



ADONIS Mediterranean market

red cherries
U.S.A.
6.59/kg

57% SAVINGS
2.99 /lb

avocados
Mexico, Peru

57% SAVINGS
85¢ ea.

yellow potatoes
Québec, 3 lb

50% SAVINGS
99¢ ea.

broccoli
Québec

39% SAVINGS
2.44 ea.

39% SAVINGS
5.88 /lb

lean ground beef
economic pack
12.96/kg

47% SAVINGS
7.99 /lb

WOW!

fresh Atlantic salmon steak
17.61/kg

35% SAVINGS
8.99 /lb

Halal fresh short cut leg of lamb
19.82/kg

45% SAVINGS
15.99 /lb

beef rib eye steak
economic pack
35.25/kg

2 FOR 1
BUY 1 PRODUCT, GET THE SECOND ONE FREE

2nd FREE

Stromboli pizza
140-390 g, selected varieties

San Daniele mortadella
175 g, selected varieties

2nd FREE

Zabiha breaded chicken
800 g, selected varieties

27% SAVINGS
12.99 /lb

regular or marinated grain veal chop
28.64/kg

25% SAVINGS
8.99 /lb

fresh sea bass
19.82/kg

FREE CLEANING

Irrésistible walnuts
750 g

\$5 SAVINGS
11.99

Selection block or shredded cheese
400 g, 320 g, selected varieties

UP TO 38% SAVINGS
4.97

44% SAVINGS
3/\$10
or 4.99 per unit

WOW!

Kiri
Produit de fromage à la crème
Cream cheese product
ORIGINAL
144 g

Kiri cheese
144 g

Andalos Kaak
400 g, selected varieties

37% SAVINGS
3.77

Maison Fayard dry sausages
100 g, selected varieties

20% SAVINGS
7.99

NEW

Cuddy turkey breast
selected varieties
13.56/lb

33% SAVINGS
2.99 per 100 g

shawarma plate

\$3 SAVINGS
13.99 -TX

Phoenicia plain yogurt
750 g, selected varieties

47% SAVINGS
1.99

Häagen-Dazs ice cream
450-3/88 ml, selected varieties

UP TO 34% SAVINGS
4.94

40% SAVINGS
5.99

Riomare tuna
3/80 g or 195 g, selected varieties

UP TO \$11 SAVINGS
8.99

Gallo or Mueloliva extra virgin olive oil
1L

L'Epi D'Or pasta
250-500 g, selected varieties

UP TO 37% SAVINGS
4/\$5
or 1.49 per unit

Balocco wafers
175 g, selected varieties

UP TO 33% SAVINGS
3/\$5
or 1.99 per unit

33% SAVINGS
8.99

Maatouk ground coffee
450 g

Tilda basmati rice
4.54 kg

30% SAVINGS
13.99

4.54 KG