



ADONIS Mediterranean market

2 FOR 1
BUY 1 BOX, GET THE SECOND FREE

Zabiha Halal
Canada's No. 1 Halal Brand
La marque halal du Canada

FREE

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Canada's No. 1 Halal Brand
La marque halal du Canada

Zabiha Halal burgers, nuggets, strips or chicken popcorn
800 g
reg. 14.99

regular or marinated boneless chicken thigh
13.21/kg
reg. 9.99/lb - 22.02/kg

40% SAVINGS
5.99
/lb



Adonis ORIGINAL RECIPE

50% SAVINGS
2.99
ea.



seedless oranges
South Africa, Egypt, U.S.A., bag 3 lb
reg. 5.99

lemons
South Africa, Egypt, U.S.A., bag 2 lb
reg. 5.99

lean ground beef and veal
12.10/kg
reg. 8.99/lb - 19.82/kg

39% SAVINGS
5.49
/lb



UP TO 62% SAVINGS
1.88
un. or /lb



red beef tomatoes or broccoli crown
Canada, Mexico, U.S.A.
4.14/kg
reg. 3.49 un. - 4.99/lb - 11.00/kg

sweet peppers assorted colours
Canada, Mexico, Honduras, 4 un.
reg. 6.99

43% SAVINGS
3.99
ea.



Bartlett or Bosc pears
South Africa, U.S.A.
2.18/kg
reg. 2.99/lb - 6.59/kg

67% SAVINGS
99¢
/lb



FREE CLEANING

33% SAVINGS
7.99
/lb



royal sea bream
17.61/kg
reg. 11.99/lb - 26.43/kg

39% SAVINGS
7.99
/lb



imported lamb shoulder
17.61/kg
reg. 12.99/lb - 28.64/kg

42% SAVINGS
7.99
/lb



french roast non barded
17.61/kg
reg. 13.69/lb - 30.18/kg

\$8 SAVINGS
16.99
/lb



Cedar raw pistachio
454 g
reg. 24.99

Blue Tide
Crevette blanche du Pacifique
Pacific White Shrimp
454 g
reg. 10.99

Blue Tide
cooked peeled white shrimps
91/110
454 g
reg. 10.99

\$3 SAVINGS
7.99

Black Diamond
Extra Old • Extra-Port
400 g (14 oz) 25% alc/vol (50 proof)

UP TO 38% SAVINGS
4.97

Black Diamond or Selection
cheese block
400 g, selected varieties
reg. from 6.99 to 7.99

CEDA
Long Grain Parboiled
Riz croustillé à grains
8.8 lb

UP TO 23% SAVINGS
9.99

Cedar partially cooked rice or calrose
4 kg
reg. from 11.99 to 12.99

HAPPY MOTHER'S DAY!
TO ALL THOSE CELEBRATED ON MARCH 21ST

Black or white forest cakes
6 portions
reg. 17.99

14.99

Schneiders turkey breast
selected varieties
13.56/lb
reg. 4.49 le 100 g - 20.37/lb

33% SAVINGS
2.99
le 100 g

Astro Original
yogurt
650-750 g, selected varieties
reg. 4.19

29% SAVINGS
2.97

2/\$15
each

chicken or beef shawarma
reg. 8.49

13.49
/lb

mixed mini maamoul
29.73/kg
reg. 14.98/lb - 33.03/kg

whole corn kernel, chick peas dip or mushroom in pieces
284-341 ml or 400 g
reg. 1.99

50% SAVINGS
99¢

Cleopatra extra virgin olive oil
3 L
reg. 31.99

\$8 SAVINGS
23.99

Häagen-Dazs ice cream
450-3 x 88 ml, selected varieties
reg. 7.49

34% SAVINGS
4.94

Ritter Sport chocolate bar
100 g, selected varieties
reg. 5.99

44% SAVINGS
3.33

Cedar frozen vegetables
1.75 kg, selected varieties
reg. 7.99

25% SAVINGS
5.99

Cedar butter cookie
350 g
reg. 3.99

25% SAVINGS
2.99

Érabeille maple syrup
540 ml
reg. 8.99

33% SAVINGS
5.99

Nescafé instant coffee
170 g
reg. 9.29

36% SAVINGS
6.44

FROM THURSDAY, MARCH 19TH TO WEDNESDAY, MARCH 25TH, 2026