

ADONIS

Mediterranean market



OUR CATERING Menu



beef rib roast or steak
economic pack
26.43/kg
reg. 19.99/lb - 44.07/kg

40% SAVINGS
11.99
/lb

fresh Atlantic salmon fillet
19.82/kg
reg. 17.99/lb - 39.60/kg

50% SAVINGS
8.99
/lb

fresh lamb shoulder
15.41/kg
reg. 12.99/lb - 28.64/kg

46% SAVINGS
6.99
/lb

lean ground
grain fed veal
11.00/kg
reg. 8.49/lb - 18.72/kg

41% SAVINGS
4.99
/lb

avocados and Bartlett pears
Mexico, U.S.A.
2.18/kg
reg. 1.99-2.99/lb -
4.39-6.59/kg

UP TO 67% SAVINGS
99¢
/lb ea.

white
mushrooms
Canada
reg. 2.99

49% SAVINGS
2/3\$
or 1.50
per unit

broccoli crown
U.S.A./Mexico
reg. 2.99

blueberries pint
Peru, Chile, Mexico
reg. 5.99

50% SAVINGS
2.99
ea.

LARGE FORMAT



UP TO 15\$ SAVINGS
12.99

Maison Fayard cassoulet
with duck confit
or duck foie gras block
840 g / 90 g
reg. from 22.99 to 27.99



ENJOY 20% SAVINGS

*See variety in store.



UP TO 7\$ SAVINGS
8.99

Fromal, Monsieur Gustav
or Perron fondue cheese
300-400 g
reg. from 10.99 to 15.99
Alexis de Portneuf cheese
300 g, assorted choice
reg. 11.49



UP TO 33% SAVINGS
17.99

Corona, Heineken, Madri excepcional,
Sapporo or Stella Artois beer, deposit
12x330-355 ml, assorted choice,
reg. from 23.69 to 26.99



UP TO 44% SAVINGS
3.33

Thin crust pizza or Cavendish fries
340-750 g, assorted choice
reg. from 4.99 to 5.99



34% SAVINGS
4.94

Häagen-Dazs ice cream
450-508 ml, assorted choice
reg. 7.49



38% SAVINGS
4.97

Black Diamond
bloc cheese
400 g, assorted choice
reg. 7.99

Kubba premium Basmati rice
4.54 kg
reg. 19.99
Cedar extra virgin olive oil
from Italy
1L
reg. 21.99

UP TO 55% SAVINGS
9.99



5\$ SAVINGS
10.99

Oikos greek
yogurt
650-750 g, assorted choice
reg. 8.59

25% SAVINGS
6.47



Cedar raw almonds 454 g
& cashews 350 g
selected varieties
reg. from 8.99 to 10.99

UP TO 45% SAVINGS
5.99



Harvest Creek
turkey breast
Assorted choice
12.66/lb
reg. 4.29/100 g - 19.46/lb

35% SAVINGS
2.79
/100 g



FROM THURSDAY, DECEMBER 25TH TO WEDNESDAY, DECEMBER 31ST, 2025
All of our stores will be closed on the 25th of December, 2025, and the 1st of January, 2026, except our store in Sainte-Catherine