



ADONIS

Mediterranean market

محلات أدونيس

La **f\$lie**
des
RABAIS!

UP TO 50% SAVINGS

3 LB 5-6 UN.

2 LB

avocados, oranges, lemons or limes 1 lb
South Africa, Mexico
reg. from 4.99 to 5.99

2.97 ea.

UP TO 50% SAVINGS

mini peppers 454 g & brussel sprouts 454 g
Canada and Mexico
reg. from 4.99 to 5.99

2.97 ea.

50% SAVINGS

hami melon or cut watermelon
U.S.A.
2.18/kg
reg. 1.99/lb - 4.39/kg

99¢ /lb

MORE THAN 65% SAVINGS

italian tomatoes
Canada
2.18/kg
reg. 2.99/lb - 6.59/kg

99¢ /lb

75% SAVINGS

green sweet peppers
Canada
2.18/kg
reg. 3.99/lb - 8.80/kg

99¢ /lb

MORE THAN 45% SAVINGS

Plaisirs Gastronomiques pork back ribs BBQ or maple
740 g
reg. 18.99

9.99

MORE THAN 25% SAVINGS

Häagen-Dazs ice cream
450-3/88 ml, selected varieties
reg. 6.99

4.94

55% SAVINGS

beef striploin steak or roast economic pack
19.82/kg
reg. 19.99/lb - 44.07/kg

8.99 /lb

30% SAVINGS

boneless chicken thighs regular or marinated
selected varieties
15.41/kg
reg. 8.99/lb - 19.82/kg or 9.99/lb - 22.02/kg

6.99 /lb

MORE THAN 40% SAVINGS

eye of round beef
17.61/kg
reg. 13.99/lb - 30.84/kg

7.99 /lb

MORE THAN 30% SAVINGS

pork sirloin cubes
8.80/kg
reg. 5.99/lb - 13.21/kg

3.99 /lb

UP TO 45% SAVINGS

Salud olive oil or Cedar corn oil
1-2.84 L
reg. from 14.99 to 16.49

8.99

MORE THAN 55% SAVINGS

Valdigrano pasta
500 g, selected varieties
reg. 2.99

4/\$5 or 1.25 each

UP TO 35% SAVINGS

Alkanater sesame sauce or halawa
900-907 g
reg. from 11.99 to 12.99

7.99

35% SAVINGS

3 days ONLY
Thursday, Friday and Saturday

fresh seabream
17.13/kg
reg. 11.99/lb - 26.43/kg

7.77 /lb the rest of the week at 8.99/lb

MORE THAN 55% SAVINGS

tuna steak thawed/frozen (sashimi quality)
reg. 17.99/lb - 39.66/kg

7.77 /lb the rest of the week at 8.99/lb

\$13 SAVINGS

Krinos greek feta cheese
1 kg
reg. 32.99

19.99 the rest of the week at 22.99

MORE THAN 40% SAVINGS

Lactantia butter
454 g, selected varieties
reg. 8.99

4.99

50% SAVINGS

Americana legumes
396 ml, selected varieties
reg. 1.99

99¢

MORE THAN 35% SAVINGS

Maatouk or Lavazza coffee
200-250 g, selected varieties
reg. from 6.69 to 8.99

5.49

25% SAVINGS

Tilda basmati rice
4.54 kg
reg. 19.99

14.99

FROM THURSDAY, SEPTEMBER 24TH TO WEDNESDAY, SEPTEMBER 30TH, 2026