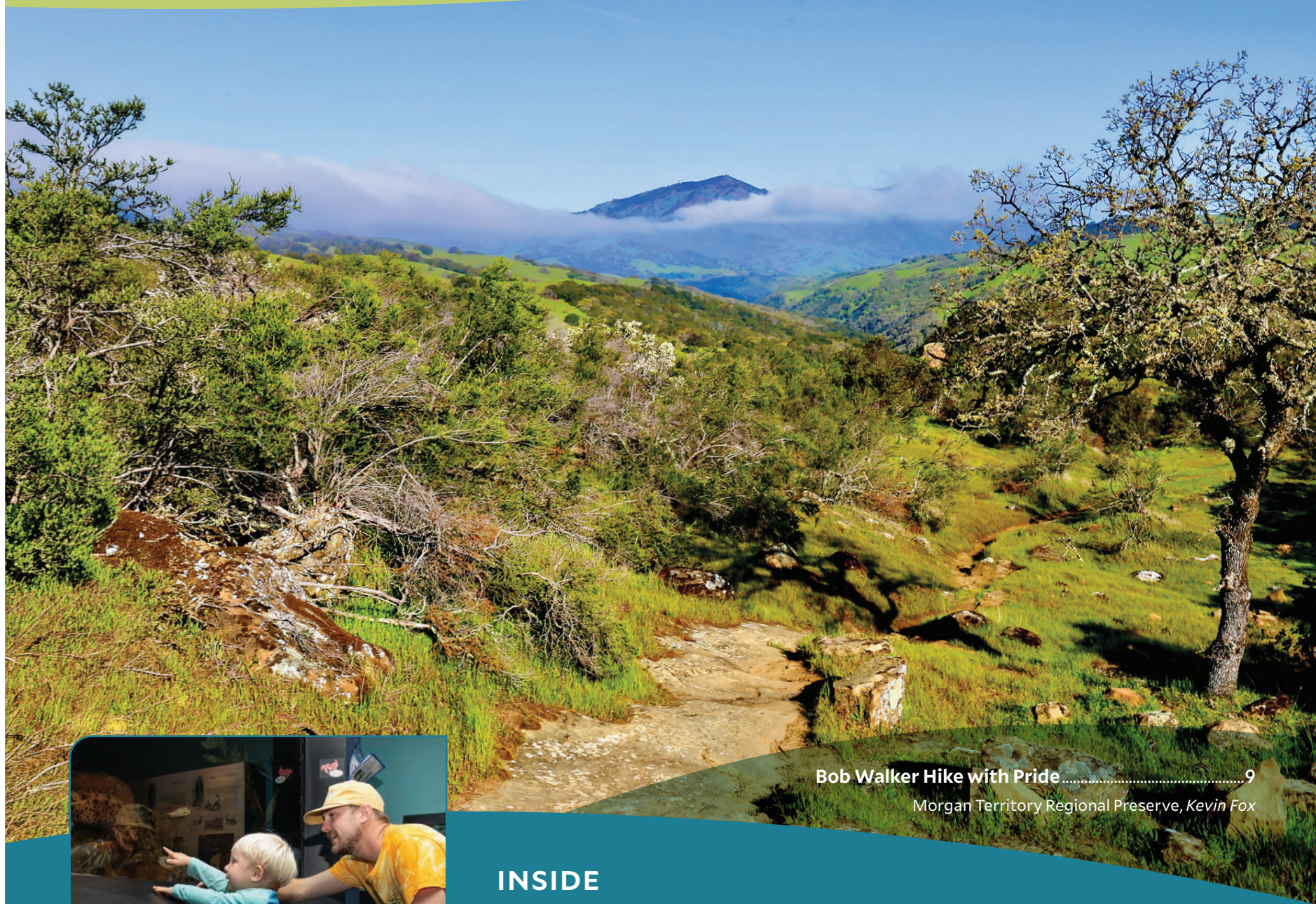


Regional in Nature Activity Guide

East Bay 
Regional Park District

MAY-JUNE 2026



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Bob Walker Hike with Pride 9

Morgan Territory Regional Preserve, *Kevin Fox*

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Adventures Await

As spring gives way to early summer, East Bay Regional Parks become gathering places for adventure, discovery, and connection.

We're celebrating Black Birders Week, May 24-30, with a variety of birdwatching experiences open to all. Find them on page 11 and choose your own adventure. Or, get your hands dirty for a good cause and join volunteer opportunities at Encinal Beach in Alameda or Livermore's Del Valle Regional Park. Find details on page 5.

However you choose to explore, we hope these early summer days inspire you to get outside, bring others along, and create your own park traditions.



It's Coyote Season

As visitation to East Bay Regional Parks increases during warmer months, encounters with coyotes may become more common. Coyotes are native to California and live in wildland, rural, and urban areas.

During the pup-rearing season (March-August), coyotes can be very protective of their pups. Visitors may experience a type of behavior known as escorting,

in which a coyote follows at a closer distance than usual to encourage departure from the area. Coyotes might also make vocalizations or bare their teeth in ways that appear threatening; however, escorting is not unsafe and does not usually result in aggression. The best course of action is to leave the area calmly and without running.

What to Do If Approached by a Coyote

Most coyotes fear people, but those that learn to associate humans with food may adjust to the presence of humans. Documented coyote attacks on people are rare and are usually related to handfeeding or the presence of a dog. When a coyote is encountered within 50 feet and does not move away on its own, use the following tactics—known as hazing—to intimidate it and encourage it to maintain a safe distance.

- Maintain eye contact.
- Be as big and loud as possible.
- Wave arms or use an object to scare, not injure, the animal.
- If the coyote continues to approach, do not run or turn away. Continue to exaggerate the above gestures while backing away slowly.
- Learn more at ebparks.org/coyotes.

To report a sick or injured coyote, or an aggressive encounter, contact the Non-Emergency Dispatch line at (510) 881-1833. For any emergencies, call 911.

Park News & Happenings



Free Park Day – Juneteenth

The Park District is celebrating Juneteenth with a Free Park Day on Thursday, June 19, honoring the nationally recognized celebration commemorating the ending of slavery in the United States. Waived fees include parking, horses, boat launching, and fishing. Fees are still charged for swimming, camping, reservable picnic or indoor facilities, concessions, state fishing licenses, and watercraft inspections for invasive mussels. Learn more at ebparks.org/we-celebrate/juneteenth.

Help Shape the New District Plan

Through August, the Park District is producing online and in-person events to give our communities meaningful opportunities to help shape the future of East Bay Regional Parks. View the evolving list at ebparks.org/district-plan.



Host Your Next Event at the Brazilian Room

Celebrated as one of the Bay Area’s premier event venues, the Brazilian Room in Tilden Regional Park is known for more than just beautiful weddings. It’s quickly becoming a sought-after destination for gatherings of all kinds. Staff host themed open houses designed to spark inspiration and showcase how the space can be transformed for your own unique event. Guests can tour the facility and connect with approved caterers and preferred vendors. Upcoming:

Pride at the Brazilian Room Celebration
Jun 2 (Tue), 4-8pm

Juneteenth at the Brazilian Room
Jun 17 (Tue), 4-8pm

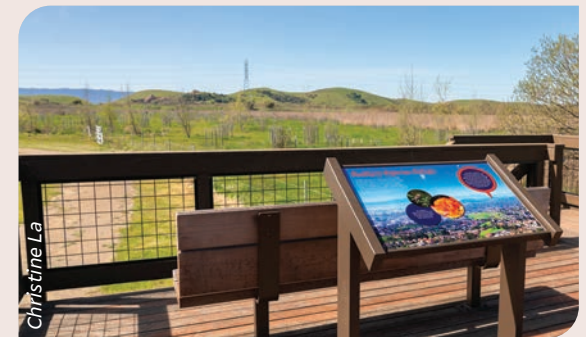
Wildfire Safety

While wildfire is a year-round concern in California, May traditionally marks the start of wildfire season. As the landscape shifts from spring green to summer gold, keep in mind that dry vegetation can ignite quickly and potentially spark a catastrophic fire — especially on high-wind days. Before visiting Regional Parks, check for the latest closure alerts and warnings at ebparks.org/alerts-closures.

The Park District reduces wildfire risk through vegetation management, including large-scale fuel reduction projects and routine maintenance. Learn more at ebparks.org/wildfire and ebparks.org/fire-safety.



Brandi Rollins



Coyote Hills Expansion is Open

Eleven years in the making, the Coyote Hills Regional Park Restoration and Public Access Project is complete. With new trails, wildlife-viewing areas, and improved parking, the park offers more to explore than ever before.

In 2014, the East Bay Regional Park District acquired the 296-acre Patterson Ranch property in Fremont through a donation from the Patterson family via the Regional Parks Foundation. A public land-use plan approved in 2019 focused improvements on approximately 170 northern acres, to balance habitat preservation with expanded recreation and education.

After decades of agricultural use, the parcel required significant restoration. Today, oak savanna, grassland, riparian forest, and seasonal wetlands are being reestablished through extensive native planting — more than 10,000 plants.

Seasonal wetlands created by reshaping the land now attract migratory birds, including avocets, stilts, herons, and egrets. Some stop for food. Others nest and rear their young.

Restoration efforts also support climate resilience. Native vegetation captures carbon and strengthens biodiversity, while wetlands increase water storage

during heavy rainfall, reducing flood risk. Managing invasive species further mitigates wildfire danger.

Access has improved significantly. A new 100-car parking lot includes EV charging stations, and utility upgrades now provide restrooms and drinking water. A new picnic area welcomes families and groups.

Multiuse trails connect to the Alameda Creek Regional Trail and the San Francisco Bay Trail, linking visitors directly to the Don Edwards San Francisco Bay National Wildlife Refuge. Three wildlife overlook platforms feature interpretive panels highlighting local habitats.



Animal & Farm Experiences



Fish Feeding

Crown Memorial State Beach, Alameda

Watch as staff feed the aquarium residents and learn about the Bay Area's diverse ecosystems and ocean creatures. Meet at the Visitor Center at Crab Cove. Drop-in; no registration required.

May & Jun (every Wednesday, Saturday, & Sunday) 3-3:30pm



Turtle Trek

Sunol Wilderness Regional Preserve, Sunol

In honor of World Turtle Day, take a 3.5-mile scenic hike to High Valley Pond in search of the western pond turtle, California's only native freshwater turtle. (Turtle sightings not guaranteed.) Expect 750 feet of elevation gain and uneven, rocky terrain. Ages 7 and up. Meet at the Visitor Center. Drop-in; no registration required.

May 10 (Sun) 9:30am-1pm

Cattle Corner

Ardenwood Historic Farm, Fremont

Curious about cows? Join us as we talk about these bovine beauties, play games, and check in with our farmer on why cows are such important animals to have on the farm. Drop-in; no registration required.

May 31 (Sun) 1:30-2:30pm

Otter Weekend

Big Break Regional Shoreline, Oakley

Play like otters in our hands-on stream tables and get creative with an otter craft. Use your imagination to learn more about one of the Delta's most charismatic mammals. Meet at the Visitor Center. Drop-in; no registration required.

Jun 6 & 7 (Sat & Sun) 11am-1pm



Insect Party

Tilden Nature Area, Berkeley

Find out what's buggin' in the Nature Area as we search for insects and view them under the microscope. Meet at the Environmental Education Center. Drop-in; no registration required.

Jun 13, 20, 27 (Sat) 11am-noon

Fabulous Frogs

Coyote Hills Regional Park, Fremont

Hop on over to learn about our little green friends, the Pacific chorus frogs. We'll make a frog craft you can take home. Meet at the Visitor Center. Drop-in; no registration required.

Jun 20 (Sat) 1-2pm

Volunteering

Sand Dune Habitat Restoration

Encinal Beach, Alameda

Several years ago, the Park District created a beautiful sand dune habitat at Encinal Beach with unique California native plants, providing food for wildlife. We need weed warriors to pull invasive weeds to keep the habitat healthy and attractive. Volunteers can also pick up trash at the beach that washes in with the tides. Ages 8 and up. Meet at Encinal Beach. Registration required.

May 16 (Sat) 1-3:30pm, program code 59035

Jun 6 (Sat) 2:30-4:30pm, program code 59054

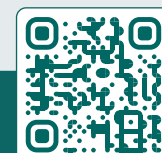


Let's Talk Trash

Del Valle Regional Park, Livermore

Learn about different concepts related to the waste cycle and how you can make a positive difference, then participate in litter pick-up and data collection. Ages 8 and up. Meet at the Visitor Center. Registration required; program code 59132.

Jun 8 (Mon) 9:30-11:30am



For all activities, visit ebparks.org/things-to-do

Nature Exploration & Conservation



Calli Godley

Botanic Garden Tours

Tilden Regional Parks Botanic Garden, Berkeley

Docent-led tours of the garden are available on non-rainy Saturdays and Sundays. Meet at the Visitor Center. Tour capacity is limited. Drop-in; no registration required.

May & Jun (Sat) 2pm, (Sun) 11am & 2pm

Low Tide Exploration

Crown Memorial State Beach, Alameda

Explore the diverse environment of the intertidal zone up close at low tide. Wear shoes that can get muddy. Rain cancels. Meet at the Visitor Center at Crab Cove. Drop-in; no registration required.

May 9 & 23 (Sat) 1:30-2:15pm

May 10 & 24 (Sun) 1:30-2:15pm

Sea Squirts

Crown Memorial State Beach, Alameda

Games, songs, and other activities for preschoolers get young ones excited about nature. Meet at the Visitor Center at Crab Cove. Registration required.

May 12 (Tue) 10:30-11:45am, program code 58747

Jun 9 (Tue) 10:30-11:45am, program code 58748

The Great Pollination Celebration Puppet Show



Coyote Hills Regional Park, Fremont

Your favorite pollinator puppets teach young observers about animals that are responsible for helping to grow the foods we eat. Meet at the Visitor Center. Drop-in; no registration required.

May 30 (Sat) 10:30-11am & 11:30am-noon

Full Moon Grunion Search

Crown Memorial State Beach, Alameda

A silver flash on the sand in the middle of the night? It's possible! During peak high tides that follow full and new moons, grunion—small, silvery fish famous for their remarkable beach-spawning runs—may ride the waves onto shore to lay their eggs. Grunion have been spotted at Crown Beach in the past. Will they return this season? Join us under the glow of the moon as we watch and wait for this rare and unforgettable natural spectacle. Timing depends on tides and conditions, making every run a unique coastal surprise. Ages 10 and up. Meet at the Otis Street parking lot. Registration required.

May 16 (Tue) 6-8:30pm. The program on this date is primarily educational, as the timeframe is much earlier than grunion typically appear. Participants are welcome to return for a midnight walk to look for grunion; program code 58752.

May 31 (Sun) 11:45pm-1:45am, program code 58782

Jun 29 (Mon) 11:45pm-1:45am, program code 58789



Kevin Damstra

Owl Pellets: Bones, Beaks, & Breakfast

Coyote Hills Regional Park, Fremont

Pick apart an owl pellet to examine what these birds eat. Wheelchair accessible. Meet at the Visitor Center. Drop-in; no registration required.

May 31 (Sun) 10-11am

Garden Scavenger Hunt

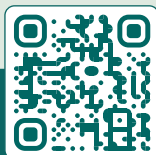
Coyote Hills Regional Park, Fremont

Play games as you look for plants and animals in the garden. Wheelchair accessible. Meet at the Visitor Center. Drop-in; no registration required.

Jun 14 & 28 (Sun) 10-11am



EBRPD Staff



Special Events & Community Gatherings



Day by the Water

Del Valle Regional Park, Livermore

Spend a fun-filled day at Del Valle celebrating all things water! Enjoy hands-on activities and games, explore the Mobile Fish Exhibit, and practice your casting skills. Take in the beauty of the lake on a naturalist-led boat tour (space is limited) and discover how water sustains both people and wildlife—and why protecting it matters for generations to come. Make a full day of it by bringing a picnic, relaxing along the shoreline, or heading out on nearby trails. Meet at the Visitor Center. Drop-in; no registration required.

May 2 (Sat) 10am-3pm

All Abilities Day

Ardenwood Historic Farm, Fremont

This inclusive program is designed for all abilities, offering something for everyone! Stroll along paved trails to visit farm animals, learn about crops, make a craft, tour the Patterson House, or enjoy a scenic train ride. ASL interpreters will be on-site. Drop-in; no registration required.

May 13 (Wed) 10am-2pm

Rail Fair

Ardenwood Historic Farm, Fremont

All Aboard! Rail Fair 2026 returns Memorial Day Weekend. Train enthusiasts of all ages can enjoy train rides, a variety of model and live steam trains, historic railroad equipment displays, live music, and more. Advance tickets are sold online through May 22. Program code 59089.

May 23-25 (Sat-Mon) 10am-4pm

Pride in the Park

Tilden Nature Area, Berkeley

Kick off Pride Month with a family-friendly celebration including crafts and activities. All are welcome. Meet at the Environmental Education Center. Drop-in; no registration required.

Jun 6 (Sat) 11am-3pm

Bird & Butterfly Festival

Coyote Hills Regional Park, Fremont

Enjoy garden tours, family activities, music, and special presentations while learning how people can support healthy pollinator habitats for butterflies, birds, and other native species across the Bay Area. Meet at the Visitor Center. Drop-in; no registration required.

Jun 7 (Sun) 10am-3pm



Anthony Chabot Campfires

Anthony Chabot Regional Park, Castro Valley

Each week, a naturalist leads after-dark fun around the campfire including a nature-themed story on a rotating series of topics, games, songs, and s'mores. Meet at the campground amphitheater. Drop-in; no registration required.

May 23 (Sat) Animals of the Parks, 8-9pm

May 30 (Sat) Animals of the Night, 8-9pm

Jun 6 (Sat) Bay Area Bats, 8-9pm

Jun 20 (Sat) Go to Bat for Bats, 8-9pm

Jun 27 (Sat) Bald Eagles, 8-9pm

Community Campfire

Big Break Regional Shoreline, Oakley

Bring a picnic dinner to enjoy as the sun sets. Then, learn about local nature during staff-led stories and activities followed by s'mores. Drop-in; no registration required.

Jun 13 (Sat) 6:30-8pm

Dumbarton Quarry Campfires

Dumbarton Quarry Campground, Fremont

Bundle up and settle in for an evening of captivating stories, hands-on activities, and delicious s'mores under the night sky. Wheelchair accessible. Meet at the amphitheater. Drop-in; no registration required.

May 30 (Sat) Spiders, 8:30-9:30pm

Jun 6 (Sat) San Francisco Bay Stories, 8:30-9:30pm

Jun 13 (Sat) Summer Camp Style Games and Songs, 8:30-9:30pm

Jun 20 (Sat) Conchas and Seashells, 8:30-9:30pm

Jun 27 (Sat) Animal Superpowers, 8:30-9:30pm

Hay Harvest

Ardenwood Historic Farm, Fremont

Join in the fun of an old-fashioned hay harvest. Learn about historic farming equipment, make some hay crafts, and help bring in this year's crop. Take a relaxing wagon ride out to the hay field and help load up the wagon so we can haul it back to the hay boom. Drop-in; no registration required.

Jun 14 (Sun) 10:30am-3:30pm

All Abilities Day

Crown Memorial State Beach, Alameda

Stroll the shoreline of Crown Beach and enjoy activities specifically designed for all abilities. At the Visitor Center, learn about local animals and nature through hands-on activities at booths and along the trail. Food truck fare available for purchase. The Park District is collaborating with NatureTrack and BOP Adaptive Sports & Recreation to provide wheelchair users with the opportunity to traverse the beach independently using a Freedom Trax Device (no fee). Park in the Otis Lot and meet at the Bath House. Shuttle service from the Otis Lot to the Visitor Center is available. Registration is not required to attend the event, but reservations for 1-hour time slots with Freedom Trax devices are recommended; use the program codes below.

Jun 13 (Sat) 11am-noon, program code 59016

Jun 13 (Sat), noon-1pm, program code 59017

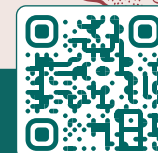
Jun 13 (Sat), 1-2pm, program code 59018

Sandcastle & Sculpture Contest

Crown Memorial State Beach, Alameda

Enjoy a day at Crown Beach building a unique work of sand art or admiring others' creations. Categories include castles and sculptures by youth, families, and adults. Activities occur near the Otis Street entrance. Drop-in; no registration required.

Jun 20 (Sat) 9am-1pm



For all activities, visit ebparks.org/things-to-do

Boating

Del Valle Boat Tour

Del Valle Regional Park, Livermore

It's a free park day in honor of Juneteenth. Explore how water, wildlife, and wilderness intersect on a boat tour of the lake. The boat has a shade canopy and provides partial cover. Dress in layers and bring binoculars. Ages 2 and up. Same tour is offered three times this day. Meet at the marina. Registration required.

Jun 19 (Fri) 9-10:30am, program code 59109

Jun 19 (Fri) 11am-12:30pm, program code 59110

Jun 19 (Fri) 2-3:30pm, program code 59111

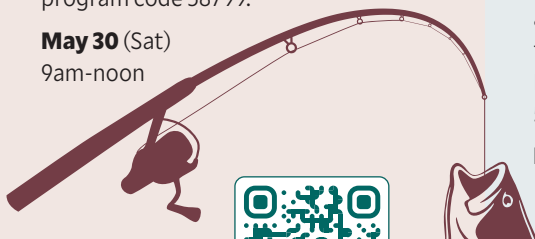
Fishing

Bass Fishing Intermediate

Contra Loma Regional Park, Concord

This hands-on course covers lure selection, bait-casting fundamentals, reading water conditions, and fish behavior. Ideal for anglers with basic experience, the program offers guided practice and expert instruction. Gear and bait provided. Adult fee: \$25 (adult non-resident \$29). Child fee: \$21 (child non-resident \$25). California state fishing license required for participants age 16 and up. Registration required; program code 58799.

May 30 (Sat)
9am-noon



Guided Hikes & Walks

Trails Challenge Hike: Brushy Peak

Brushy Peak Regional Preserve, Livermore

Check off one of the 2026 Trails Challenge hikes (ebparks.org/trails-challenge) on this guided trek. Learn about native California plants as we travel 5 miles with about 950 feet of elevation gain with some steep sections. Terrain is primarily firm. Pack a lunch to enjoy on a break. Ages 13 and up. Meet at the Laughlin Ranch Staging Area. Registration required; program code 59138.

May 3 (Sun) 9am-1:30pm



Who Built the Sibley Labyrinth?

Sibley Volcanic Regional Preserve, Oakland

She built the Sibley labyrinth "as a gift to the world" in 1989. On a 3-mile hike, join Helena Mazzariello, the original builder, as she unravels mysteries and myths about labyrinths, their spiritual properties, and how she created this one. Staff will discuss natural history and how this site provided an amazing location that inspired the labyrinth's creation. Expect an elevation gain up to 250 feet and dirt trails. Ages 10 and up. Meet at the Main Staging Area; limited parking. Registration required; program code 58872.

May 9 (Sat) 10:30am-12:45pm

Cemetery Stroll

Black Diamond Mines Regional Preserve, Antioch

Costumed staff will regale you with stories of an early miner, their mate, and tales of tragic fate. Ages 7 and up. From the upper parking lot, hike about a half-mile to the Rose Cemetery site. Elevation gain of about 300 feet. Victorian era attire is encouraged. Drop-in; no registration required.

May 3 (Sun) 9:30-11am

Jun 13 (Sat) 9:30-11am

Wednesday Walks

Various parks

Enjoy changing landscapes and vistas as you hike your way through the East Bay Regional Park District. Each trip offers new sights and trails. Visit the event calendar at ebparks.org for route details and meet-up locations. Drop-in; no registration required.

May 20 (Wed) Vargas Plateau, Fremont, 9:30am-12:30pm

Jun 17 (Wed) Five Canyons Open Space, Castro Valley, 8:30-11:30am



Trails Challenge Hike: Don Castro

Don Castro Regional Recreation Area, Hayward

Check off one of the 2026 Trails Challenge hikes (ebparks.org/trails-challenge) on this guided trek around the lake. Discover how changes shape the natural world as we learn why the lake at Don Castro is one of the East Bay's best examples of nature in motion. The hike is 1.7 miles with 82 feet of elevation gain and dirt trails that can get muddy after rains. Drop-in; no registration required.

May 24 (Sun) 10-11am



The Wonders of Plant Galls

Black Diamond Mines Regional Preserve, Antioch

Ever notice strange spheres, diamonds, or star-shaped growths on leaves and branches? These curious forms are called galls—remarkable structures created through intricate relationships between plants and animals. Though often hidden in plain sight, they tell fascinating stories of adaptation, manipulation, growth, and reproduction. This 2- to 3-mile walk will involve some moderate inclines up to 500 feet in elevation gain and mixed terrain. Ages 8 and up. Meet at the upper parking lot. Drop-in; no registration required.

Jun 14 (Sat) 9:30-11am

Guided Hikes & Walks



Butterfly Spring

Various parks

Now is the perfect time to dive in and explore the parks in search of fluttering friends. From the tiny Pygmy Blue to the majestic Tiger Swallowtail, from the Mournful Duskywing to the Great Purple Hairstreak — and everything in between — we'll discover the remarkable diversity of late-spring butterflies. Along the way, we'll learn about butterfly families, habitats, and host plants. As we scan blooming wildflowers, we'll also watch for native bees, moths, and perhaps a few visiting songbirds. Hikes will be up to 5 miles and involve up to 1,000 feet of elevation gain, depending on location. Bring binoculars. Ages 8 and up. Drop-in; no registration required.

Sibley Volcanic Regional Preserve, Oakland

May 31 (Sun) 9am-12:30pm. Meet at the Eastport Staging Area in Orinda.

Sibley Volcanic Regional Preserve, Oakland

Jun 14 (Sun) 9am-12:30pm. Meet at the Old Tunnel Road Staging Area in Orinda.

Reinhardt Redwood Regional Park, Oakland

Jun 28 (Sun) 8:30am-noon. Meet at the Canyon Meadow Staging Area.

Bob Walker Hike with Pride

Morgan Territory Regional Preserve, Livermore

In celebration of Pride Month, the Park District honors an East Bay legend, Bob Walker, a man who accomplished great things with his meaningful photography and ambitious attitude. We will hike 3 miles in one of Walker's favorite places in the world, Morgan Territory Regional Preserve. Be prepared for hot weather and uneven terrain with up to 500 feet of elevation gain. Ages 7 and up. Meet at the Morgan Territory Staging Area. Registration required; program code 59139.

Jun 7 (Sun) 8:30-11:30am



Canine Capers

Shadow Cliffs Regional Park, Pleasanton

Dog lovers, unite! Bring your furry friend (on leash) and join us for a group hike in the great outdoors. This monthly adventure invites you to nurture both your inner and outer selves as we explore park trails and learn about the natural world around us. Expect about a 3.5-mile adventure with up to 1,000 feet of elevation gain on uneven terrain. Ages 8 and up. Meet at the Interpretive Pavilion. Registration required; program code 58688.

Jun 13 (Sat) 9-11am



Juneteenth Walk

Thurgood Marshall Regional Park – Home of the Port Chicago 50, Concord

Honor Juneteenth with a meaningful walk through the not-yet-open Regional Park. This special program uplifts the powerful stories of Black history, civil rights, and the ongoing fight for freedom connected to this landscape. Join a 1.5-mile walk on mostly paved surface and listen to stories of the legacy of the Port Chicago 50 and the broader struggle for justice and equity. Ages 10 and up. Registration required.

Jun 19 (Fri) 10am-1pm, program code 59233

Signs of Summer Walk

Coyote Hills Regional Park, Fremont

Look for the seasonal changes that signal summer's arrival. Discover how plants, animals, and the landscape respond to longer days, warmer temperatures, and drier conditions. This walk will be up to 2 miles with slight elevation gain on mixed terrain. Meet at the Visitor Center. Drop-in; no registration required.

Jun 21 (Sun) 10:30-11:30am

Women in Wilderness: Nocturnal Journal Stroll

Sunol Wilderness Regional Preserve, Sunol

Explore the park after dark as you learn techniques for nature journaling. A naturalist guides this slow-paced stroll along Camp Ohlone Road as the sun sets. We'll make stops along the way to observe the changing sights and sounds. Ages 18 and up. Meet at the Camp Ohlone Road Trailhead. Registration required; program code 58701.

Jun 27 (Sat) 8:30-10:30pm



For all activities, visit ebparks.org/things-to-do



Story Time

Crown Memorial State Beach, Alameda

Dive into a world of wonder and imagination and participate in a themed coloring activity. Visitor Center at Crab Cove. Drop-in; no registration needed.

May & Jun Fridays, 10:30-11am



Gyotaku Fish Prints

Del Valle Regional Park, Livermore

In honor of Asian American and Pacific Islander Heritage Month, we're making gyotaku fish prints, a 200-year-old art form created by Japanese fishermen. Meet at the Visitor Center. Drop-in; no registration required.

May 3 & 17 (Sun) 1:30-3pm

May 9 & 16 (Sat) 1:30-3pm

Mother's Day at the Farm

Ardenwood Historic Farm, Fremont

Celebrate the special people in your life with fun family-friendly activities. Create a flower crown, design a special Victorian-style card, and play a game of croquet or bocce ball. Drop-in; no registration required.

May 10 (Sun) 10am-3pm

Mother's Day Pine Nut Jewelry

Coyote Hills Regional Park, Fremont

Celebrate Mother's Day by creating a bracelet and earrings out of pine nuts. Learn how the Ohlone people have traditionally and continue to utilize this natural resource. Wheelchair accessible. Meet at the Visitor Center. Drop-in; no registration required.

May 10 (Sun) 1-2pm

Outdoor Discoveries



Sunol Wilderness Regional Preserve, Sunol

This monthly program series encourages young participants to learn about science and nature. The program consists of a lesson followed by a craft or activity. The theme for May is ground squirrels. Tailored to ages 4-8. Meet at the Visitor Center. Registration required; program code 58691.

May 11 (Mon) 10:30am-noon

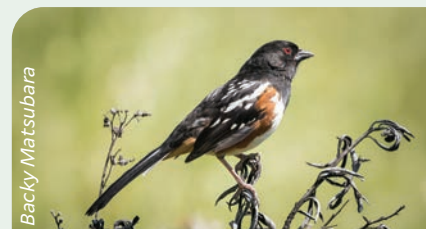
Craftin' & Birdin'

Black Diamond Mines Regional Preserve, Antioch

Complete an artistic bird craft with paper while learning about our feathered friends. All ages welcome. Meet at the upper parking lot. Drop-in; no registration required.

May 17 (Sun) 1:30-3pm

Jun 13 (Sat) 1:30-3pm



Felted Acorns

Tilden Nature Area, Berkeley

Learn how wool, soap, and water make a fun nature-inspired craft. Meet at the Environmental Education Center. Drop-in; no registration required.

May 23 (Sat) 11:30am-12:30pm



Dyeing with Nature

Sunol Wilderness Regional Preserve, Sunol

Explore extracting color from nature using different plants, whether found locally or from afar. We'll locate some of these plants on a 1-mile hike, then get our hands dirty learning the dye process and coloring an item to take home. All materials provided. Ages 16 and up. Bring a bag lunch. Meet at the Visitor Center. Registration required; Program code 58683.

May 31 (Sun) 9:30am-3pm

Watercolor in the Nectar Garden

Coyote Hills Regional Park, Fremont

Spend a peaceful weekend afternoon in the tranquil Nectar Garden and nurture your inner artist through watercolor painting. With flowers at their vibrant peak—providing rich nectar for pollinators and a stunning palette for us—there's no shortage of inspiration. Supplies will be provided, or feel free to bring your own favorite materials. Meet at the Visitor Center. Drop-in; no registration required.

May 31 (Sun) 1-2:30pm

Ohlone Cultures

Sunol Wilderness Regional Preserve, Sunol

The Sunol Wilderness is an important place to the Ohlone Peoples. Learn about the rich cultural history of the first people who have called this place home since time immemorial and gain appreciation for their thriving lifestyle. Program includes a presentation and guided walk. Ages 10 and up. Meet at the Visitor Center. Drop-in; no registration required.

Jun 20 (Sat) 1-3pm



Impressions of Spring: Botanical Printing

Sunol Wilderness Regional Preserve, Sunol

Welcome spring through Tataki Zomé, the Japanese art of pounding plant pigments into cloth. We'll enjoy a wildflower walk on a 1.5-mile loop with about 300 feet of elevation gain on uneven terrain. Then, craft a vibrant bandana to bring home. Registration required; program code 58698.

Jun 28 (Sun) 10am-12:30pm





Black Birders Week

Black Birders Week is a nationwide movement that began in 2020 to celebrate and amplify Black voices in birding and the outdoors, while fostering visibility, safety, and belonging in natural spaces. In celebration this year, naturalists are leading bird watching excursions at sites throughout the Park District. Along the way, we'll reflect on the importance of representation in outdoor recreation and the power of community in conservation. All are welcome.

Thurgood Marshall Regional Park – Home of the Port Chicago 50, Concord

Guided hike – about 1 mile and about 300 feet of elevation gain on mixed terrain. This park is not yet open regularly to the public. Be on time for a prompt departure from the locked gate on Bailey Road; GPS: 37.97648, -121.96083. Drop-in; no registration required.

May 24 (Sun) 9-11:30am

Big Break Regional Shoreline, Oakley

Guided hike up to 2 miles on mostly flat terrain (paved and unpaved). Drop-in; no registration required.

May 25 (Mon) 9-11am

Shadow Cliffs Regional Park, Pleasanton

A walk at dusk to look for owls and herons. Up to 2 miles and 500 feet of elevation gain on dirt trails. Bring a headlamp or flashlight. Drop-in; no registration required.

May 28 (Thu) 6:30-9pm



Hayward Regional Shoreline, Hayward

Walk about 2 miles on flat dirt trails to observe marsh and shorebirds in the golden hours before sunset. Meet at the W. Winton Avenue Staging Area. Drop-in; no registration required.

May 29 (Fri) 6-8pm

Temescal Regional Recreation Area, Oakland

Guided walk along the lake, up to 1 mile on mostly flat dirt trails. Meet at the north parking lot. Drop-in; no registration required.

May 30 (Sat) 9-11:30am

Bagels with Bay Gulls

Coyote Hills Regional Park, Fremont

Enjoy a bagel and join a 2-mile stroll to observe shore birds. All ages and skill levels welcome. Meet at the Visitor Center. Drop-in; no registration required.

May 3 (Sun) 9-11am



Coffee, Then Birds

Crown Memorial State Beach, Alameda

Start the day with freshly brewed coffee and snacks, then stroll around the park to discover which of our feathered companions are out and about. We'll listen for songs and look for nests and young birds. Ages 7 and up. Meet at the Visitor Center at Crab Cove. Drop-in; no registration required.

May 10 & 24 (Sun) 8-10am

Jun 7 & 21 (Sun) 8-10am

The Early Birder Sees the Bird

Coyote Hills Regional Park, Fremont

Explore the wonders of the avian world at Coyote Hills and observe both year-round residents and summer visitors in their natural habitat. Beginners and experienced birders are welcome. We'll walk up to 2 miles with up to 500 feet of elevation gain and mixed terrain. Meet at the Visitor Center. Drop-in; no registration required.

May 17 (Sun) 8-9:30am



Return of the Terns

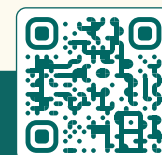
Crown Memorial State Beach, Alameda

Enjoy a special day honoring the endangered California least tern and its remarkable comeback at the largest colony in Northern California. Enjoy an engaging outdoor presentation about their fascinating behaviors and conservation success story at 10:15am, 11:30am, or 12:45pm. Reserve your seat for an exclusive tour of the protected nesting site—home to hundreds of tern pairs and their chicks—accessible only by tour bus (ages 8 and up; space is limited). Buses depart from the Visitor Center at Crab Cove immediately following each presentation. Experts aboard will interpret tern behavior and answer questions along the way. At 3pm, join a naturalist at Crab Cove to watch these agile seabirds in action as they dive and fish along the shoreline (all ages welcome; binoculars available to borrow). Registration required for bus rides to the refuge.

Jun 27 (Sat) 11am bus, program code 58805




Jun 27 (Sat) 12:15pm bus, program code 58806

Jun 27 (Sat) 1:30pm bus, program code 58807



East Bay Regional Park District

2950 Peralta Oaks Court, Oakland, CA 94605-0381

General Information..... 1-888-EBPARKS (1-888-327-2757)
 Activities, Events, Maps, and More..... ebparks.org
 Camping and Picnic Reservations 1-888-EBPARKS
 Naturalist and Recreation Programs 1-888-EBPARKS
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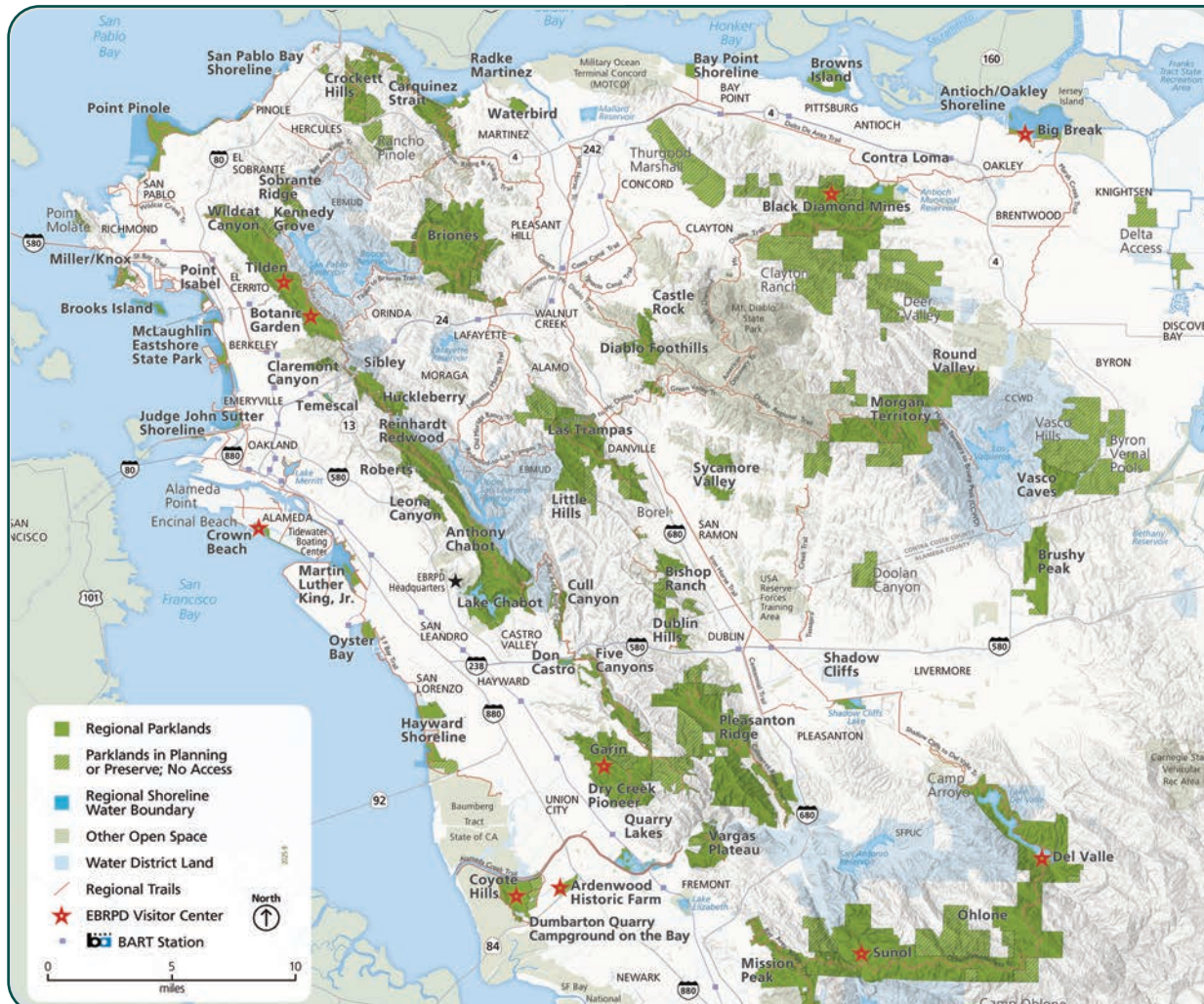
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510-544-2220 | regionalphoundations.org



2950 Peralta Oaks Court
 Oakland, CA 94605-0381
ebparks.org



Visitor Centers

Ardenwood Historic Farm, Fremont
 510-544-2797, awvisit@ebparks.org

Big Break Regional Shoreline, Oakley
 Big Break Visitor Center at the Delta
 510-544-3050, bigbreakvisit@ebparks.org

Black Diamond Mines Regional Preserve, Antioch
 Greathouse Visitor Center
 510-544-2750, bdvisit@ebparks.org

Coyote Hills Regional Park, Fremont
 510-544-3220, chvisit@ebparks.org

Crown Memorial State Beach, Alameda
 Doug Siden Visitor Center at Crab Cove
 510-544-3187, ccove@ebparks.org

Del Valle Regional Park, Livermore
 510-544-3146, dvvisit@ebparks.org

Garin/Dry Creek Pioneer Regional Parks, Hayward
 510-544-3220, chvisit@ebparks.org
 Visitor Center open summer Saturdays

Sunol-Ohlone Wilderness Regional Preserve, Sunol
 510-544-3249, svisit@ebparks.org
 Open weekends

Tilden Regional Park, Berkeley
 Regional Parks Botanic Garden
 510-544-3169, bgarden@ebparks.org

Tilden Regional Park, Berkeley
 Tilden Nature Area/Environmental Education Center
 510-544-2233, tnarea@ebparks.org