



ADONIS

Mediterranean
market

CELEBRATE THANKSGIVING

3 days ONLY

WOW!

Thursday, Friday
and Saturday

MORE THAN
40% SAVINGS
7.77
/lb

fresh short cut leg of lamb

8.99/lb - 19.82/kg
the rest of the week



Boursin cheese
150 g, selected varieties
reg. 8.29

UP TO
40% SAVINGS
4.77
5.49 the rest
of the week



lean
ground veal
11.00/kg
reg. 8.49/lb - 18.72/kg



octopus
thawed
cleaned
24.23/kg
reg. 15.99/lb -
35.25/kg

40% SAVINGS
4.99
/lb

fresh Atlantic
salmon fillets or
coho defrost/frozen
20.81/kg
reg. 17.99/lb - 37.66/kg

45% SAVINGS
9.44
/lb



beef tenderloin
vacuum pack
37.46/kg
reg. 26.98/lb - 59.49/kg

MORE THAN
35% SAVINGS
16.99
/lb



chicken
drumsticks
5.49/kg
reg. 4.99/lb -
11.00/kg

50% SAVINGS
2.49
/lb

MORE THAN
45% SAVINGS
13.99
/lb



Plaisirs
Gastronomiques
duck legs confit
500 g
reg. 25.99

MORE THAN
30% SAVINGS
10.99
/lb



blackberries
Mexico, 150-170 g
reg. 4.99

51% SAVINGS
2.44
ea.

70% SAVINGS
10/2.99
or 0.30
each

lemons
South
Africa
reg. 0.99



44% SAVINGS
3.88
ea.



strawberries
U.S.A., 454 g
reg. 6.99

leaf celery, green or
yellow beans &
nantes carrots 454 g
Quebec
3.17/kg
reg. 2.99 ea. or 3.99/lb - 8.80/kg



produit
D'ICI

UP TO
64% SAVINGS
1.44
/lb - ea.



MORE THAN
35% SAVINGS
4.99
/lb



Selection
bacon
375 g
reg. 7.99

MORE THAN
35% SAVINGS
7.99
/lb



6 UN.

Adonis
large pizzas
984 g, 6 un.
reg. 12.49



Black Diamond
cheese block or grated
400 g
reg. from 7.99 to 8.99

UP TO
45% SAVINGS
4.97
/lb



Phoenicia or Cedar
akawie cheese
9.03/lb
reg. 27.99 per 100 g - 12.66/lb

MORE THAN
25% SAVINGS
1.99
per 100 g



WOW!

black or white
forest cake
10 servings
reg. 31.99

38% SAVINGS
19.99
/lb



Saint-Paulin,
Oka original or
raclette cheese or
San Daniele
prosciutto
11.29/lb
reg. 4.29 per 100 g - 19.46/lb
or 5.69 per 100 g - 25.81/lb

UP TO
55% SAVINGS
2.49
per 100 g



San-Pellegrino
sparkling water
6/330 ml, selected
varieties, deposit
reg. 8.99

MORE THAN
30% SAVINGS
5.99
/lb



3 L

Cedar
sunflower oil
3 L
reg. 11.99

MORE THAN
30% SAVINGS
7.99
/lb



Corona or Stella
Artois beer
12/330-355 ml,
selected varieties, deposit
reg. from 26.49 to 27.99

UP TO
\$8 SAVINGS
19.99
/12



Cedar
durum wheat
semolina or rice
4 kg
reg. from 11.99 to 12.99

UP TO
30% SAVINGS
8.99
/4 kg



Mag mayo or
Heinz ketchup
750-890 ml, 1 L,
selected varieties
reg. from 6.99 to 8.99

UP TO
45% SAVINGS
4.97
/1 L

FROM THURSDAY, OCTOBER 8TH TO WEDNESDAY, OCTOBER 14TH, 2026