

ADONIS

Mediterranean market

Happy Orthodox Holidays!

6^s SAVINGS
29⁹⁹

Ferrero cake
10 servings
reg. 35.99



boneless beef blade roast
14.93/kg
reg. 14.99/lb - 33.04/kg



55% SAVINGS
6⁷⁷
/lb

beef stewing cubes
17.13/kg
reg. 13.99/lb - 30.84/kg



44% SAVINGS
7⁷⁷
/lb

royal sea bream
15.41/kg
reg. 10.99/lb - 24.23/kg



36% SAVINGS
6⁹⁹
/lb

cleaned octopus
frozen/defrosted
26.43/kg
reg. 15.99/lb - 35.25/kg



25% SAVINGS
11⁹⁹
/lb

homemade sausages
assorted choice
9.90/kg
reg. 6.99/lb - 15.41/kg



36% SAVINGS
4⁴⁹
/lb

Adonis
ORIGINAL
RECIPE

seedless red and
green grapes
Peru et South Africa
6.57/kg
reg. 5.99/lb - 13.21/kg



50% SAVINGS
2⁹⁸
/lb



50% SAVINGS
99¢
/lb

sweet potatoes
or flat green
cabbage
U.S.A.
2.18/kg
reg. 1.99/lb - 4.39/kg

blackberries
Mexico
150-170 g
reg. 4.99



60% SAVINGS
1⁹⁹

eggplants
U.S.A., Mexico
2.84/kg
reg. 2.99/lb - 6.59/kg



57% SAVINGS
1²⁹
/lb

pork chops
bone in
6.59/kg
reg. 6.99/lb -
15.41/kg



MARINATED
FOR THE
SAME PRICE

67% SAVINGS
2⁹⁹
/lb

bocconcini
or feta
Tre Stelle
cheese
200 g. assorted choice
reg. from 6.99 to 7.29



UP TO
52% SAVINGS
3⁹⁹

Saputo bocconcini, mozzarella fresca or ricotta cheese
190-400 g. assorted choice
reg. from 6.79 to 8.29

regular bastourma Halal
20.37/lb
reg. 5.09 /100 g - 23.09/lb



6^s SAVINGS
4⁴⁹
/100 g

Selection bacon
375 g
reg. 7.99



3^s SAVINGS
4⁹⁹



2^s SAVINGS
14⁹⁹

chicken or beef shawarma plate
served with rice or potatoes and salad
reg. 16.99

Irrésistible
antipasto
or prosciutto
100 g
reg. 7.99



38% SAVINGS
4⁹⁹

Cedar plain yogurt
Halal
650 g. assorted choice
reg. 3.69



49% SAVINGS
1⁸⁸



Valdigrano pasta
500 g. assorted choice
reg. 2.99

UP TO
58% SAVINGS
4/5\$
or 1.25
per unit



Cedar legumes
540 ml. assorted choice
reg. from 1.99 to 2.49

Cedar light tuna in water or in oil
reg. from 1.79 to 1.99



Eska spring water
24x500 ml. deposit
reg. 6.49

39% SAVINGS
3⁹⁹



Unico tomato paste
156 ml. assorted choice
reg. 1.49

UP TO
50% SAVINGS
99¢



Cedar whole kernel corn
341 ml
reg. 1.99



UP TO
52% SAVINGS
3³³

General Mills
cereals
or bars
assorted choice
reg. from 4.39 to 7.49



Cedar parboiled
or patna rice
907 g
reg. 3.49

52% SAVINGS
1⁶⁷



36% SAVINGS
3⁴⁹

Life Smart frozen vegetables and fruits
Frozen, 300-450 g. assorted choice
reg. 5.49



Cleopatra
extra virgin
olive oil
1 L
reg. 13.99

36% SAVINGS
8⁹⁹

Dare Bear
Paws cookies
168-240 g. assorted choice
reg. 5.49



60% SAVINGS
2²²

Cedar almonds 400-454 g
& dried pitted apricots 400 g
selected varieties
assorted choice
reg. 8.99

33% SAVINGS
5⁹⁹



FROM THURSDAY, JANUARY 1ST TO WEDNESDAY, JANUARY 7TH, 2026

All of our stores will be closed on the 1st of January, 2026, except our store in Sainte-Catherine