



beef butt tenderloin
37.45/kg
reg. 24.99/lb - 55.09/kg



FREE
IN-STORE
CUTTING
service

32% SAVINGS
16⁹⁹
/lb

semi-boneless
fresh leg of lamb
17.61/kg
reg. 13.99/lb - 38.84/kg



43% SAVINGS
7⁹⁹
/lb

fresh Atlantic salmon fillet
19.82/kg
reg. 17.99/lb - 39.66/kg



50% SAVINGS
8⁹⁹
/lb

FRESH

red or green seedless grapes
Pers
6.35/kg
reg. 5.99/lb - 13.21/kg



51% SAVINGS
2⁸⁸
/lb

colored bagged peppers 4 un.
or mini sweet peppers 454 g
U.S.A., Canada, Honduras,
Spain, Mexico
reg. 6.99



42% SAVINGS
3⁹⁹

romaine hearts lettuce
U.S.A., Mexico, 3 un.
reg. 7.99



EVERY DAY
3⁹⁹

oranges 3 lb or avocados 6 un.
Mexico, South Africa
reg. 5.99



50% SAVINGS
2⁹⁹
/ea

6 UN.

3 LB

Président,
Irrésistible, Oka
or Saint-Paulin
cheese
170-230 g
assorted choice
reg. from 7.99 to 9.99



UP TO
50% SAVINGS
4⁹⁹

San Daniele prosciutto
11.29/lb
reg. 4.29 /100 g - 19.46/lb

42% SAVINGS
2⁴⁹
/100 g



Jarlsberg original cheese
11.29/lb
reg. 5.79 /100 g - 26.27/lb



MORE THAN
50% SAVINGS
2⁴⁹
/100 g

grade A fresh turkey
8.80/kg
reg. 5.99/lb - 13.21/kg

33% SAVINGS
3⁹⁹
/lb



Adonis yule log
assorted choice
reg. from 36.99 to 42.99



NEW FLAVORS
CHOCOLATE
PISTACHIO
STARTING FROM
34⁹⁹

Adonis
small bites
assorted choice
6 un.
reg. 5.70 - 6 /6un.



4⁹⁹
6 un.

assorted butter
cookies
33.04/kg
reg. 15.49/lb -
34.14/kg



14⁹⁹
/lb

baklava
37.44/kg
reg. 17.45/lb -
38.55/kg



16⁹⁹
/lb

ice cream, frozen
dessert Coaticook,
Antabli,
or Nestlé,
Drumstick
ice cream cone
frozen treats
reg. 4.59 to 5.29



UP TO
48% SAVINGS
4⁹⁴



29% SAVINGS
6⁹⁹



Gran Delizia
panettone
with raisins
725 g
reg. 9.99



26% SAVINGS
6⁹⁹



Tilda
basmati rice
4.54 kg
reg. 21.99



UP TO
36% SAVINGS
13⁹⁹



Blue Tide white
shrimps 26-30
907 g
reg. 22.99

7% SAVINGS
15⁹⁹

Cedar raw pistachios
454 g
reg. 24.99



8% SAVINGS
16⁹⁹

Corona or Stella Artois beer,
deposit

UP TO
26% SAVINGS
19⁹⁹



Canabec confit duck leg
525 g
reg. 24.99

10% SAVINGS
14⁹⁹

Cleopatra extra
virgin olive oil
3 L
reg. 31.99

25% SAVINGS
23⁹⁹