

SEPTEMBER 2022

LYNCHBURG ELEMENTARY

PBJ Sack - PBJ sandwich, cheese stick, Cheez-it's crackers, Variety of veggies & dip & fruit.
Sandwich tray - Deli meat/cheese sand, Doritos chips, variety of veggies & fruits
Muffin tray - Muffin, yogurt & granola, cheese stick, variety of fruits & juice box

Monday
Tuesday
Wednesday
Thursday
Friday

NO
SCHOOL

PBJ Sack Lunch
Muffin/Yogurt tray
Mozzarella cheese sticks
Chicken quesadilla
Marinara dipping sauce
Seasoned green beans
Variety of fruits

PBJ Sack
Ham/cheese sandwich tray
BBQ Rib
Chicken nuggets
Creamed potatoes
Sweet carrot coins
Variety of fruits

PBJ Sack
Muffin/Yogurt tray
Beefy nachos w/cheese sauce
Chicken Crisпитos w/cheese sauce
Ranchero beans
Salsa cup
Variety of fruits

PBJ Sack
Ham/cheese sandwich tray
Hot dog
BBQ rib sandwich
Ranch wedges
Baby carrots & ranch
Variety of fruits

PBJ Sack
Ham/cheese sandwich tray
Cheese pizza
Buffalo chicken bites
Roasted ranch potatoes
Side salad
Variety of fruits

PBJ Sack
Ham/cheese sandwich tray
Pizza cheese sticks
Meatball sub
Potato wedges
Marinara dipping sauce
Variety of fruits

PBJ Sack Lunch
Muffin/Yogurt tray
Corn Dog Nuggets
Fish sticks & hushpuppies
Baked beans
Veggie juice
Variety of fruits

PBJ Sack
Ham/cheese sandwich tray
Stuff crust Pepperoni pizza
Ravioli & Cheese stick
Kernel corn
California veggies
Variety of fruits

PBJ Sack Lunch
Muffin/Yogurt tray
Mini Chicken sliders
Buffalo chicken tenders
Lattice fries
Broccoli florets & dip
Variety of fruits

PBJ Sack
Ham/cheese sandwich tray
Spaghetti
Chicken nuggets
Garlic bread stick
Green beans, Side salad
Variety of fruits

PBJ Sack
Ham/cheese sandwich tray
Chicken Tenders
Beef dippers
Steamed broccoli
Sweet corn
Wheat roll, Variety of fruits

PBJ Sack
Muffin/Yogurt tray
Cheeseburger
Chicken sandwich
French fries
Fresh cauliflower & dip
Variety of fruits

PBJ Sack
Ham/cheese sandwich tray
Stuff crust Pepperoni pizza
Cheesy Pull Apart
Potato smiles
Marinara sauce
Variety of fruits

PBJ Sack
Muffin/Yogurt tray
Beefy nachos w/cheese sauce
Chicken Crisпитos w/cheese sauce
Ranchero beans
Salsa cup
Variety of fruits

PBJ Sack
Ham/cheese sandwich tray
Hot dog
BBQ rib sandwich
Ranch wedges
Baby carrots & ranch
Variety of fruits

FALL
BREAK

FALL
BREAK

FALL
BREAK

FALL
BREAK

FALL
BREAK

This institution is an equal opportunity provider.

Menu may be altered without notice, due to circumstances beyond our control