



ADONIS Mediterranean market

2 days ONLY
Thursday and Friday

Burnbrae medium white eggs
30 un.
reg. 9.99



30 EGGS
7.44
rest of the week AT **8.77**
WOW!

extra lean ground beef, economic pack
13.21/kg
reg. 10.19/lb - 22.46/kg

41% SAVINGS
5.99 /lb



EXTRA LEAN

green, red or black seedless grapes
South Africa, Chile, Peru
5.38/kg
reg. 5.99/lb - 13.21/kg

59% SAVINGS
2.44 /lb



LARGE FRUIT

Adonis ORIGINAL RECIPE
45% SAVINGS
5.99 /lb

boneless chicken breast regular or marinated selected varieties
13.21/kg
reg. 10.99/lb - 24.23/kg



50% SAVINGS
1.50 ea.

broccoli crown or white mushrooms 227 g
Canada, U.S.A, Mexico
reg. from 2.99 to 3.49



EVERY DAY LOW PRICE
99¢ ea.

mint, green onions, italian or curly parsley
U.S.A., Mexico
reg. from 1.79 to 1.99



60% SAVINGS
1.99 ea.

blackberries Mexico, 150-170 g
reg. 4.99



fresh grain veal blade roast
24.23/kg
reg. 13.99/lb - 30.84/kg

21% SAVINGS
10.99 /lb



HALAL

31% SAVINGS
10.99 /lb

octopus thawed cleaned
24.23/kg
reg. 15.99/lb - 35.25/kg



WOW!

47% SAVINGS
7.99 /lb

steak salmon
17.61/kg
reg. 14.99/lb - 33.05/kg



50% SAVINGS
3.99 /lb

fresh pork tenderloin regular or marinated
8.80/kg
reg. 7.99/lb - 17.61/kg



Adonis ORIGINAL RECIPE

\$1 SAVINGS
6.99



Blue Tide raw easy peel shrimps
31/40
400 g
reg. 7.99

30% SAVINGS
6.47

iögo yogurt
16 x 100 g, selected varieties
reg. 9.29



UP TO 53% SAVINGS
3.99

Saputo bocconcini, mozzarella fresca or ricotta cheese
190-400 g, selected varieties
reg. from 6.99 to 8.49



33% SAVINGS
5.99

Cedar walnuts and almonds
454 g
reg. 8.99



53% SAVINGS
2.97



Classico pasta sauce
218-600 ml, selected varieties
reg. 6.29

UP TO 43% SAVINGS
2/\$8

Première Moisson bread
500 g, selected varieties
reg. from 5.49 to 6.99



40% SAVINGS
1.99 per 100 g

Flamingo turkey breast
selected varieties
9.03/lb
reg. 3.29 per 100 g - 14.92/lb



79¢ SAVINGS
\$25

grilled chicken combo served with potatoes, salad (medium format) and sauce
reg. 32.99



HALAL

UP TO \$7 SAVINGS
8.99



Cleopatra extra virgin olive oil or Mazola corn or vegetable oil
1-2.84 L
reg. from 13.99 to 15.99

\$6 SAVINGS
13.99

Tilda basmati rice
4.54 kg
reg. 19.99



45% SAVINGS
4/\$5 or 12¢ each

Cedar legume can
540 ml, selected varieties
reg. 2.29



10 KG

Cedar Wild Semolina Flour
4 kg - 8.8 lb



\$9 SAVINGS
17.99



Sapporo, Heineken or Madri exceptional beer
12 x 330-355 ml, selected varieties, deposit
reg. 26.99

33% SAVINGS
7.99

Alkanater tahineh
900 g
reg. 11.99



UP TO 41% SAVINGS
7.99

Cedar Wild flower honey or Maatouk ground coffee
450 g-1 kg
reg. from 12.99 to 13.49



UP TO 38% SAVINGS
9.99

Cedar durum wheat semolina 4 kg or Selection flour 10 kg
reg. from 11.99 to 12.99



Aseel vegetable ghee
2 kg
reg. 15.99

FROM THURSDAY, MARCH 26TH TO WEDNESDAY, APRIL 1ST, 2026