



ADONIS Mediterranean market

3 days only Thursday, Friday and Saturday

RIO mare
Solid Light Tuna in Olive Oil
Thon pale entier dans l'huile d'olive

UP TO 50% SAVINGS

4.99 the rest of the week at 5.99

Riomare tuna 3 x 80 g or 195 g, selected varieties reg. 9.99

FRESHNESS

oranges 3 lb or avocados bag 6 un. Egypt, Mexico, Peru reg. 5.99

3 LB

50% SAVINGS
2.99 ea.

6 UN.

red or black seedless grapes Chile 6.11/kg reg. 5.99/lb - 13.21/kg

54% SAVINGS
2.77 /lb

UP TO 50% SAVINGS
99¢ ea.

mint bunch, green onions, curly or italian parsley U.S.A, Mexico reg. from 1.79 to 1.99

orange, red or yellow sweet peppers Canada, Mexico, Honduras 6.59/kg reg. 4.99/lb - 11.00/kg

40% SAVINGS
2.99 /lb

BBQ SEASON

45% SAVINGS
5.99 /lb

boneless chicken breasts economic pack **Halal** 13.21/kg reg. 10.99/lb - 24.23/kg

33% SAVINGS
17.99 /lb

beef tenderloin vacuum pack 39.66/kg reg. 26.99/lb - 59.49/kg

47% SAVINGS
7.99 /lb

steak salmon 17.61/kg reg. 14.99/lb - 33.05/kg

37% SAVINGS
9.99 /lb

marinated lamb chops 22.02/kg reg. 15.99/lb - 35.25/kg

Adonis ORIGINAL RECIPE

25% SAVINGS
8.99 /lb

beef kafta **Halal** selected varieties 19.82/kg reg. 11.99/lb - 26.43/kg

Adonis ORIGINAL RECIPE

28% SAVINGS
4.99 /lb

homemade pork sausages selected varieties 11.00/kg reg. 6.99/lb - 15.41/kg

Adonis ORIGINAL RECIPE

33% SAVINGS
7.99 /lb

royal sea bream 17.61/kg reg. 11.99/lb - 26.43/kg

FREE CLEANING

43% SAVINGS
11.99 /lb

octopus thawed cleaned 26.43/kg reg. 17.60/lb - 38.79/kg

32% SAVINGS
18.99 /lb

crab legs frozen or defrosted 41.87/kg reg. 27.99/lb - 61.71/kg

white supplies last

11% SAVINGS
5.99

Adonis hummus or garlic sauce 400-425 g reg. 6.79

33% SAVINGS
2.99

Cedar Algerian Spicy Algérienne épice 420 ml reg. 4.49
Strub's pickles 500 ml reg. 4.49
Cedar sauce 420 ml, selected varieties reg. 4.49

UP TO \$6 SAVINGS
22.99

Smirnoff or White Claw alcoholic drinks 12 x 355 ml, deposit reg. from 27.99 to 28.99

UNBEATABLE PRICES

UP TO 34% SAVINGS
4.94

Häagen-Dazs ice cream 450-3 x 88 ml, selected varieties reg. from 6.69 to 7.49

29% SAVINGS
2.97

Astro Original 30 CANADIAN 650-750 g, selected varieties reg. 4.19

38% SAVINGS
4.97

Philadelphia cream cheese or Black Diamond cheese block 340 g, 400 g, selected varieties reg. 7.99

UP TO 50% SAVINGS
3.97

Kraft sliced cheese 390-410 g, selected varieties reg. from 7.79 to 9.99

UP TO 52% SAVINGS
4/\$5

Cedar chick peas, red kidney beans or fava beans 540 ml reg. from 2.29 to 2.59

33% SAVINGS
3.99

Ritter Sport chocolate bar 100 g, selected varieties reg. 5.99

UP TO 47% SAVINGS
1.99

DeCecco pasta or Cedar strained tomatoes 454 g-690 ml, selected varieties reg. from 3.49 to 3.79

UP TO 45% SAVINGS
3.99

Maatouk ground coffee or Nutella spread 200-375 g reg. from 6.69 to 7.29

UP TO 38% SAVINGS
7.99

Cedar rice or Iriini olives selected varieties reg. from 11.99 to 12.99

\$5 SAVINGS
7.99

Cedar roasted & salted pistachios or Daia branched dates 454 g-1 kg reg. 12.99

UP TO 49% SAVINGS
8.99

Kingsey shredded cheese 600 g reg. 17.49

36% SAVINGS
8.99

Cleopatra extra virgin olive oil 1 L reg. 13.99