

Wednesday, Dec. 4, 2019

The Arkansas Traveler Newspaper

Page 9

Witches find refuge, community at spiritual goods store

Chase Reavis Editor-in-Chief @DCReavis

Juliana •hen Jessing moved to Fayetteville, she was scared there would be no place for her, a Mexican-Scandinavian "bruja," or witch in Spanish. But just a few months after settling in, The Four of Wands, a metaphysical and spiritual goods shop, opened, and Jessing found what she was looking for.

Jessing, 37, moved from California to Fayetteville last year, leaving behind her large community of Latino witches to raise her child in Fayetteville, where The Four of Wands opened in September.

"On my way driving here, I thought to myself, 'How am I going to function without a spiritual supply store? Because I don't think there's one in Fayetteville," Jessing said. "It was kind of like my hopes had been answered - that it

Despite the growing number of practitioners, Jessing said it was hard to leave California behind, where she had a community and an assortment of spiritual goods shops to choose from.

When Jessing met Melissa Hall, 51, the owner of The Four of Wands, she offered to sell her unique brew of Florida Water, which is used primarily for divination and cleansing, to the shop.

From there, Jessing was employed and began working in the back of the store as an energy worker and psychic reader. While she is not monotheistic, Jessing believes in a higher power that guides her spiritual practices, she said.

Hall, who now identifies as a practitioner of an earth-based tradition, a shopkeeper and a witch, opened the store on Sept. 9, 2018. She realized the need for a store like The Four of Wands after her childhood favorite store, Passages, closed in 2011.



Chase Reavis Editor-in-Chief

Juliana Jessing draws cards for a spread Nov. 8 using cards from the Santa Muerte Tarot Deck: Book of the Dead. Although she started off with a Rider-Waite deck, Jessing has started resonating more with the Santa Muerte deck, which hits home for her culturally, she said.



Chase Reavis Editor-in-Chief

Terra Falani marks up merchandise before The Four of Wands opens Nov. 6. Symbols adorn the banners, flags and tapestries stationed around the shop, with origins spanning the globe.

Although Jessing said Gaelic festival from Oct. 31was just waiting for me to get Nov. 1 that marks the end of vast majority of her there. the Jessing practices "brujeria," interactions with customers the harvest and the beginning witchcraft in Spanish, and is at The Four of Wands are of winter, which Jessing calls o n e of an assortment positive, she thinks the stigma the 'Witch's New Year.' For around witchcraft is too great of pagans, witches, this year's celebration, Jessing psychics and earthinvited 13 women, some to ever really go away. of whom work at The Four based practitioners "It's not because people aren't changing their minds, of Wands, for a ritual and who have found because they are," Jessing said. cocktail party. community and "It's that deep, deep scar of the "I haven't felt that normal employment at The Four of Wands. past that sucks." in years," Jessing said. "No Despite the stigma, the Witches, anxiety, no feeling like I practitioners community Jessing has found of natural magic who are was being judged just for walking in the room. I'm at at The Four of Wands, which often also followers of a my happiest when I'm

surrounded by those people." A Tarot card reader from the shop, Charlotte Winchester, pulled a card for the night – the ten of wands - which she interpreted as "a fresh start," Jessing said.

For Terra Falani, 26, who landed in Fayetteville after a lifetime of moving, with long stints in Japan and California, The Four of Wands was her fresh start.

Falani characterizes her life by seasons and had felt stuck in winter - in loneliness and low energy - until she found the shop, where she, like Jessing, now practices Reiki healing a Japanese technique to reduce stress by using gentle touch and motion to balance someone's energy — and Tarot card reading, among other practices, she said.

"I feel like this is kind of like my springtime of my life

herself as a cross pulsating with energy during the session, she said.

"Jesus, he was a healer. He was a rogue warrior honestly," Falani said. "He was against the institution, he was doing his own thing and getting his own following. So I kind of draw inspiration from that story of Jesus for sure."

While Falani does not consider herself a psychic but tends toward identifying as an empath - a person who can pick up on individuals' mental or emotional states - Jessing identifies as "unfortunately, a psychic," she said.

"Unfortunately, being a full-on psychic, which I've actually finally accepted over the past couple of years, is you know what's coming," Jessing said. You know what happened to them. You don't just have this anxious feeling because you walked in a room. You walked in a room and there's a person and you zero in on them. You can almost have a flash of something that's happened to them." Since Jessing was a child, she has seen, heard and felt spirits around her, sometimes interacting with them and sometimes even calling them forth in her sessions. During her sessions, she draws from her indigenous background with the use of certain tools, like drums, feathers, smoke and rattles to "put the client

more in harmony with the vibration of the earth," she said.

At the ends of her sessions, Jessing usually draws Tarot cards with the client.

Jessing's Tarot cards and other tools are not accepted by most members of her family and have caused problems with friends, leading to her feeling isolated for much of her life

"I felt so alone as soon as I got here," Jessing said.

But when The Four of Wands opened, Jessing went in as soon as she could, excited to find like-minded practitioners and to offer her Florida Water recipe.

Falani came excited to learn more about Tarot cards and to find a community.

"I've gained confidence, you know, and I think a big part of that is being able to

pagan religion, are on the rise in the U.S., with 340,000 practitioners in 2008, according to surveys compiled by Trinity College.

she called her "extended magical family," is something she's never had before.

Every year, Jessing hosts a gathering for Samhain - a

where I've come out, made community myself for the first time in my life through the shop," Falani said. "Without my parents, without my partner, without anybody else, I was like, 'I'm going to join this community, and I want this job."

Though she does not identify as anything but herself, Falani draws inspiration from her Catholic upbringing in her Reiki healing by imagining

bounce things off of people," Falani said. "And people are so nice here."

Falani and Jessing are two of a rotation of workers, including other psychic readers and healers, who have found refuge and community at The Four of Wands, where members of the community are also invited to attend Tarot salons, guides meditations and rituals, with dates listed on the store's website.



Chase Reavis Editor-in-Chief

Terra Falani begins to pull cards for a Tarot spread, wearing jewelry she made and sells on her Etsy shop.



Chase Reavis Editor-in-Chief Terra Falani lays her mini Tarot cards out on a table at Puritan Coffee & Beer on Nov. 1.

Chase Reavis Editor-in-Chief Terra Falani completes her reading, using cards from a mini Rider-Waite deck purchased at The Four of Wands.