

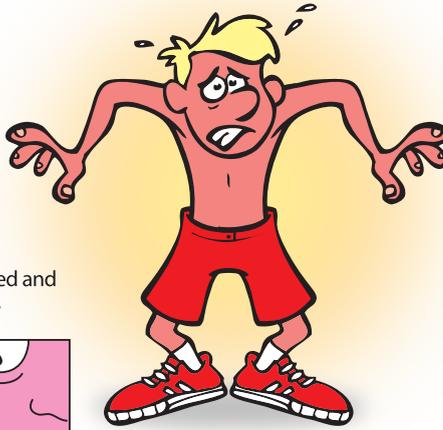
Kid Scoop

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE



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SUNBURNS!



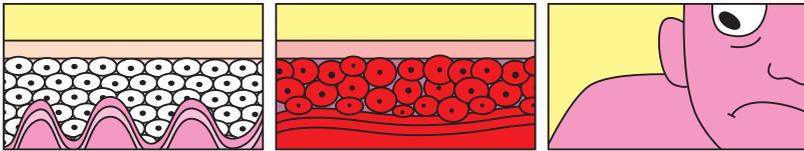
OUCH! Hot fun in the summertime can be painful! Too much fun in the sun can burn your skin.

How does the sun burn skin?

Normal skin cells.

Cells that get too much sunlight swell and fill with blood.

This turns the skin red and makes it hurt.



Find: • banana • watermelon • moon • dolphin • car
• bat • bowling ball • crocodile • ice cream • octopus

To burn or not to burn?

Everybody has tiny grains of color called **melanin** in their skin.

Melanin grains are like a screen. They protect the body from the burning rays of sunlight. Everybody's skin makes melanin. Melanin grains are brown. When your skin is exposed to the sun, it makes more melanin. That is why your skin gets darker when you play in the sunshine.

Different skin types

Tanya has a lot of melanin in her skin. Andy and Melody have a little. Amy has very little. Some parts of Amy's body make more melanin than others. These dark spots are called freckles.

Everybody needs to protect their skin from the sun. Even people with lots of melanin will burn. Their skin won't burn as fast as Amy's, but it will burn.



Lifesaver Letters

What should you look for when you are getting too much sun? Cross out every letter that is printed twice on the innertube. The five letters left spell your answer!



Standards Link: Reading Comprehension: Follow simple directions; identify common sight words.

Which two bottles of sunscreen are exactly the same?



Extra! Extra!

How Hot Are You?

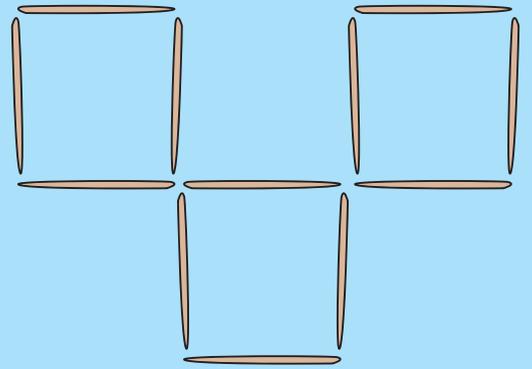
How many words can you find in today's newspaper that mean the same as **HOT**? Score yourself:

- 1-3: Pretty Cool
- 4-6: Hot Stuff!
- 7+: Steamin' Hot!

Standards Link: Language Arts: Identify synonyms in reading.

Kid Scoop Puzzler

Using 12 toothpicks, try this puzzle. Lay out the toothpicks as shown below. Can you make **four squares** by moving only **three** toothpicks?



Standards Link: Math: Problem Solving; make a model to solve a puzzle.

Kid Scoop Word Search

- BURN
- LIFESAVER
- SKIN
- MELANIN
- SUNSHINE
- DARKER
- BEACH
- BODY
- COOL
- SPOTS
- HOT
- RAYS
- BROWN
- TINY
- HURT

Find the words by looking up, down, backwards, forwards, sideways and diagonally.



Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop LESSON LIBRARY

Sun Safety Scavenger Hunt

In today's newspaper, find pictures of:

- Something to protect you from the sun.
- Something to cool you on a hot day.
- Something you do on a sunny day.

Standards Link: Health: Practice safe behaviors during recreation.

Write On!

Best Summer Vacation Ever

Send your story to:

Pretend you're writing to a friend telling them about your favorite summer vacation.

The Press
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Brentwood 94513

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Please include your school and grade.

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