

NDG'S MEN SHED

A welcoming space for
men 45+

Looking to connect, share, and spend time with
others in your community?

JOIN US!

The NDG Men's Shed is a free, weekly drop-in space to talk, learn, and build connections in a relaxed, supportive environment.

Lift your spirits. Connect. Learn.

 **Fridays | 10:00 am – 12:00 pm**

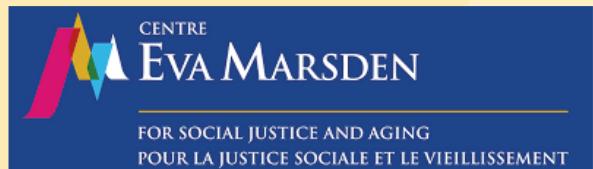
 **Eva Marsden Centre for Social Justice and Aging**
88 Ballantyne Avenue North, Montréal-Ouest, QC H4X 2B7

\$ Free

CONTACT KADEN!

514-487-1311 ext: 203

knelson@emcmctl.org



**Canadian
Heritage**

**Patrimoine
canadien**