Join us for the Great American Smokeout!

Start your Quit Journey today!

Every day is a fresh start!

Visit HRN or stop by our table at one of these spots to pick up a free Quit Kit!

HRN provides free Quit Kits full of info to help you or someone you know quit smoking, vaping, or using other tobacco products.

Wednesday, Nov. 12:

• Ruth Store (10:30a.m.–12:00p.m.)

Monday, Nov. 17:

• Junction City Store (2:00–4:00p.m.)

Wednesday, Nov. 19:

• Trinity Center Store (12:00–3:00p.m.)

Thursday, Nov. 20:

- WeCare Clinic, Mad RIver (10:30a.m.-12:30p.m.)
- Crockett's Up North Weaverville (3:30–5:30p.m.)

Friday, Nov. 21:

- Holiday Market, Weaverville (10:00a.m.–12:30p.m.)
- Wiley's Market, Hayfork (2:30–4:30p.m.)

Monday, Nov. 24:

- Douglas City Store (10:00a.m.-12:00p.m.)
- Lewiston Mini Mart (2:30–4:30p.m.)

Tuesday, Nov. 25:

Salyer Store, Salyer Mall (2:30–4:30p.m.)

