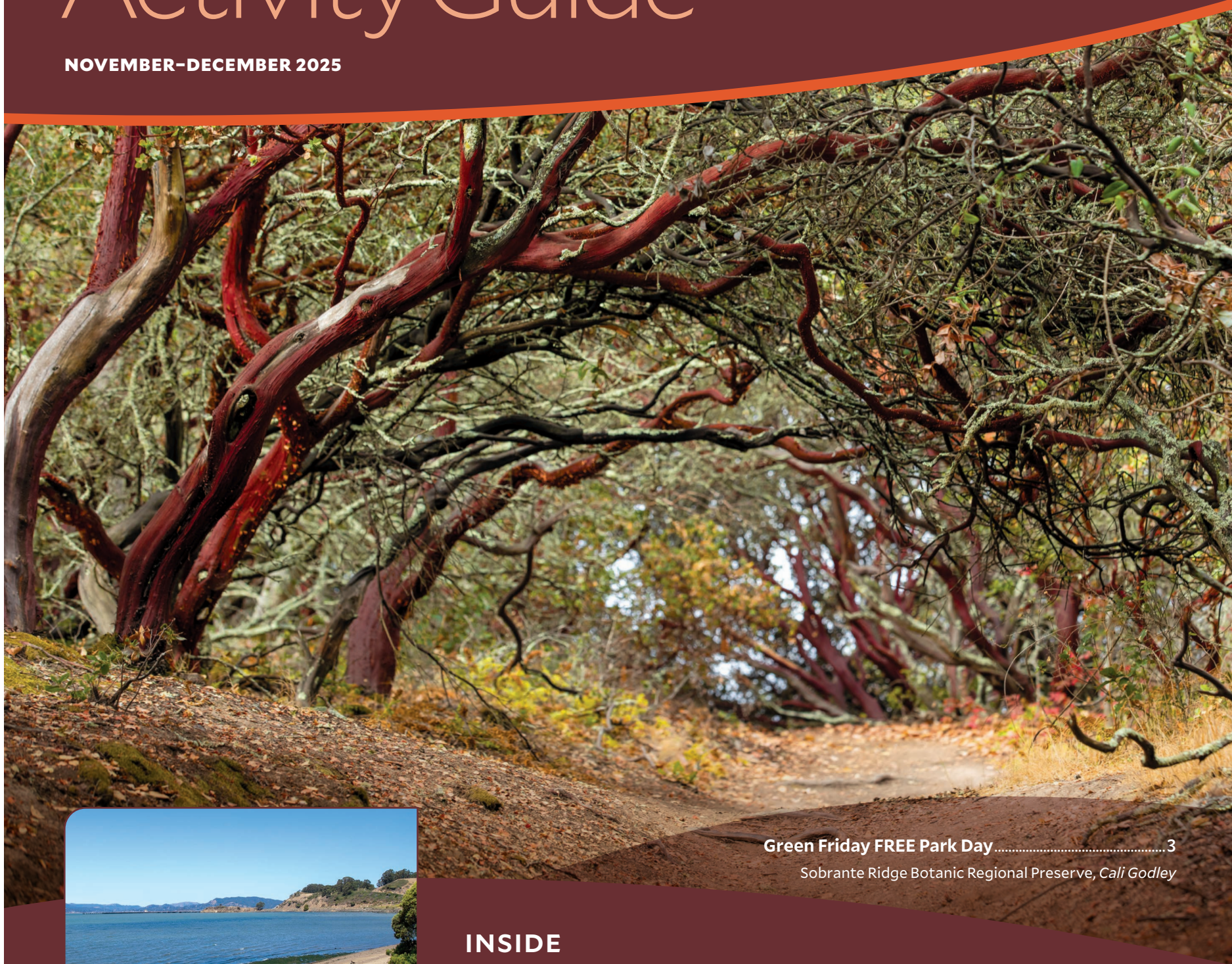


Regional in Nature

Activity Guide

NOVEMBER–DECEMBER 2025

East Bay
Regional Park District



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General Manager's Message

Keeping People & Parks Safe

At the East Bay Regional Park District, safety is top of mind in all that we do. Our Public Safety Division works tirelessly each day to protect park visitors, safeguard natural resources, and support the surrounding communities. With dedicated police, fire, and lifeguard services, the Division responds quickly to emergencies, reduces risks, and ensures peace of mind for all who enjoy Regional Parks.



Full Police Staffing

In August, the Park District reached 100% staffing for sworn police officers. With all 76 positions filled, the department is better prepared than ever to deliver on its high standards for service and safety.

Wildfire Safety Progress

The Park District recently completed fuels reduction on 667 acres at Anthony Chabot Regional Park, with more projects planned. A 16-person fuels crew works year-round on vegetation management, while goats, sheep, and cattle graze over 86,000 acres annually.

Through prevention, preparedness, and response, we are dedicated to keeping Regional Parks safe and welcoming for all.

Sabrina Landreth

General Manager
East Bay Regional Park District



District Plan



District Plan Survey Results

The Park District is preparing its next District Plan, a long-term roadmap to guide the future of East Bay Regional Parks. The first round of public engagement, held this past spring and summer, drew a strong response. Nearly 5,800 community members participated in an online survey to share their ideas and priorities for the future of Regional Parks. The District Plan team has carefully reviewed this feedback, identifying key themes and community values to inform the next phase of engagement. Learn more about what we heard — and how you can continue to help shape the future of Regional Parks — at ebparks.org/district-plan.

Regional Parks Foundation

One in a Million Moments. Made Possible by You.

Join the Regional Parks Foundation's effort to leave a legacy of vibrant parks, thriving wildlife, and healthy communities to future generations. Be part of the community that raises \$1 million annually to support East Bay Regional Parks! Visit RegionalParksFoundation.org/mil to join the campaign.



Park District Gets New Technology to Fight Wildfires



Las Trampas Wilderness Regional Preserve

The Park District has joined the statewide ALERTCalifornia wildfire camera network, which uses cutting-edge technology to identify wildfires, provide early detection, and enhance situational awareness. Cameras can rotate 360 degrees and use artificial intelligence to identify possible smoke — with alerts sent to emergency command centers and firefighters. The ALERTCalifornia network can be viewed at alertcalifornia.org.



Tilden Regional Preserve

Park District Acquires Point Molate Property for Future Regional Park

The East Bay Regional Park District has acquired 82 acres at Point Molate in Richmond — a remarkable achievement for the entire Bay Area.

For decades, residents and community leaders have envisioned transforming the historic Point Molate shoreline into a park that preserves natural and cultural resources and provides access to the bay. The property holds significant environmental and cultural history, including Native American sacred sites, a historic Chinese fishing village, and Winehaven, once known as the world's largest winery.

The Park District purchased the property from the Guidiville Rancheria of California for \$40 million. Funding for the purchase included \$36 million in state funds secured by former state Sen. Nancy Skinner and \$4 million from the Park District's voter-approved revenue measures AA and WW.

Planning for the new park is expected to take several years and will include significant public engagement.

Green Friday Free Park Day

Celebrate Green Friday — the day after Thanksgiving — with free admission to Regional Parks! Enjoy waived fees for parking, boat launching, fishing, and entry to Ardenwood Historic Farm — only state fishing licenses, watercraft inspections, and concession fees apply.



Submit Your Trails Challenge Log Today!

Whether it's one last trail or just a few miles, now's the time to lace up, head out, and complete your 2025 Trails Challenge journey. Trail logs are due by Dec. 31.

Celebrate Your Achievement
Finishers receive a commemorative pin (while supplies last) and are automatically entered into

a monthly prize drawing for AllTrails gear, bandanas, and Regional Parks Foundation memberships.

Participants who complete all 20 trails earn the exclusive

All-20 Club patch, and age-based finisher patches include: Pathfinder (ages 0-9), Junior Trailblazer (ages 10-12), Trailblazer (ages 13-18), and Timeless Trekker (age 65 and older).

Visit ebparks.org/trails-challenge for more information.





VISITOR INFORMATION

Now through Spring 2026, the Botanic Garden hours are 8:30am to 5pm. Entry and parking are free. Pets are not allowed in the garden. The garden is closed Thanksgiving, Christmas, and New Year's Day.

Request a free monthly Botanic Garden e-newsletter at nativeplants.org or at bgarden@ebparks.org.

Note: South Park Drive will be closed **Nov. 1** through **Apr. 1** to protect the newt crossing.



FREE WEEKEND & HOLIDAY TOURS

Docent-led tours of the garden are available on non-rainy Saturdays and Sundays. Drop-in; no registration required. Capacity is limited.

Saturdays, 2pm (visitor center)

Sundays, 11am & 2pm (visitor center)

WAYNE RODERICK LECTURES

Free public lectures are held at the Visitor Center at 10:30am every Saturday from **Nov. 1** to **Mar. 1**. Check nativeplants.org for topics, schedules, and updates.

GARDEN GREETER TRAINING

Learn to be a Garden Greeter and welcome visitors to the Botanic Garden on weekends and holidays. The next two-day training course is **Nov. 8** and **26**, 9-11am. Contact bgarden@ebparks.org for more information or to sign up.

CALIFORNIA NATIVE PEOPLE & PLANTS TOUR

Visit the Botanic Garden for a special family-friendly tour, California Native People and Plants. Participants will observe Native American artifacts made from plants and learn about plants that are also food sources. Also, play the traditional Miwok game of staves, grind acorns, and wash hands with soap root. Rain cancels.

Nov 2 (Sun) 2-3pm (visitor center)



VETERANS DAY OPEN HOUSE

Crab Cove was a maritime academy during WWII. Dirigibles flew, men practiced rowing, and what today is the Visitor Center then served as an infirmary. Honor veterans by taking a self-guided history walk around the park, enjoying a historic photo display, or making a craft with a loved one. Drop-in; no registration required.

Nov 11 (Tue) 1-4pm



CRAFTING FOR ADULTS AND TEENS

Learn how to make simple but elegant crafts for the holidays, including beeswax candles and soap. Get creative with gift wrapping using rubber stamps, old calendars, newspapers, or items from nature. For participants ages 12 and up. Drop in; no registration required.

Dec 13 (Sat) 9:30am-12:30pm





WOODRAT WONDERLAND

Rat-a-tat-tat...what's that? Ever wonder who makes the piles of sticks in parks or who skitters through the trees at night? Come discover the world of the dusky-footed woodrat. Learn more about this amazing rodent on a leisurely stroll through the park in search of their clues. Parent participation required. Drop-in; no registration required.

Nov 2 & 16 (Sun) 12-1:30pm



LICHEN PALETTES

Lichens are everywhere in nature — on trees, rocks, and even some buildings. But what exactly are they, and why do they matter? Join a guided hike through the park in search of these wonders hidden in plain sight. Parent participation required. Drop-in; no registration required.

Dec 7 & 21 (Sun) 11am-noon



Salamanders With Fireproof Fur?

Thousands of years ago, many believed that salamanders were born in fire or could extinguish it. They also thought if salamander blood was rubbed onto the body, a person could become fireproof.

The legendary Marco Polo heard stories of a mystical fireproof cloth made of salamander wool. But was there ever such a thing as a hairy salamander? Salamander wool was actually the name of an ancient type of fabric woven from asbestos fibers, which are naturally fire resistant. No one knows where or why these fanciful ideas originated, but they were strangely widespread around the world.

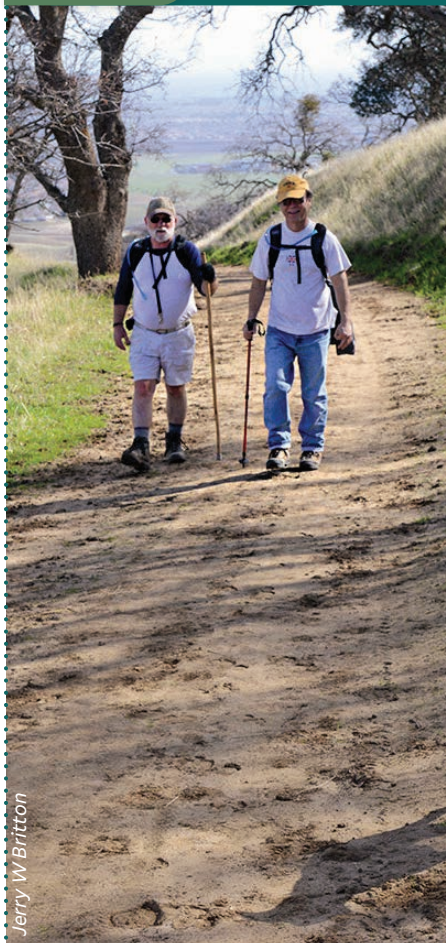
Even without all those mystical qualities of yore, salamanders are still fascinating creatures. Take one local salamander, the yellow-eyed ensatina, *Ensatina eschscholtzii xanthoptica*, which does

not have lungs but breathes through its skin and the tissues in its mouth. It has a golden flake at the top of each eye, hence the name. If threatened, the ensatina performs a swaying warning dance and exudes milky poison from glands on its tail and head for protection. A healthy and fortunate ensatina might prowl the rainy woodlands for up to 15 winters.

It appears that salamanders do indeed have some amazing attributes and powers. Even today, another local salamander, the California newt, can perform a truly incredible feat: closing South Park Drive in Tilden Park each year! Because these animals are known to migrate across the road in great numbers, the road is closed to vehicle traffic from November through March.



FEATURED PROGRAMS
Black Diamond

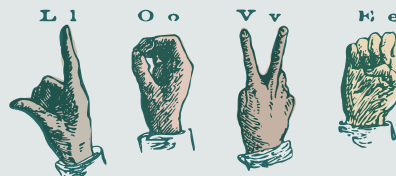


Jerry W Britton

GREEN FRIDAY HIKE

Enjoy the crisp, fresh air and admire the fall colors on a beautiful hike through diverse chaparral. Bring curiosity and share gratitude while connecting with nature and each other on this naturalist-led hike of 2-3 miles. The trail includes steep, uneven, unpaved terrain with 400 to 500 feet of elevation gain. Drop-in; no registration required.

Nov 28 (Fri) 9-11am (upper parking lot)



WINTER ASL WALKS

Black Diamond Mines Regional Preserve offers programs alongside American Sign Language (ASL) interpreters on a quarterly basis. The winter ASL walk uncovers the forgotten history of the coal mines and surrounding communities. With the help of historic photos, maps, and markings on the landscape, this 1-mile walk pieces together a past that enabled California's rise in the global economy. Drop-in; no registration required.

Dec 21 (Sun) 10-11:30am & 1-2:30pm (upper parking lot)

FEATURED PROGRAMS
Contra Loma

BENEFITS OF BIRDING

Discover how birding can reduce stress, boost mood, and support movement and mindfulness. Participants will enjoy a gentle walk and quiet observation, slowing down to tune in to the sights and sounds of local birds. A few binoculars will be available, but participants are encouraged to bring their own. For participants ages 10 and up. Drop-in; no registration required.

Dec 28 (Sun) 9:30-11:30am (end of Fredrickson Lane)



Davor Desancic

FEATURED PROGRAMS
Big Break



COMMUNITY CAMPFIRE

Gather the family for an evening in the park. Explore the wonders of Big Break through activities and a campfire (and s'mores, of course)! Drop-in; no registration required.

Dec 13 (Sat) 4-5:30pm (visitor center; theme is winter adaptations)

ART IN THE PARK

Be inspired by the natural setting of Big Break to create a new art piece. Use watercolors, chalk, and nature itself as media. Drop-in; no registration required.

Dec 30 (Tue) 11am-1pm (pier and discovery map)



NEW YEAR'S EVE HIKE

Ring in the new year with a refreshing morning hike along the Delta. Walk through the wetlands and trails of Big Break, reflecting on the past year and setting intentions for the one ahead. Enjoy crisp air, scenic views, and the chance to spot winter wildlife. The hike is 1.5 miles on paved and natural-surface trails. Drop-in; no registration required.

Dec 31 (Wed) 10-11am (visitor center)



Richard Evans



FEATURED PROGRAMS

Morgan Territory & Brushy Peak

NATIVE AMERICAN HERITAGE MONTH HIKES

Celebrate Native American Heritage Month with special hikes at Morgan Territory and Brushy Peak in recognition of the first stewards of the land and those who have lived in the Bay Area since time immemorial. Explore the rich history of the land and learn about the plants and animals that call each park home. Registration required.

Nov 23 (Sun) 9:30am-12:30pm
(Morgan Territory)

Nov 30 (Sun) 9:30am-12:30pm
(Brushy Peak)



Call Godley

FEATURED PROGRAMS

Del Valle

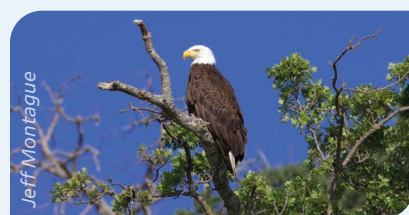
BARN OWL BOX PROJECT

Learn about owls and observe what they have left behind as barn owl boxes are prepared for next year's inhabitants. This service project involves climbing a ladder to clear out last year's nest and then surveying the debris to determine what and how much the owls ate. For participants ages 10 and up. Parent participation required. Registration required.

Nov 28 (Fri) 9am-noon
(campground store)

Nov 29 (Sat) 9am-noon
(campground store)

Dec 7 (Sun) 9am-noon
(visitor center)



Jeff Montague

FAMILY BIRD SEARCH

Try to spot as many birds as possible. Learn what noises birds make, what food they eat, and why they are at Del Valle. A few binoculars will be available, but participants are encouraged to bring their own. The program follows an easy, short, paved path. Drop-in; no registration required.

Dec 6, 13, & 27 (Sat) 10-11:30am
(marina)

OAK WONDERLAND HIKE

Oak woodlands are a thriving community that many animals depend on. Discover the special ways animals and plants interact with oak trees on this moderate 3.5-mile hike. Registration required.

Nov 22 (Sat) 9am-noon
(visitor center)



WOMEN IN WILDERNESS HIKE

Parks not only connect people with nature but can also help build community. Explore nature and unite with people on the trails of the Sunol Wilderness. Drop-in; no registration required.

Nov 29 (Sat) 10am-12:30pm (Canyon View Trail; 3.5 miles)

Dec 27 (Sat) 10am-12:30pm (Indian Joe Trail; 4 miles)

MISSION PEAK PEEK HIKE

The Sunol Regional Wilderness is an important habitat for many plants and animals. Explore the wilderness and its many splendors on this 10-mile, moderate hike to Mission Peak and back. Registration required.

Nov 8 (Sat) 8:30am-4pm
(visitor center)



Michael Short

SEASONS FAMILY STROLL

Enjoy a family-friendly stroll highlighting the changes of the season. And savor a warm cup of hot chocolate while learning how animals stay warm during the winter months. Drop-in; no registration required.

Nov 30 (Sun) 10am-12:30pm
(visitor center)



Denise Okeson

END OF THE YEAR REFLECTION HIKE

Reflect on 2025 and start the new year ready to connect to nature. Explore this 3-mile moderate hike through the breathtaking hills of Sunol. The elevation gain is 500 feet. Drop-in; no registration required.

Dec 21 (Sun) 9:30am-1pm
(visitor center)

For all activities, visit ebparks.org/things-to-do





Davor Desancic

GREEN FRIDAY HIKE

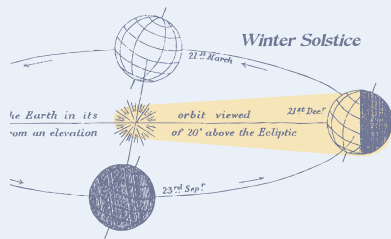
Green is the new black! Celebrate Green Friday, the day after Thanksgiving, in the marsh and the hills. Parent participation required. Drop-in; no registration required.

Nov 28 (Fri) 10:30am-noon
(visitor center)

WINTER SOLSTICE CELEBRATION

Celebrate the longest night of the year with stories, music, solstice nature crafts, hot drinks, and s'mores by the fire. Parent participation required. Wheelchair accessible. Drop-in; no registration required.

Dec 21 (Sun) 4-5:30pm
(visitor center)



SUNSET HIKE

Enjoy a moderate hike up Glider Hill to watch the sunset over the bay. Wear sturdy shoes and layers and bring a flashlight on this steep hike with sweeping vistas. Parent participation required. Drop-in; no registration required.

Dec 27 (Sat) 4:30-5:30pm
(visitor center)



Mona Koh

LAST HIKE OF THE YEAR

Send off 2025 with a stroll in nature and time for reflection. This 2-mile hike includes a walk uphill to a sweeping vista and a journaling opportunity at the top. Parent participation required. Drop-in; no registration required.

Dec 28 (Sun) 3-4:30pm
(visitor center)



HARVESTING THREE SISTERS WISDOM

Discover the Three Sisters — corn, beans, and squash — traditional companion plants grown together for their strength and nourishment. Celebrate Native American Heritage Month by hearing the legend behind this planting method and exploring its wisdom through a hands-on activity. Drop-in; no registration required.

Nov 8 & 22 (Sat) 1:30-2:30pm



CHESTNUT TREATS

Warm up in Ardenwood's country kitchen and enjoy roasted chestnuts. Learn about the chestnut plant and the traditions behind these wintertime treats. Drop-in; no registration required.

Nov 23 (Sun) 11:30am-12:30pm

Nov 28 (Fri) 11:30am-12:30pm

Dec 7 (Sun) 11:30am-12:30pm



MYSTERIOUS MONARCHS

Ardenwood's eucalyptus grove is one of the historic overwintering sites used by monarch butterflies along the California coast. Explore this special place and see if any of these mysterious insects are in residence this season. Drop-in; no registration required.

Nov 30 (Sun) 1:30-2:30pm
(greenhouse)

Dec 6 & 20 (Sat) 1:30-2:30pm
(greenhouse)

Dec 14 & 28 (Sun) 1:30-2:30pm
(greenhouse)

HOT APPLE CIDER

What's in a name — cider, hard cider, applejack, apple juice? Discover the differences between these drinks as batches of apple cider are made on Ardenwood's wood-burning stove. Drop-in; no registration required.

Dec 13 & 20 (Sat) 11:30am-12:30pm



A Year of Nature & Community

As the end of the year approaches, it is a good time to reflect on the critical role the East Bay Regional Park District plays in the community. Amid the East Bay's busy cities, heavy traffic, and constant digital connections, Regional Parks offer something essential: simple, restorative access to nature.

The Park District manages 73 parks and more than 126,000 acres of open space across Alameda and Contra Costa counties. These landscapes include forests, wetlands, hills, lakes, and shorelines — home to diverse wildlife, native plants, and countless opportunities to explore and learn. Whether for a weekend walk, a morning run, or a school field trip, the parks provide spaces to slow down and connect with nature.

Over the past year, people of all ages and backgrounds have flocked to the parks for fresh air, exercise, education, and enjoyment. Programs led by naturalists and recreation staff helped visitors deepen their

understanding of local ecosystems and how to protect them. Parkgoers developed new outdoor skills while enjoying adventures. Volunteers helped restore habitats, cleaned up trails, and supported public events. Thousands of schoolchildren explored nature — a first experience for many of them.

East Bay Regional Parks are free or low-cost, making them accessible to everyone. The Park District remains committed to equity and inclusion, ensuring that people from all communities can connect with nature.

Time spent in nature is important — whether exploring a new trail, inviting a friend to join a naturalist-led program, or simply taking a moment to appreciate the birds, trees, and seasonal changes throughout the year.

Cheers to another year of spending time outdoors, staying curious, and appreciating the land.



GREEN FRIDAY VOLUNTEER EVENTS!

Green Friday is all about spending time in nature and giving back to parks the day after Thanksgiving. Join a volunteer program and get some fresh air, enjoy good company, and participate in feel-good work in the great outdoors.

Nov 28 (Fri) (various parks)



Scan for more info about Green Friday

WILDLIFE VOLUNTEER

Help collect valuable data that aids the recovery of the western snowy plover, a threatened overwintering bird species. Parent participation required. Participants will earn a Plover Protection Patrol patch. Physical labor involved. Registration required.

Dec 12 (Fri) 7-8:30pm (classroom training; Trudeau Training Center)

Dec 13 (Sat) 7:30-9:30am (field work; Crown Beach)



FEATURED PROGRAMS

Outdoor Recreation



Archery

ARCHERY INTRODUCTION

Roberts Regional Recreation Area

Receive 90 minutes of archery coaching and practice at an outdoor range, with all equipment provided. Designed for the beginner. Registration required.

Nov 1 (Sat) 9:30-11:30am

Fee: \$50 (non-resident \$56)

Fitness/Wellness

HIKING POLES: SKILLS & TECHNIQUES + PRACTICE HIKE

Reinhardt Redwood Regional Park

Whole body exercise! Hikers learn strategies for enhancing performance and confidence on trails. Uphill: Improve power, endurance, posture, upper body strength, and spine function. Downhill: Develop skills to feel safer and preserve joints. Includes expert poles training plus a practice hike on varied terrain.

Dec 6 (Sat) 9am-3pm

Fee: \$75 (non-resident \$83)

Boating

BIRDING BY KAYAK

Big Break Regional Shoreline

What better way to bird than by kayaking on the welcoming and wondrous waters of the Delta? The program starts with dry land instruction, then paddle a steady and stable craft on a group exploration of the shoreline. Registration required.

Nov 4 (Tue) 10am-1pm

Dec 11 & 18 (Thu) 10am-1pm

Fee: \$35 (non-resident \$39)



KAYAKING BIG BREAK

Big Break Regional Shoreline

Come ply the Delta on this beginner (and up) kayak excursion. The program starts with dry land instruction, then paddle a steady and stable craft on a group exploration of the shoreline. Registration required.

Nov 19 (Wed) 10am-1pm

Fee: \$35 (non-resident \$39)

BIRDING BY KAYAK

MLK Jr. Regional Shoreline

What better way to bird than by kayaking the calm waters of the San Leandro Bay and Bay Farm? The program starts with dry land instruction, then paddle a steady and stable craft on a group exploration of the shoreline. Registration required.

Nov 25 (Tue) 9am-noon

Dec 19 (Fri) 9am-noon

Fee: \$35 (non-resident \$39)

BROOKS ISLAND ADVENTURE — KAYAKING

Brooks Island Regional Preserve

Enjoy a short paddle in stable, double kayak across sheltered bay water with spectacular views of San Francisco. Paddle along the Brooks Island preserve shoreline, then come ashore to enjoy a naturalist-guided 2-mile hike around the island, which is normally closed to visitors. Registration required.

Nov 22 (Sat) 9:30am-3:30pm

Nov 23 (Sun) 9:30am-3:30pm

Fee: \$85 (non-resident \$95)



Fishing

TROUT FISHING BASICS

Lake Chabot Regional Park

Discover the art of trout fishing. Whether you are brand new to fishing or experienced, this hands-on session covers everything from gear selection to mastering bait techniques. All gear provided. Registration required.

Dec 5 (Fri) 9am-noon

Fee: Adult \$25 (non-resident \$29), child \$21 (non-resident \$25)

TROUT FISHING INTERMEDIATE

Lake Chabot Regional Park

Elevate those trout fishing skills with this intermediate course. Participants will explore gear selection, advanced rigging, fish behavior, and bait selection. All gear provided. Registration required.

Dec 12 (Fri) 9am-noon

Fee: Adult \$25 (non-resident \$29), child \$21 (non-resident \$25)

TROUT FISHING BASICS 50+

Contra Loma Regional Park

Discover the art of trout fishing! Whether you are brand new to fishing or experienced, this hands-on session covers everything from gear selection to mastering bait techniques. All gear provided. Ages 50 and up. Registration required.

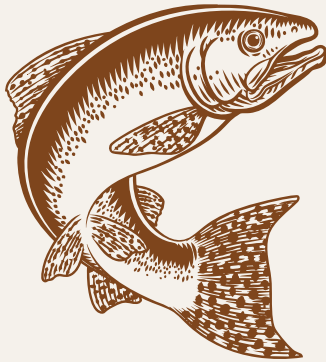
Nov 19 (Wed) 9am-noon

Fee: \$25 (non-resident \$29)



FEATURED PROGRAMS

Outdoor Recreation



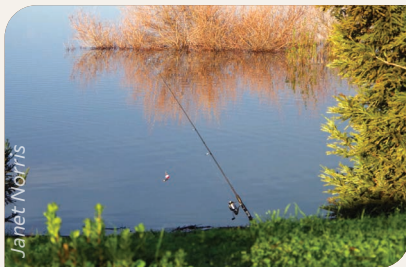
TROUT FISHING INTERMEDIATE 50+

Contra Loma Regional Park

Elevate those trout fishing skills with the intermediate course! Participants explore gear selection, advanced rigging, fish behavior, and bait selection. All gear provided. Ages 50 and up. Registration required.

Dec 6 (Sat) 9am-noon

Fee: \$25 (non-resident \$29)



BASS FISHING BASICS

Quarry Lakes Recreation Area

Learn the essentials of bass fishing through a beginner-friendly program. Learn simple, effective fishing techniques and about bass behavior. Build confidence with expert guidance and real-time feedback, adapt to different situations, and develop smart habits for successful fishing. All gear provided. Registration required.

Nov 7 (Fri) 9am-noon

Fee: Adult \$25 (non-resident \$29), child \$21 (non-resident \$25)

BASS FISHING INTERMEDIATE

Quarry Lakes Recreation Area

This hands-on course covers lure selection, bait-casting fundamentals, reading water conditions, and fish behavior. Ideal for anglers with basic experience, the program offers guided practice and expert instruction. All gear provided. Registration required.

Nov 13 (Thu) 9am-noon

Fee: Adult \$25 (non-resident \$29), child \$21 (non-resident \$25)

Walks & Strolls

SATURDAY & SUNDAY STROLLS

Reinhardt Redwood Regional Park

Late fall is a wonderful time to hike. Enjoy cool weather, changing plant colors, and abundant wildlife. This 4-mile, moderate loop includes about 2 miles of steep uphill walking, then downhill. Drop-in; no registration required.

Nov 29 (Sat) 9:30am-noon (Canyon Meadow Staging Area)



Sibley Volcanic Regional Preserve

Walk through the rolling terrain and fascinating geology of this former volcano. Explore old quarry cuts and take in bay views. About 3 miles out and back. Drop-in; no registration required.

Dec 14 (Sun) 9-11:30am (Sibley Main Staging Area)

MLK Jr. Regional Shoreline

Bundle up and take a leisurely winter walk along the shoreline looking for ducks, shorebirds, and the elusive Ridgway's rail. The flat, paved trail is a little over 1.5 miles. Drop-in; no registration required.

Dec 20 (Sat) 9:30-11am (Arrowhead Marsh)

WEDNESDAY WALKS

Huckleberry Botanic Preserve

Enjoy the lush foliage, rare winter flowers and fruits, and lichens and mosses along this out-and-back hike. About 3.5 miles with around 600 feet of climbing, some on single-track and some on fire roads. Ages 8 and up. Drop-in; no registration required.

Nov 12 (Wed) 9:30am-12:30pm (Skyline Boulevard Staging)

Sibley Volcanic Regional Preserve

Join this hike to see a different view of Sibley, including a hidden pond, volcanic rocks, a mysterious old car, and more on this moderate 3.75-mile hike. Ages 8 and up. Drop-in; no registration required.

Nov 26 (Wed) 9:30am-noon (Old Tunnel Road Staging Area)

Quarry Lakes Recreation Area

Once a working quarry, this area is now a vibrant recreation destination and thriving habitat for wildlife, especially wintering birds. Take a walk around this unique set of lakes that serve as a groundwater recharge area. Parking fees may apply. About 4 miles on flat terrain. Ages 8 and up. Drop-in; no registration required.

Dec 17 (Wed) 9:30am-12:30pm (Ensenada Parking Area)



Crown Memorial State Beach

Stroll along the shoreline between Alameda and Bay Farm Island, taking in views of water and wildlife along the water's edge. Mostly flat, about 4 miles. Bring binoculars. Ages 8 and up. Drop-in; no registration required.

Dec 31 (Wed) 9:30am-noon (Elsie Roemer Bird Sanctuary)



For all activities, visit ebparks.org/things-to-do

East Bay Regional Park District

2950 Peralta Oaks Court, Oakland, CA 94605-0381

General Information.....1-888-EBPARKS (1-888-327-2757)
Activities, Events, Maps, and More.....ebparks.org
Camping and Picnic Reservations.....1-888-EBPARKS
Naturalist and Recreation Programs.....1-888-EBPARKS
TRS Relay Service7-1-1
Social Media.....  

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Become a Regional Park Foundation Member
and enjoy free day-use parking, swimming, and more.

510-544-2220 | regionalparksfoundation.org



2950 Peralta Oaks Court
Oakland, CA 94605-0381
ebparks.org



Visitor Centers

Ardenwood Historic Farm, Fremont
510-544-2797, awvisit@ebparks.org

Big Break Regional Shoreline, Oakley
Big Break Visitor Center at the Delta
510-544-3050, bigbreakvisit@ebparks.org

Black Diamond Mines Regional Preserve, Antioch
510-544-2750, bdvisit@ebparks.org

Coyote Hills Regional Park, Fremont
510-544-3220, chvisit@ebparks.org

Crown Memorial State Beach, Alameda
Doug Siden Visitor Center at Crab Cove
510-544-3187, ccove@ebparks.org

Del Valle Regional Park, Livermore
510-544-3146, dvvisit@ebparks.org

Garin/Dry Creek Pioneer Regional Parks, Hayward
510-544-3220 (Coyote Hills), chvisit@ebparks.org
Red Barn open summer Saturdays

Sunol-Ohlone Wilderness Regional Preserve, Sunol
510-544-3249, svisit@ebparks.org
Open weekends

Tilden Regional Park, Berkeley
Regional Parks Botanic Garden
510-544-3169, bgarden@ebparks.org

Tilden Regional Park, Berkeley
Tilden Nature Area/Environmental Education Center
510-544-2233, tnarea@ebparks.org