THE SHORTHORN

TEXAS AT ARLINGTON UNIVERSITY OF

Wednesday, February 14, 2024

theshorthorn.com

Since 1919 Volume 105, No. 5

INSIDE

Celebrate Valentine's Day with a love languages quiz and card, see pages 3 and 6

Editorial: Spend Valentine's Day your way, see page 7

Associate AD brings NFL media experience to UTA, see page 8

ELEPTON 2024

What to know before you vote

Early voting for the March primary begins Feb. 20. Here's everything to know about polling locations and what a primary is.

> BY PEDRO MALKOMES The Shorthorn associate news editor

With early voting for the March 5 primary elections opening Feb. 20, it's crucial to understand what they are and how Texas handles the polls.

Political parties hold primary elections to select candidates who will be in the general election. Winning candidates from each party will run against each other come November.

In Texas, primary elections are open, allowing any registered voter in the state to vote for their candidate of choice, without registering to a specific political party. At the polls, participants will choose to vote in the Republican or Democratic primary, with separate ballots required for each.

For the upcoming primary election, Tarrant County citizens will cast their votes for the president, a U.S. senator, six U.S. representatives, three Texas Supreme Court justices and several other state and local positions. Voters can access their county's ballots with the candidate order on the Texas Secretary of State website.

Tarrant County will have 49 early voting locations for registered voters. Additionally, citizens can use the Tarrant County Voter Lookup website to find polls close to them.

> @PMALKOMES news-editor.shorthorn@uta.edu

POLLING STATIONS

Maverick Activities Center, UTA

Bob Duncan Center, South Center Street

Elzie Odom Athletic Center, Green Oaks Boulevard

City of Arlington South Service Center, Green Oaks Boulevard

Ron Wright Lake Arlington Branch Library, Green Oaks Boulevard

Tarrant County Sub-Courthouse in Arlington, Abram Street

Tarrant County College Southeast Campus ESCT in the HUB, 1st floor, Southeast Parkway

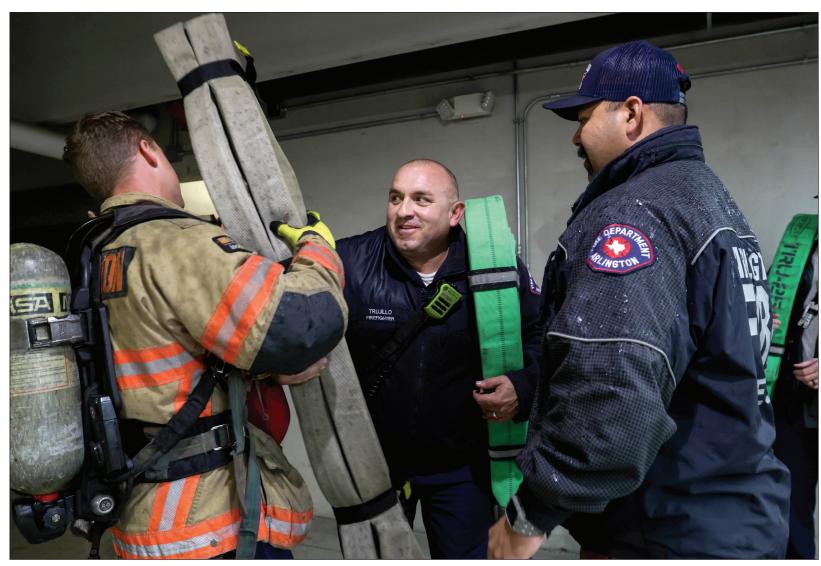
DATES AND HOURS

Feb. 20 to 23: 8 a.m. to 5 p.m. Feb. 24: 7 a.m. to 7 p.m. Feb. 25: 10 a.m. to 4 p.m. Feb. 26 to 29: 7 a.m. to 7 p.m. March 1: 7 a.m. to 7 p.m.

ARLINGTON

Follow firefighters' footsteps

Fire Station No. 1 reopened, ready to serve the community



9:26 a.m. - Lt. Salvador Mosqueda watches as firefighter Max Duncan, left, takes a hose off of firefighter Anthony Trujillo's, center, shoulder as they prepare to climb stairs at the Liv+ Apartments. The crew went to the apartments to practice pulling hoses and finding the best access points for the building in case of an emergency.

PHOTOS AND STORY BY CHRISTINE VO The Shorthorn managing editor

When a man went into cardiac arrest while working at his family's restaurant a few years positive outcome of a situation was ago, Fire Station No. 1 responded, a memorable moment for Hodges. resuscitating him on scene.

The next day he walked out of the hospital, an uncommon sight for these patients. Soon after, he was back working at his restaurant, said apparatus operator Caleb Hodges.

With the restaurant being in the station's district, Hodges and his crew were able to return to the restaurant and catch up with the man and his wife.

Situations don't always go well — when they do, the firefighters don't always get the follow-ups. Being able to experience the

He worked at Fire Station No. 9 before being promoted to his current role in 2017, and transferred to No. 1 shortly afterward.

Fire Station No. 1 is located in the heart of Arlington on Main Street, making every day different. It covers different demographics like UTA, large stadiums and buildings of all ages.

FIRE STATION continues on pages 4 and 5



4:02 p.m. - Apparatus operator Caleb Hodges, left, and firefighter Max Duncan return to Engine 1 after responding to an EMS call at a retirement home. A fire station apparatus will respond to every EMS call to aid in anyway way they can.

STADIUMS

World Cup to connect Arlington to globe

Jim Ross,

AT&T Stadium will host nine games in the 2026 FIFA World Cup, the most of any host city. City officials say the matches will boost the economy.

> BY ISAAC APPELT The Shorthorn sports editor

When the 2026 FIFA World Cup kicks off in 28 months, it will be one of the biggest soccer tournaments the world has ever seen. The tournament increased its size from 32 teams in 2022 to 48, and 104 matches will be played across 16 host cities in North America.

Arlington's AT&T Stadium will host nine games, more than any than the Cotton Bowl hosted the most popular sport in the world. last time the World Cup

The tournament will be split into 12 groups of four teams. Each group will play against each other in the group stage before the top 32 teams advance to a singleelimination tournament. Arlington will host five

came to the U.S. in 1994.

Arlington mayor group stage games and four elimination games, including the U.S., according to a 2023 Wala semifinal match.

Arlington mayor Jim Ross said these games put Arlington on the

other host city and three more global stage to showcase soccer, the Ross said this type of tournament

"Anytime we get an opportunity to show off what we have as a community, well count us in," Ross said. "I think this is what we're born and raised to do."

Beyond the economic impact, this tournament will give Arlington a chance to show off its inclusivity.

Arlington is the fifth-most diverse city in

letHub study.

With the World Cup bringing 48 nations to North America,

is what Arlington was made for.

"We're very proud of that diversity," he said. "We're looking forward to sharing what we have to offer with people from all over the world."

When the schedules were announced Feb. 4, AT&T Stadium hosted a press conference with local mayors, celebrities and people who'd worked on the bid process with FIFA. Monica Paul, Dallas Sports Commission executive director, led the pitch for World Cup games to be held in the Metroplex.

WORLD CUP continues on page 2





World Cup

continued from page 1

City and local officials had been hoping for the final, but Paul said at the press conference that the nine games highlighted the

blood, sweat and tears officials put into the bid process. She sees the announcement as the border of a puzzle and the bid's partners will spend the next two years preparing to put on the best World Cup possible.

"Of course I'd love to be stand-



File photo / Mary Abby Goss

FC Dallas midfielder Paxton Pomykal, left, laughs with Cowboys legend Emmitt Smith during the FIFA World Cup 2026 Match Schedule announcement Feb. 4 at AT&T Stadium.

ing up here saying we're hosting the final but honestly, I think in all of our projections, we never had nine matches," Paul said.

Ross said nine games was nothing to cry about, and the community will feel the impact of the games far beyond the one-month tournament.

"It is going to go well beyond the World Cup with the additional work done on infrastructure, with the improvement on transportation," he said. "With everything else happening, we're gonna feel the benefits of it for a very long time."

Arlington's public transportation has been a point of contention for years and Ross said the city has been working with the Regional Transportation Council and the $North\,Texas\,Council\,of\,Governments$ to smooth out the transportation issues Arlington faces.

Ahead of the World Cup, Ross said he's sure there will be buses and rideshare programs to help people get around the city. These

solutions are being explored by the transportation council.

"Our traffic management people are second to none and if you've ever experienced coming in and out of here, we get people in and out as good, if not better, than any other city in the country," he said at the press conference Feb. 4. "So we do have a public transportation system. We're just not assigned to a transit authority."

With thousands expected to flood into Arlington for the tournament, it provides economic growth opportunities. FC Dallas president Dan Hunt said at the press conference that the economic impact of these games will be comparable to nine Super Bowls.

Having this many games means more national teams may choose to pick the Metroplex as their training facilities, and it will be an opportunity to inspire young people in the U.S. to become the next wave of global

soccer superstars, Hunt said.

"My biggest hope is that coming on the heels of the 2026 World Cup, we influence young men and young women to be the next Lionel Messi, the next Pelé, the next Mia Hamm and the next Abby Wambach," he said.

Dallas Cowboys owner Jerry Jones said he will treat every game like the final. He wants to show the world what the area is about and why the stadium was built.

AT&T Stadium will be renamed Dallas Stadium for the tournament to comply with FIFA's rules against sponsored arenas hosting their games. The new name will be in place for the nine games, drawing anger from Arlington residents on internet forums.

Ross said every mayor wants their city's name highlighted everywhere, and he's no different, but he also understands Dallas has the more recognizable brand. Regardless of the name on the stadium, people will be using Arlington's hotels, restaurants and bars.

"Let me just say this, you can call this thing the 'Turtleneck County World Cup' as far as I'm concerned because all the money is going to be coming here to Arlington," Ross said.

> @ISAACAPPELT sports-editor.shorthorn@uta.edu

2026 WORLD CUP GAMES

IN ARLINGTON

Group Stage Matches: June 14

June 17

June 22

June 25 June 27

Round of 32 Matches:

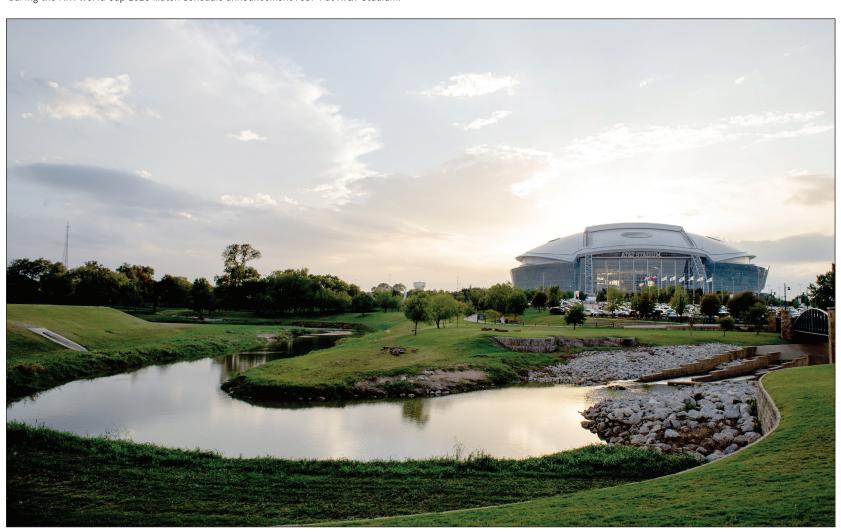
June 30 July 3

Round of 16 Match:

July 6

Semifinal match:

July 14



File photo / Ronaldo Bolaños

CORRECTIONS/

CLARIFICATIONS

attention via email to editor.shorthorn@ uta.edu or call 817-272-3188. A correction or clarification will be printed in this space.

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Arlington's AT&T Stadium will host nine games in the 2026 FIFA World Cup more than any other stadium across the country like MetLife Stadium, which is hosting the final.

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COMICS



A weekly continuing comic series by *The Shorthorn* design desk







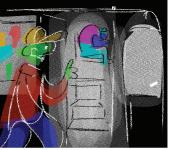




Illustration by Haley Walton

Crossword

..Ronaldo Bolaños

- ACROSS Decorate anew
- 8 Torn apart 14 First garder 15 Blockhead
- 16 Away from the
- coast 17 Chap 18 Chill
- 19 Red wine of Bordeaux 20 Friendly 22 Singsong mode
- of speaking 23 Broad satire 24 Joining together 27 Commanded Lower digit
- 30 Muscular Fleur-de-35 Quote as an authority
- 36 Sacred service 37 Kilmer poem 39 Weeding implements 40 Tennis great
- Arthur 41 Operated 43 Hair-styling
- cream 44 Fortress 47 Lobbed missile 49 Tokyo to Kyoto
- 54 Records 55 Person of great influence 56 Singing fiddler
- 58 Ewe's mate 59 In a short time 60 Make a formal retraction 61 Gone by
- 62 Split apart 63 Supermarket passageways 64 For each 65 Ann and Ang
- **DOWN** Imperial 2 Swelling 3 Jeans material 4 At hand

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22 Radioactivity unit

25 Musical units

Guevara

37 Three-pronged weapons

fort

5 Mariner 6 Move upward 7 Half an African 8 Sumptuous quality 9 Like mosaic 10 Factory 11 Divide into 12 Wind dir 13 Taboo spray's letters 21 Benefit

26 V-formation fliers 28 "Maria 30 North Carolina 31 Stair piece 32 Sports activities 38 Hotel charges 33 Very small 35 Revolutionist

42 Smelter's waste 44 Gangster Al 45 Cause injury to 46 Inspire to love 48 Twangy 50 Tree knot

51 Rajah's wife 52 Make amends 53 Patches

56 Coach Parseghian 57 Waikiki garland 58 Seance sound

su do ku

© Puzzles by Pappocom

Instructions: Fill in the grid so that every row. every column and every 3x3 grid contains the digits 1 through 9 with no repeats. That

in any row, column

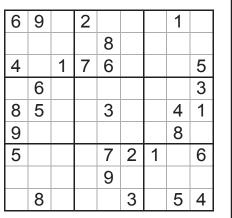
or box.

Solution means that no number is repeated

Solutions, tips and

computer program at

www.sudoku.com



What's your we language?

Everyone has a different way of giving and receiving love — find out yours with this test

BY MADISON SIKES The Shorthorn staff

Everyone has preferred method of expressing and accepting love. Whether you would rather receive a small gift from your partner or have a fun night out, your preferences are the key to understanding your love language.

Over 30 years ago, the concept of love languages was created by Gary Chapman, a Southern Baptist pastor with a doctorate in adult education, according to The New York Times. Chapman configured five different love languages based on anecdotal evidence he found during his 20 years as a marriage counselor.

In his book, The 5 Love Languages: The

Secret to Love That Lasts, Chapman said to make a partner feel loved, you must speak to them in their love language.

While understanding your partner's love language is important, knowing yours is crucial to a successful relationship. Take The Shorthorn's love language quiz and discover the way you prefer to receive love from a partner, friends, family and even yourself.

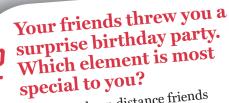
Select your answer from A to E, and tally how many of each letter you choose. At the end, see which love language correlates with the letter you answered the most to learn more about it.

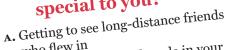
> @MADISONSIKESS editor.shorthorn@uta.edu



What would your ideal Valentine's Day gift be?

- A. A romantic weekend getaway **B.** A scrapbook filled with memories of
- things your partner loves most about you **c.** A piece of jewelry you have
- been eyeing D. Your partner bringing you
- breakfast in bed E. A spa day with a massage
- from your partner





- c. The present they all chipped in to buy
- D. The thoughtfulness of them throwing
- the party

- B. The toast your friend made in your

- E. The hello and goodbye hugs

What is the biggest "red to fill time? flag" to you?

- A. Calling a friend to hang out

 - E. Convincing a friend to spend the day on the couch together

You have a day off. What are you doing

- B. Catching up on some journaling c. Browsing your favorite boutiques
- p. Helping a friend catch up on a

It's date night. What is your ideal scenario?

What is your "toxic trait?"

D. You never ask for help when you need it

в. You struggle to accept criticism c. You focus too much on money

ь. You don't verbalize your feelings

What would you want your

partner to do to help you

B. Tell you they believe in you and support you

during stressful times?

A. Take you out to clear your mind

c. Bring you flowers

D. Clean the house E. Give you a long hug

- A. Having a picnic at a local park B. Visiting a bookstore and picking out
- books for each other
- c. Enjoying a shopping day
- D. Your partner cooking a meal
- for a cozy night in E. Booking a couples massage



If you answered A the most, your love language is:

Quality Time

People who prefer quality time value the connection of focused and undivided attention from their partner.

Quality time as a love language involves finding dedicated moments to spend with loved ones and engaging in activities that foster an emotional connection. If you fall under the quality time category, having your partner plan consistent date nights, set aside time to spend with you or simply enjoying your company can strengthen your bonds with them.

If you answered B the most, your love language is:

A. Making excuses to not spend time with you

B. Not acknowledging your achievements

c. Not getting you a birthday present

D. Never helping around the house E. Avoiding public displays of affection

Words of Affirmation

Words of affirmation revolve around the verbal expression of love, appreciation and encouragement. Spoken or written words of affirmation can act as validation for your feelings, creating a sense of security, selfworth and connection within your relationships. Receiving compliments, acknowledgments and positive affirmations from loved ones can play a crucial role in strengthening your bonds with others.





If you answered C the most, your love language is:

Receiving Gifts

Receiving gifts involves the expression of love and thoughtfulness through tangible items. If you prefer this love language, you find meaning in the thoughtful selection of gifts, viewing them as symbols of love and consideration. If this is your love language, you enjoy it when loved ones take note of

the things that catch your eye in stores or leave you small gifts that remind them of you.

If you answered D the most, your love language is:

Acts of Service

If you prefer acts of service, expressing love through thoughtful and selfless actions is what you appreciate most. Loved ones contributing to your wellbeing, happiness and tasks you want to complete creates a strong foundation for your relationships. Someone doing actions such as helping with chores, providing assistance or performing acts that alleviate your burdens are seen as meaningful demonstrations of love and appreciation to you.





If you answered E the most, your love language is:

Physical Touch

Physical touch involves expressing affection and love through physical contact. The power of touch serves as a powerful communicator of love and care, fostering a sense of closeness and emotional security between you and loved ones. If you prefer this love language, gestures like hugs, playing with your hair, kisses, cuddling and other forms of physical affection are essential for you to feel connected and valued.

Illustrations by Lita Cruz

Fire station

continued from page 1

Following a two-year renovation, Fire Station No. 1 reopened in December. After a \$9.5 million remodeling was approved by the 2014 Bond Program, construction began to restore the almost 70-year-old station from the ground up. The 17,667-square-foot remodel is designed to provide better work and living spaces for the firefighters.

The new design is complete with two stories, five larger drive-thru apparatus bays, office spaces, living and K9 Unit accommodations, community spaces, a small AFD history museum and permanent quarters for the 1953 American La-France parade engine.

prepared with different equipment to be utilized for each call. When a dispatcher calls in they determine which and how many apparatuses need to respond.

in having a sub-logo alongside their Arlington Fire Department patch.

seven years, I'd say you really started to see each station embracing their own logo," Hodges said. "They all come from various aspects or something that's kind of significant or unique to that district in that station."

With four apparatuses, there is always a minimum of 10 people per 24-hour shift, each with an assigned role for the day. For every different responsibilities.

serve Apparatus Facility, a garage where backup rigs are housed to be used when needed. They also retrofitted the building with living quarters for the firefighters the renovation.

"It's located right the heart of downtown,"

Fire Station No. 1 is one of five task forces in Arlington housing an engine, truck and squad, three rigs

A logo of "Looney Tunes" character Yosemite Sam quickly identifies Fire Station No. 1, decorating their engines and apparatuses'. Deputy Chief Todd Gittings said there is pride

"Within the last five to

plays a vital part, not only the safety but also just being a part of the community itself." There is a night and day call, they're with two to three difference when comparing other members, each having the old building to the new station, Hodges said. Each

entertainment area. So it

of new and exciting things Gittings said. Within three travel times. coming to downtown or the to five minutes, they want



00

crew uses the workout as their cardio for the day, while also acting as a team bonding exercise. Left: 12:52 p.m. - Firefighter Anthony Trujillo climbs into Engine

Above: 2:14 p.m. - Shift C plays

two games of basketball at the

Maverick Activities Center. The

1 on his way to a call. The station tries to respond to each call within three to five minutes.

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While Gittings has been a relationships and trust. part of crews that didn't quite get along, though few, the start at 7 a.m. each day

mainly the north, central and

western sections of the city.

fire service is team-oriented. Building relationships with younger members and exciting for him.

While seeing two fire engines lined outside of the Maverick Activities Center might raise some questions for students seeking their daily exercise, playing basketball at the facility hits all the marks for the crew. While it acts as a form of

physical training for them, it's also a way to de-stress and relieve built-up frus- crew because everybody has tration, Hodges said. It's a to do their own function," good way to get out and not Hodges said. "And if we're think about anything other not on the same page, and than team bonding.

part of their daily workout together well, then things was recently approved for don't go well on calls." trash talk and a competitive does is team-oriented, he father]," Duncan said. "And

@hornhousing

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The 24-hour routines gether as a crew. at the station. The crew is broken up into three shifts tionships you - A, B and C. Despite a build, you get to watching them start the set schedule, a blaring, red know how each profession and get promoted alarm can illuminate the other thinks and **Vital part**, within their careers is station to announce the how you opernext call at any moment.

Laptops are left open and snacks just retrieved from the pantry start to stale on the table as the station is quickly silenced and emptied. Members put on dicey." their gear as they jump into the engine or truck, making their way to the scene.

"It's imperative that we craft his whole life, operate well together as a being raised by his we don't know each other Playing basketball as well, and we don't operate

Check out 15 communities with

resident fitness centers

their ability to operate to-

"Getting to know guys,

ate," Hodges said. "You can't replace that sort of rapport when you

Firefighter Max Duncan has been in a volunteer department for 35

years in Illinois, and his brother who works in

Much of what each shift and I'd get to go with [my

three months of the safety his probationary Station No. 10, just being a which only, had part of the

Memphis, Tennessee.

happened to be at Fire Station No. 1. The environment began to stand out to

together to the seasoned

Toward the end of his period, he spoke to the lieutenant about his posi- you can." able to pursue tive experience, extending

In the last Fire Station No. 1.

Not many jobs are as fun and enjoyable as firefighting, Hodges said. The camaraderie between members is palpable when they're engaged, learning, training and

Mosqueda walks to accompany the police officers at a wreck. Engines will respond to provide a shield of protection for the individuals involved, officers and wrecked vehicles when needed.

Left: 8:31 a.m. - Lt. Salvador

Bottom: 12:27 p.m. - Shift C gather around the table for lunch made by firefighter Anthony Trujillo. Each day, the crew puts in \$15 for lunch and dinner made by one of the members.



While Fire Station No. has its own personality, but 1 was under construction, now, despite the same dis-Engine 1 was kept farther trict and calls, the "new, down Main Street at a Re- fancy, giant building" is a completely different setting. "The old station we all loved, it had its deficiencies iust because it was so old and had been around for a while, but it was kind of our to temporarily stay during own," Hodges said. "We've embraced it for all its faults. and we enjoyed it." Response time is a big to be on the scene, so being lizes a dual entry, having something the community Gittings said. "There's a lot deal to the department, close by helps minimize enough space to house would be proud of, he said.

everything they need The construction uti- and making the building 1, which covers six stations in

EMPLOYMENT

A~

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nature, he said, the team is said. They rely on each role I just sit in his truck and able to continue building and many things hinge on watch him, very fascinated." firefighters he could learn help people," he said. "So Originally, Duncan from in the busy station. worked in strength and conditioning with athletes. the camaraderie, the rela- After five years, he was

get into situations that can be a little

community immersed in the father who worked

"We'd be out doing something and he'd get a call,

are scheduled at once, the other would "swing" to another station

for a shift. When

Duncan took a lot of the swings and many him, from the camaraderie job, obviously, you get to

to have the opportunity to out, but he does his best come and work at a task force because there's only five trucks in the city," Duncan said. "Having the an officer, driver opportunity to come to a and firefighter station that has a truck was a lot because I knew I was two firefighters going to learn a lot that I would take with me for the rest of my career."

building relationships.

"It's a very rewarding when the crew worked out see and do a lot of things.

You're obviously there to that aspect of it's very rewarding, I enjoy being able to make a difference when

But each day there is a his lifelong in- his hopes to work at the risk, and while everybody terest in becom- station. Weeks later, he knows that, it's something ing a firefighter. ended up being moved to Hodges chooses not to dwell on. He can't dictate "That was really exciting how a situation will play to prevent dangerous situations by being confident in his abilities and knowing the options to mitigate any

danger in a scene. They've all had close calls that may have scared or made them second-guess what could've gone wrong, but Hodges said being sure of their abilities keeps them from letting their fear take over and impact their work.

"Having a job that you truly love, you never really have a bad day," Gittings said.

> @TRINHVCHRISTINE news-editor.shorthorn@uta.edu



THE SHORTHORN

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HOLIDAY

A paper Valentine for your partner

No need to go to the store, cut this one out for a loved one instead



Illustration by Lita Cruz, Kennedie Hakes, Sooa Pyo and Haley Walton



The Shorthorn invites students, university employees and alumni to submit guest columns to the Opinion page.

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EDITORIAL

Celebrate Valentine's Day your way

There's no wrong way to celebrate the holiday, regardless of relationship status

alentine's Day can be a day of chocolate-covered bliss for some, but for others, it can be a stress-fueled holiday reminding them of how single they are.

The holiday can bring mixed feelings. Excitement, dread, anxiety, cynicism and more can be seen on faces in the red and pink-stained aisles that flood stores in February. Ever since we were little, many of us have felt the pressure to make the most of the day.

elementary school, Valentine's Day is maybe a bit overdone. Ornate mailboxes, handwritten cards with candy and debates over who got the most gifts overflow schools.

This can be overwhelming for many, having to make cards for every classmate and making sure everyone is included. However, the transition into middle school can change the experience from overwhelming to isolating.

In these halls, students are starting to pair up, as many can feel the pressure to have a special someone to be their Valentine. While some experience joy at having a partner to celebrate with, others feel the sting of not having someone be their Valentine's Day date.

In high school, as students start to form more substantial romantic relationships, they can start to fall for the more consumerist aspect of the holiday. They start to go out to nicer restaurants and buy nicer gifts like engraved jewelry. They also may start to worry about whether they're giving a good enough gift to their partner.

Although the holiday is associated with many positive make some of us fantasize about have to be this way.



Illustration by Kennedie Hakes

throwing rocks at happy couples.

While many stores and advertisements make it seem like a momentous occasion, Valentine's Day can be whatever you make of it. The pressure to give gestures of love to partners, friends or family can make some anxious and the pressure to have a partner to shower with flowers and chocolates can make others depressed.

These core ideas — that everyemotions, we are all aware of one needs to have a Valentine and the negative feelings it can everyone needs to give elaborate

beauty of love and meaningful

connections has turned into

a capitalistic cash grab that

pressures individuals to indulge

in performative overconsumption.

For a day that should be dedicated

to celebrating love, spending

time with loved ones should be

more valuable than monetary

When asked about Valentine's

compensation.

Some people make a big deal about St. Patrick's Day, getting decked out in green and drinking beer while others couldn't care less about it. Why should Valentine's day be any different?

People should decide what they want their Valentine's Day to be about. It can be about showing love for all the important people in your life or it can be about all the cute trinkets they find at Target.

Valentine's Day can be an pensive date you'll tell your bring. Being single and scrolling gifts - can induce depression and grandchildren about, a night reporter Orlando Torres and copy through Instagram on the day can anxiety in people, but it doesn't out with friends with gossip and laughter over tacos, a night to

yourself covered in a facemask and munching on chocolate-covered strawberries or just another day.

These are all great ways to celebrate, and no one should feel bad about how they choose to spend the day.

The Shorthorn *Editorial Board* is made up of opinion editor Chris Huddleston, editor-in-chief Mandy Huynh, copy desk chief Deekota Diaz, news editor Hannah García, sports editor Isaac Appelt, news reporter Marie Renea, sports editor Jinelle Sanchez.

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JINELLE SANCHEZ

The stress and anxiety around Valentine's Day can make it difficult to celebrate.

WE THINK:

THE ISSUE:

There's no wrong way to celebrate the holiday whether it's with a lover, friend or just alone.

TAKE ACTION:

People should celebrate Valentine's Day the way they want to without judgment.

COLUMN

Spend your time, not your money

Feb. 14 marks one of the biggest spending seasons, but love shouldn't break the bank

ver 1,500 years ago, Feb. 14 first marked the day that would be celebrated by lovers, friends and families from across the world. On this day, a Roman priest by the name of St. Valentine was honored for his dedication to helping lovers emotionally connect. Known as the patron saint of love, the day served as a way to commemorate and pray to him, asking for the blessing of Day, people often associate the hollong-lasting love.

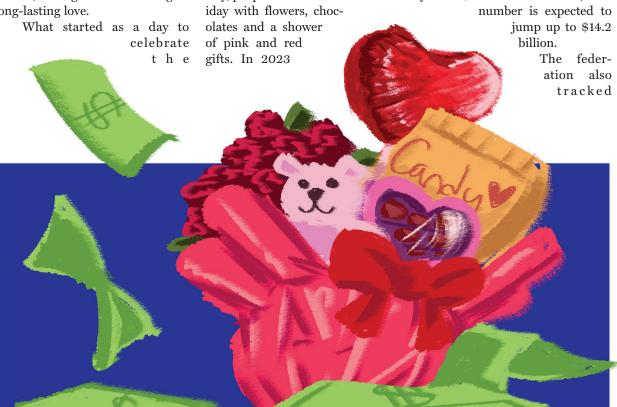


Illustration by Haley Walton

alone, the National Retail Federation estimated that Americans would spend nearly \$26 billion for Valentine's Day - a \$2 billion in-

crease from the previous year. While not all spending is on romantic gestures, the federation tracked the "total expected spending amount on gifts specifically for significant others" over the last 10 years. In 2019, the total was barely over \$10 billion. In 2024, that

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> the "historical total spending on record gift categories." For 2024, consumers are expected to spend \$6.4 billion on jewelry, \$4.9 billion on a night out, \$3 billion on clothes and \$2.6 billion on flowers. Within 14 years, the total has grown — the approximate average sitting at \$4.2 billion every year, a large increase from the almost \$2.4 billion average of 2010 on those same items.

There's no shame in wanting to celebrate love, whether it be romantic, platonic or self-love, but it's possible to enjoy the holiday without contributing to America's consumerism problem. With consumption per capita having risen 65% from 1990 to 2015, Americans are guilty of buying more goods than other countries.

Valentine's Day doesn't need to contribute to that statistic.

Many people feel the need to spend money on lavish gifts and oversized bouquets to prove to their partner and those around them that their love is genuine. However, I believe this mindset has begun to corrupt the holiday, and the date is often no longer about sharing your love and affection, but rather displaying your ability to spoil them for a single day.

For many, it's gotten to the point where gifts between loved ones are expected more than spending the day together.

With the materialism of the holiday being so prevalent, it's up to individuals to reflect on why they are purchasing an item and feeding into the commercial expectations of Valentine's Day. Love of all kinds is a beautiful emotion to celebrate, but it doesn't have to break the bank.

This Valentine's Day, consider taking the time to make personalized handmade gifts, spend intentional quality time with loved ones or even kick up a movie marathon and treat yourself to the comfort of uninterrupted alone time.

While money may be spendable, time is a valuable commodity that cannot be returned.

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ATHLETICS DEPARTMENT

Associate athletics director brings NFL mentality to department

Duane Lewis previously worked with the St. Louis Rams before joining UTA



Duane Lewis, senior associate athletics director for external relations, began his tenure at UTA last fall. Lewis looked to transition away from sports information after several stints with other colleges.

BY ORLANDO TORRES The Shorthorn staff

After stints with multiple colleges and media experience in the NFL with the St. Louis Rams, Duane Lewis wanted to transition away from sports information and lean more toward the business side of athletics. UTA presented that opportunity to him.

Lewis, the new senior associate athletics director for external relations, returned to Texas last fall to begin his UTA journey. Lewis said he credited the potential and opportunity the Metroplex market presents, but it was President Jennifer Cowley and Athletics director Jon Fagg who made the job appealing.

Prior to joining UTA, Lewis talked with Fagg and said his vision of winning was appealing. Fagg's background from working with Power Five institutions and Lewis' background

with the NFL boosted their chemistry. "I was really interested in Duane the first time I ever met him," Fagg said.

Lewis possesses a winning mentality and he understands what it's like to start at the bottom and win at the

highest level, Fagg said. UTA has a mix of new people and returning staffers. Those veterans know the institutional history and why certain things are done. But sometimes, programs need somebody who knows nothing about the institution, because they have no preconceived notions.

"[Lewis] having wide experiences, and no real ties to UTA or North Texas is actually really valuable because he doesn't come with bias." Fagg said.

Lewis' recent tenure was spent at Jackson State University in Mississippi. He worked in public relations where he got the opportunity to work with Deion Sanders, former Jackson State head coach. Jackson State's football program went undefeated in conference play in its 2021 and 2022 seasons.

"He really put Jackson on the national map," Lewis said. "And for me, it felt like being back in the NFL."

Lewis' first NFL experience came after college where he joined the Dallas Cowboys as a training camp intern in Austin, Texas. The



following summer, he moved on to a fulltime public relations internship for the St. Louis Rams in 1997.

"I didn't know there was a career field for that," Lewis said.

It wasn't until his mentor and friend Tony Wyllie, who also spent time with the Cowboys and Rams, mentioned the Rams opportunity.

The two met at a Texas Southern University basketball game, Wyllie said. Somebody introduced the two and 30 years later, they've been inseparable.

Wyllie interned with the Cowboys and recalled his boss asking if Wyllie could find his replacement before leaving for his new role with the Rams. A year later, there was an opening with the Rams and Wyllie went straight to Lewis with the new offer.

Like how Wyllie helped Lewis get into the NFL, it was Yolanda Bevill, vice president for marketing, messaging and engagement, who helped pave the way into UTA, Fagg said. Bevill and Lewis crossed paths

during their time at Prairie View A&M University. Wyllie said he's always looking out for other people when opportunities arise. At first, Lewis was iffy about joining the Rams because he didn't want to postpone graduate

school, but he accepted the job

after talking to Wyllie. "You got to take advantage of this opportunity now," Wyllie remembers telling Lewis at the time. "This doesn't happen every day."

Lewis ended up withdrawing from graduate school at Southern University and A&M College in 1997, but he promised his mom that he would eventually go back to acquire his master's degree. In 2020, he fulfilled that promise, earning a master's in education at Northcentral University.

Starting in 1990, the Rams went nine consecutive seasons with losing records before the team eventually put it together to win Super Bowl XXXIV.

"I always reminisce on it during Super Bowl week," Lewis said. "Phenomenal memories about that team, about how the city came together around us and certainly a year that anyone associated with that team just won't forget."

The thought of winning is motivating by itself, Lewis said. The challenge of implementing the vision Fagg has for UTA to win 15 conference championships, one for each sport, is a daunting task, but it's attainable.

"What I focus on here is trying to make sure we raise the profile of our teams every day," Lewis said.

student-athletes and its administration starts with showing up to games and showing support regularly, Lewis said. It's the same mentality with coaches. They're all humans off the court but everybody is driven by success.

Improving relations between

Leaning back on previous experiences, Lewis' plan for the department is to elevate

its awareness and brand value. He wants to put coaches and studentathletes in the best possible light in connecting them with the media and students, Lewis said.

Fagg said one great idea Lewis had was holding the UTA Athletics coaches show at the University Center instead of at Walk-On's Sports Bistreaux, as they'd done in previous years. The show, which highlights coaches' perspectives, is a great way to connect to students and keeps the department fresh and meaningful.

One of Lewis' biggest descriptions is raising awareness and higher turnout for sporting events, Fagg said. The department has held events throughout campus, like giving out popcorn and mini volleyballs, and it has worked.

In the past, the focus was on presenting a great experience for people attending games hoping they'll return, Fagg said. Now, athletics is diving deeper into the community with attendance being up around 30%.

"He's a great person to work with," Fagg said of Lewis. "He's really collaborative."

Lewis said family is his motivation. Growing up, Lewis helped his

great-grandfather with yard work while they bonded over Houston Astros baseball and Monday night

football games. "My mom is that rock," Lewis said. "My dad has been that strength and my great grandfather who passed away some years ago,

was that work ethic." Lewis has a big heart and Wyllie said he sees him like a little brother. The two grew so close that Lewis participated in Wyllie's wedding party. Wyllie said Lewis took advantage of opportunities, he's passionate and the

hard work paid off. "He's never forgotten where he's come from," Wyllie said. "He's proud of his Louisiana roots and I just think that knowing where he's come from, and all these accomplishments that he's made is something that's very inspiring."

With Wyllie situated in Washington D.C. and working for The Collective Engine, a marketing firm that secures name image and likeness deals for high school and college athletes, the two friends still find time to meet up once or twice a year.

"Even though we don't talk to each other for months, when we do reach out to each other, we catch up and it's just like we never lost each other," Wyllie said. "That's the type of bond we have."

Watching Lewis' journey from the beginning, Wyllie is extremely proud of him. Lewis lives the values that his family taught him and Wyllie said he knows Lewis' great-grandfather is looking down from heaven, extremely proud.

Seeing students succeed in competition and the classroom is exciting, Lewis said. Education is a great equalizer because at some point that athletic career is going to end. That degree helps student-athletes enhance what they've accomplished.

"I want to see every student-athlete here graduate," Lewis said. "I want to see them with a degree in one hand and at least one championship in the other."

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