



supermarché

At the Heart of your Community



Ferre Des
Voltigeurs
Whole Frozen
Organic
Chicken
8.80/Kg

3.99
/lb



Fresh Spinach
Bunch

99¢



Red or Green
Seedless
Grapes
6.59/kg

JUMBO
2.99
/lb



Leeks

PQT DE 5
5\$



Fresh Lamb
Shoulder Slices
17.61/kg

7.99
/lb



Bananas
1.08/kg

49¢
/lb



Lebanese
Cucumbers
pqt

2/3\$



Pomegranate

2/5\$



Emmental
Cheese
13.21/Kg

5.99
/lb



Peeled and
Deveined
Shrimps
8/12

EXTRA-JUMBO
11.99



Arouch
Lahmajoun
380g

6.99



Avocadoes

LARGE
99¢



Fresh Rainbow
Trout Fillet
22.02/kg

9.99
/lb



Corned Beef
26.43/kg

11.99
/lb



Montreal Kasher
Rye Bread
600g

2.99



Fresh Cleaned
Mediterranean
Porgies
19.82/kg

8.99
/lb



Heineken
Beers
12x330ml
18.99



Black Diamond
Cheese
400g

4.99



Royal
Basmati Rice
10lbs

10.99



Fresh Rib Eye Steak
44.07/Kg

19.99
/lb

PA PARC
MILE END
5242 Ave. du Parc

PA FORT
DOWNTOWN
1420 Rue du Fort

PA SAMSON
LAVAL
4600 boul. Samson

PA WESTBURY
CÔTE DES NEIGES
5157 Ave. de Courtrai

PA DONEGANI
POINTE-CLAIRE
15 Avenue Donegani

FROM MONDAY OCTOBER 26TH TO SUNDAY NOVEMBER 1ST 2026

WWW.SUPERMARCHEPA.COM