



# ADONIS Mediterranean market

LET'S CELEBRATE ST. JEAN DAY AND FATHER'S DAY IN A BIG WAY!

**FRESHNESS**

**44% SAVINGS**  
**4.44** /lb  
red cherries U.S.A. 9.79/kg reg. 6.99/lb - 15.41/kg

**57% SAVINGS**  
**2.99** /lb  
apricots U.S.A. 6.59/kg reg. 6.99/lb - 15.41/kg

**UP TO 43% SAVINGS**  
**3.99**  
colored bagged peppers 4 un. or grape tomatoes 680 g Canada, Mexico reg. from 5.99 to 6.99

**Lebanese cucumbers** Québec 4.39/kg reg. 3.99/lb - 8.80/kg

**EVERYDAY LOW PRICE**  
**1.99** /lb

**beef butt tenderloin vacuum pack** 39.66/kg reg. 26.98/lb - 59.49/kg

**33% SAVINGS**  
**17.99** /lb

**MEAT CUTTING SERVICE**

**lean ground grain fed veal economic pack** 11.00/kg reg. 7.99/lb - 17.61/kg

**37% SAVINGS**  
**4.99** /lb

**Atlantic salmon steak** 17.61/kg reg. 14.99/lb - 33.05/kg

**47% SAVINGS**  
**7.99** /lb

**Ferrero Rocher cake** reg. 24.99  
**\$5 SAVINGS**  
**19.99**

**San Pellegrino sparkling water** 6/500 ml, selected varieties, deposit reg. 8.99  
**44% SAVINGS**  
**4.99**

**Castello sliced cheese or Tre Stelle bocconcini** 125-175 g, 200 g, selected varieties reg. from 6.99 to 7.49  
**60% SAVINGS**  
**2.99**

**WOW! Tre Stelle BOCCONCINI** 200 g (7.05 oz) FREE MILK!

**30% SAVINGS**  
**6.99** /lb  
marinated boneless chicken thighs selected varieties 15.41/kg reg. 9.99/lb - 22.02/kg

**ADONIS ORIGINAL RECIPE**

**50% SAVINGS**  
**3.99** /lb  
regular or marinated pork tenderloin 8.80/kg reg. 7.99/lb - 17.61/kg

**ADONIS ORIGINAL RECIPE**

**33% SAVINGS**  
**7.99** /lb  
royal sea bream 17.61/kg reg. 11.99/lb - 26.43/kg

**FREE CLEANING**

**UP TO \$9 SAVINGS**  
**9.99**  
pork back ribs 680-740 g, selected varieties reg. from 15.99 to 18.99

**36% SAVINGS**  
**5.97**  
Cracker Barrel cheese block 400 g, selected varieties reg. 9.29

**Antabli or Coaticook ice cream** 500 ml-2 L, selected varieties reg. from 6.49 to 7.99

**UP TO 37% SAVINGS**  
**4.99**

**large medjool dates** Mexico 17.61/kg reg. 9.99/lb - 22.02/kg

**20% SAVINGS**  
**7.99** /lb

**45% SAVINGS**  
**2/\$6**  
Pom Signature hamburger or hot dog bread 4-8 un. reg. 5.49

**UP TO 60% SAVINGS**  
**2.29** per 100 g  
Saint-Paulin or Oka cheese 10.39/lb reg. from 5.29 per 100 g - 24.00/lb to 5.69 per 100 g - 25.81/lb

**Salud extra virgin olive oil** 1 L, selected varieties reg. 14.99

**\$6 SAVINGS**  
**8.99**

**UP TO \$8 SAVINGS**  
**19.99**  
Corona or Stella Artois beer 12/330-355 ml, deposit reg. from 26.49 to 27.99

**Valdigrano pasta** 500 g, selected varieties reg. 2.99

**58% SAVINGS**  
**1.25**

**Best juice nectar** 1 L, selected varieties reg. 3.99

**50% SAVINGS**  
**1.99**

**OUR LOW PRICES OF THE WEEK**

**35% SAVINGS**  
**97¢** +TX  
Yoplait Yoplait drinkable yogurt 200 ml, selected varieties reg. 1.49 +tx

**UP TO 45% SAVINGS**  
**2.99**  
Fontaine Santé or Adonis dips 227-283 g, selected varieties reg. from 4.79 to 5.49

**50% SAVINGS**  
**99¢**  
Cedar Provenca Mushrooms pieces & stems 340 ml, 10 fl oz

**Cedar chick pea dip, whole corn or mushrooms** 284-341 ml, 400 g reg. 1.99

**Unico tomatoes** 796 ml, selected varieties reg. 3.29

**39% SAVINGS**  
**\$2**

**Phoenicia plain yogurt** 750 g, selected varieties reg. 3.79

**48% SAVINGS**  
**1.97**

FROM THURSDAY, JUNE 18<sup>TH</sup> TO WEDNESDAY, JUNE 24<sup>TH</sup>, 2026