

Welcome Back Warriors!

Message from Principal Alison Eckart Dear Warrior Parents/Guardians,

Welcome to the Classes of 2023, 2024, 2025 and our newest, 2026. At Del Norte High we are committed to purposeful learning in a safe and supportive environment. We are committed to preparing all students for choices in careers and colleges after high school. We are increasing our safety protocols this year as your child's safety is of utmost importance. I ask that you partner with us to keep your child safe.



Safety Policies:

- Backpacks:** Students will not be allowed to have backpacks in the classrooms. Students can bring backpacks to school, and they will use lockers to house their school supplies. Chromebooks are the norm these days; textbooks are available in classrooms and online.
- Weapons:** Weapons of any kind, including pocket knives, are not allowed on campus. Toy guns (splat, paintball, nerf, etc.) are also prohibited from school

grounds and may warrant up to a 5-day suspension.

- Tobacco, vapes, and alcohol:** These products are prohibited on school grounds. We have a School Resource Officer (SRO) on campus and we are partnering with law enforcement agencies including canine officers to increase safety and supervision. We will offer AOD counseling to tobacco offenders, and offenders may be held accountable with assertive discipline from the school administration.
- Cell phones:** School board policy is "off and away". Pay attention to social media and

the messages your child posts and reads; mental health is at crisis level these days.

- Earbuds:** For safety and in emergencies, students must be able to hear the instructor. Teachers will establish their protocols and procedures for ear buds in their classrooms.
- Dress:** Have a "work ready" attitude toward dress at school. Avoid clothes that have a vulgar, drug/alcohol, sexually suggestive or racial message; wear clothes that conceal undergarments; fish net and see-through fabrics, halter tops, and bare midriffs are prohibited.

Changes this year:

- Periods are about an hour long. First bell rings at 7:50 a.m. School begins at 7:55 a.m. and ends at 3:08 p.m.; 1:26 p.m. on Mondays
- Breakfast is available before school; second breakfast will be served at the break; and lunch will be served around 12:25 p.m.; 11:20 a.m. on Mondays.
- Early out days are Mondays; dismissal is 1:26 p.m.
- Long term independent study is available; please visit dnusd.org/is for more information.
- Students will be able to check out a chromebook from the library, like a book.
- All students will receive a student planner on the first day of school and are directed to use it to keep track of tests, assignments, events, learning objectives, etc.

Services available for help:

- The Virtual Wellness Center was designed to support the well-being of staff, students, and parents as well as connect them to calming activities/tools to promote health and wellness. This is a safe space to access support, take a break, rest and refocus. www.delnortewellnesscenter.com
- College and Career Center:** On DNHS campus in E-7/E-8, it houses TRIO, RCICIP, Title 6, Upward Bound, and counseling and guidance techs. Get academic support and social/emotional support with results!
- Warrior OT:** drop in tutoring offered every day after school in the library.
- On site tutors are available in B-1 throughout the entire school day.

Attendance Goals:

DNHS' attendance goal is 95% or better. We can't teach your child if they aren't present. Learning happens best when your child is in school. Schedule dentist/doctor appointments after school hours or during the holiday seasons.

School Supplies:

Materials may vary with courses and more details will come in each class. And always come with a growth mindset! You got this!

Breakfast & Lunch:

All students are eligible to receive breakfast and lunch at no charge; breakfast and lunch will be served daily. Breakfast will be served before school. There will be a second breakfast during break time around 10:15 daily. It is critical that all families fill out the Education Benefit forms. The information provided on this Educational Benefit form is tied directly to services for our students. It will be available to you in the "first day packets" sent home with your child.

School Schedule:

Students and parents/guardians can access their class schedules through their Aeries Portal. If you need assistance accessing the Aeries Parent Portal, please call the counseling office at (707) 464-0293. As the school year begins students wanting to make a change to their schedule must go to the counseling office as soon as possible. No changes to schedules will be made after September 9 with the exception of leveling up or down a course.

Again, we want to welcome you as a DNHS parent/guardian this year, and we look forward to a great year with your student.

Getting Involved:

If you are interested in getting more involved with DNHS, we are always looking for parent volunteers on our English Learner Advisory Committee (ELAC) and our School Site Council. Please contact Heather Newton at (707) 464-0274 for more information. I will also be hosting parent/guardian input meetings to listen to your concerns and obtain your input for our school goals and initiatives.



Thank you for sharing your child with us; I look forward to working with you as a team to provide purposeful learning in a safe and supportive environment. Enjoy the rest of your summer.

Sincerely, *Alison Eckart*

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Congratulations to our Future!

"Teamwork makes the difference, and we are on **Your Team.**"



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Del Norte High School Fall Sports Schedules



DNHS Football (Head Coach Nick White)

Friday, Sept. 16 @ Home Field	VS. West Valley
Junior Varsity 5:00pm	Varsity 7:30pm
Friday, Sept. 23 @ McKinleyville	VS. McKinleyville
Junior Varsity 5:00pm	Varsity 7:30pm
Friday, Sept. 30 @ Home (Homecoming)	VS. Eureka
Junior Varsity 5:00pm	Varsity 7:30pm
Thursday, Oct. 6 @ Home Field	VS. Stellar Prep
Junior Varsity 5:00pm	Varsity 7:30pm
Sat., Oct. 22 @ HSU	VS. Eureka
Junior Varsity 5:00pm	Varsity 7:30pm
Sat., Oct. 29 @ St. Bernards	VS. St. Bernards
Junior Varsity 11:30am	Varsity 2:00pm
Friday, Nov. 4 @ Home Field	VS. Fortuna
Junior Varsity 5:00pm	Varsity 7:30pm
Nov. 11-12 @ TBD	VS. NCS Playoffs

DNHS Volleyball (Head Coach Meagan Curtis)

Sat, Sept. 17 @ Red Bluff	VS. Red Bluff
Junior Varsity -----	Varsity TBD
Sat, Sept. 17 @ Brookings	VS. Brookings
Junior Varsity TBD	Varsity -----
Tue, Sept. 20 @ McKinleyville	VS. McKinleyville
Junior Varsity 5:30pm	Varsity 6:30pm
Tue, Sept. 27 @ Home	VS. Eureka
Junior Varsity 5:30pm	Varsity 6:30pm
Thu., Sept. 29 @ Fortuna	VS. Fortuna
Junior Varsity 5:30pm	Varsity 6:30pm
Sat., Oct. 1 @ Medford	VS. St. Mary's
Junior Varsity -----	Varsity TBD
Tue, Oct. 4 @ Arcata	VS. Arcata
Junior Varsity 5:30pm	Varsity 6:30pm
Thu, Oct. 6 @ Home	VS. McKinleyville
Junior Varsity 5:30pm	Varsity 6:30pm
Sat, Oct. 8 @ Arcata	VS. Arcata
Junior Varsity TBD	Varsity -----
Thu, Oct. 13 @ Eureka	VS. Eureka
Junior Varsity 5:30pm	Varsity 6:30pm
Fri, Oct. 14 @ Marshfield	VS. Marshfield
Junior Varsity -----	Varsity TBD
Sat, Oct. 15 @ Marshfield	VS. Marshfield
Junior Varsity -----	Varsity TBD
Tue, Oct. 18 @ Home	VS. Fortuna
Junior Varsity 5:30pm	Varsity 6:30pm
Tuesday, October 25	VS. NCS Playoffs

DNHS Cross Country (Head Coach Taylor Duncan)

Wed, 9/21 @ McKinleyville	4:00pm	
Wed, 9/28 @ Eureka	4:00pm	
Wed, 10/5 @ Fortuna	4:00pm	
Wed, 10/12 @ North Coast Prep	4:00pm	
Wed, 10/19 @ Arcata	4:00pm	
Wed, 10/26 @ Del Norte	3:00pm	
Sat, 11/5 @ Del Norte	11:00am	H-DN Championships
Sat, 11/19 @ TBD	TBD	Meet of Champions
Sat, 11/26 @ TBD	TBD	CIF Championships

DNHS Boys Soccer (Head Coach David Sanyaolu)

Thu, 9/22 @ Arcata	6:00pm	VS. Arcata
Tue, 9/27 @ Home Field	6:00pm	VS. St. Bernards
Thu, 9/29 @ Eureka	6:00pm	VS. Eureka
Tue, 10/4 @ South Fork	7:00pm	VS. South Fork
Thu, 10/6 @ Fortuna	6:00pm	VS. Fortuna
Sat, 10/15 @ Home Field	3:00pm	VS. South Fork
Tue, 10/18 @ St. Bernards	4:30pm	VS. St. Bernards
Sat, 10/22 @ Home Field	3:00pm	VS. Arcata
Tue, 10/25 @ McKinleyville	6:00pm	VS. McKinleyville
Thu, 10/27 @ Home Field	4:30pm	VS. Eureka

DNHS Girls Soccer (Head Coach Cyndi Hansen)

Sat, 9/17 @ Arcata	1:00pm	VS. Arcata
Wed, 9/21 @ Fortuna	6:00pm	VS. Fortuna
Sat, 9/24 @ Home Field	1:00pm	VS. Eureka
Wed, 9/28 @ Ferndale	6:00pm	VS. Ferndale
Sat, 10/1 @ Home Field	1:00pm	VS. St. Bernards
Tue, 10/4 @ South Fork	5:00pm	VS. South Fork
Sat, 10/8 @ Home Field	1:00pm	VS. Ferndale
Wed, 10/12 @ St. Bernards	6:00pm	VS. St. Bernards
Sat, 10/15 @ Home Field	1:00pm	VS. South Fork
Wed, 10/19 @ Ferndale	4:30pm	VS. Ferndale
Sat, 10/22 @ Home Field	1:00pm	VS. St. Bernards
Tue, 10/25 @ South Fork	6:00pm	VS. South Fork

DNHS Girls Tennis

Sat, 9/17 @ St. Bernards	10:00am	VS. St. Bernards
Tue, 9/20 @ McKinleyville	3:30pm	VS. McKinleyville
Sat, 9/24 @ Eureka	10:00am	VS. Eureka
Tue, 9/27 @ Del Norte	3:30pm	VS. Arcata
Sat, 10/1 @ Del Norte	10:00am	VS. North Coast Prep
Tue, 10/4 @ Fortuna	3:30pm	VS. Fortuna
Tue, 10/11 @ Del Norte	3:30pm	VS. St. Bernards
Sat, 10/15 @ Del Norte	10:00am	VS. McKinleyville
Tue, 10/18 @ Del Norte	3:30pm	VS. Eureka
Sat, 10/22 @ McKinleyville	3:30pm	VS. H-DN Singles
Fri, 10/28 @ McKinleyville	3:30pm	VS. H-DN Doubles
Sat, 11/5 @ TBD	10:00am	VS. H-DN Makeups
Tue, 11/8 @ TBD	3:30pm	VS. NCS Team Champs
Thu, 11/10 @ TBD	3:30pm	VS. NCS Team Champs
Sat, 11/12 @ TBD	10:00am	VS. NCS Team Champs



For updates to DNHS schedules, visit:

DNUSD.org/domain/191