

Shirley Frnka Relays 2025  
Hosted by Goliad High School

February 27, 2025

Team Summary  
Varsity Boys  
Goliad

**4x100 M Relay**

Name	Time	Points	Place
Cord Zamzow Hunter Cano Lamont Franklin Marc Crouch	43.13	20	1st

**800 M Run**

Name	Time	Points	Place
Garbiel Aguilar	2:11.15	6	3rd
Reese Mangum	2:04.25	10	1st

**110 M Hurdles**

Name	Time	Points	Place
James Green	18.30		
Lamont Franklin	14.81	10	1st
Landon Psencik	16.05	8	2nd

**100 M Dash**

Name	Time	Points	Place
Donavan Perry	11.79	2	5th
Marc Crouch	11.53	8	2nd

**4x200 M Relay**

Name	Time	Points	Place
Christian Lewis Clay Fair Donavan Perry Marc Crouch	1:36.29	3	5th

**400 M Dash**

Name	Time	Points	Place
Garbiel Aguilar	53.57	1	6th
Hunter Cano	50.90	10	1st
Reese Mangum	54.15		

**300 M Hurdles**

Name	Time	Points	Place
Cord Zamzow	38.14	10	1st
James Green	43.92	1	6th
Landon Psencik	42.18	6	3rd

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**200 M Dash**

Name	Time	Points	Place
Clay Fair	24.86		
Lamont Franklin	22.80	10	1st

**4x400 M Relay**

Name	Time	Points	Place
Corbin Fair Cord Zamzow Hunter Cano Landon Psencik	3:28.19	20	1st

**Long Jump**

Name	Best Distance	Points	Place
Lance Lara	20-0	4	4th

**Shot Put**

Name	Best Distance	Points	Place
Jayden Valdez			

**Discus**

Name	Best Distance	Points	Place
Jayden Valdez			

**Triple Jump**

Name	Best Distance	Points	Place
Clay Fair	37-8	2	5th
Tracer Schendel	35-5 1/2		

**High Jump**

Name	Best Height	Points	Place
Lance Lara	5-8	6	3rd

**Pole Vault**

Name	Best Height	Points	Place
Blake Sheffler			
Christian Lewis	10-0		
Elizar Garcia			

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Division Point Totals  
Varsity Boys

Place	Team	Points
1st	Goliad	137
2nd	Sinton	106
3rd	Ingleside	93
4th	Refugio	66
4th	Three Rivers	66
6th	Rockport	56
7th	Stockdale	35
8th	Poth	30
9th	Cuero	20
10th	Falls City	10
11th	Runge	

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**Division Results**  
**Varsity Boys**

**100 M Dash**

Place	Athlete	Team	Time
1st	Sean Hughes	Sinton	11.39
2nd	Marc Crouch	Goliad	11.53
3rd	Paxton Soliz	Three Rivers	11.68
4th	Zander Wills	Refugio	11.76
5th	Donavan Perry	Goliad	11.79
6th	TAYLOR, PEYTON	Rockport	11.80

**3200 M Run**

Place	Athlete	Team	Time
1st	Cooper Warrick	Stockdale	10:20.00
2nd	HAVENS, ROYCE	Rockport	10:59.00
3rd	Ruiz Rowdy	Ingleside	11:19.00
4th	Gabe Liska	Falls City	11:24.00
5th	SIFUENTAS, DRAEGON	Rockport	11:27.00
6th	Christian Jardon	Sinton	11:38.00

**200 M Dash**

Place	Athlete	Team	Time
1st	Lamont Franklin	Goliad	22.80
2nd	Freeman Isaac	Ingleside	23.72
3rd	Caleb Perez	Sinton	23.80
4th	Sierra Julius	Ingleside	24.10
5th	Techur Jayden	Ingleside	24.38
6th	Jordan King	Refugio	24.44

**110 M Hurdles**

Place	Athlete	Team	Time
1st	Lamont Franklin	Goliad	14.81
2nd	Landon Psencik	Goliad	16.05
3rd	Kelan Brown	Refugio	16.19
4th	Marie, Jaxxon	Cuero	17.28
5th	SNYDER, REID	Rockport	17.71
6th	Ward, Isaac	Cuero	17.96

**400 M Dash**

Place	Athlete	Team	Time
1st	Hunter Cano	Goliad	50.90
2nd	Tyler Lamprecht	Three Rivers	51.83
3rd	Breiten Ramsey	Falls City	52.11
4th	Arealos Jayden	Ingleside	52.65
5th	Orta Anthony	Ingleside	53.56
6th	Garbiel Aguilar	Goliad	53.57

**300 M Hurdles**

Place	Athlete	Team	Time
1st	Cord Zamzow	Goliad	38.14
2nd	Hoskins Jett	Ingleside	41.97
3rd	Landon Psencik	Goliad	42.18
4th	Carriger, Dean	Poth	43.39
5th	Andrew Silva	Sinton	43.63
6th	James Green	Goliad	43.92

**800 M Run**

Place	Athlete	Team	Time
1st	Reese Mangum	Goliad	2:04.25
2nd	Diego Arvizu	Three Rivers	2:06.64
3rd	Garbiel Aguilar	Goliad	2:11.15
4th	Huerta Jayce	Ingleside	2:11.90
5th	Davis Carson	Ingleside	2:12.04
6th	Matthew Kurtz	Stockdale	2:12.05

**1600 M Run**

Place	Athlete	Team	Time
1st	Cooper Warrick	Stockdale	4:46.11
2nd	HAVENS, ROYCE	Rockport	4:56.70
3rd	Christian Jardon	Sinton	5:09.84
4th	SIFUENTAS, DRAEGON	Rockport	5:11.73
5th	Davis Carson	Ingleside	5:17.64
6th	Sean Correa	Sinton	5:19.85

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**Division Results (Continued...)**  
**Varsity Boys**

**4x100 M Relay**

Place	Athletes	Team	Time
1st	Marc Crouch Cord Zamzow Lamont Franklin Hunter Cano	Goliad	43.13
2nd	Mykha Green Sean Hughes Jonah James Caleb Perez	Sinton	44.35
3rd	Jordan King Fabian Garcia Zander Wills Mikel Brown	Refugio	44.39
4th	Chalk Sawyer Contreras Aiden Hoskins Jett Freeman Isaac	Ingleside	44.85
5th	Corbin Zamzow Paxton Soliz Ethan Conn Xavier Carranza	Three Rivers	45.71
6th	Eddie Vasquez Ty Daughtery Kaiden Haecker CJ Rucker	Stockdale	46.05

**4x200 M Relay**

Place	Athletes	Team	Time
1st	Mykha Green Sean Hughes Jonah James Caleb Perez	Sinton	1:33.12
2nd	Paxton Soliz Tyler Lamprecht Ethan Conn Diego Arvizu	Three Rivers	1:34.30
3rd	Techur Jayden Solis Javi III Sierra Julius Freeman Isaac	Ingleside	1:34.35
4th	Eddie Vasquez Devian Rivera Ty Daughtery Matthew Kurtz	Stockdale	1:36.28
5th	Christian Lewis Donavan Perry Clay Fair Marc Crouch	Goliad	1:36.29
5th	WILSHIRE, CALEB MENDEZ, MATT JOHNSON, GUS DELEON, ANGEL	Rockport	1:36.29

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**Division Results (Continued...)**  
**Varsity Boys**

**4x400 M Relay**

Place	Athletes	Team	Time
1st	Landon Psencik Corbin Fair Cord Zamzow Hunter Cano	Goliad	3:28.19
2nd	Corbin Zamzow Tyler Lamprecht Ethan Conn Diego Arvizu	Three Rivers	3:30.48
3rd	WILSHIRE, CALEB MENDEZ, MATT MACE-TROCHE, JOSEPH DELEON, ANGEL	Rockport	3:40.85
4th	Andrew Silva Jonah James Logan Ohler Cayden Cantu	Sinton	3:43.21
5th	Arevalos Jayden Solis Javi III Orta Anthony Hoskins Jett	Ingleside	3:46.15
6th	Christian Martinez Devian Rivera Ty Daughtery Matthew Kurtz	Stockdale	3:46.43

**Discus**

Place	Athlete	Team	Distance
1st	Reed, Aiden	Poth	155-1
2nd	Kolton Taylor	Refugio	150-4 1/2
3rd	Dziuk, Larson	Poth	146-9
4th	Garcia Julian	Ingleside	134-11
5th	Edlin Nathan	Ingleside	133-5
6th	Myhre Hunter	Ingleside	129-3

**Triple Jump**

Place	Athlete	Team	Distance
1st	Nehemiah Cavazos	Refugio	40-10
2nd	Taylor, Jossiah	Cuero	40-6
3rd	Alexander Gonzales	Sinton	40-2 1/2
4th	Kory Oliver	Refugio	39-6 1/2
5th	Clay Fair	Goliad	37-8
6th	Xavier Carranza	Three Rivers	37-5

**High Jump**

Place	Athlete	Team	Height
1st	Kelan Brown	Refugio	5-10
2nd	THOMISON, WYATT	Rockport	5-8
3rd	Lance Lara	Goliad	5-8
4th	Paxton Soliz	Three Rivers	5-6
5th	Jamarrie Green	Stockdale	5-6

**Long Jump**

Place	Athlete	Team	Distance
1st	Sean Hughes	Sinton	21-2 1/4
2nd	Mykha Green	Sinton	20-8
3rd	Kory Oliver	Refugio	20-3 1/2
4th	Lance Lara	Goliad	20-0
5th	Ethan Conn	Three Rivers	19-10
6th	Paxton Soliz	Three Rivers	19-9 1/4

**Pole Vault**

Place	Athlete	Team	Height
1st	Logan Ohler	Sinton	14-0
2nd	JOHNSON, GUS	Rockport	12-6
3rd	Diebel, Peyton	Cuero	12-0
4th	Huerta Jayce	Ingleside	12-0
5th	Carriger, Dean	Poth	12-0
6th	Keller, Caleb	Cuero	11-6

**Shot Put**

Place	Athlete	Team	Distance
1st	Edlin Nathan	Ingleside	60-5
2nd	Reed, Aiden	Poth	54-8
3rd	Garcia Julian	Ingleside	49-9
4th	Jordan King	Refugio	49-0
5th	Izayah Esparza	Sinton	44-11 1/2
6th	Kolton Taylor	Refugio	44-9