



ADONIS

Mediterranean market

FRESH AND AFFORDABLE AT A LOW PRICE

60% SAVINGS
1.99 /lb



red seedless grapes
U.S.A.
4.39/kg
reg. 4.99/lb - 11.00/kg

LARGE FRUIT

MORE THAN 60% SAVINGS
6.99 /lb



boneless beef blade roast
15.41/kg
reg. 14.49/lb - 31.94/kg

50% SAVINGS
1.49 ea.



white mushrooms
Canada, 227 g
reg. 2.99

40% SAVINGS
5.99 /lb



boneless, skinless chicken breasts
13.21/kg
reg. 9.99/lb - 22.02/kg

40% SAVINGS
2.39 ea.



red pomegranates
U.S.A.
reg. 3.99

MORE THAN 35% SAVINGS
5.44 /lb



lean ground grain fed veal
11.99/kg
reg. 8.49/lb - 18.72/kg

EVERYDAY LOW PRICE
99¢ ea.



green onions, mint bunch & parsleys
Canada, Mexico, U.S.A.
reg. from 1.79 to 1.99

MORE THAN 35% SAVINGS
8.99 /lb



fresh sea bass
19.82/kg
reg. 12.99/lb - 28.64/kg

UP TO 50% SAVINGS
3.97

Philadelphia cream cheese spread or Kraft Singles
227-250 g, 14-22 slices
410 g, selected varieties
reg. from 6.49 to 7.99



UP TO 50% SAVINGS
3.99

Castello sliced cheese or Tre Stelle mascarpone, ricotta, feta
125-475 g, selected varieties
reg. from 6.99 to 8.29



ONLY 99¢ EA.



Cedar mushrooms, corn, sardines or chick pea dip or Life Smart crackers
284-341 ml or 100-400 g, selected varieties
reg. from 1.99 to 2.29

40% SAVINGS
5.99



Riomare tuna
3/80 g, 195 g, selected varieties
reg. 9.99

30% SAVINGS
8.99



Selection chicken wings
650 g, selected varieties
reg. 12.99

\$3 SAVINGS
13.99



shawarma plate Halal
served with rice or potatoes, salad and sauce
reg. 16.99

MORE THAN 30% SAVINGS
1.99



Belgusto tomato passata
680 ml
reg. 2.99

MORE THAN 30% SAVINGS
11.99



Cedar green olives
2.84 L
reg. 17.99

MORE THAN 40% SAVINGS
3/\$5
or 1.67 each



Barilla pasta
410 g, selected varieties
reg. 2.99

MORE THAN 35% SAVINGS
4.49



Stash herbal tea
20 un.
reg. 6.99

MORE THAN 40% SAVINGS
3.49



Ritter Sport chocolate bar
100 g, selected varieties
reg. 5.99

MORE THAN 25% SAVINGS
24.99



Cedar extra virgin olive oil
2.8 L
reg. 33.99

BEST PRICES OF THE YEAR!



Phoenicia labneh
3.99/lb
reg. 1.59 per 100 g - 7.21/lb

WOW! 88¢ per 100 g



Phoenicia plain yogurt
750 g
reg. 3.79

WOW! 1.88

ADONIS AUTHENTIC RECIPE



marinated lamb chops
21.78/kg
reg. 15.99/lb - 35.25/kg

WOW! 9.88 /lb



Irrésistible cooked shrimps
51-60
340 g
reg. 9.99

WOW! 5.77

FROM THURSDAY, OCTOBER 15TH TO WEDNESDAY, OCTOBER 21ST, 2026