Regional in Nature

Activity Guide

East Bay Regional Park District

SEPTEMBER-OCTOBER 2026

Garin's Red Barn Renovation 2
Garin Regional Park, *Valli Bindana*

Allan Mendez

Fall Plant Sale
Regional Parks Botanic Garden
Saturday, Oct. 3, 10am-2pm.
nativeplants.org

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EBRPD Staff

Wildfire Safety

Although wildfires in California have become a year-round concern, October is considered the most critical time in the East Bay, when vegetation is typically at its driest and strong winds blow in from the east, conditions that often lead to extreme fire danger and red flag warnings.

The Park District works all year to reduce wildfire risks. Efforts include large contractor-led vegetation management projects, fuels-reduction work performed by our Fire Department and rangers, and a grazing program that services 86,000 acres annually.

Your role:

- No smoking or vaping in parks.
- No fireworks.
- Follow all fire safety rules and be aware of the increased danger during red flag warnings.
- Report fire hazards to park staff or call 911 to report a live fire.

Learn about the Park District's current vegetation management strategy by watching a recording of our one-hour community presentation held last spring. Locate the Wildfire Resilience Webinar at ***ebparks.org/public-safety/fire***.

Carol Klammer

Valli Bindana

Apple Festival

Garin Regional Park, Hayward

Discover a bushel of orchard-inary adventures. Take guided tours of the historic apple orchard and participate in nature-themed crafts. Enjoy live bluegrass music, heritage apple tasting, cider pressing, and old-fashioned lawn games. Activities take place around the barn area. Drop-in; no registration required.

Sep 6 (Sun) 10am-2pm

Refreshing Garin's Historic Red Barn

Tucked among the golden hills of Garin Regional Park stands a picturesque barn with a story nearly as colorful as its candy-apple-red exterior.

Before it became a familiar landmark for hikers and picnickers, the barn was part of a working ranch. In the 1950s, Frank Jordan and his sons dismantled it piece by piece at its original San Leandro location and rebuilt it in the Hayward hills to start cattle ranching.

The East Bay Regional Park District acquired the Jordan family ranch in 1974 and incorporated the property into Garin Regional Park. In the 1980s, the barn was strengthened for earthquake safety, expanded with office and storage space, and opened as a visitor center featuring exhibits and programs about 19th-century farming and ranching.

After nearly 40 years with few changes, the Garin Barn was ready for a refresh. Over the past year, staff replaced wood siding and doors, reorganized and reimagined the exhibits, and restored the building's bright red exterior and crisp white trim.

Visitors can now step inside the refreshed space to explore Garin's history and learn about the area's agricultural and ranching roots.

The Garin Barn Visitor Center is open seasonally on summer Sundays through Sept. 6, from 10am to 4pm. Its final open weekend of the year coincides with the annual Garin Apple Festival. See the event listing at top right.

Esther Kramer

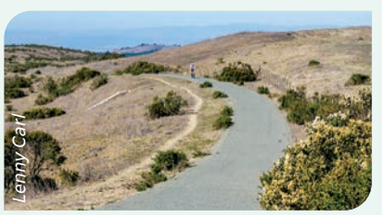
EBRPD Staff

Doolan Canyon Addition

On June 17, the Park District completed the purchase of 4.5 acres of land from the City of Livermore to add to Doolan Canyon Regional Preserve in Livermore. Although Doolan Canyon is currently in landbank status, the newly acquired land could serve as a staging area if the Park District determines the preserve can be open for public access.

Staff have begun developing a land use plan for the Board's consideration. In the meantime, periodic guided tours of the preserve will be offered, with the first expected in late fall 2026. Reservations will be required. Visit ***ebparks.org/calendar*** and search "Doolan Canyon."

Nimitz Way Trail Repair


Lenny Carl

The Park District Roads and Trails Crew has repaired the washout on the popular Nimitz Way Trail between Tilden and Wildcat Canyon Regional Parks. Storm damage from 2017 took out a portion of this popular paved fire road and multi-use trail. As an intermediate fix, staff created a bypass to keep the trail usable until the larger permanent repair could take place once approvals from FEMA were issued. The crew cleaned up storm debris and stabilized the hillside, then re-graded and paved the washout area to make it passable again.

California Coastal Cleanup

Help protect the East Bay's parks and shorelines during one of California's biggest volunteer events. Each September, the Park District teams up with the California Coastal Conservancy, other park agencies, community partners, and thousands of volunteers for this statewide effort. You can participate in cleanups on Saturday, Sept. 19, at nine Regional Parks and make a real difference for local wildlife, water quality, and shared outdoor spaces. For more information, visit ***ebparks.org/coastal-cleanup***. Find additional volunteer opportunities this season on page 7.

Jacob Drueckhammer

Shadow Cliffs: Watercraft Rentals and Concessions Open

Board Bros will operate Tuesday-Sunday at Shadow Cliffs Regional Recreation Area in Pleasanton, offering rentals including rowboats, pedal boats, kayaks, and paddleboards. The concession building will be open daily with prepackaged food, beverages, merchandise, and bait available for purchase. Learn more at ***boardbrosconcessions.com***.

Courtesy Flickr @RHMImages

Secrets of Hummingbirds

Coyote Hills Regional Park, Fremont

Discover fascinating facts about small but mighty hummingbirds, play a hummingbird game, and learn best practices for caring for these tiny birds through the fall and winter. Activities are based at the Visitor Center; not a guided walk. Drop-in; no registration required.

Sep 12 (Sat) 10-11am

Monday Birding

Various parks

Join guided birding walks each Monday to enjoy the avian diversity of the East Bay. Walks are up to 2 miles, and incline and terrain vary by location. Drop-in; no registration required.

Sep 14 (Mon) 9am-noon. Point Pinole Regional Shoreline, Richmond. Meet at the Dotson Family Marsh Staging Area.

Sep 21 (Mon) 9am-noon. Tilden Nature Area, Berkeley. Meet at the Visitor Center.

Sep 28 (Mon) 9am-noon. Point Molate Beach Park, Richmond. Meet at the parking lot.

Oct 5 (Mon) 9am-noon. Waterbird Regional Preserve, Martinez. No dogs allowed. Meet at the parking lot.

Oct 12 (Mon) 9am-noon. Hayward Regional Shoreline, Hayward. Meet at the Grant Street Staging Area.

Oct 19 (Mon) 9am-noon. Kennedy Grove Regional Recreation Area, El Sobrante. Meet in the parking lot.

Oct 26 (Mon) 9am-noon. Tilden Regional Parks Botanic Garden, Berkeley. No dogs allowed. Meet at the Visitor Center.

Kira Dobbins

The Beauty and Wonder of Birds

Ardenwood Historic Farm, Fremont

Observe the farm's gardens, orchards, and fields to discover the variety of birds that visit and live at Ardenwood. We'll walk for a little over 1 mile on flat trails. Binoculars will be available to borrow. Drop-in; no registration required.

Sep 19 (Sat) 8-9:30am

The Early Birder Sees the Bird

Coyote Hills Regional Park, Fremont

The park's grasslands and marshes are paradise for resident and seasonal birds. September is quiet, as summer flocks are leaving and wintering species are just beginning to arrive. Look for them on this guided walk of about 1.5 miles on mostly flat trails and boardwalk. Meet at the Visitor Center. Drop-in; no registration required.

Sep 20 (Sun) 8-9am

Coffee With the Birds

Tilden Nature Area, Berkeley

Start your morning with birds, coffee, and the beauty of nature. Join us for a leisurely walk to see which birds are passing through on their fall migration and sharing this forest for the season. Birders of all levels are welcome. Bring your binoculars and a favorite coffee mug—we'll have coffee and hot cocoa. Drop-in; no registration required.

Sep 27 (Sun) 9-11am

Bird Exploration

Sunol Wilderness Regional Preserve, Sunol

The Bay Area bursts with bird life this season. Bird enthusiasts of all skill levels are welcome on a guided walk of about 2 miles and up to 500 feet of elevation gain to study patterns of behavior, migration, and habitat. Ages 8 and up. Meet at the Visitor Center. Drop-in; no registration required.

Oct 3 (Sat) 9-11am

Cafecito in Nature con las Mariposas

Point Pinole Regional Shoreline, Richmond

¿Ya llegaron las mariposas monarcas? In late October, monarch butterflies begin arriving along the coast for their overwintering season. Will we find them in the eucalyptus groves at Point Pinole? Join us for an easy walk up to 2 miles to look for monarchs, learn about their incredible journey, and take part in a butterfly count. Meet at the Atlas Staging Area. Drop-in; no registration required.

Oct 24 (Sat) 11am-12:30pm

Bill Clark

Tricks & Treats of Birdwatching

Crown Memorial State Beach, Alameda

What a treat to watch beautiful shorebirds! Want to learn some tricks for identifying them? Join us for a fun morning of birdwatching. All skill levels welcome. Meet at the Elsie Roemer Bird Sanctuary viewing platform near the intersection of Broadway and Shoreline Drive.

Oct 31 (Sat) 9-11am

Fish Feeding

Crown Memorial State Beach, Alameda

Watch as staff feed the aquarium residents and learn about the Bay Area's diverse ecosystems and ocean creatures. Meet at the Visitor Center at Crab Cove. Drop-in; no registration required.

Sep & Oct (every Wed, Sat, & Sun) 3-3:30pm

Story Time

Crown Memorial State Beach, Alameda

Dive into a world of wonder and imagination and participate in a themed coloring activity. Meet at the Visitor Center at Crab Cove. Drop-in; no registration needed.

Sep & Oct (every Fri) 10:30-11am

Hikes for Tykes

Various parks

Guided walks of about a half mile introduce young kids to nature. Tools for exploration are provided. Drop-in; no registration required.

Sep 1 (Tue) 10:30-11:45am, Sibley Volcanic Regional Preserve, Oakland. Meet at the Main Staging Area.

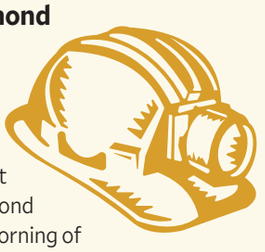
Sep 15 (Tue) 10:30-11:45am, Lake Chabot Regional Park, Castro Valley. Meet at the marina.

Oct 6 (Tue) 10:30-11:45am, Temescal Regional Recreation Area, Oakland. Meet at the north parking area.

Oct 20 (Tue) 10:30-11:45am, Reinhardt Redwood Regional Park. Meet at the Trudeau Staging Area.

Mini Miners

Black Diamond Regional Preserve, Antioch



Bring your little gems out to Black Diamond Mines for a morning of learning, playing, and enjoying the great outdoors. Each month offers themed activities tailored to preschoolers. The program takes place outdoors rain or shine. Meet at the upper parking lot.

Sep 8 (Tue) 10-11am, Geology Rocks!

Oct 13 (Tue) 10-11am, Spooky Critters

Sea Squirts

Crown Memorial State Beach, Alameda

Games, songs, and other activities for preschoolers get young ones excited about nature. Meet at the Visitor Center at Crab Cove. Drop-in; no registration required.

Sep 8 (Tue) 10:30-11:45am, Fin-tastic Fish

Oct 13 (Tue) 10:30-11:45am, Scat—Everybody Poops!

Bugs for Lunch

Tilden Nature Area, Berkeley

Insects play a very important role in our ecosystem. Learn about animals that rely on insects for food, then make old-fashioned ice cream ... topped with bugs. Meet at the Visitor Center. Drop-in; no registration required.

Sep 12 & 19 (Sat) 12:30-1:30pm

Tilden Tots

Tilden Nature Area, Berkeley

Meet animals and enjoy fun activities tailored to preschoolers. Meet at the Visitor Center. Drop-in; no registration required.

Sep 16 (Wed) 10:30-11:30am

Oct 14 (Wed) 10:30-11:30am

Lakeside Littles

Shadow Cliffs Regional Recreation Area, Pleasanton

Activities designed for preschoolers teach early learners about nature. Each month offers a new adventure like exploring a trail, looking at bugs, and studying our shadows. Meet at the Interpretive Pavilion. Drop-in; no registration required.

Sep 21 (Mon) 10-11am, Shapes & Counting

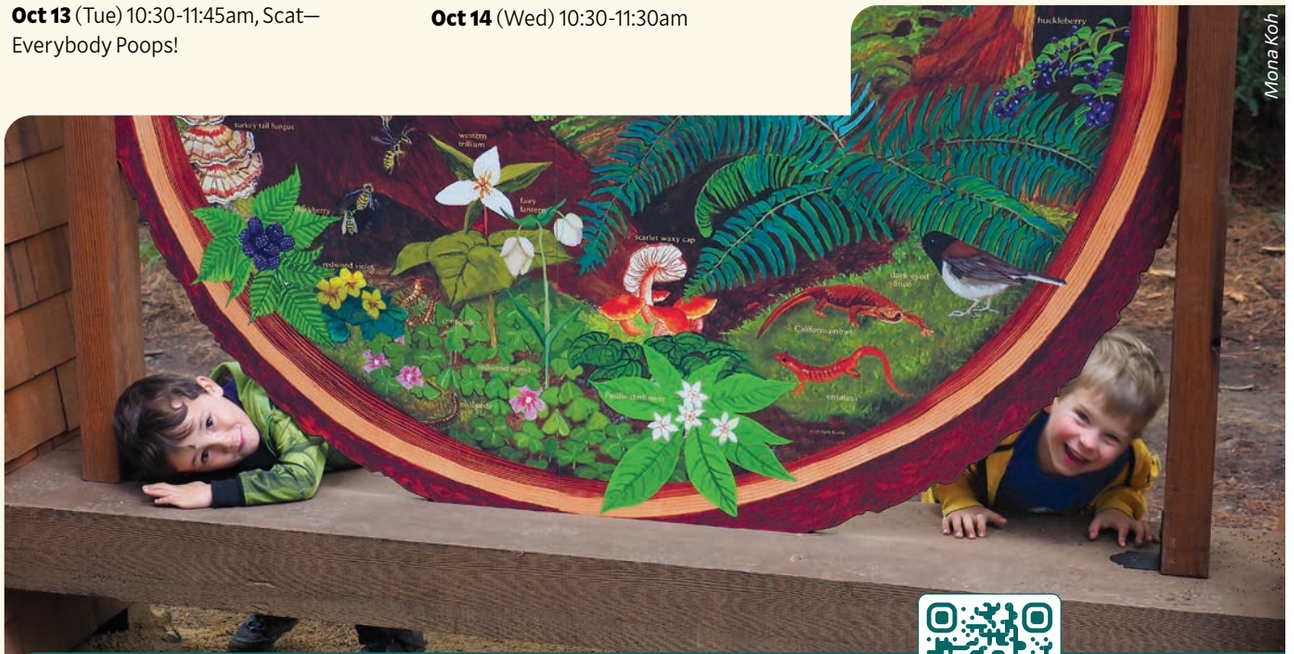
Oct 19 (Mon) 10-11am, Camouflage

Neat Nests

Coyote Hills Regional Park, Fremont

Songbirds, hawks, squirrels, and bees are among the many different animals that build their nests in the park. Learn about various types of nest construction and then make one yourself out of natural materials outside the Visitor Center. Program is tailored to kids ages 5-12. Drop-in; no registration required.

Sep 26 (Sat) 11am-noon



Saturday and Sunday Strolls

Various parks

Join a series of enjoyable adventures that explore different parts of the Park District. Drop-in; no registration required.

Sep 5 (Sat) 10am-noon. Temescal Regional Recreation Area, Oakland. Expect 2.5 miles with some mild elevation. Meet at the north parking area.

Sep 13 (Sun) 9-11:30am. Sibley Volcanic Regional Preserve, Oakland. Expect up to 2 miles and 500 feet of elevation gain. Meet at the Skyline Staging Area.

Oct 10 (Sat) 9:30am-noon. Sibley Volcanic Regional Preserve, Oakland. Expect 2.5 miles with 600 feet of elevation gain. No dogs allowed on this route. Meet at the Eastport Staging Area.

Oct 18 (Sun) 9-11:30am. EBMUD watershed, Moraga. Expect up to 5 miles and 500 feet of elevation gain. Meet at EBMUD's Valle Vista Staging Area.

Trails Challenge Hike: Black Diamond

Black Diamond Mines Regional Preserve, Antioch

Don't miss the chance to take a guided version of one of the 2026 Trails Challenge routes (***ebparks.org/trails-challenge***) before the year-end deadline. Tackle a 5.2-mile loop with a 1,300-foot elevation gain through rugged open space. Bring a lunch. Ages 12 and up. Meet at the upper parking lot. Registration required; program code 60242.

Sep 5 (Sat) 9am-1pm

Sunrise Surprise

Sunol Wilderness Regional Preserve, Sunol

Observe how light, sounds, and animal activity changes as the sun rises. Expect up to 5 miles and up to 500 feet of elevation gain on dirt trails with some steep sections. Ages 8 and up. Meet at the Visitor Center. Registration required; program code 60254.

Sep 12 (Sat) 6:15-8:45am

Steve Wedgewood

Wednesday Walks

Various parks

Enjoy changing landscapes and vistas as you hike your way through the East Bay Regional Park District. Each trip offers new sights and trails. Visit the event calendar at ebparks.org for route details. Ages 8 and up. Drop-in; no registration required.

Sep 16 (Wed) 9:30am-1:30pm. Roberts Regional Recreation Area, Oakland. Expect 5 miles and 1,100 feet of elevation gain. Meet at the lower parking lot.

Sep 30 (Wed) 9am-noon. Sibley Volcanic Regional Preserve, Oakland. Expect up to about 4 miles and 700 feet of elevation gain with steep, uneven sections.

Oct 14 (Wed) 9:30am-12:30pm. Reinhardt Redwood Regional Park, Oakland. Expect 5.5 miles and up to 1,000 feet of elevation gain with multiple ascents. Meet at Trudeau Staging Area.

Oct 28 (Wed) 9:30am-12:30pm. Carquinez Strait Regional Shoreline, Martinez. Expect 3.7 miles and up to 1,000 feet of elevation with some steep sections. Meet at the Nejedly Staging Area.

Shiva Sundaram

EBRPD Staff

Deer Valley Landbank Tour

Deer Valley Regional Park, Antioch

Join a guided tour of the not-yet-opened Deer Valley Regional Park and the former Roddy Ranch Golf Course. In 2022, the Park District adopted plans to restore natural habitat and build public access facilities for low-impact recreation, and construction is anticipated to begin soon. This hiking tour of about 2 miles will introduce participants to the landscape for a preview of what's to come. The hike will be on mixed terrain including unpaved surfaces. Meet at the former Roddy Ranch Golf Course. Registration required; program code 60327.

Sep 19 (Sat) 10-11:30am

Oaks, Acorns, and Friends

Huckleberry Botanic Regional Preserve, Oakland

Enjoy fall's splendor in this hike series that celebrates the oak tree's fruiting season. These woodlands provide shady shelter for birds, butterflies, mosses, and lichens. Their leaves invigorate the soil, their acorns feed many. Together we will explore the diverse niches of this rich community. All of these outings traverse trails with very steep and uneven sections, so sturdy footwear is a must. Ages 7 and up. Drop-in; no registration required.

Sep 20 (Sun) 9-11:30am. Leona Canyon Open Space Regional Preserve, Oakland. Expect up to 5 miles and 500 feet of elevation gain. Meet at the Canyon Oaks Staging Area.

Sep 27 (Sun) 9-11:30am. Anthony Chabot Regional Park, Castro Valley. Expect up to 5 miles and 1,000 feet of elevation gain. Meet at the Clyde Woolridge Staging Area.

Oct 25 (Sun) 9-11:30am. Huckleberry Botanic Regional Preserve, Oakland. Expect up to 5 miles and 1,000 feet of elevation gain. Meet at the Skyline Staging Area.

Tarantula Hike

Black Diamond Mines Regional Preserve, Antioch

Join a guided hike of about 3-4 miles to learn about and look for tarantulas. Sightings are hoped for, but not guaranteed. Expect about 500 feet of elevation gain on uneven terrain. Ages 8 and up. Meet at the upper parking lot. Registration required; program code 60241.

Oct 17 (Sat) 9:30am-noon

Volunteering

Teen Park Protector: Pond Study and Trash Pick-Up

Various parks

Study aquatic life while discovering the importance of a fragile riparian ecosystem. Then help protect it while earning 1.5 volunteer service hours of trash pick-up along hiking trails. Ages 13-18; one adult registration is required per group of teens. Registration required.

Sep 5 (Sat) 9-11am. Sunol Wilderness Regional Preserve, Sunol; program code 60251

Oct 3 (Sat) 9-11am. Shadow Cliffs Regional Recreation Area, Pleasanton; program code 60252

Teens Talk Trash

Del Valle Regional Park, Livermore

Learn about concepts related to the waste cycle and how you can make a positive difference, then participate in litter pick-up and data collection. Ages 13-17. Earn 1.5 hours of volunteer service credit. Registration required; program code 60307.

Sep 13 (Sun) 2:30-4pm, meet at the Visitor Center

Oct 11 (Sun) 2:30-4pm, meet at the Arroyo Mocho picnic area

Dune Restoration

Crown Memorial State Beach, Alameda

Help us give our beloved shoreline some TLC. Work entails removing dead or invasive plants, then re-planting the area with native bushes or grasses. This important work will help stabilize the beach before winter storms begin. All tools provided. Ages 8 and up. Community service hours available for students. Meet at the southernmost part of the Otis Street parking lot. Registration required; program code 60093.

Oct 17 (Sat) 9am-noon

Lake Chabot Habitat for Pollinators

Lake Chabot Regional Park, Castro Valley

Learn about local insects, then dive into habitat restoration. Work entails removing invasive plants, then re-planting the area with native bushes or plants. All tools provided. Ages 8 and up. Community service hours available for students. Meet near the restrooms next to the marina. Registration required; program code 60067.

Oct 18 (Sun) 9am-noon

EBRPD Staff

Kayaking & Boating

Birding by Kayak

Martin Luther King Jr. Regional Shoreline, Oakland

We'll start off with dry land instruction, then head out onto the water in stable tandem kayaks on a group exploration of this lush and lovely shoreline. Kayaks and safety equipment provided. Ages 12 and up. Fees: resident, $35; non-resident, $39. Meet at the Boating Center. Registration required.

Sep 18 (Fri) 9am-noon; program code 60292

Oct 27 (Tue) 9am-noon; program code 60293

Birding by Kayak

Big Break Regional Shoreline, Oakley

Scout for shorebirds among the wetlands of the Delta on a guided paddle excursion. We'll start off with dry land instruction, then head out onto the water in stable tandem kayaks. Kayaks and safety equipment provided. Ages 12 and up. Fees: resident, $40; non-resident, $44. Meet at the kayak launch. Registration required.

Sep 23 (Wed) 11:30am-3pm, program code 60295

Oct 22 (Thu) 11:30am-3pm, program code 60296

Kayaking Big Break

Big Break Regional Shoreline, Oakley

Embark on a guided kayak adventure to learn about the Delta's rich ecology and natural history while paddling through scenic waterways. Kayaks and safety equipment provided. Ages 12 and up. Fees: resident, $35; non-resident, $39. Meet at the kayak launch. Registration required.

Oct 2 (Fri) 9am-noon, program code 60297

Oct 6 (Tue) 10am-1:30pm, program code 60298

Brooks Island Adventure Kayaking

Brooks Island Regional Preserve, Richmond area

This day-long trip includes a group paddle across sheltered bay water and a 2-mile guided hike around the island, which is otherwise closed to visitors. Kayaks and safety equipment provided. Ages 16 and up. Fees: resident, $85; non-resident, $95. Departures from the Richmond Marina. Registration required.

Sep 25 (Fri) 9:30am-3:30pm, program code 60323

Sep 26 (Sat) 9:30am-3:30pm, program code 60324

Oct 17 (Sat) 9:30am-3:30pm, program code 60325

Oct 18 (Sun) 9:30am-3:30pm, program code 60326

Boat to Brooks Island

Brooks Island Regional Preserve, Richmond area

Join a narrated boat ride to Brooks Island. Once anchored near the shoreline, participants will be ferried (by skiff) to the island to enjoy a guided 2-mile hike around the preserve, which is otherwise closed to visitors. Ages 12 and up. Fees: resident, $85; non-resident $95. Departures from the Berkeley Marina. Registration required.

Oct 9 (Fri) 8:30am-3:30pm, program code 60300

Oct 10 (Sat) 8:30am-3:30pm; program code 60321

Oct 11 (Sun) 8:30am-3:30pm; program code 60322

¡Calaveras!

Tilden Nature Area, Berkeley

Calavera is Spanish for skull, and in the context of this season's Día del los Muertos celebrations, the word references colorful sugar skulls. But at this nature program, we'll study real skulls—those made of bone and fang, horn and tooth. Get to know the skulls of various native animal species and learn the differences between the skull of a predator versus that of a prey animal. Meet at the Visitor Center. Drop-in; no registration required.

Sep 5 (Sat) 11am-noon

Oct 4 (Sun) 1-2pm

California Biodiversity Nature Walk

Big Break Regional Shoreline, Oakley

Come celebrate California Biodiversity Day with an explorative nature walk of up to 2 miles on flat trails. We will discuss the unique biodiversity of the Delta wetlands. Meet at the Visitor Center. Drop-in; no registration required.

Sep 5 & 6 (Sat & Sun) 2-3pm

Bioblitz-ing

Tilden Nature Area, Berkeley

Join a community bioblitz to capture a snapshot of Tilden Nature Area's biodiversity. Find, identify, and record observations on a walk to Jewel Lake. Download the iNaturalist app to your mobile phone or tablet in advance. Expect about 2 miles on dirt trails with up to 500 feet of elevation gain. Ages 5 and up. Meet at the Visitor Center. Drop-in; no registration required.

Sep 6 (Sun) 10am-1pm

Cafecito in Nature con las Plantas Nativas

Tilden Regional Parks Botanic Garden, Berkeley

Paseando through the Botanic Garden is like taking a walk through the entire state of California, con énfasis sobre nuestras plantas. Join a guided walk of about 1.5 miles with bilingual English/Spanish nature interpretation provided. Terrain is uneven and includes stairs. Meet at the Visitor Center. Drop-in; no registration required.

Sep 12 (Sat) 10:30am-noon

Sandi Funke

Bioblitz for California Biodiversity Week

Del Valle Regional Park, Livermore

Everyone can contribute to science! Join this community bioblitz to find, identify, and record life around the park. We will use the iNaturalist mobile app to record our observations of the area's wildlife, plants, and more. Be sure to download the app to your phone or tablet in advance, since there is no cell service within the park. Expect to walk up to 2 miles on dirt and gravel trails with some slight inclines. Ages 8 and up. Meet at the Visitor Center. Drop-in; no registration needed.

Sep 13 (Sun) 10am-noon

Jerry Ting

Evening at the Farm

Ardenwood Historic Farm, Fremont

Join a peaceful 1-mile flat walk and discover how dusk changes the vibe at the farm. Ages 7 and up. Registration required; program code 60066.

Sep 26 (Sat) 6:15-7:30pm

Scorpions & Tarantulas

Del Valle Regional Park, Livermore

Journey through the darkness of the Del Valle hills to encounter ancient animals with eight legs. With an ultraviolet flashlight as our guide, we will spend some time looking for scorpions and tarantulas. Sightings are hoped for but not guaranteed. Expect a walk of about 1.6 miles and an elevation gain of up to 500 feet with some steep, hilly sections. Meet at the Visitor Center. Registration required.

Sep 26 (Sat) 7-9pm; program code 60310

Oct 9 (Fri) 6:45-8:45pm; program code 60311

Oct 30 (Fri) 6:15-8:15pm; program code 60312

Spiders & Silk

Tilden Nature Area, Berkeley

Join a short nature walk to look for and study spiders and their webs. Meet at the Visitor Center. Drop-in; no registration required.

Sep 27 (Sun) 11am-noon

Oct 4, 11, & 18 (Sun) 11am-noon

Evening Walk in the Woods

Reinhardt Redwood Regional Park, Oakland

As the sun goes down, nocturnal animals are just beginning their daily activities. We will quietly walk into the woods looking and listening for nighttime critters. Bring a small flashlight. Ages 6 and up. Meet at the Canyon Meadow Staging Area. Drop-in; no registration required.

Oct 3 (Sat) 7-8:30pm

Owls on the Prowl

Coyote Hills Regional Park, Fremont

Discover the fascinating world of owls through hands-on exploration of feathers, skulls, eggshells, and talons. We'll dissect owl pellets to learn what owls eat, then head outdoors to listen for owl calls as the sun goes down. Meet at the Visitor Center. Drop-in; no registration required.

Oct 10 (Sat) 3-4pm

Edible Plant Tour

Coyote Hills Regional Park, Fremont

Although independent foraging is not allowed in Regional Parks, this guided activity is a rare exception in which visitors can safely sample some of nature's edible plants. Learn about culinary, medicinal, and cultural uses of plants found at Coyote Hills. There will be hands-on demonstrations, tastings, and a short walk with some slight inclines. Meet at the Visitor Center. Drop-in; no registration required.

Oct 11 (Sat) 10-11:30am

Guided Walks & Nature Exploration

Who's Calling?

Sunol Wilderness Regional Preserve, Sunol

At this after-dark adventure in the park, we'll take an easy walk up to 2 miles to listen and look for owls. Sightings are not guaranteed. Ages 8 and up. Meet at the Visitor Center. Registration required; program code 60245.

Oct 18 (Sun) 5:30-7:30pm

Spooky Plants

Coyote Hills Regional Park, Fremont

Ghouls and goblins aren't the only stars of the season—plants can be spooky, too! Learn about poisonous, carnivorous, and parasitic plants that rival Halloween's more familiar frights. Meet at the Visitor Center. Drop-in; no registration required.

Oct 24 (Sat) 11am-noon

Apple Orchard Tour

Garin Regional Park, Hayward

Join a walking tour of the historic orchard, which boasts hundreds of historic varieties of apples, plums, and other fruit. Wear sturdy, close-toed shoes for this uphill half-mile walk on uneven terrain. Ages 7 and up. Meet at the barn. Registration required.

Sep 13 (Sun) 10-11am; program code 60012

Sep 26 (Sat) 10-11am; program code 60016

Tarantula Trek

Various parks

Tarantulas and other spiders are often misunderstood. Knowledge can help turn fear into understanding and appreciation. A naturalist will lead a guided walk of about 2 miles on dirt and gravel trails; some moderate inclines with up to 500 feet of elevation gain. Sightings are hoped for, but not guaranteed. Ages 6 and up. Registration required.

Sunol Wilderness Regional Preserve, Sunol

Meet at the Visitor Center.

Sep 19 (Sat) 6:15-8:15pm; program code 60169

Sep 27 (Sun) 6-8pm; program code 60182

Oct 11 (Sun) 5:45-7:45pm; program code 60184

Oct 25 (Sun) 5:15-7:15pm; program code 60187

Del Valle Regional Park, Livermore

Oct 25 (Sun) 5-6:30pm. Meet at the East Ridge Trailhead; program code 60308

Plant Gall Gala

Tilden Nature Area, Berkeley

Ever notice strange shapes on leaves and branches? These are galls—growths created through fascinating relationships between plants and animals. We'll take a half-mile stroll to observe galls. Inspired by their wild designs, we will create our own costume accessory and walk the green carpet showcasing our creations. Meet at the Visitor Center. Drop-in; no registration required.

Oct 31 (Sat) 11am-noon

Outdoor Recreation

Archery Introduction

Roberts Regional Recreation Area, Oakland

Receive 90 minutes of archery coaching and practice at an outdoor range, with all equipment provided. Designed for the beginner, the class starts with 30 minutes of classroom instruction. Ages 8 and up. Parent supervision required for minors. Fees: resident, $50; non-resident, $56. Registration required.

Sep 19 (Sat) 9:30-11:30am; program code 60281

Sep 19 (Sat) 1-3pm; program code 60282

Oct 17 (Sat) 9:30-11:30am; program code 60283

Oct 17 (Sat) 1-3pm; program code 60284

Hiking Poles Training: Skills and Techniques + Practice Hike

Reinhardt Redwood Regional Park, Oakland

Learn strategies for enhancing performance and confidence on the trail. Uphill: Improve endurance, posture, upper body strength, and spine function. Downhill: Develop skills for feeling safer and preserving joints. Get expert training on a practice hike on varied terrain. Loaner poles provided upon request, or bring your own. Ages 18 and up. Fees: resident, $75; non-resident, $83. Registration required; program code 60274.

Sep 19 (Sat) 8:30am-2:45pm

Pole Walking for Maintaining Balance, Exercise, and Mobility

Temescal Regional Recreation Area, Oakland

People with mobility challenges learn transformative skills in a comfortable, beautiful setting. Feel taller and experience profound freedom of movement. Reduce fall risk, and improve spine function, balance, endurance, gait, and longevity. Includes a short optional practice pole walk. Loaner poles provided upon request, or bring your own. Ages 18 and up. Fees: resident, $65; non-resident, $73. Registration required; program code 59490.

Oct 23 (Fri) 10:30am-2:45pm

Hiking With Poles Training + Short Practice Hike

Tilden Regional Park, Berkeley

Learning optimal use of poles improves performance and confidence. Uphill: Improve endurance, posture, upper body strength, and spine function. Downhill: Develop skills for feeling safer and preserving joints. Get expert training on a short practice hike. Loaner poles provided upon request, or bring your own. Ages 18 and up. Fees: resident, $65; non-resident, $73. Registration required; program code 60279.

Oct 24 (Sat) 8:45am-2:15pm

Lemonade of the Land

Del Valle Regional Park, Livermore

Cool off from the summer heat with a glass of cold lemonade. We'll flavor our lemonade with ingredients from nature. Although independent foraging is not allowed in Regional Parks, this guided activity is a rare exception in which visitors can safely sample some of nature's edible plants. Meet at the Visitor Center. Drop-in; no registration required.

Sep 5-7 (Sat-Mon) 1:30-3:30pm

Pressing Plants

Ardenwood Historic Farm, Fremont

Learn how to press and preserve plants of all types and take home your finished flower to enjoy. Drop-in; no registration required.

Sep 5 (Sat) 11:30am-12:30pm

Making Music at the Garin Barn

Garin Regional Park, Hayward

Bring your own instruments and voices to join in playing some summer classics and California songs. Musicians of all skill levels and abilities are welcome. Meet at the barn. Drop-in; no registration required.

Sep 13 (Sun) 1-2pm

Garden Watercolors

Coyote Hills Regional Park, Fremont

Enjoy family fun in the Nectar Garden by creating nature-inspired watercolor art celebrating the plants and animals of the park. No artistic experience needed. All materials will be provided. Meet at the Visitor Center. Drop-in; no registration required.

Sep 19 (Sat) 10am-noon

Scents of the Land, Aromas de la Tierra

Crown Memorial State Beach, Alameda

Celebrate Hispanic Heritage Month and Latino Conservation Week with this bilingual English/Spanish sensory experience. Discover the stories nature tells through scent. Learn about a variety of plants that are both ecologically important and culturally meaningful. Create your own take-home scented sachet. Ages 18 and up. Registration required; program code 60017.

Sep 20 (Sun) 1-2:30pm

Apples Through Time

Ardenwood Historic Farm, Fremont

Use old-fashioned apple peelers, taste heirloom apples, and explore the surprising story of apples from Kazakhstan to California. Drop-in; no registration required.

Oct 3 (Sat) 1:30-2:30pm

Old-Fashioned Butter Makin'

Ardenwood Historic Farm, Fremont

Before the availability of modern grocery stores, people needed to make their own staples at home. Discover an easy way to make butter from cream, then sample your tasty concoction atop crackers. Drop-in; no registration required.

Oct 3 (Sat) 11:30am-12:30pm

Tule Boats Float

Coyote Hills Regional Park, Fremont

Tule is a wetland plant that Ohlone Peoples traditionally used and continue to use for housing material, sleeping mats, cordage, and more. Participants in this program will build miniature tule boats and learn about the traditional and contemporary Ohlone uses of this unassuming plant. Activity tailored to ages 5-12. Meet at the Visitor Center. Drop-in; no registration required.

Oct 18 (Sun) 10-11am

Bat Awareness Walk

Big Break Regional Shoreline, Oakley

Learn about these unique flighted mammals with a craft and a walk through the park. Expect up to 2 miles on flat trails. Meet at the Visitor Center. Drop-in; no registration required.

Oct 24 & 25 (Sat & Sun) 2-3pm

Beguiling Bats

Coyote Hills Regional Park, Fremont

We'll play a game and make a craft inspired by bats. Meet at the Visitor Center. Drop-in; no registration required.

Oct 24 (Sat) 1-2pm

Cornmeal Cookies

Ardenwood Historic Farm, Fremont

Stop in at the Country Kitchen to taste this classic Ardenwood cookie while learning about corn's role in history. Drop-in; no registration required.

Oct 31 (Sat) 11:30am-12:30pm

Nature Photography Exhibit Opening Reception

Big Break Regional Shoreline, Oakley

Celebrate the opening of Big Break's annual nature photography exhibition, featuring images taken by park visitors. Enjoy photos captured at Big Break and meet the creative community behind them. The exhibit will remain on display during Visitor Center hours through Nov. 8.

Oct 31 (Sat) 11am-1pm

Animal & Farm Experiences

Animal Close-Up

Crown Memorial State Beach, Alameda

Meet one of our animal ambassadors and learn about its unique behaviors, habitat, and the important role it plays in the natural world. Meet at the Visitor Center at Crab Cove. Drop-in; no registration required.

Sep 5, 12, & 26 (Sat) 1:30-2pm

Michael Short

Tractor Time

Ardenwood Historic Farm, Fremont

Experience farm power! Meet a farmer, hear an old tractor roar to life, and explore how people, animals, and machines have shaped farm work over time. Drop-in; no registration required.

Sep 12 (Sat) 11:30am-12:30pm

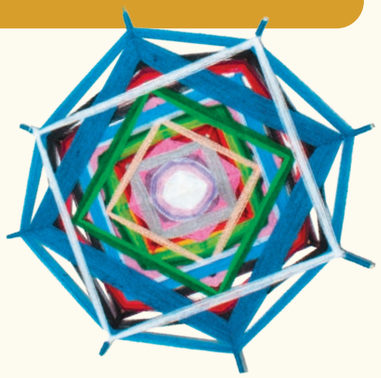
Tarantula Meet & Greet

Del Valle Regional Park, Livermore

Tarantulas and other spiders are often misunderstood. Knowledge can help turn fear into understanding and appreciation. A naturalist will lead an encounter with one of these large arachnids at the Visitor Center. Drop-in; no registration required.

Sep 20 (Sun) 12:30-1pm & 2-2:30pm

Oct 25 (Sun) 12:30-1pm & 2-2:30pm



Threads of Tradition, Hilos de Tradición

Tilden Nature Area, Berkeley

Follow wool's journey from sheep to yarn in this bilingual English/Spanish program. Visit farm sheep and learn how fiber is transformed, strand by strand. Then weave your own Ojo de Dios using yarn naturally dyed with plants. Together, we'll celebrate weaving traditions and the stories they carry across generations. Meet at the Little Farm. Drop-in; no registration required.

Sep 20 (Sun) 10-11:30am

Dig Deep Farms Pumpkin Patch

Ardenwood Historic Farm, Fremont

Enjoy fall crafts, games, and activities. Admission to the patch and pumpkin purchase is separate from admission to Ardenwood. Drop-in; no registration required.

Sat & Sun in October 10am-4pm

Special Events & Gatherings

Family Movie Night

Enjoy a fall evening at this free screening of a family-friendly film. The movie begins shortly after sunset. Arrive early to secure a good spot. Bring a blanket or low-back chairs. Pets are not permitted. Drop-in; no registration required.

Tilden Nature Area, Berkeley

Sep 11 (Fri) 7:30-9:30pm. Film is GOAT (PG). Meet at the Visitor Center lawn.

Contra Loma Regional Park, Antioch

Oct 3 (Sat) 7:30-9:30pm. Film is Super Mario Galaxy (PG). Meet at the lagoon lawn.

Gathering of Ohlone Peoples

Coyote Hills Regional Park, Fremont

Ohlone community members from multiple tribes share their culture and heritage through music, song, dance, and storytelling. Come learn, celebrate, and honor the original stewards of this land. Drop-in; no registration required. Learn more at ***ebparks.org/gathering-of-ohlone-peoples***.

Oct 4 (Sun) 10am-3pm

Harvest Festival

Ardenwood Historic Farm, Fremont

Enjoy seasonal activities including corn harvesting, cider pressing, live music, and historic crafts. Ride a narrow-gauge train and tour the beautifully restored farmhouse. Bring a bag to take home harvested corn (one bag per person). Admission fees apply, $8-$12; free for kids under age 4. Advance tickets available at ***ebparks.org/calendar***; search "Harvest Festival."

Oct 10 & 11 (Sat & Sun) 10am-4pm

Sunol Heritage Festival

Sunol Wilderness Regional Preserve, Sunol

Activities and exhibits weave together Ohlone, Spanish, Mexican, and European cultures in California heritage through Sunol history. Guests can enjoy an acorn processing demonstration, taste culturally important foods, and enjoy music that offers connection to the land's first peoples.

Oct 17 (Sat) 11am-3pm

Día de los Muertos Community Altar

Crown Memorial State Beach, Alameda

Contribute to our community altar in observance of Día de los Muertos (Day of the Dead). Honor a loved one by bringing a small photo to glue into a paper frame that you can decorate. Meet at the Visitor Center at Crab Cove. Drop-in; no registration required.

Oct 21-25 & Oct 28-Nov 1 (Wed-Sun) 10am-5pm

Haunted Train

Ardenwood Historic Farm, Fremont

Join us for a nighttime train ride through Ardenwood's haunted forest. The ride is spooky, not scary, and is designed for children ages 12 and under. This event sells out quickly. Tickets go on sale at 8am on Sept. 15; $20 per person ages 3 and up. Registration required; program code 60230. Learn more at ***spcrr.org***.

Oct 16-17 & 23-24 (Fri & Sat) 7-9:30pm

Oct 18 & 25 (Sun) 7-9pm

East Bay Regional Park District

2950 Peralta Oaks Court, Oakland, CA 94605-0381

General Information.....1-888-EBPARKS (1-888-327-2757)
Activities, Events, Maps, and More.....ebparks.org
Camping and Picnic Reservations.....1-888-EBPARKS
Naturalist and Recreation Programs.....1-888-EBPARKS
TRS Relay Service.....7-1-1
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BOARD OF DIRECTORS

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East Bay Regional Park District

2950 Peralta Oaks Court
Oakland, CA 94605-0381
ebparks.org

Visitor Centers

Ardenwood Historic Farm, Fremont
510-544-2797, awvisit@ebparks.org

Big Break Regional Shoreline, Oakley
Big Break Visitor Center at the Delta
510-544-3050, bigbreakvisit@ebparks.org

Black Diamond Mines Regional Preserve, Antioch
Greathouse Visitor Center
510-544-2750, bdvisit@ebparks.org

Coyote Hills Regional Park, Fremont
510-544-3220, chvisit@ebparks.org

Crown Memorial State Beach, Alameda
Doug Siden Visitor Center at Crab Cove
510-544-3187, ccove@ebparks.org

Del Valle Regional Park, Livermore
510-544-3146, dvvisit@ebparks.org

Garin/Dry Creek Pioneer Regional Parks, Hayward
510-544-3220, chvisit@ebparks.org
Visitor Center open summer Sundays

Sunol-Ohlone Wilderness Regional Preserve, Sunol
510-544-3249, svisit@ebparks.org
Open weekends

Tilden Regional Park, Berkeley
Regional Parks Botanic Garden
510-544-3169, bgarden@ebparks.org

Tilden Regional Park, Berkeley
Tilden Nature Area/Environmental Education Center
510-544-2233, tnarea@ebparks.org