

Happy Rosh Hashanah and Happy Yom Kippur

valid from September 10 to September 23, 2026



4⁹⁹
ACHVA TAHINI
340-500 g, CHOIX VARIÉ
reg. 7,49



49¢
MEMORIAL AISH
TAMID CANDLE
1 un.
reg. 79¢



4⁹⁹
CROWN SUPREME
COUSCOUS
600-750 g, CHOIX VARIÉ
reg. 7,49



2⁹⁹
CROYDEN MATZO
BALL & SOUP MIX
OR DUMPLING
127 g, CHOIX VARIÉ
reg. 5,49



3⁹⁹
ELITE CHOCOLATE
BARS
90-100 g, CHOIX VARIÉ
reg. 5,49



9⁹⁹
KEDEM
GEFILTE FISH
680 g, CHOIX VARIÉ
reg. 11,99



3⁹⁹
SNAPPLE JUICE
OR ICED TEA
1,89 L, CHOIX VARIÉ
reg. 7,09



3⁶⁹
STREIT'S EGG
NOODLES
340 g, CHOIX VARIÉ
reg. 4,99



3⁴⁹
TUSCANINI
CRUSHED
TOMATOES
730 ml
reg. 6,99



1²⁹
USHIA SUPREME
EGG NOODLES
200 g, CHOIX VARIÉ
reg. 1,99



7⁹⁹
CROWN DELUXE
BOUREKAS OR
RUGALECH
454-800 g, CHOIX VARIÉ
reg. 10,99



8⁹⁹
GOLDEN BLINTZES
368 g, CHOIX VARIÉ
reg. 11,99



6⁹⁹
SPRING VALLEY
BLINTZES
368 g, CHOIX VARIÉ
reg. 8,99



99¢
WHITE ROCK
SELTZER
1L, CHOIX VARIÉ
reg. 1,49



3⁹⁹
GOLD'S
HORSE RADISH
SAUCE
226 g, CHOIX VARIÉ
reg. 5,49



3⁹⁹
GALIL TEA
20 un., CHOIX VARIÉ
reg. 4,99

fresh kosher meat



17⁹⁹
/lb
BEEF BRISKET
1ST CUT PICKLED
29.66/kg
reg. 21.79/lb - 48.04/kg



9⁹⁹
/lb
REGULAR
GROUND BEEF
22.03/kg
reg. 12.41/lb - 27.36/kg



4³⁹
/lb
FROZEN TURKEY
9.68/kg
reg. 5.49/lb - 12.10/kg

Your Metro merchants wish you happiness, health and prosperity in the New Year

participating stores

*Specials in effect from September 10th to September 23rd, 2026. We reserve the right to limit quantities. In the event of a shortage, please ask for a deferred purchase voucher. No sales to merchants. Photos for information only. TM : brand owned by METRO RICHELIEU INC.