- Make peace with your maker.
- Make peace with yourself.

It cannot be done after the fire starts.

All energy and effort must go to WIN

“It is fatal to enter any war without the will to win”

Gen. D. Macarthur



Real Courage

- Having the will to drive on and **NEVER** quitting.
- Continue in spite of the fear
- We may get hit but we don't die.
- **NEVER** quit the fight until **EVERYBODY'S** back.
- Doing the right thing when no one else will.
- Doing what you are suppose to be doing.
- **Warrior's always fight to the death, they never quit.**

What is Combat

- **Any situation where individuals find themselves confronted with death, and must respond to the situation.**
- If you believe nothing is worth the loss of a man then you set yourself up for failure and create unwillingness to commit to the fight.
- **You must be the one to walk away.**



**“Train them as men and they will fight as men...
Train them as family and they will fight to their death.”**

Sun Tzu

The Power Lies Within

- **The mind navigates the body**
 - **If you control the mind you will control the behavior**
 - **Do more, know more, think more, have more, and want more ----than you opponent**
 - **Never let FEAR, PRIDE, or EGO dictate your battle plan.**
 - **If you doubt yourself in battle, you're out numbered**
- “A wicked man only knows evil. So a cruel messenger must be sent to him.”**

Violence of Action

- Ruthlessness without anger.
- Controlled aggression without anger.
- Able to meet violence with greater violence.
- A mindset void of emotion, where perception, analysis, and response merge into one process.
- Perceptions and actions are not hindered by the potential of death
- Be the loving father, spouse, and friend as well as the ruthless killer.

“The world is a dangerous place, not because of those who do evil, but because of those who look on and do nothing”

-A.Einstein

“The very first essential for success is a perpetually constant and regular employment of violence.”

— Adolf Hitler



It All Boils Down to This

The value system eliminates **HESITATION!**

You become hard to kill once your value system is in place.



“It is always more difficult to fight against faith than against knowledge”

Adolf Hitler

Über Alles

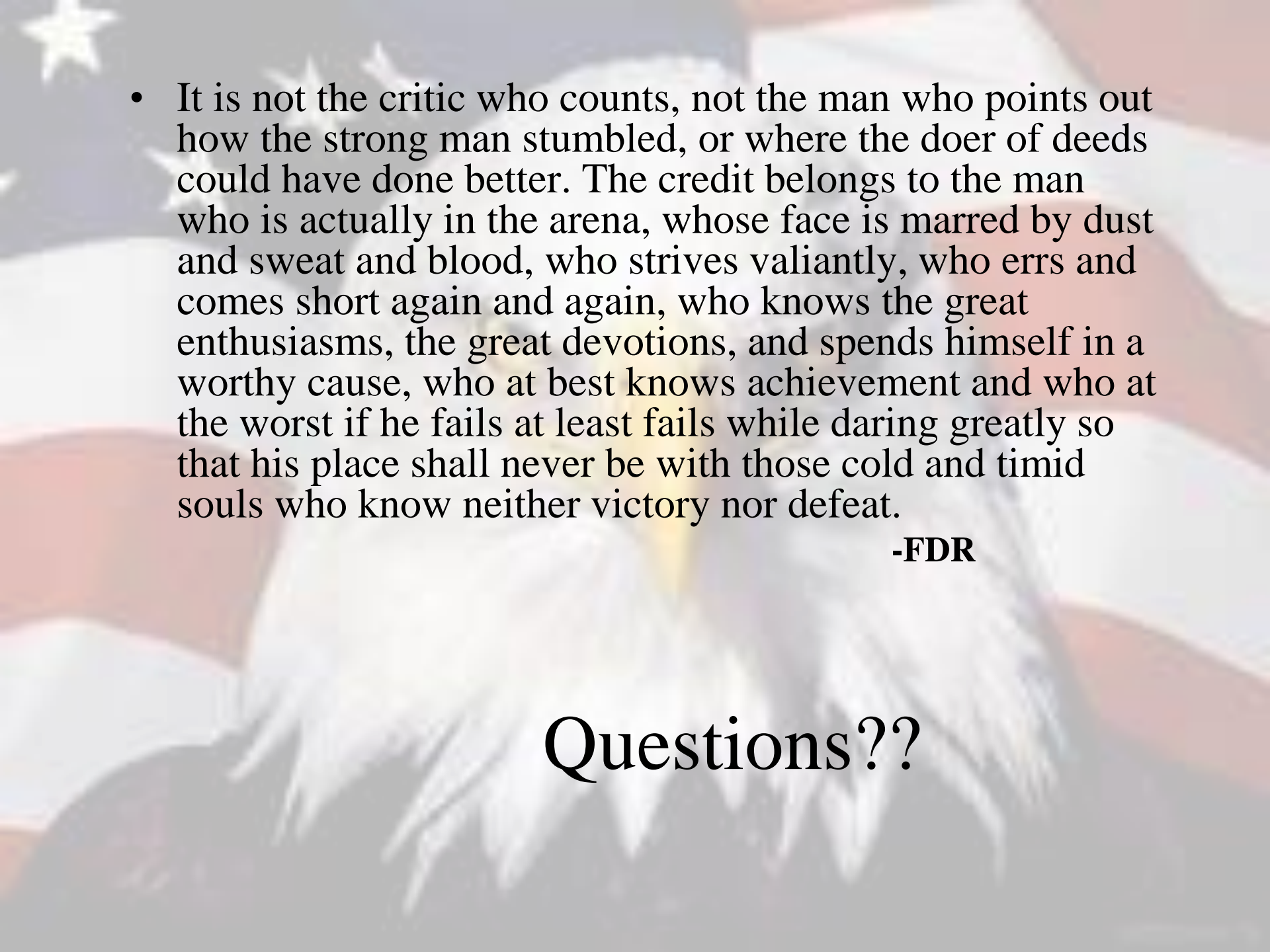




Your Assignment

Your Top Ten

- 20 seconds
- I do not care, they are yours.
- You would not trade these for anyone else's.
- The *secret* to a good career and life is doing whatever it takes to protect what you have in front of you.
- Is this easy?

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- The background of the slide is a faded, grayscale image of the United States flag, showing the stars and stripes. The stars are in the upper left corner, and the stripes run horizontally across the rest of the image.
- It is not the critic who counts, not the man who points out how the strong man stumbled, or where the doer of deeds could have done better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood, who strives valiantly, who errs and comes short again and again, who knows the great enthusiasms, the great devotions, and spends himself in a worthy cause, who at best knows achievement and who at the worst if he fails at least fails while daring greatly so that his place shall never be with those cold and timid souls who know neither victory nor defeat.

-FDR

Questions??