



THSWPA

Texas High School Women's Powerlifting Association



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3AD2 Regional Championship Final - Bert Ogden - 3/5/2026 - THSWPA Girls

Individual Results [Click a lifter name to view individual results.](#) [Click a team name to view team standings.](#) [Click a heading to change sorting.](#)

Wt. Class	Place *	School Class	Athlete	Team	BWT	Squat	Bench Press	Dead Lift	Total	Unequipped	State Qualifier
97	1	3	Garcia, Alessandra	Cotulla	97.3	260	150	250	660		1
97	2	3	Martinez, Zaylee	Dilley	96.8	250	135	230	615		2
97	3	3	Hernandez, Anayeli	Nixon Smiley	92	180	85	220	485		
97	4	3	Ruiz, Emily	Monte Alto	93.2	175	85	225	485		
97	5	3	Hernandez, Janel	Santa Rosa	97.1	155	65	185	405		
97	6	3	Munsch, Noot	Victoria St. Joseph	86.5	135	70	165	370		
97	7	3	Dement, Kaylee	Karnes City	94.9	60	50	150	260		
97	BO	3	Jass, Brooke	Natalia	97	0	0	0	0		
105	1	3	Perez, Khloe	Hebbronville	100.8	260	145	270	675		1
105	2	3	Taylor, Sydney	Victoria St. Joseph	105	260	145	245	650		2
105	3	3	Rodriguez, Viviana	George West	102.9	240	145	225	610		
105	4	3	Gatica, Alivia	Karnes City	103.8	210	105	205	520		
105	5	3	White, Amariah	Karnes City	101.5	200	100	215	515		
105	6	3	Roman, Evelyn	Edinburg, Quest College Prep	105	185	105	225	515		
105	7	3	Esquibel, Alyssa	Natalia	103.3	195	100	205	500		
105	8	3	Theesfield, Jessica	Stockdale	104.1	160	105	230	495		
105	9	3	Gujardo, Gheri Ryannon	Taft	104.8	195	85	185	465		
105	10	3	Shellenbarger, Allie	Victoria St. Joseph	102.9	140	95	190	425		
105	BO	3	Robles, Tara	Natalia	102.5	170	0	0	0		
105	SC	3	Rehak, Cerenity	Natalia	105	0	0	0	0		
105	SC	3	Diaz, Remmya	Cotulla	105	0	0	0	0		
105	DQ	3	Gomez, Grace	Nixon Smiley	101.3	285	125	250	0		
114	1	3	Kuentler, Brooklyn	Cotulla	113.2	285	190	250	725		1
114	2	3	Eichelberger, Taylor	Altair Rice	113.5	270	165	275	710		2
114	3	3	Mendez, Ruby	Nixon Smiley	105.6	250	175	280	705		QT
114	4	3	Carpentier, Ayana	Hebbronville	111.2	275	110	270	655		
114	5	3	Garay, Lyndsie	Victoria St. Joseph	110.1	250	140	255	645		
114	6	3	Barrera, Zoe	George West	111.1	240	145	245	630		
114	7	3	Najera, Tracy	Natalia	112.7	225	150	255	630		
114	8	3	Salinas, Averie	Banquete	114.3	220	120	250	590		
114	9	3	Cruz, Victoria	Natalia	111.5	220	115	200	535		
114	10	3	Metting, Harper	Victoria St. Joseph	113	195	95	210	500		
114	11	3	Ramirez, Olivia	Edinburg, Quest College Prep	109.6	170	85	210	465		
114	BO	3	Garza, Kaylin	Edinburg, Quest College Prep	109.6	185	0	0	0		
114	BO	3	Ramos, Audrey	Hebbronville	110.4	0	0	0	0		
114	SC	3	Vigil, Jazz	Stockdale	114	0	0	0	0		
123	1	3	Vera, Sofia	Natalia	122	315	190	275	780		1
123	2	3	Zertuche, Eji	Cotulla	123.4	275	190	250	715		2
123	3	3	Limon, Mariela	Nixon Smiley	121.2	275	130	295	700		
123	4	3	Munoz, Bailey	Hebbronville	122.8	285	120	290	695		
123	5	3	Chapa, Alejandra	Cotulla	121.6	250	135	280	665		
123	6	3	Weeks, Madison	Karnes City	119.9	255	135	250	640		
123	7	3	Juarez, Roseann	Natalia	117.7	225	135	250	610		
123	8	3	Lerma, Seyenna	Banquete	120	220	130	260	610		
123	9	3	Fulton, Amber	Natalia	119.7	220	135	235	590		
123	10	3	Moreno, Allison	Natalia	120.9	200	120	270	590		
123	BO	3	Pfeil, Hailey	Victoria St. Joseph	119.7	0	0	0	0		
123	BO	3	De Jesus, Sandra	Edinburg, Quest College Prep	120	0	0	0	0		
132	1	3	Rodriguez, Esmeralda	Dilley	129.8	345	230	295	870		1
132	2	3	Limon, Gabriela	Nixon Smiley	129.4	305	155	295	755		2
132	3	3	Umphres, Kylie	Victoria St. Joseph	128.9	260	150	300	710		
132	4	3	Carson, Kate	Victoria St. Joseph	129.9	275	150	255	680		
132	5	3	Esparza, Harley	Santa Rosa	129.4	295	135	245	675		
132	6	3	Rosenbaum, Chloe	George West	130.9	245	145	275	665		
132	7	3	Garcia, Randi	Cotulla	132.4	255	160	240	655		
132	8	3	Lopez, Aries	Cotulla	128.9	270	145	235	650		
132	9	3	Savoie, Kendra	Nixon Smiley	130.3	260	140	240	640		
132	10	3	Spurlock, Alyssa	Odem	129.4	245	135	250	630		
132	11	3	Rodriguez, Ashley	Monte Alto	130.7	225	135	235	595		
132	12	3	Holcombe, Charlotte	Stockdale	129.7	230	135	225	590		
132	BO	3	Guerra, Isla	Hebbronville	124.4	0	0	0	0		
132	BO	3	Serna, Navelle	Hebbronville	127	0	0	0	0		
148	1	3	Mayer-Bain, Emily	Victoria St. Joseph	145.5	300	280	340	920		1
148	2	3	Gonzalez, Marci	George West	141.9	345	205	315	865		2
148	3	3	Jarreau, Kenzie	Natalia	143.1	340	245	275	860		QT
148	4	3	Urrea, Mariana	Dilley	138.7	330	205	285	820		QT
148	5	3	Despain, Fanny	Hebbronville	144	315	165	290	770		
148	6	3	Salas, Lilyanna	Poth	143.7	295	175	285	755		
148	7	3	Torres, Ava	Altair Rice	141.4	270	165	285	720		
148	8	3	Duran, Jessell	Dilley	141.5	275	110	285	670		
148	9	3	De La Rosa, Ava	Cotulla	141.7	250	155	250	655		
148	10	3	Keen, Piper	Nixon Smiley	141.9	225	145	235	605		
148	BO	3	Freeman, Breejyn	Altair Rice	147.3	260	0	0	0		
148	SC	3	Garza, Ariana	Hebbronville	148	0	0	0	0		
165	1	3	Briones, Kristen	Cotulla	154.4	315	185	320	820		1
165	2	3	Valera, Evalyn	Natalia	150.1	315	195	295	805		2
165	3	3	White, Janice	Nixon Smiley	165.5	315	215	275	805		
165	4	3	Avila, Stephanie	Nixon Smiley	151.6	295	175	330	800		
165	5	3	Peralta, Crystal	Santa Rosa	160.9	335	135	285	755		
165	6	3	Najera-Garza, Ruby	Natalia	163.3	300	145	300	745		
165	7	3	De Leon, K Lee	Cotulla	157.8	275	170	295	740		
165	8	3	Loza, Mia	Natalia	160.2	285	165	285	735		
165	9	3	Pena, Jill	Victoria St. Joseph	165.5	245	185	230	660		
165	10	3	Vasquez, Jzcalli	Edinburg, Quest College Prep	150.8	255	115	265	635		
165	BO	3	Coronado, Kenzy	Edinburg, Quest College Prep	153.3	300	135	0	0		
165	BO	3	Aguilar, Soledad	Dilley	150.2	335	0	0	0		
165	BO	3	Romero, Cassidy	Dilley	157.1	330	175	0	0		
165	DQ	3	Thompson, Faith	Altair Rice	151.4	290	135	0	0		
181	1	3	Leita, Azilee	Victoria St. Joseph	172.5	405	240	325	970		1
181	2	3	Aguirre, Ashley	Natalia	175.9	340	220	345	905		2
181	3	3	Snider, Clare	George West	178.9	315	200	375	890		QT
181	4	3	Ramirez, Jocelyn	Cotulla	171.3	335	250	295	880		
181	5	3	Moreno, Azalea	Natalia	170.1	380	185	300	865		QT
181	6	3	Gonzalez, Vivian	Stockdale	171.7	315	245	290	850		QT
181	7	3	Rodriguez, Wendy	Nixon Smiley	172.4	315	230	305	850		QT
181	8	3	Rodriguez, Emily	Hebbronville	170.7	325	160	330	815		
181	9	3	Roath, Roberta	Cotulla	174.4	340	180	280	800		
181	10	3	Lozano, Haven	Karnes City	167.3	260	155	315	730		
181	11	3	Valenzuela, Stormy	Dilley	173.2	315	135	260	710		
181	SC	3	Allen, Quianna	Cotulla	176.1	0	0	0	0		
181	SC	3	Martin, Kiara	Banquete	181	0	0	0	0		
181	SC	3	Magill, Adisen	Stockdale	181	0	0	0	0		
198	1	3	Rodriguez, Aundrea	Dilley	189.5	405	205	325	935		1
198	2	3	Perez, Natalie	Hebbronville	195.4	330	165	310	805		2
198	3	3	Rios, Chloe	Taft	193	335	145	315	795		
198	4	3	Rodriguez, Diamonique	Edinburg, Quest College Prep	196.3	305	180	300	785		
198	5	3	Paredes, Makayla	Banquete	195.9	295	140	270	705		
198	6	3	Yandell, Lynleigh	Victoria St. Joseph	192.4	250	120	305	675		
198	7	3	Stahl, Addison	Victoria St. Joseph	183.4	260	115	270	645		
198	8	3	Marquez, Ariana	Edinburg, Quest College Prep	186.3	235	125	270	630		
198	9	3	Del Toro, Audriana	Cotulla	195.4	220	125	225	570		
198	10	3	Juet, Kadence	Victoria St. Joseph	184.8	180	105	240	525		
198	BO	3	Leal, Avah	Dilley	191.3	255	0	0	0		
198	BO	3	Gonzales, Mariah	Banquete	186	300	0	0	0		
198	SC	3	Castillo, Chloe	Taft	198	0	0	0	0		
220	1	3	Guzman, Kayle	Cotulla	207.1	370	295	315	98		