



ADONIS

Mediterranean market

محلات أدونيس

La **f\$lie**
des
RABAIS!

60% SAVINGS

green, red or black seedless grapes
U.S.A.
4.39/kg
reg. 4.99/lb - 11.00/kg

LARGE FRUIT

1.99 /lb

50% SAVINGS

brown fresh figs
Greece
reg. 19.99

10-16 UN.

9.99 ea.

50% SAVINGS

colored pepper bags
4 un. or romaine hearts lettuce
Québec
reg. from 4.99 to 5.99

2.99 ea.

EVERYDAY

curly or italian parsley, fresh mint, green onions
Québec
reg. from 1.79 to 1.99

99¢ ea.

MORE THAN 40% SAVINGS

beef tenderloin vacuum pack
35.25/kg
reg. 26.98/lb - 59.49/kg

15.99 /lb

MORE THAN 50% SAVINGS

chicken drumsticks Halal
5.05/kg
reg. 4.99/lb - 11.00/kg

2.29 /lb

MORE THAN 40% SAVINGS

fresh Atlantic salmon fillet
22.02/kg
reg. 17.99/lb - 39.66/kg

9.99 /lb

3 days ONLY
Thursday, Friday and Saturday

35% SAVINGS

beef kafta Halal
15.41/kg
reg. 10.99/lb - 24.23/kg to 11.99/lb - 26.43/kg

ADONIS AUTHENTIC RECIPE

6.99 /lb the rest of the week at 8.99/lb - 19.82/kg

UP TO 55% SAVINGS

Coca Cola soft drinks
6/222 ml, selected varieties, deposit
reg. from 5.99 to 6.49

2.88 TX the rest of the week at 3.33 TX

MORE THAN 40% SAVINGS

Black Diamond Extra Old + Extra-Port
Cheddar Cheese + Fromage cheddar

Black Diamond cheese block or shredded cheese
300-400 g
reg. from 7.99 to 8.99

4.97

UP TO 50% SAVINGS

Cedar whole corn kernel, mushrooms, chick peas dip or Le Phare du Cap Bon harissa hot sauce
284-341 ml, 400 g or 70 ml
reg. from 1.49 to 1.99

99¢

MORE THAN 45% SAVINGS

Cedar tuna in oil
80 g
reg. 1.29

69¢

MORE THAN 55% SAVINGS

Jarlsberg original cheese or San Daniele prosciutto
11.29/lb
reg. 4.29 per 100 g - 19.46/lb or 5.79 per 100 g - 26.26/lb

2.49 per 100 g

MORE THAN 40% SAVINGS

Delphi tzatziki greek style
4.49/lb
reg. 1.69 per 100 g - 7.67/lb

99¢ per 100 g

UP TO 30% SAVINGS

Croissants or chocolaines
4 un.
reg. from 5.99 to 6.99

4.79

MORE THAN 40% SAVINGS

Stromboli pizza
347-410 g, selected varieties
reg. 6.99

3.99

35% SAVINGS

Cleopatra extra virgin olive oil
1 L
reg. 13.99

8.99

MORE THAN 40% SAVINGS

Dececco pasta
454 g, selected varieties
reg. 3.79

2.22

MORE THAN 40% SAVINGS

Twinnings herbal tea
20 un, selected varieties
reg. 5.99

2/\$6 or 3.49 each

MORE THAN 35% SAVINGS

Nestlé ice cream or frozen treats
1.5 L, 6/66 ml, 4/20-140 ml, 5/72-80 ml, selected varieties
reg. 7.99

4.94

MORE THAN 20% SAVINGS

Nutella hazelnut-chocolate spread or peanut & cocoa
725 g
reg. 8.99

6.99

FROM THURSDAY, SEPTEMBER 17TH TO WEDNESDAY, SEPTEMBER 23RD, 2026