

Soutien du  
Cancer de  
la Prostate  
Montréal et  
Ouest-de-l'île



Prostate  
Cancer  
Support  
Montreal &  
West Island

Presents

**KIM ARREY**

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*CHEF Coach (level 1)*

**AUTHOR: *THE COMPLETE HEALTH  
DIET GUIDE AND COOKBOOK***

**Thursday, June 25, 2026,  
at 7:30 p.m.**

**Free Presentation – Everyone Welcome**

*In-person at*

**Sarto-Desnoyers Community Centre**  
1335 Lakeshore Drive, Dorval



**[www.pcsgmontrealwestisland.org](http://www.pcsgmontrealwestisland.org)**

**514.694.6412**