From providing support and safety to allowing the freedom to age in place this is essential home care.

Most adults over the age of 65 prefer to stay in their own homes for as long as possible. We know there are long-term benefits of allowing seniors the freedom to age in place. Staying at home helps maintain a routine, and home provides the familiarity and comfort that no other place can.

FirstLight Home Care of Warrenton, owned by husband and wife team Mark and Stacey Harvey, is a premier home care provider specializing in adult and senior care needs. Their highly trained team creates customized care plans to keep clients safe and comfortable in the place they call home, while helping them maintain their independence and quality of life.

The very nature of home care makes it the safest care environment for our elderly, especially when circumstances put them at risk for exposure to viruses and other diseases.

However, many seniors need help with daily tasks to maintain a healthy and active lifestyle, as well as specialized care to keep them safe and well. Because personal and companion care services are delivered one-to-one in the home environment, professional caregivers are in the best position to provide that support.

Support for activities of daily living. FirstLight caregivers assist with activities of daily living (ADLs), including bathing and personal hygiene, walking and mobility, special diets and meal preparation, allowing seniors to remain in their homes but still have the support they need.

Help with social isolation. When seniors choose to remain in their homes, there is potential for isolation and loneliness. Home care can address these concerns. Professional caregivers can help clients stay connected to friends and family through video chats and phone calls; they can ensure clients stay active with light exercise and other activities; or they can simply provide companionship.

Family respite care. Respite care allows family caregivers to take time off from their caregiving responsibilities so they can focus on themselves. While the family member takes a break, a professional caregiver can be there to make sure that their loved one is respected, supported and cared for.

Specialized Alzheimer’s and dementia care. Caring for those with Alzheimer’s and other forms of dementia is challenging unless you are equipped with specialized training and tools. FirstLight provides a comprehensive memory care training program for its team members to ensure the services provided to dementia clients are as unique as the individuals they were designed for.

More than Caregivers
Stacey is a Certified Dementia Practitioner (CDP) through the Alzheimer’s Association and has received training from Dementia Friends USA. She also is a member of the Piedmont Dementia Education Committee in Culpeper. All of her caregivers are Specialized Dementia Care Providers.

If your loved one needs personalized support, allowing them the freedom to age in the place they call home, FirstLight Home Care of Warrenton can help.

Their professional caregivers are all Personal Care Aides and Certified Nursing Assistants who must pass a national background check and drug testing. The company is bonded, licensed and insured in the Commonwealth of Virginia to provide in-home personal care services supporting all daily living activities, companionship and transportation.

Proudly serving Fauquier, Culpeper, Rappahannock, Madison, Orange, Stafford and Southern Prince William County.

Call us today to schedule a complimentary consultation! 540-579-7570 Warrenton.FirstLightHomeCare.com