



ADONIS Mediterranean market

6 UN.

Adonis large regular or spicy lahmajoun 900 g reg. 12.99

23% SAVINGS

WOW 9.88

UP TO 60% SAVINGS

2.77 ea.

strawberries U.S.A., Québec, 454 g, 750 ml reg. from 5.99 to 6.99

UP TO 60% SAVINGS

1.99 /lb

yellow peaches, nectarines U.S.A. 4.39/kg reg. 3.99/lb - 8.80/kg or 4.99/lb - 11.00/kg

UP TO 67% SAVINGS

99¢ ea.

radish bunch, fresh mint, green onions, italian or curly parsley Québec reg. from 1.79 to 2.99

UP TO 50% SAVINGS

2.99 ea.

local cauliflower Québec reg. 5.99

strip loin beef steak, economic pack 26.43/kg reg. 21.99/lb - 48.48/kg

45% SAVINGS

11.99 /lb

beef kafta selected varieties 19.82/kg reg. 10.99/lb - 24.23/kg

18% SAVINGS

8.99 /lb

3 FLAVORS TRADITIONAL - ARMENIAN - MOROCCAN

ADONIS AUTHENTIC RECIPE

coho salmon fillets defrost/frozen 19.82/kg reg. 30.34/kg

35% SAVINGS

8.99 /lb

ADONIS AUTHENTIC RECIPE

marinated boneless chicken thigh 15.41/kg reg. 9.99/lb - 22.02/kg

30% SAVINGS

6.99 /lb

regular or marinated pork tenderloin 8.80/kg reg. 7.99/lb - 16.95/kg

48% SAVINGS

3.99 /lb

fresh sardines 13.21/kg reg. 7.99/lb - 17.61/kg

25% SAVINGS

5.99 /lb

FREE CLEANING

Selection chicken wings 650 g, selected varieties reg. 12.99

30% SAVINGS

8.99

BBQ AILES DE POULET 13 portions 650 g

34% SAVINGS

6.99

The Laughing Cow regular or light cheese 400 g reg. 10.59

25% SAVINGS

3.99

Phoenicia or Cedar labneh cheese 500 g reg. 6.49

WOW

29% SAVINGS

1.99 per 100 g

Phoenicia or Cedar regular akawie cheese 9.03/lb reg. 2.79 le 100 g - 12.66/lb

UP TO 45% SAVINGS

4.97

Black Diamond block or shredded cheese 300-320 g, 400 g selected varieties reg. from 7.99 to 8.99

Marc Angelo cold cuts 85 g, selected varieties reg. 7.99

25% SAVINGS

5.99

Irrésistible whole natural almonds or pistachios 850 g-1 kg reg. 22.99

\$7 SAVINGS

15.99

UP TO 41% SAVINGS

7.99 *TX

boisson gazeuse Coca-Cola ou Poppi 4-12/355 ml, selected varieties, consigne Coca-Cola or Poppi soft drink, deposit reg. from 9.49 to 13.49

UP TO \$10 SAVINGS

17.99 *TX

Peroni or Sapporo beers 12/330-350 ml, selected varieties, deposit reg. from 26.99 to 27.99

Cedar sunflower oil 3 L reg. 11.99

33% SAVINGS

7.99

UP TO 41% SAVINGS

2/\$4

or 2.00 per unit

Molisana pasta or Aurora tomato purée 450 g-660 ml, selected varieties reg. from 3.29 to 3.39

UP TO 23% SAVINGS

9.99

Cedar rice 4 kg, selected varieties reg. from 11.99 to 12.99

Alkanater tahineh 900 g reg. 11.99

33% SAVINGS

7.99

UP TO 38% SAVINGS

4.99

Stefano Fatta pizza or Selection frozen fries 392-429 g, 2 kg, selected varieties reg. from 6.99 to 7.99

UP TO 50% SAVINGS

1.99

Cedar frozen mixed vegetables, spinach or okra 350-750 g, selected varieties reg. from 3.49 to 3.99

BBQ TOUR 2026

GRILLS & TASTINGS EVERY SATURDAY FROM 11:00 TO 18:00

JULY

4 : DOLLARD-DES-ORMEAUX
11 : SAINTE-CATHERINE
18 : GATINEAU
25 : PLACE-VERTU

AUGUST

1 : BROSSARD
8 : CURÉ-LABELLE
15 : GRIFFINTOWN
22 : ANJOU
29 : SAUVÉ

FROM THURSDAY, JULY 9TH TO WEDNESDAY, JULY 15TH, 2026