



SUMMER 2025 NEWSLETTER

THE 67TH ANNUAL MYSTIC OUTDOOR ART FESTIVAL RETURNS AUGUST 9-10, 2025



The Greater Mystic Chamber of Commerce is proud to present the 67th Annual Mystic Outdoor Art Festival (MOAF) on Saturday and Sunday, August 9-10, 2025. Recently named Best Art Festival in New England by Boston Magazine, MOAF continues to be the longest running, juried outdoor art show of its kind in the region, celebrated for its

high quality curation, scenic coastal setting, and deep community roots.

This year, more than 200 juried artists from across the country will line the streets of Downtown Mystic, showcasing original works in a wide range of mediums, including painting, photography, sculpture, ceramics, fiber, glass, wood, and mixed media. Visitors can meet the artists, purchase unique pieces, and enjoy the charm and creativity that define this iconic event.

Returning for its fifth year is the Performing Arts Stage, presented in partnership with The Garde Arts Center of New London. Situated in Mystic River Park on Cottrell Street, the stage will feature live music, theater, and performance art on Saturday, August 9, with a lineup highlighting talent from across Connecticut and Rhode Island.

The festival celebrates both established and emerging voices in the art world and has become a hallmark summer tradition for art lovers, families, and day trippers alike. Admission is free, and the event is designed to be accessible and family-friendly, with a dedicated children's art area, food vendors, and nearby shops and attractions to explore.

To make the most of your festival weekend, download the Go Mystic app for an up-to-date list of participating artists, festival layout, parking details, past award winners, and more.

Join us this summer for a weekend of art, entertainment, and connection in the heart of Mystic.

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Executive Office

14 Holmes Street, Mystic, CT 06355

Mailing Address: PO Box 143, Mystic, CT 06355

Phone: (860) 572-9578

www.mysticchamber.org

info@mysticchamber.org

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- Kaylee Wright- Social Media
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- Matt Beaudoin, Mystic Knotworks
- Melinda Burrridge, Chelsea Groton Bank
- Shannon McKenzie, Seaport Museum

SAVE THE DATE
THE GREATER MYSTIC CHAMBER OF COMMERCE
ANNOUNCES UPCOMING EVENTS.

Mystic Outdoor Art Festival
Saturday & Sunday, August 9 & 10, 2025
Saturday: 10:00 a.m. - 6:00 p.m.
Sunday: 10:00 a.m. - 5:00 p.m.

The Greater Mystic Chamber of Commerce presents the return of the Mystic Outdoor Art Festival August 9th and 10th in Mystic, CT. The two-day art festival is the oldest juried art show in the Northeast region. The festival serves an audience of art enthusiasts, as well as weekend visitors from the local surrounding communities, New England, the Tri-State area and beyond. The trail of artists begins in downtown Mystic on Cottrell Street and follows the Mystic River into the shipyard of the Mystic Seaport Museum.

The festival showcases close to 270 artists from around the country with over a mile of fine arts and crafts including oils, watercolors, photography, textiles, sculpture, woodwork, acrylics and more. Food vendors and beverages will be available for purchase throughout. The Mystic Outdoor Art Festival is free to the public and features activities and artwork for all ages to enjoy, including a Children’s Art Park in the Mystic Seaport and a Performing Arts Stage in Mystic River Park.



Groton City Brew Run
Saturday, September 6, 2025
Eastern Point Beach
10:00 a.m. - 3:00 p.m.

The Greater Mystic Chamber of Commerce and Groton Utilities present the 5th Annual Groton City Brew Run. The event features a 5k walk, 5k run, brewfest, food, and live music, for all participants to enjoy. The event will benefit the Greater Mystic Chamber of Commerce and the Riverfront Children’s Center.

If you’re interested in volunteering at events with the Greater Mystic Chamber of Commerce, please email info@mysticchamber.org.

GLOW THROUGH SUMMER WITH SKINCARE TIPS FROM FACIALS BY CARRIE MORRONE

As temperatures rise, your skincare routine needs a seasonal refresh. Summer brings sunshine, beach days, and unfortunately—clogged pores, dehydration, and sun damage. Carrie Morrone, a PCA-certified esthetician, shares her expert advice to help your skin stay healthy and radiant all summer long.

Humidity and increased sunscreen use can lead to clogged pores and excess oil production. Carrie recommends double

cleansing and regular exfoliation to keep your skin clear and fresh. Don't forget the sunscreen—reapplying every 80 minutes is key. Not all sunscreens are created equal, so opt for one specifically formulated for the face.

Moderate sun exposure can be healthy, but overexposure causes long-term damage. Carrie can help assess your skin's sun needs and guide you in choosing the right UPF clothing and hats for protection.

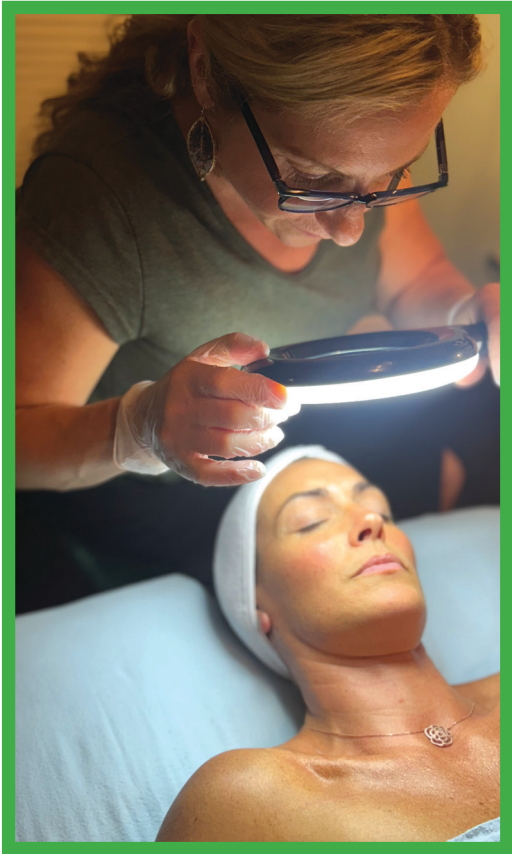
Your diet matters too. Eating water-rich fruits and veggies like watermelon and cucumber supports hydration and contributes to that coveted summer glow. For an added boost, treat your skin to a facial. Facials help brighten, even tone, exfoliate dead skin, and improve circulation.

Carrie offers a wide range of services tailored to all skin types: PCA facials, teen and gentleman's facials, back facials, microdermabrasion, organic options, and

chemical peels. Two seasonal favorites are the Ready Set Glow Facial for a dewy finish and the Summer Hydration Facial to combat dryness from sun, air conditioning, and chlorine.

Celebrate summer by investing in self-care. Relax, rehydrate, and reveal your healthiest skin yet with Facials by Carrie Morrone.

Visit www.facialsbycarriemorrone.com or call (415) 419-6916 to book your appointment today.





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Menu & hours on our website: www.ccobriens.com



THE GREATER MYSTIC CHAMBER OF COMMERCE: SUMMER HIGHLIGHTS & HAPPENINGS

It's been a busy and exciting season at the Greater Mystic Chamber of Commerce, and we invite you to join us—whether it's attending events, volunteering, or just stopping in to say hello!

We've officially opened our new Visitor Center and office at 14 Holmes Street in Downtown Mystic. We're thrilled to have a storefront once again, welcoming locals and visitors alike. Inside, you'll find member brochures, event details, and our newly updated Mystic map—spanning Niantic to Misquamicut.

You'll also spot our Traveling Visitor Center parked near Mystic Knotwork by the Liberty Pole. This mobile info hub is staffed by Chamber volunteers who share maps, answer questions, and hand out swag on behalf of their businesses. It will also be on-site at community events like Mystic Night at the Misquamicut Drive-In and the Concerts at Esker Point.

This summer, we've been proud to offer our members a variety of exclusive perks: preview tickets to Monstrous: Whaling and Its Colossal Impact at Mystic Seaport Museum, Connecticut Sun WNBA games, Mystic Schooners baseball, sunset sails aboard the Argia, and complimentary e-bike tours through Mystic Bike and Kayak.

We've also introduced a new Individual Membership for those who don't own a business but still want to be part of the Chamber network. It's a great way to get involved and enjoy access to our member-exclusive offerings and community events.

If you'd like to learn more about becoming a member—business or individual—reach out to our Membership Manager Megan Yardis at meganyardis@mysticchamber.org.

We're proud to support the community and help you make the most of Southeastern Connecticut and the Rhode Island shoreline.



FOOD WASTE MAKES UP ROUGHLY 24% OF GARBAGE SENT TO LANDFILLS.

Luckily there is a simple way to reduce your local footprint—composting. By composting, you’re not only lowering greenhouse gas emissions, but also helping to sequester carbon, enrich soil, and close the loop on our food system.



Getting started is easy. Whether you start off by using a backyard bin or sign up with a local service like ours, every bit counts. Start small—sort your food scraps little by little until it becomes second nature. All it takes is filling a 5-gallon pail with food waste and setting it out curbside once a week.

Composting helps the planet and builds stronger communities. It’s a powerful step toward restoring soil health, reducing nutrient loss, and even supporting local agriculture. After all, **healthy soil means healthy people.**

Here’s how our service works:

1. **Pick a bin size** that fits your household needs.
2. **We deliver** the bin to your doorstep.
3. **You fill it** with food scraps throughout the week.
4. **Set it out curbside**—we’ll handle the rest.

Organixx Composting is a locally owned and operated business, committed to working within our community to reduce food waste and make composting easy for everyone. Our mission is to encourage everyone to compost, engage residents in sustainable practices, and make an overall positive impact on the greater Mystic area.

Join us and be part of the change—one compost bin at a time.





CASWELL'S SEAFOOD HAVEN: A NEW CHAPTER FOR A LOCAL CLASSIC

A beloved name is back at Misquamicut Beach — and better than ever. Caswell's Seafood Haven, located at 300 Atlantic Avenue, is making waves this summer with its fresh seafood, laid-back atmosphere, and beachside charm.

Formerly known as The Seafood Haven, the restaurant was originally opened in 1993 by Bob Barber and located near the Weekapaug Bridge. Local resident Caswell Cooke joined the team in 1993 and helped build it into a seasonal staple. Now, in 2025, Cooke has brought the iconic name back to life with a refreshed vision rooted in tradition.

"We serve the classics that people remember — whole belly clams, hot lobster rolls with real butter, scallops, fish & chips — and we do it fresh, never frozen," said Cooke. "But we've also added some comfort favorites like burgers, hot dogs, and grilled cheese for the kids."

Caswell's is open daily from 11 a.m. to 9 p.m. during the summer season and features a pet-friendly outdoor deck, beer and wine service, and live music and events throughout the week. The restaurant has quickly become a favorite stop for both beachgoers and locals, blending nostalgic flavors with modern energy.

"It's not just about the food," said Cooke. "It's about the experience — beach air, cold drinks, great company, and a place where families and friends gather year after year."

With a commitment to quality, local sourcing, and good old-fashioned hospitality, Caswell's Seafood Haven is once again the heartbeat of Misquamicut Beach.

Visit theseafoodhaven.com or call 401-229-3428 for more info.



COME IN FOR DINNER TONIGHT!

FISH & CHIPS CHOWDER LOBSTER STEAMERS WHOLE BELLY CLAMS AND MORE!



CASWELL'S SEAFOOD HAVEN

Clam Cakes

our specialty!

AKA Clam Fritters. Our own secret recipe. Buttermilk batter loaded with chopped clams. Now with even more clams! Buy 'em by the bagful to share! Pair them with clam chowder for dipping. A true taste of Summer at Misquamicut. Bob's Recipe Since 1989!

Half Dozen.....	\$9.50
Dozen.....	\$14.50
Bowl of Clam Chowder w. 3 Clam Cakes.....	\$12

Appetizers

Steve's Mozzarella Sticks.....	\$10
Calamari.....	\$12.50
Caswell's Peel N' Eat Shrimp.....	\$19

Sides

French Fries.....	\$6
Onion Rings.....	\$8.50
Sweet Native Corn.....	\$3
Served on the cob with butter	
Superfood Cole Slaw.....	\$4
from Cross Valley Farms, with kale, kohlrabi, brussel sprouts, broccoli, red cabbage & carrots	

Chowder & Bisque

Served by the bowl only.

New England Clam Chowder.....	\$8.25
Lobster Bisque.....	\$10.50

Kids Menu

Served with french fries and choice of water or soda.

Grilled Cheese.....	\$8
Chicken Fingers(3).....	\$12
Hot Dog.....	\$10
Mozzarella Sticks(3).....	\$10



MISQUAMICUT BEACH, RHODE ISLAND

From the Grill

Add fries and coleslaw - \$5

Lumpo's Foot-Long Hot Dog.....	\$9
Mad Dog.....	\$8
Foot-Long Hot Dog with onions and cheese	
Luie's Grilled Cheese.....	\$8
Grilled Cheese with Bacon.....	\$9
Hamburger* - 5.3 oz.....	\$10
Cheeseburger in Paradise* - 5.3 oz.....	\$11
Bacon Cheeseburger* - 5.3 oz.....	\$13
Christine's Crabby Patty Sandwich.....	\$11

From the Fryer

Served with French Fries, Cole Slaw, Tartar and/or Cocktail Sauce

Fried Chicken Sandwich.....	\$10
Succulent Fried Whole Belly Clams.....	PTM
Fried Clam Strips.....	\$29
Batter Dipped Fried Shrimp.....	\$29
Fried Sea Scallops.....	\$24
Fried Calamari.....	\$25
with hot pepper relish	
Chicken Fingers.....	\$16
tender all white meat lightly battered and fried	
Fish Sandwich.....	\$19
with lettuce & tartar sauce	
Fish & Chips.....	\$22
Fish & Chips, bowl of Chowder, & 3 Clam Cakes.....	\$29
Seafood Combo.....	\$29
Choice of two: Whole or Strip Clams, Oysters, Shrimp, Scallops, Fish	
Seafood Platter for Two.....	PTM
The ultimate meal! Indulge yourself with Whole Belly Clams, Shrimp, Sea Scallops, Oysters, Fillet of Fish, our Signature Clam Cakes, fries, and slaw. You're worth it!	

Lobsters & Steamers

Native RI Steamers.....	PTM
served with hot butter and broth for dipping	
Twin Lobsters.....	PTM
Steamed Lobster.....	PTM
Leah's Hot Lobster Roll.....	\$39
Fresh never frozen lobster served with fries and slaw	

Sandwiches & Rolls

All Seafood Rolls are battered, fried to order and served with lettuce on a Traditional New England Style Roll. Accompanied with Tartar Sauce. Add fries and coleslaw - \$5

Whole Belly Clam Roll.....	\$15
Clam Strip Roll.....	\$13
Scallop Roll.....	\$13
Oyster Po' Boy Sandwich.....	\$12

Beverages

All Beverages \$3

Coke	Root Beer	Sweet Tea
Diet Coke	Sprite	Water
		Lemonade



Beer & Wine selections available

401-229-3428  

[Theseafoodhaven.com](https://theseafoodhaven.com)

Please inform your server of any food allergies. Our food is cooked in trans-fat free oil. * If this item is served raw or partially cooked, it can increase your risk of illness. Consumers who are especially vulnerable to foodborne illness should only eat seafood or other meat from animals that has been thoroughly cooked. Add 7% RI sales tax and 3% local sales tax.



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Chamber events,
area events and more

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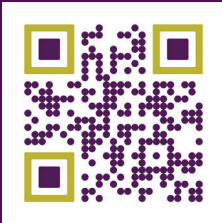
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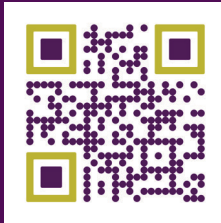
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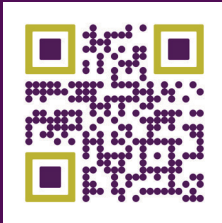
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Welcome to The Breezeway Boutique Hotel. Just three blocks from the excitement at Misquamicut Beach, hidden from plainview, our park-like compound offers guestrooms, suites, villas and cottages within a clean, quiet, lush landscape.
With 13 different types of units including some that connect plus private bungalow type accommodations, we are sure to have precisely the accommodation for your family getaway or quiet, romantic beach escape.
When family and friends are visiting the area for a celebration, you can rest easy knowing they are in good hands at The Breezeway Boutique Hotel. Treat your family and friends to modern guest rooms, suites, villas and a private cottage nestled amidst five acres of peaceful, park-like grounds. Take the work out of planning your event and let us set up a group block for your loved ones. The Bellone Family Welcomes you to The Breezeway Boutique Hotel



Local gardeners who value quality, expertise and CT grown plants know it's worth the short drive to Salem to visit Burnett's Country Gardens: 15-acre sanctuary of vibrant color and green-thumb inspiration. Here, the Burnett family's legacy blossoms: Todd and Meghan, alongside a dedicated team, are growing hundreds of varieties of annuals, perennials, shrubs, trees, vegetables, herbs, and even tropical houseplants—grown in four bustling on-site production houses and across 85 acres at their wholesale nursery in Canterbury.
Wander through sun-dappled greenhouses where humming native bees and hummingbirds zip among seedlings, and imagine the early-morning ritual of hand-watering thousands of plants. Season after season, their curated displays overflow with Burnett's Grown hanging baskets, patio-ready pots, and pollinator-friendly plantings.
Burnett's Pollinator Park and Butterfly House open soon for the season—a playful, educational space for families to connect with nature and observe our local pollinators at work.
Whether you're a beginner or a seasoned gardener, the friendly and knowledgeable staff at Burnett's are here to equip you with the tools and guidance you need for gardening success.
With Burnett's Grown quality, real gardeners behind every plant, and down-to-earth support to help you grow, this is more than a garden center—it's a locally rooted treasure!



Catherine Gibson Glass
The world is experienced in multiple dimensions, from the deep sea to the human spirit, and it's often hard to translate and visualize our understanding of these experiences. Therefore, Catherine Gibson developed her methods for making sculptural stained-glass pieces. Her artwork involves fusing many layers of glass, vitreous paint, and experimental textures in a high-fire kiln, resulting in a thick and multidimensional glass panel. Her methods promote the simultaneous interaction of the foreground and background as the viewer moves around the pieces, and capitalize on forming features such as glass bubbles that interact with facial shapes and organic forms. Works that exemplify these concepts are installed in locations such as St. Mary's Church, Groton, CT, the permanent collection at Three Rivers Community College, and All Souls Unitarian Church, New London, CT.
Catherine prioritizes engaging the public through custom mosaic workshops that facilitate collaboration with different communities on permanent installations that also give others the experience of working in an art studio. These workshops occur with both children and adults in local schools and public venues. Catherine also takes private commissions from patrons, both

local and worldwide. For inquiries, contact catherinegibsonglass@yahoo.com. You can also find her on Facebook at Catherine Gibson Glass or on Instagram at [catherinegibsonglass](https://www.instagram.com/catherinegibsonglass).



CT Kids Passport
www.ctkidspassport.com
CT Kids Passport was created by a local stay-at-home mom of three who set out to solve a common problem finding fun, affordable, and kid-friendly activities across Connecticut. What started as a personal mission quickly grew into a statewide movement to help families explore more, spend quality time together, and support local businesses along the way.
The CT Kids Passport is a printed booklet designed for families with children ages 2–14. It's filled with hand-picked local attractions, play cafes, museums, art studios, slime labs, and many more hidden gems. Each stop offers an exclusive discount or perk and lets kids collect a stamp as they explore — making memories as they go!
In addition to stampable destinations, passport holders also get FREE access to "The Club," a bonus section filled with extra discounts to local coffee shops, restaurants, ice cream shops, boutiques all supporting small businesses.
Our 2025–2026 passport officially launches on October 1st 2025. Passports are only \$20!
Let's stamp our way to adventure — together!



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Goodspeed Musicals
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www.goodspeed.org
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Looking for a night out in a breathtaking riverside setting? Head to Goodspeed Musicals in East Haddam, a world-renowned theatre known for producing top-notch musicals that light up the stage and thrill audiences night after night.

Surrounded by charming small towns, scenic river views, and excellent dining, a trip to Goodspeed is more than just a night at the theatre—it's a full experience. Whether you're catching the next big musical before it hits Broadway or revisiting a beloved classic, you'll leave inspired, delighted, and ready to return.
From April through December, Goodspeed presents exciting new works and reimagined favorites at two venues: the historic Goodspeed Opera House in East Haddam and The Terris Theatre in nearby Chester. Just a short ride from the Connecticut shoreline, Goodspeed is a beloved destination for both longtime theatre lovers and first-time visitors from across the country. It's also the first theatre in the nation to win two Tony Awards for excellence in musical theatre—and every show proves why.
Plan your visit at www.goodspeed.org—musical magic awaits!



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508-209-1916
PO Box 72 Essex, CT 06426
Caroline Joy Adams is an artist, writer, and photographer who is originally from New York City, and now splits her time between coastal Connecticut and the Grand Canyon State of Arizona. She leads a variety of writing workshops across the country, in person, and also via Zoom, including her popular Great Travels Writing Workshop, Memoir with a Message, Transformational Journaling, Writing as a Gift, and Have Fun with Haiku, among others.
A long-time college professor of English, she was most recently a visiting professor in the MFA in Creative Writing program at Fairfield University. She currently teaches art workshops at the Mystic Museum of Art, and is a frequent writing workshop leader on Martha's Vineyard, as well as at various libraries in Connecticut, including the Ivoryton Library, where she is now teaching a six week summer Memoir Writing course, held on Wednesday evenings throughout July.
She is the author of nine books, including her two latest titles, Great Travel Questions for Fun Conversations, and the Great Travels Writing Journal.
These newly published books are excellent ways for readers to have fun connecting with others, while on a motorcoach tour, cruise, family vacation, at a destination wedding, retreat, reunion, holiday gathering, or any other occasion — while discussing places they have been and interesting experiences they have had, as well as recording their current travel experiences while on a trip.
Most of Caroline's previous books have been published by traditional publishers, but she has now decided to start her own book publishing company, featuring her travel-themed titles, called Great-Travels Press. Several other new titles will be released this fall, so do checkout her website for updates. www.Great-Travels.com
PLEASE NOTE: She has two separate websites, both of which are in the process of being updated - www.Great-Travels.com and www.carolinejoyadams.com

NEW MEMBERS



Jean Michael Coronado
Jean Michael is a dynamic content creator and influencer known for his vibrant storytelling, creative eye, and strong connection to local communities. Based in Southeastern Connecticut, Jean Michael creates engaging digital content for businesses from New Haven through Boston, helping brands grow their visibility through strategic video, photography, and social media campaigns.
With a focus on authenticity and aesthetic, Jean Michael collaborates with restaurants, events, small businesses, and organizations to craft content that resonates. From reels and promotional videos to live event coverage and branded photoshoots, his work blends marketing expertise with artistic flair.

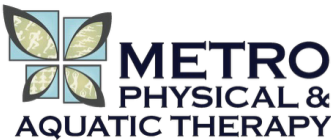


Mama Emily's Sweet Treats
www.mamaemilys.com
860-237-7294
Get ready, beachgoers—Mama Emily's Sweet Treats is coming to Misquamicut! This summer, one of our beloved ice cream trucks will be stationed at the Westerly Town Beach, serving up your favorite nostalgic treats right by the waves. And for an extra scoop of convenience, be offering limited beachside delivery so you don't have to leave your towel to enjoy something cold and sweet!
While we're thrilled about our new beachfront location, you can still find us rolling through our regular routes in Stonington, North Stonington, and Mystic, bringing smiles to neighborhoods, schools, and community events. We're also available to book for private parties, weddings, fundraisers, special events (or just because) in the surrounding areas.

Mama Emily's Sweet Treats was started in 2020 to spread a little happiness during uncertain times. And though the business has grown, our mission is still the same—bringing people together over a shared love of sweet treats. (Oh, and in case you were wondering, yes—we're proudly Woman/Veteran-owned!
Book us online at www.mamaemilys.com and stay tuned for all updates on our social media!



Maria's Seaside Cafe
www.mariasseasidecafe.com
401-596-6886
132 Atlantic Avenue, Westerly, RI 02891
Fresh off the boat fish, house-made pasta, vino and cocktails.
With two fashionable seaside venues for your next soiree or par-tay.
The Cafe, or our main dining area is located just off the lobby of The Hotel Maria with seating for up to 75 seated guests.
The Sunset Club located atop The Hotel Maria, offers stunning ocean views and accommodates up to 20 seated guests.
Wedding receptions, birthdays, rehearsal dinners or memorials. For dining or drinks, whatever the event, come celebrate at Maria's.
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Metro Physical and Aquatic Therapy LLC
www.metrophysicaltherapy.com
401-348-8112
Mystic, Groton, Westerly, Warwick
Metro Physical & Aquatic Therapy is proud to be one of the fastest-growing outpatient rehabilitation providers in the Northeast. Family owned and operated since 1982, Metro offers a wide range of services including physical therapy, occupational therapy, speech therapy, pelvic floor therapy, neurological rehab, pediatric therapy, and more.
With over 50 locations across New York, Connecticut, and Rhode Island, Metro is committed to providing convenient access to high-quality, personalized care. Our local clinics are led by experienced clinicians who treat each patient like family and create customized therapy plans that help people feel better and get back to doing what they love.
What sets Metro apart is our belief in empowering growth — both in our patients and our team. From advanced certifications to specialized programs like aquatic therapy and post-surgical rehab, we go beyond the basics to ensure the best outcomes.



STEAKSMANSHIP
Michael Jordan's Steak House
860-862-8600
1 Mohegan Sun Boulevard,
Uncasville, CT 06382
<http://www.michaeljordansteakhouse.com/mohegan-sun/location>
Michael Jordan's Steak House at Mohegan Sun is more than just a premium dining destination, it's the embodiment of excellence inspired by the legend

himself. With the heart of a champion and the relentless pursuit of perfection, we serve USDA Prime steaks, the freshest seafood, and seasonal ingredients with a passion for detail and heartfelt hospitality. For over 20 years, we've focused on being great every day, pushing culinary boundaries while honoring classic steakhouse traditions.
Join us for dinner daily, happy hour on weekdays or experience our Legendary Brunch every weekend, featuring indulgent takes on classics and complimentary mimosas.
Our award-winning beverage program is rooted in Michael Jordan's personal passions. Sip seasonal cocktails made with Cincoro, MJ's ultra-premium tequila, or explore a curated wine list featuring selections from his own collection.
Looking to celebrate or gather with intention? Our private dining experiences offer personalized, high-touch service and a level of quality that lives up to the prestige of a legend. At Michael Jordan's Steak House, we don't just serve steak, we serve greatness, every time.



MJ23 Sports Bar & Grill at Mohegan Sun
1 Mohegan Sun Boulevard,
Uncasville, CT 06382
860-862-2300
www.mj23sportsbar.com
MJ23 Sports Bar & Grill at Mohegan Sun is where great food, iconic sports moments, and the legacy of Michael Jordan come together. Inspired by MJ's relentless pursuit of greatness and his first love, the love of the game, MJ23 is an elevated sports bar and grill serving contemporary American cuisine in a high-energy, tech-forward environment that even Michael himself would be proud of.

The menu features crowd-pleasers like burgers, wings, sandwiches, steaks, and an extensive lineup of draft and local craft beers. With wall-to-wall TVs, bold flavors, and streamlined design, MJ23 delivers the ultimate game day experience, whether you're here to watch the playoffs or catch a casual weekday matchup.
Planning a celebration or group outing? MJ23 is built for it. From corporate gatherings to team celebrations, our private and semi-private event options offer flexible layouts, top-tier AV capabilities, and a dynamic backdrop to make your event take center court.
Grab a beer, find your seat, and experience a sports bar that's rooted in greatness. At MJ23, we don't just show the game, we live it.



Michael Whalen Insurance Agency
860-850-4416
339 Flanders Road, East Lyme, CT 06333
agents.farmers.com/mwhalen
Michael Whalen Insurance Agency – Farmers Insurance proudly serves individuals, families, and businesses with comprehensive insurance solutions tailored to their unique needs. With a strong commitment to client service and deep industry knowledge, our agency specializes in both Personal and Commercial Lines, helping clients protect what matters most.
For personal coverage, we offer Home, Auto, Life, and Umbrella insurance, ensuring peace of mind for every stage of life.
On the commercial side, we work with business owners across various industries to provide customized protection, including General Liability, Property, Commercial Auto, Workers' Compensation, and Renters' insurance, among others.
We also offer Life Insurance policies to safeguard your family's financial future, whether you're seeking term, whole, or universal coverage.
In addition, our Specialty Lines include tailored coverage for mobile homes, motorcycles, boats, RVs, rental properties, and other specialized assets.
Backed by the strength of Farmers Insurance, the Michael Whalen Insurance Agency delivers personalized service, clear guidance, and reliable protection. Whether you're insuring a growing business or your first home, we're here to help you make confident insurance decisions.



Mystic Downsize and Organize
www.mysticdownsizeorganize.com
860-449-2228
Mystic Downsize & Organize LLC specializes in personal, professional assistance with decluttering and organizing your home. We can help with preparing to sell your home, "empty nest" downsizing, any type of clutter-clearing. We will remove any unwanted items for donation or disposal and help you organize what you'd like to keep. We understand the challenge of parting with personal items and strive to help you achieve your goals with sensitivity and patience.
Kathleen Ruby started Mystic Downsize & Organize LLC in 2024 after many years of working with friends and family who were moving or dealing with years of accumulated items. She works with the homeowner to understand their unique situation. She loves the challenge of creating a plan that works and results in an organized home!
As a member of the National Association of Professional Organizers (NAPO), our company abides by the NAPO Code of Ethics, a set of principles that guides our professional conduct with our clients and colleagues.



Nightjar Cannabis Dispensary - East Lyme
www.nightjarcannabis.com
860-850-5130
15 Colton Road, East Lyme, CT 06333
Located just off I-95 at Exit 71, Nightjar Cannabis in East Lyme is a warm, inclusive, woman-owned hybrid dispensary serving medical patients and adult-use consumers 21+ across New London County. Whether you're heading into Mystic, hitting the beach or exploring the trails in Rocky Neck State Park, or enjoying a night out at Mohegan Sun or Foxwoods casino, Nightjar is your go-to-stop for top-quality cannabis.
Open Monday - Saturday from 9 AM - 8 PM and Sundays from 10 AM - 6 PM, Nightjar offers a curated menu featuring flower, vapes, edibles, and concentrates from local and national brands such as Affinity Grow, CT Pharma, SoundView, and Rhythm. The knowledgeable staff emphasizes hospitality and transparency, guiding both new explorers and seasoned users in a judgment-free environment.
Deals and rewards are a cornerstone: shoppers enjoy rotating promotions, loyalty points redeemable on future purchases, and perks for medical and recreational customers alike. As an independent, woman-owned business, Nightjar brings genuine cannabis passion and community focus to East Lyme.



O'Grady's Junk Removal
860-572-6994
Let us do the dirty work!
Get rid of unwanted clutter and junk with O'Grady's Junk Removal LLC, your local experts in reliable and eco-friendly junk removal services. Our team is dedicated to providing prompt, professional, and affordable solutions for residential and commercial cleanouts.
From appliance and furniture removal to property and entire estates, we've got you covered.
At O'Grady's Junk Removal LLC, we pride ourselves on:
- Fast and reliable service
- Competitive pricing
- Eco-friendly disposal practices
- Fully licensed and insured operations
Call us today to schedule your junk removal and experience the O'Grady's difference!



Organixx Composting
www.organixxcomposting.com
860-222-5163
At Organixx Composting, we want local communities to rethink the food

NEW MEMBERS

cycle. Our mission is to divert compostable food scraps from landfills, educate the community, and create nutrient-rich compost for local use. We're committed to making composting easy and affordable for residents and businesses in the Mystic area.

By raising awareness about waste reduction and empowering people to adopt the 3R principles. Reduce, Reuse and Recycle, creating a cleaner, healthier planet for future generations — and inspire a cycle of grow, eat, sort, compost, repeat. Composting is just the start to becoming a more sustainable Southeastern Connecticut.

Services:

Curbside Compost Pickup: Residential- 5, 6, 13 Bins. Restaurants - request a consultation.

Leaf Bag Removal: Garden Waste, Sticks, Leaves, Weeds, etc.

Seasonal: Christmas Trees, Mums, Pumpkin Smash Events, Bulk Leaf Removal.

Other Services: Compost Delivery, Compost Topdressing, Educational Newsletters



Perfect Clean
www.perfectcleanct.com
860-989-7521

Perfect Clean Professionals offers comprehensive cleaning services to keep spaces immaculate and healthy.

We've been serving the community for five years and take pride in our exceptional local cleaning services. Our professional team provides meticulous kitchen cleaning, sparkling bathrooms, and ensures living rooms are cozy and inviting. We also give bedrooms thorough attention, including bed-making and dust removal, so every cleaned room welcomes you back delightfully. If you're seeking top-notch local home cleaning services, Perfect Clean is the ideal choice.



Rob Rivers Salon & Spa
860-572-7271
www.robrivers.com
20 Holmes Street, Mystic, CT 06355

Rob Rivers Salon & Spa is an established full-service salon and spa that is dedicated to providing exceptional quality services to clients seeking hair and beauty treatments. Our team of over 14 experienced professionals offers a range of services, including hair coloring, precision cutting, styling, and a variety of spa treatments, all in a lux-

urious and relaxing environment. The salon is committed to providing personalized services that are tailor-made to each client's unique needs, ensuring that they leave with a style that fits their lifestyle.



Shoreline Sanitation
www.shorelinesanitationri.com
401-596-8337

Shoreline Sanitation is a family-owned and operated business based in Westerly, Rhode Island, proudly serving customers across Rhode Island and Connecticut. Specializing in septic services and portable toilet rentals, we bring decades of experience and a commitment to reliable, responsive service.

Owned by Joe and Linda Capalbo, Shoreline Sanitation is truly a family affair. Their son, Joseph Jr., works full time alongside them, while their daughter, MacKenzie, lends a hand during major events. Joe has been passionate about the septic industry since the age of 11, when he first started riding along in a septic truck. Today, he holds licenses for septic pumping in both Rhode Island and Connecticut, as well as for municipal inspections in Rhode Island.

Our portable toilet rentals are available for everything from construction sites to upscale weddings and major public events like the Charlestown Seafood Festival and the Washington County Fair. No job is too big or too small.

We offer a full range of options, including:

- Standard portable units
- ADA-compliant handicap-accessible units
- Flushable units
- Handwashing stations
- Luxury restroom trailers

At Shoreline Sanitation, we take pride in our quality service, clean equipment, and the personal touch only a family business can provide.



Sol Toro at Mohegan Sun
1 Mohegan Sun Boulevard,
Uncasville, CT 06382
860-862-4801

www.soltororestaurant.com

Sol Toro at Mohegan Sun is a modern Mexican cantina where bold flavors and bigger vibes come standard. Sol Toro is your go-to for good food, great drinks, and a party atmosphere that builds as the night goes on. Whether you're catching up with friends, pregaming for a concert, or just living your best casino life, come as you are, and leave a little happier.

The menu is full of creative takes on Mexican favorites, from craveable ta-

cos to sizzling fajitas, made to share, snack, and savor. Every margarita is made with our house-famous mix, handcrafted daily with fresh-squeezed lime juice, and our tequila selection features only 100% blue agave.

Planning a celebration? Our private and semi-private dining spaces are perfect for birthdays, bachelorettes, or just gathering the crew. With a vibrant setting, music always on, and Insta-worthy drinks at every turn, Sol Toro isn't just a place to eat, it's where the party starts.



Stretch Zone
860-389-8367
www.stretchzone.com/locations/mystic-ct
12 Coogan Boulevard, Suite 106,
Mystic, CT 06355

Chad and Jennifer Sklodosky are opening their first Stretch Zone franchise in the Mystic Green location during the month of June. Chad and Jennifer are native to southeastern CT, having grown up in East Lyme and now residing in Waterford. They met in high school and have been married for 27 years, and they have two children Roselyn (17) and Trenton (15).

Starting a business has been one of Chad's lifelong dreams. Inspired by his Mother who started her own business while raising ten children and working from home, he knew it was not a matter of if, but when he would follow in her footsteps. Having worked in the health sector for the last 30 years, Stretch Zone felt like the right franchise because of the focus on overall health and wellbeing. The aim is to provide personalized, professionally accredited/certified practitioner assisted stretch services that increases client flexibility, mobility and overall wellbeing in an environment geared toward relentless hospitality.



Suntastic Solutions
www.suntasticsolutions.com
860-303-7110

Hi! My name is Dave Mansulla. I served in the USAF during the Cold War years. Being a part of the military family is an important part of my life. I try to always bring that same sense of honor and pride into each solar job we take on. In my opinion, that spirit, combined with high tech, helps us win our conflicts. It is high-tech solar that will help save you money and help save our environment.

You're experience as you learn about solar, making choices that are right for you and your home and ultimately realizing the joys of solar ownership matters to me. I have many years of providing excellent customer service and customer delight, so you will be happy to refer me to your friends and family for

many years to come! This client centric business focus, combined with the world's best solar products and warranties is what you will get when you go solar with Suntastic Solutions.

I look forward to being your guide through the many decisions you have in front of you. Let's put solar at your fingertips and start to save you money!



The Atlantic Barber
860-287-4174
11 Main Street, Suite 202,
Old Mystic, CT 06378

The Atlantic Barber/ Chris Thorp is a veteran owned and operated barbering destination. Located in the Mill in historic Old Mystic on the 2nd floor with spectacular views of the Mystic River. With over 15 years experience Chris specializes in traditional, contemporary, and custom barbering services. Appointments are available on Vagaro.com and Chris is always happy to receive a phone call for an appointment at 860-287-4174



The Hotel Maria
www.thehotelmariamaria.com
401-622-4000

132 Atlantic Ave, Misquamicut, RI 02891

In the heart of Misquamicut Beach, high above it all, our relaxed beachside haven offers classic contemporary accommodations with sweeping ocean views, in casual yet sophisticated surroundings.

Our new Misquamicut Beach boutique hotel offers modern comforts with a one-of-a-kind combination of warm nostalgia and contemporary luxury.

Just off the lobby, Maria's Seaside Cafe serves up flavorful, Mediterranean-inspired cooking, wonderful wines from Etna to Napa and thirst quenching cocktails that would make Signor Martini proud. The Bellone Family welcomes you to The Hotel Maria.



Ullman Sails Northeast - Your Local Sail Loft
www.ullmansailsne.com
mloe@ullmansails.com
413-388-2471

At Ullman Sails Northeast, we help keep sailors on the water with repairs, new sails, and

practical advice. We're a small loft based in Noank, working with boat owners all over southern New England.

Most repairs are done right here in the loft—whether it's patching a torn sail, fixing canvas, or restitching a cover. For new sails, we'll take measurements, go over the details, and make sure everything's right before it gets built. We also offer help taking sails down or putting them up if you're short on time.

The loft is run by Mark Loe, a lifelong sailor with decades of experience in sailmaking and rigging. Whether you cruise, race, or just want to get the most out of your gear, Mark's happy to talk through what makes sense for your boat. Give us a call or stop by—no pressure, just honest help from someone who knows sails.



West Hartford Solar
www.westhartsolarsolar.com
860-280-1845

Locally owned and operating across Connecticut, Massachusetts, and New York, West Hartford Solar helps homeowners, businesses, and municipalities take control of rising energy costs while reducing their environmental impact.

Right now is a particularly smart time to consider solar. The 30 percent federal tax credit is still in place, and Connecticut's current net metering structure—allowing you to earn credits for the extra energy your system produces—is set to change at the end of this year. Installing now lets you lock in the more favorable policy before it's gone.

In addition to traditional residential projects, West Hartford Solar also specializes in solar installations for short-term rentals, helping property owners improve their bottom line with clean energy and long-term savings.

Known for their education-first approach and commitment to service, West Hartford Solar supports each customer from consultation through installation and beyond. We're proud to have them join the Mystic business community.

AUG 9-10,
2025



CALL FOR
VOLUNTEERS

The Mystic Outdoor Art Festival (MOAF) is the oldest juried arts show in the Northeast. Located in historic downtown Mystic, this two-day show attracts more than 80,000 patrons, visitors & art enthusiasts from New England & beyond. The festival features 230+ artists & artisans specializing in watercolors, woodwork, oils, acrylics, textiles, jewelry & everything in between.

VOLUNTEER APPLICATIONS CLOSE ON JULY 29TH
EMAIL ISIAHALLGOOD@MYSTICCHAMBER.ORG TO SIGN UP

For more info visit mysticchamber.org





Motivate your team with McQuade's Pickup Catering

At McQuade's Marketplace we offer the convenience of online or in-store ordering combined with from scratch cooking. We are the perfect partner for all your busniess meeting needs.

We are here for you every step of the way to make sure your office staff is successful and motivated. Our goal is to exceed your expectations and to make sure your experience is nothing short of outstanding.

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McQuade's Pickup Catering has delicious choices for every occasion. We offer entire meals, entrees, appetizers, salads, sides and desserts.



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- ❖ Plated Meals & Stations ❖ Hor's Devours ❖ Bakery Items

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