

# Chanhassen Weight Loss & Fitness Studio Transforms The Way People Join a Gym By Paying Them to Lose Inches of Their Waistlines

Chanhassen has a lot of gym and boutique fitness studio options. As a result, we have seen many types of membership promotions grab our attention. However, Justin & Janell Yule, husband & wife owners of The Transformation Club, are launching a new program that's sure to turn some heads... They're paying you to lose inches off your waistline!

Participants in their revolutionary Shrink Your Waistline Transformation Challenge can earn up to \$500 when they lose inches off their midsection.

The Transformation Club helps people over 40 who struggle with weight loss and fitness create a real transformation that sticks so that they can finally enjoy the health, confidence, and vitality they deserve. They do this using a transformational combination of individualized workouts, personalized health coaching, powerful life-changing mindset strategies, and good old-fashioned caring. The Shrink Your Waistline Transformation Challenge is their newest specialty program and will provide everything you need to flatten and tone your midsection:

Expert coaching and support so you can feel confident you're doing everything right, which means you'll enjoy the process and achieve your goals faster!

Easy-to-follow meal plans and delicious recipes with foods you and your family will love...ensuring you get the support at home you need.

Weekly lessons from transformational mindset coaches where you'll learn how to overcome the limiting beliefs and negative self-talk that keep you stuck so you can develop a healthy and powerful mindset that will improve every area of your life.

Weekly lessons from a registered dietitian where you'll learn the tips and tricks that make eating healthy easy and enjoyable so you can develop "food freedom" and get off the "diet carousel."

An amazing community of friends in fitness... you can learn and get support from people who have already achieved incredible body transformations!

PLUS, you will get a copy of the Shrink Your Waistline Guidebook filled with incredible, practical, and

proven strategies to safely flatten your stomach, radically improve your health, reduce body fat, and lose weight.

The Shrink Your Waistline Transformation Challenge starts on September, 19th with an early-bird special start on September, 12th. But, hurry... "Our biggest challenge is the limited space we have available because we're not willing to compromise the individualized attention and coaching we provide," noted Justin Yule.

When asked about this unusual and potentially controversial promotion, Justin responded, "Other gym owners think we're crazy, but we see it as a WIN-WIN. Our clients get amazing results and earn money doing it, and we get to do what we do best - transform bodies and transform lives-while getting the opportunity to develop great relationships that lead to long-term clients. Many of our clients have been with us for a decade or more!"

It's important to note that there's a correlation between the size of your waistline and several health concerns. Even at a healthy weight, excess fat carried around the waist can increase your risk

of high blood pressure, high cholesterol, heart disease, type-2 diabetes and more!

"After all we've been through the last two years, we're really starting to notice more and more people starting a fitness program with improving their health as a primary goal. This is wonderful to see," says Janell Yule. "We teach our clients that when you focus on health from the inside out, weight loss and fitness naturally follow. It often doesn't work the other way around, especially when extreme measures or unsustainable fad diets are used."

Justin went on to add, "The Shrink Your Waistline Challenge is going to melt inches off your waist... teach you how to keep those inches off... and help you develop the core habits that are the foundation of health and fitness."

If getting paid to lose inches off your waistline and improve your health interests you, visit their website at <https://bit.ly/3JBCHrL> or call 952-224-4852 for the program details and registration.