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INSIDE The Issue



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'Black Lives Matter' In 2016 Presidential Race

By Christopher Flores
Contributing Writer

Recently, Black Lives Matter protesters were escorted out of Hillary Clinton's speech on criminal justice reform at Clark Alabama University, a traditionally black college. Sympathizers of the movement have also disrupted Jeb Bush and Martin O'Malley rallies, and have even caused a Bernie Sanders rally to be cancelled after refusing to let the senator begin his speech. Political commentators believe that the movement is having an influence on the 2016 election but to what extent remains to be seen.

The Black Lives Matter movement has grown momentum since the death of Michael Brown in Ferguson in 2014. According to the Wall Street Journal, 59% of Americans believe more needs to be done to accomplish racial equality, which is up from only 46% when the poll was first conducted last year.

"I think that the Black Lives movement has been important in crystallizing the dissatisfaction and anger of young people who have become aware of the current incarnations of racial oppression,"



@Christopher Flores

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Together We Raised Our Flags

By Bridget Whitfield
Staff Writer

The repetitive sounds of bass, chimes, and a mix of island tones blast through the speakers in Roy Irving Theatre. Reggaeton, Soca, and Calypso play throughout the night while students wave their bright colored flags in the air, shaking their hips and shuffling their feet to the beats of the Caribbean Islands.

Saint Peter's University hosted its Annual Flag Party on November 6th. This party compared to the others held on campus is different. It shines a light on the West Indian culture and is about more than raising a flag.

President of the Students of Caribbean Ancestry Club Arelene Ganess has done all the planning for this event. Being Caribbean herself, it's very close to her heart.

"I've been to my fair share of parties hosted by the student organizations", Ganess said. "Being able to plan events like the Annual Flag Party is a privilege. I love being able to see students with cultures similar to mine



President of the Students of Caribbean Ancestry Club Arelene Ganess
@Bridget Whitfield
(Continue on pg.9)

enjoy the night and bond together through music."

No More Excuses for Pay Gap Between Male and Female Soccer Players



Women protest for equal pay @Camy Santacruz

By Camy Santacruz
Contributing Writer

In the Forbes Under 30 Summit, World Cup Champion, Alex Morgan stated, "I think players should be paid what they're worth, for what they put out on the field." Seems reasonable, but not when it comes to women..

When Germany men's team won the FIFA World Cup they received \$575 million and as a bonus for winning first place they got \$35 million. The USA men's team got a bonus of \$9 million for just making it out of the group stage and losing in the first round. The U.S. women's team won the FIFA Women's World Cup in 2015

and compared to the men got paid 40 times less. The women walked away receiving \$15 million and only a \$2 million bonus. The question is why?

For many years now, FIFA has been making excuses for the huge pay gap between male and female professional soccer players. They say men bring in more revenue, they get the ratings, they are more marketable, and their attendance is higher.

But the women are also doing that. Even with the lack of support from FIFA the women's Canada World Cup became the most successful in history.

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News

'Black Lives Matter'

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communication professor Fatima Shaik said.

While the Democratic National Committee has expressed alliance to the group, not all Democrats are chanting, "Black lives matter". Over the summer, Martin O'Malley said during an interview that all lives matter. O'Malley received backlash to which he subsequently apologized for his comments.

Student and president of the Social Justice Club, Ondrelque Ouellette, believe politicians, like O'Malley, who say, "All Lives Matter," must apologize.

"...People who say 'All Lives Matter' are showing that they are still racially prejudiced," Ouellette said. "If a white person, in particular, in a place of power, says the phrase 'All Lives Matter,' they're refusing to honor the struggles of people of color, thereby showing even more that, to them, black lives do not matter. They need to apologize, because All Lives Matter is a phrase driven by racism," she continued.

The Republican Party also has their share of politicians who aggressively oppose the Black Lives Matter movement

GOP presidential candidate and NJ governor, Chris Christie recently appeared on the Sunday talk show Face the Nation, where he said that it is wrong for President Obama to support the Black Lives Matter movement.

"I don't believe that that movement should be justified when they are calling for the murdering of police officers," Christie said.

Camy Santacruz, student and Black Lives Matter supporter, denounced Christie's comments. She does believe that systemic racism is alive and well in the police force.

"There [are] good cops, but they're working for an institution that is racist," Santacruz said. "It teaches them to be afraid of black people, it teaches them to be afraid of the community they are supposed to be protecting," she added.

While some disapprove of the movement in its entirety, the movement is making inroads in the presidential election. In October, Mother Jones reported that the DNC is allowing leaders from the Black Lives Matter movement to organize and host a town hall forum for the party's presidential

candidates.

Among African-American voters, Clinton has an 80% favorability rating compared to Sanders 23%, according to Gallup. This could sway the outcome in heavily dominated African-American primary states like South Carolina – which Clinton lost to Obama in 2008.

But despite the DNC aligning itself with the movement and Clinton and Sanders both meeting privately with members from the group, change in policy has yet to be seen.

"I think it takes more than one movement," Professor Shaik said.

"But the justice movements...the people who are actually interested in fairness, the young martyrs and many others – all together might draw attention to inequality in the United States and hopefully the criminal justice system will... choose a more humane stance toward the people they serve"



@Christopher Flores

she continued.

However, Ouellette believes change is already happening.

"...Positive changes are already happening in the policies and mindsets of the people and our leaders," she said. "People are talking about institutional

racism, mass incarceration and dehumanization of people of color with growing vigor now; youths and college students are getting politically educated and involved, and that's how change happens. That is success, and it will continue to grow,"

Saint Peter's Students Get Political

By Callan Sheridan
News Editor

On Wednesday, October 5 the College Democrats met unofficially for the first time. The 2016 presidential election is less than a year away, and Saint Peter's students plan to exercise their political voice. Along with the College Democrats, two other politically affiliated clubs are in the works: the Young Americans for Liberty and the College Republicans.

The three clubs clearly stem from a similar root: political activism and involvement. Assistant Director of Student Activities Will Rush thinks all three clubs emerging at the same time is great.

"As far as the function of the club, they're all pretty similar. It's just different views and different points of view being expressed. We want to make sure they're all going to be supported in the same way."

At the meeting, expected president of the College Democrats club, Joseph DeLorenzo, walked

attendees through the process of becoming a club and what the club expects to achieve.

According to DeLorenzo, to begin the process of becoming a club, the group needs at least ten members, a written constitution, and an advisor. For the sake of neutrality, the advisor position will be shared by several Political Science professors.

The next step will be for the group to present themselves to the Student Senate, who will then vote whether or not the group may become an official school club.

After that, DeLorenzo has plans for the club to be both state and nationally affiliated with the Democratic party. Getting accreditation from the New Jersey State Democratic party and the Democratic National Committee opens doors for the club by connecting the students with speakers and national campaigns.

DeLorenzo, a Political Science major, first became interested in politics during the 2012 election, when he would stay up past mid-

night to see the results. "That was (Continued from pg. 1)

my initial spark into politics," he said. After that, DeLorenzo became an immigration activist.

"We worked closely with Democrats in the state senate and the state assembly. They cultivated me further in my ideas of what the Democratic Party is, what it stands for" said DeLorenzo. The 2016 election cycle proved to be particularly motivating for DeLorenzo. "It just started to grow on me," he continued, "that I wanted to start a chapter on campus."

Mirroring DeLorenzo's activism, student Davis Simon is the spearheader of another club-hopeful on campus. His organization, Young Americans for Liberty, is associated with the Libertarian Party, and according to Simon, "aims to spread awareness about issues that affect the lives of young people and affect our personal liberties and constitutional rights."

"I feel that Young Americans for Liberty represents another side to the story," said Simon,

"and gives our students more options than the typical two party system."

Simon has several plans for his new organization once it becomes campus official. According to Simon, he hopes for the club to spread political activism on campus, host events based around liberty, and possibly go to events where liberty-minded speakers such as Ron Paul are speaking.

In his meeting, DeLorenzo mentioned the possibility of a debate between the political clubs, as well as partnership in some events.

Rush expects a certain amount of commingling from the clubs as well, particularly in getting students to vote.

According to the Center for Information and Research on Civic Learning and Engagement, only 19.9% of 18-to 29-years old cast ballots in the 2014 elections. That's the lowest youth turnout rate ever recorded in a federal election.

"While these three clubs are going to have different views,

they're also going to collaborate in certain ways" said Rush. "I think one of the most exciting things a student can do...to be politically active is vote. I think the three clubs, regardless of their point of view, should be working to get people to participate in the election to vote."

Rush emphasized that any student with an idea for a club are always welcome to start the process.

Below is the contact information for the club representatives for any student that is looking for more information.

Joseph DeLorenzo: jdelorenzo@mail.saintpeters.edu

David Simon: dsimon15@mail.saintpeters.edu or by phone at 609-290-1469

Additionally, Will Rush provided the name and email of the representative for the College Republicans, who could not be reached in time for comment.

Patrick Farrell: pfarrell15@mail.saintpeters.edu

News

Experience Troubles Students at Career Fair

By Bill Foley

Contributing Writer

Gone were the hoodies and sweatpants that the students of Saint Peter's University are so fond of wearing. A sea of students dressed in business casual could be seen rushing up to recruiters, thirsty for a paying job. Sweat glazed the foreheads of both recruiters and job seekers alike. The heat of the room could have been to blame, but for junior psychology major Sarah Alvaro, the looming thought of not having prior experience in her field was weighing her down a lot more.

"[The Career Fair] is very nerve racking, especially because I don't have any experience yet," she said.

70 recruiters attended the Fall Career and Internship Fair (sponsored by the Center for Career Engagement and Experiential Learning) held in the Yanitelli life Recreational Center at Saint Peter's University on Thursday, October 29th. Tables of representatives were laid out in organized rows that ranged from retail and law enforcement to business and accounting. Some positions required students to have experience to be eligible for the job. However, paid intern-

ships and jobs that provide training for students were numerous, and appeared often in fact sheets handed out by recruiters.

"Experience is not an issue, we will provide full training," said Rene Smith, who was representing Ports America. She added that summer, spring, and fall internships are also available.

Renee Benedetti, who represented Atrium Staffing, understood the paradox of students seeking jobs without experience.

"You have to start your experience somewhere...maybe you've only ever worked as a cashier, so some of the companies that we are affiliated with will train students," she said.

The unemployment rate in the United States is currently 5.1 percent as of September 2015, according to the U.S Department of Labor. Students are beginning to shift their priorities from making money to getting job experience because of the difficulty in finding a job without prior training. Senior psychology major Tony Tarabay was excited about the opportunities the Career Fair was providing.

"There are a lot more paid internships than I remember from previous years. It's hard getting

a job in my field without experience, or even a master's degree [in psychology]. I'm just happy that there are some paid internships that I can try my hand at. I'll have the rest of my life to worry about money, what I need right now is experience," he said.

1010 WINS Radio was a popular spot for paid internships with a focus on training.

"You will be treated as a full member of the news team, and as such, will be in on the decision making. No coffee runs or envelope stuffing in this internship," said Sharon Barnes-Waters, representing 1010 WINS.

Director of Career Engagement and Experiential Learning Crescenzo Fonzo knew the importance of presenting students with options geared more toward gaining exposure in their desired fields.

"Internships are a big entrée in getting experience," he said. "The same paradox applies to those with too much experience. So what do you do? You make adjustments by seeking out employers who need the experience," he added.

For students without experience, however, opportunities are sparse. So the search is often long and grueling, and in the case of



Saint Peter's student speaks with career fair representative @Erik Armas

junior marketing major Devon Galano, even internships are tough to come by.

"I've been coming to the Career Fair for the past three years,

and haven't gotten an internship yet. But I'm always optimistic. If I don't get one this time around, I'll just try again in the spring," he said.

Republican Debate

By Annalisa Leite

Contributing Writer

On October 29, the Republican candidates gathered on the stage of the University of Colorado Boulder for the third live debate of the primary campaign season. Hosted by CNBC, the moderators for this debate included Carl Quintanilla, Becky Quick, and John Harwood. Front runner Ben Carson took the middle of the stage, right next to former front runner Donald Trump. Most questions were directed to the candidates personally, but important questions revolved

around tax plans and immigration policies.

As all the GOP debates have gone so far, this debate was no different. The candidates attacked each other viscerally after certain questions personally addressed to each one of them was posed. Quintanilla asking Donald Trump a question that referred to Trump as a "Comic Book Character" got not only a reaction from him, but had senator Ted Cruz go on a long tangent that pertained to how inappropriate these questions were to ask the candidates. Viewers of the debate even could see the tension between moderators and candidates, even

President Barack Obama made a comment mocking the Republicans.

Saint Peter's University Student David Simon had much to say about the Republican debate compared to the Democrat debate that was aired a few weeks ago. "The Democrats don't get asked questions that are directed to them while the Republicans do. The moderators try to attack the candidates at these debates and this is why the American people don't trust the media. We need an unbiased news source to host the next debate so it's more like an actual debate". Simon commented.

Obama also had a lot to say about the way the Republican Debate went to an audience at a Democratic Fundraising Event in New York City. "Have you noticed that every one of these candidates say, 'Obama's weak? Putin's kicking sand in his face. When I talk to Putin, he's going to straighten out,'" Obama repeated, mocking the way it is said by the Republican candidates, "Then it turns out they can't handle a bunch of CNBC moderators at the debate. Let me tell you, if you can't handle those guys, then I don't think the Chinese and the Russians are going to be too worried about you."

Although the Republicans did have some issues dealing with the moderators, most performed well. According to CNBC and The Huffington Post, The winner of the debate was Marco Rubio, followed by Cruz, and then Trump. These three candidates were the most successful at answering the questions and reporting to the audience their stance on the issues.

The next Republican Debate will be held on November 10, 2015, and will be hosted by FOX News.

ART

Argus Eyes Drama Society Presents “What Lurks”

By Nelsa Richardson
Assistant Layout Editor

Lights flickering, fog filling the air, and the sounds of chains greet you as you walk through the doors into a small room of the theatre.

Argus Eyes Drama Society presented “What Lurks” on Thursday October 29th through Saturday October 31st in the Roy Irving Theatre, directed by Mason Beggs and playwright Maggie-Kate Coleman. According to Argus Eyes Drama Society, it is based upon an urban legend; it tells a story of five political prisoners during World War II who were quarantined and put through many sleep deprivation experiments.

“What Lurks” explores the madness that awaits below the surface of the mind, and what happens

when it is finally set free.”

Argus Eyes’ production “What Lurks” captured what madness is contained within man and how no matter who you are we all contain our own madness. With no seats and no set place to stand, the audience was literally a part of the production. The cast took their places walking amongst the audience as if they weren’t there. The audience walked around in wonder, confused about what was going to happen next. And then the lights went off.

Flashing lights and chains are what met our eyes. One of the prisoners (played by Oscar J. Lewis III, a senior at Saint Peter’s University) starts off the play with a chilling performance as he struggles being held back by chains. The audience shuffled around him in curiosity completely forgetting about the other actors around the stage. Then one by one they presented themselves and you can see their personalities through their acting. One prisoner (played by Irene Christodoulakis, a soph-

omore) displayed herself as the kinder more motherly aspect of the prisoners, another prisoner (portrayed by Claire Mauril sophomore) seemed passionately religious, another (played by Jean-Ivan Jackson, a sophomore) portrayed himself as boxer and very aggressive, and the last (portrayed by Scarlett Melendez, a freshman) kept to herself and seemed frightened.

The play progressed with spine shivering screams and multiple dance numbers choreographed by Meagan Woods. The audience scurried around looking for where the next focus would come from. With the crowd moving around trying to get away from the actors and others looking for the action, it was a bit hard to maneuver your steps without accidentally stumbling over each other at times. Since we were within the action itself there was a lot of pushing, stumbling over props, and occasionally it became hard to see when the audience gathered around the event that was spotlighted at the time. Beside those little mishaps the play did prove to be worthwhile with their hair-raising performances.

I Think I’ve Seen This Before

By Danielle Pimentel
Online Editor

Have you ever seen a show on television and thought: didn’t I already watch this? It seems like every ten years Hollywood runs out of ideas. They start to repack-age old material and change a few elements around. Even in pop culture, history will repeat itself. Here are some prime examples:

§ Friends (1994) and How I Met Your Mother (2005)

Friends and How I Met Your Mother premiered almost a decade apart but have so many similarities. The shows center around a group of friends who are living in New York City. Two people in the group end up having an on and off relationship. All the friends either hang out in one of their apartments or an establishment.

§ Sex and The City (1998) and Girls (2012)

Sex and the City and Girls are both about a group of female friends who deal with finding themselves and love in the big city. Both of the main characters are writers that tend to be selfish. They both have three friends; one who is overly optimistic, one who is the voice of reason, and

one who is sexually adventurous. Though these shows premiered fourteen years apart, many of the storylines are similar.

§ The X-Files (1993) and Fringe (2008)

The X-Files was a show that premiered in 1993 on FOX about a special division of the FBI that deals with the paranormal and the unexplained. Fringe is a show that premiered in 2008 on Fox about a special task force of the FBI that deals with the paranormal and the unexplained. Both shows center around a man and woman partnership, who investigate strange phenomena. The men, Fox Mulder and Peter Bishop, respectively both have dealt with some paranormal activity occurring in their pasts.

§ The Simpsons (1989) and Family Guy (1999)

The story of an idiot alcoholic patriarch with a wife who puts up with more than she should and their three kids, sound familiar? These cartoons aimed at adults premiered ten years apart and both revolve around a dysfunctional family. Recently, there was a crossover episode that addressed the fact that these shows are basically the same.

Opinion

Media Supports Hillary Clinton or Donald Trump?

By Sam Storms
Contributing Writer

Saturday Night Live’s scene opens with Miley Cyrus talking about voting for Donald Trump and then states her backup would be “the black doctor”.

On October 5, 2015, Hillary Clinton was featured on Saturday Night Live. In the show she was able to bring up her stance on topics including the Keystone XL pipeline and gay marriage.

According to Amanda Colombo, a junior and political science major at Saint Peter’s University, “the media has influence on the general public when it involves the presidential campaign.”

That same SNL episode also showed Taran Killam and Cecily Strong playing Donald and Melania Trump. This sketch ultimately criticized Trump and his platforms.

Other media outlets like the Tonight Show starring Jimmy Fallon also featured Hillary Clinton on the show. Jimmy Fallon played Donald Trump where they criticized Trump on issues including his

degradation of women and even just interrupting people in interviews.

Clinton has often stated that Trump insults women, whereas her platform is all about women’s rights. “I’ve spent my entire career pushing for women’s rights,” said Hillary Clinton. “I’ll fight for equal pay in the workplace, protecting women’s health and reproductive rights, and affordable child care for families.”

She talks about how immigration is something this country was founded on. One might assume her appearance on SNL and the Tonight Show was Hillary ad campaigns.

“The media plays into the perception of those people,” said Kaitlyn Sitton, a junior history major. “I don’t think they were pushing for Hillary, considering Donald Trump will be on SNL this weekend.”

Kaitlyn goes on to talk about how they probably are having Donald Trump on SNL only to make it seem as though they aren’t biased towards Hillary and also to improve ratings.

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Opinion

Laughing at Sexual Assault: The #MENINIST Movement

By Olivia Monahan
Lifestyle Editor

As I was walking through campus on Tuesday, I didn't feel distinctly upset. The foliage looked beautiful, the weather was pleasant, and no one was being particularly annoying. However, the student body of Saint Peter's never fails to disappoint. I saw something that I never thought I would see in real life: someone wearing a "#MENINIST" sweatshirt.

If you're not sure what "#MENINIST" means, I'm sorry to have to ruin your day. The "meninist" trend began as a social media mockery of feminism, including jokes on topics like "the friend zone" and an informed discussion about how nice guys finish last. The trend quickly transitioned from satire to an actual movement as more people began to agree with the "meninist" philosophy. It has now been defined as a men's rights movement that campaigns for men to have the same rights as women do.

One of the most popular accounts is the @MeninistTweet Twitter account. With over one million followers, the account claims to be "obviously sarcasm" and tweets about funny things like sexual assault, double standards, and the inequality between genders.

Supporters of the "movement", both male and female, have taken to social media to express why they believe that "meninism" is a source of positive social change. One gentleman posted a picture to Twitter saying, "I need #MENINISM because the movie 'Magic Mike' promotes an unrealistic expectation of how men's bodies should look." A female defender of the group states, "I am a #MENINIST because feminists are ugly."

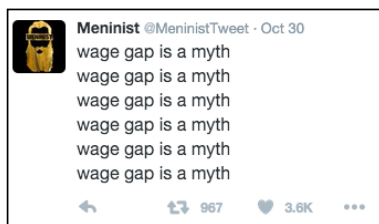
For my own insurance, allow me to state the obvious: We do not live in an equal society and I'm not sure that we ever will. Everyone (including men) faces injustice and life isn't fair to almost anyone. I do not hate men and understand that men have issues too. However, it should be quite clear that some factions of society suffer hardships that not

everyone else will encounter.

We live in a patriarchal, white supremacist society and there is no denying that. If you don't believe me, open any history textbook. If that's not enough evidence, turn on the news and count how many stories there are about white Americans experiencing police brutality.

So as a member of this patriarchal, racist society, it seems offensive to me to have a movement that advocates for men's rights. Firstly because men have so many more obvious advantages than women do. One example is the wage gap, an issue that the "meninists" believe to be a feminist myth. Be that as it may, according to The American Association of University Women, in 2014 women working full time in the United States were making just 79 percent of what men were making, leaving the wage gap at 21 percent.

The way that the "meninists" are going about projecting their beliefs is also incredibly offensive. Making fun of sexual assault towards women to raise awareness about male sexual assault just doesn't make any sense. To be sexually assaulted is an experience that is neither fun nor funny, regardless of your gender. If the "meninists" actually cared about the male victims of sexual assault, I'm sure they wouldn't be cracking jokes.



The wage gap between men and women in 2014 was 21% according to the AAUW. #WhereIsTheMyth

Female sexual assault is also a much more prevalent issue because of the staggering amount of women that are sexual assault victims. According to the Rape, Abuse, and Incest National Network, one out of every six women will experience being sexually assaulted compared to the one out of every 33 men that experience sexual assault. Despite the very large difference in num-

bers, feminism advocates for all individuals that have been victims of sexual assault. I can't speak for all people that call themselves feminists but I certainly don't make jokes about such a traumatic issue that affects so many members of our society.

What I see to be the root of the problem is the lack of understanding of what feminism actually is. The lack of understanding of true feminism should also be credited to the individuals that call themselves feminists but say that all women should hate men.

Yet, no matter how many articles or pieces of feminist theory that exist which disprove the idea that feminism is just an anti-male movement, I don't think these people will ever have a fully realized understanding of feminism. With the inane amount of media that is so readily available, we have become lazy and careless. We absorb the easiest, most available information and we argue from that standpoint. In this instance it was the incorrect belief that feminists advocate only for the advantage of women.

One of the most powerful and simple definitions of feminism comes from Chimamanda Ngozi

Adichie,

"Feminist. A person who believes in the social, political and economic equality of the sexes."

While some people may believe in something different than that, they do not define the movement. What should be the



Tweet One: Meninists blatantly contradict themselves by complaining about how they feel oppressed by societal standards and then further female stereotypes. #PROGRESS

defining factor of feminism is that the movement has either been the direct cause or catalyst for a massive progression in our society.

I would venture to say that without feminism, Caitlyn Jenner would not have transitioned so publicly or even at all. Without feminism, the women and girls that say that they "don't need feminism", wouldn't be allowed to have an opinion at all. Feminism openly attempts to eradicate the standard of masculinity for men, the same standards the gentleman from Twitter feels oppressed by.

The fact of the matter is that whether a person identifies as a feminist or not, we would not be living the same lives without the societal changes that feminism has made.

My final comments to the "meninist" movement and the "meninists" worldwide is that before you send out your next incredibly ignorant tweet or call a girl that has rejected you a whore, Google what feminism actually means. Stop assuming that feminism is comprised of people who hate men. Take the time to realize that calling yourself a "meninist" is neither funny nor is it promoting any societal changes. Calling yourself a "meninist" further oppresses women and is a dent on the progress made for gender equality.

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Opinion

Football is Killing Our Children

By Neechelle Ingram
Layout Editor

Imagine you're a parent in the stadium watching your 17-year-old son play in one of the biggest football games of the season. There is 30 seconds left in the 4th quarter, and the quarterback passes your son the ball on the 50-yard line, your son takes off and as he approaches the end line he is tackled by two players from the opposing team colliding heads with one of them. He's down, and won't get up.

In the past 10 years an average of 3.2 players have passed away from football related injuries according to data collected by the University of North Carolina's National Center for Catastrophic Sport Injury Research (NCCSIR). In the last few months several young athletes have died from football related injuries.

Three high school football players have died in the last three weeks; three died just shy four days of the start 2014 season. High school football seems to

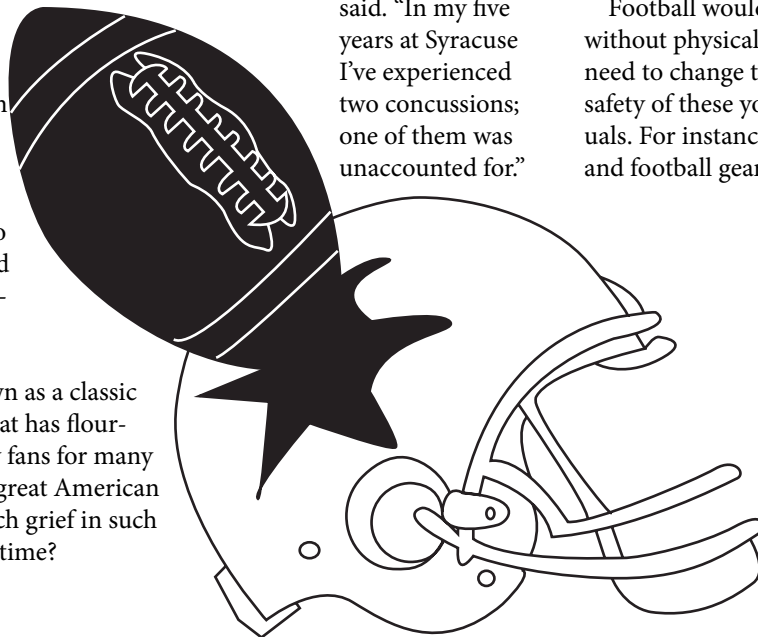
be killing off our young athletes before beginning their journey to adulthood.

NBC News reported that roughly 1.1 million players play high school football; 36 players have passed away due to injuries on the field since 2005, according to the Sports Injury Institute.

Football is known as a classic American sport that has flourished and loved by fans for many years. How can a great American sport cause so much grief in such a short amount of time?

"Football is a dangerous sport if you're not careful,"

former player from Syracuse University, Eugene Newsome said. "In my five years at Syracuse I've experienced two concussions; one of them was unaccounted for."



Velma Smith, mother of Eugene Newsome, said that she has always been concerned for her son's well being.

"I would pray before every game that my son would be ok, I didn't want him to play but, how

can you tell your son not to do something he loves," Smith said.

Football wouldn't be football without physical contact. Things need to change to improve the safety of these young individuals. For instance, padding and football gear should be

reinforced and tested again for impact. Players are receiving blows to the chest, back and head that are life threatening.

Seventeen year-old Evan Murray was a three- sport athlete at Warren Hills Regional High School. Murray took a hit in the backfield in the late second quarter of the game; later collapsed on the sideline before being taken off by the ambulance. He died two hours later due to internal bleeding.

Football pads with higher impact force could have prevented Murray's internal bleeding and maybe left a bruise on his side.

The past January, the National Federation of State High School Associations (NFHS) Football Rules Committee changed the rules regarding helmets flying off during the game. But were no rule changes regarding how a player is tackled.

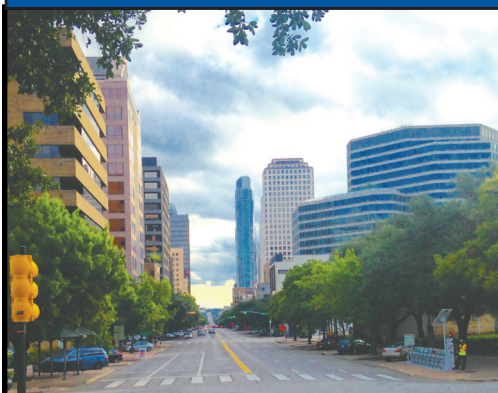
Kenny Bui, a wide receiver from Seattle died after suffering a traumatic brain injury. His head trauma was labeled as a head stroke.

Head trauma is found as one of the most deadliest injuries in sports. A head stroke is caused when the brain is struck and causes internal bleeding of the brain. There is not much doctors can't do unless surgery is rushed to fix the problem.

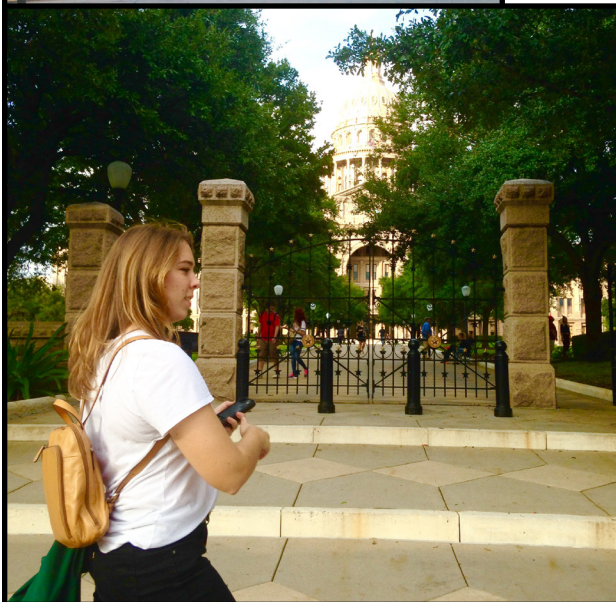
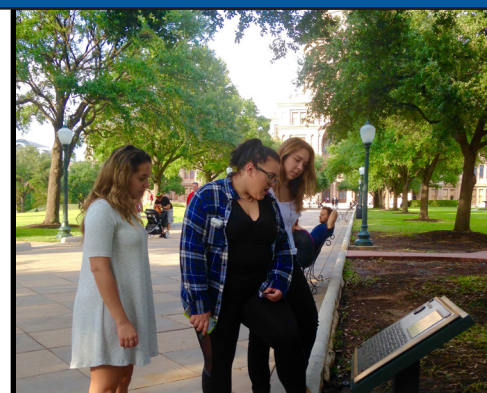
More needs to be done for our young athletes.

The Pauw Wow Takes Texas

Photos by Gabriella Robles

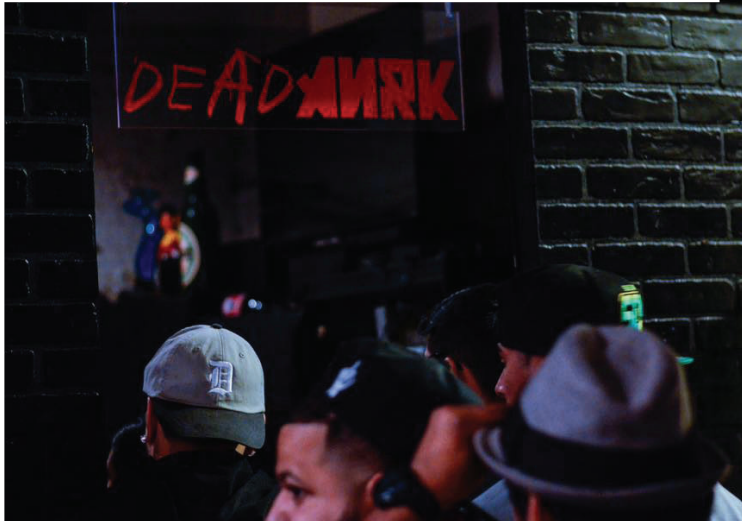
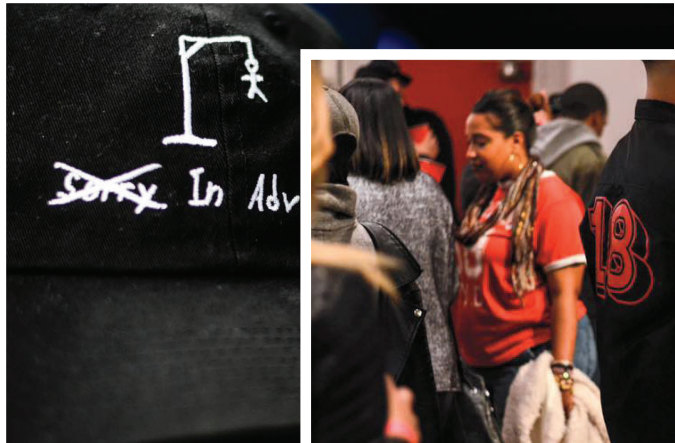


For four editors of the PauwWow, the warm Texas air sparked new ideas to improve our university's newspaper. The editors attended the ACP/CMA College Media Conference in Austin, TX recently. The convention included more than 300 hands-on workshops, high-profile keynote speakers, and tours of media outlets-- not to mention the ability to connect with the most powerful figures in journalism today.



DeadSince x ANRK

Photo Journalism by: Michael DeMoya



Lifestyle

Will You Be Naughty Or Nice This Holiday Season

By Daniela Franco
Arts Editor

Traffic is buzzing, kids are crying, a deafening loudness fills your local mall. Santa and his elves have moved in and red Starbucks cups stare at you at every angle. It is officially the holiday season. November has become a staple season for shoppers and retailers alike. Black Friday, Cyber Monday, holiday deals and extended shopping hours have changed the playing ground for retailers.

Retail stores are estimating an increase of 4% in sales for the 2015 holiday season. Although, according to Deloitte's 2015 holiday survey "gains will be weaker than last years 5.2% year-over-year rise". Retailers expect to make somewhere near \$965 billion in sales between the months of November and January.

According to the National Retail Federation, holiday and winter shopping account for the largest portion of retailers' revenue followed by back to school shopping. A survey carried out by the National Retail Federation has determined that shoppers



Shoppers pack mall for holiday shopping. @ Daniela Franco

will spend an estimated amount of \$463 on family members.

Geneva Oyola a student at Hudson County Community College plans on spending somewhere between \$600 to \$800 in gifts for her family. "I plan

on shopping both online and in store but mostly in store" says Oyola.

The most significant effect online shopping has had on traditional retail stores is the popularity of Cyber Monday.

Natalie Raimen a student at Middlesex County College plans on doing all her holiday shopping online. "I know what I want and it's easier," explains Raimen.

The first Cyber Monday was held on November 28, 2005.

Falling on the Monday following Thanksgiving, Cyber Monday was created to push more people to shop online. Cyber Monday has appealed to the public due to it's exclusive deals for online shoppers and free shipping.

Jenny Nguyen, a freshman at Saint Peter's University, was once a fan of Black Friday but switched over to Cyber Monday. "I did Cyber Monday once because I missed Black Friday but never again will I wait in line, people are so pushy," explained Nguyen.

Although, traditional, in-store shopping, remains the number one way people prefer to shop. Deloitte's 2015 holiday survey reassured that people still prefer to see and touch the product before purchase.

So as the barricades go up and the lines begin to trail you must make your decision ; will you be naughty or nice to your wallet this holiday season ? You'll also have to decide if shopping from the comfort of your couch in your pajamas versus shopping amongst thousands in the mall is for you.

Getting Back to Flat, Whats TEA Got To Do With It?

By Diamond Reid
Editor in Chief

Kylie Jenner, Kate Hudson, and Amber Rose are just a few celebrities who have brought attention to a new weight loss craze. Want a flat midsection and no bloating? This new diet trend promotes these things and more. It's called teatoxing and it's gaining some major popularity.

If you're apart of the Instagram world then you've probably noticed Teatoxes trending with your favorite celebrities and now maybe even some of your friends.

People are now trying to get back to flat and stay energized by drinking something with 100 percent natural ingredients. There are a host of different teatoxes, the most popular being Flat Tummy tea. The tea is posted

all over Instagram and celebrities like the Kardashians swear by it.

There are other brands like Bootea, Skinny Teatox, FitMe Tea that aren't too far behind on the popularity list. Brands like Yogi and Cestele can be found in local supermarkets and are less popular.

Flat Tummy Tea is a two step herbal detox tea, specially formulated to kick that bloated and sluggish feeling. It comes with a morning and bedtime tea, designed to help the body digest food and while keeping you energized.

Just like Flat Tummy Tea, Skinny Tea comes with a morning and bedtime tea, promising the same results and even almost for the same price. Both promote boosted metabolism, increased

energy levels, and a full body cleanse. Skinny Tea even offers tea in different flavors.

"Don't do it! Those results are all lies! You can try the regular brands like yogi, bigelow...or just eat healthier," Christal Mendez, a Saint Peter's alumni, said.

While Flat Tummy Tea has gained the most popularity because of its star studded clientele, there are other brands that vow to do the same service for a cheaper price. Flat Tummy Tea runs for \$34.99 for a two week pack. While Yogi which sold in grocery stores like Shoprite sell for \$5.49 including 16 packets.

"These celebrities are just sucking up all these paid promos while people are wasting their money because their favorite celebrities said it works," Mendez added.



Yogi teatox comes in different ways including peach and healthy fasting @Diamond Reid

(Continue on pg. 9)

Lifestyle

TEA Got To Do With It?

(Continued from pg. 8)

It seems that following someone on Instagram or Twitter has gone further than just liking their picture and retweeting what they had to say. People are now going as far as to follow their dietary plans.

Although Flat Tummy, Skinny Tea and a host of other teatox companies have gained major popularity over the past year or two, are they all truly safe and healthy?

According to Shape.com, a main ingredient in most of the teatoxes is senna leaf which acts as a laxative and isn't proven to promote weight loss.

Shape also stated that "while there's some evidence that drinking flavonoid-rich tea protects your heart, skin, brain, and bones; there's no published research to show teatoxes are safe or effective for weight loss. But since they are dietary supplements rather than foods, the companies behind them don't need to prove any of the claims listed on the labels."

Many believe that all they have to do is drink the tea a few times a day for a two week span and they will see results. But this is untrue. According to Flat Tummy

tea, along with drinking the tea, a person must stay active with exercise and eat clean and healthy. While the tea helps jumpstart weight loss, it will not do all the work for you.

A customer on Skinny Tea's website wrote, "After starting the teatox, it inspired me and gave me enough energy to join a fitness program that I am still continuing today."

Just like any diet or weight loss product, everything depends on a person and their body. Not everything is for everybody. Although the tea has been known to lead to weight loss, it will not keep the weight off, you must work towards that yourself.

With teatoxing being full of supporters and doubters, it is important to do your research on something before you try it: Searching the hashtag on Instagram does not count. Always check the reviews on the tea's website, consult with your doctor, and stay aware of what you are putting into your body.

How do you feel about teatoxing? Have you tried it?

Send in your replies to @ThePauwWow on Twitter

Mid-Century View Finds Its Way into Modern Times

By Krystal Nurse
Contributing Writer

Sitting without crossing her legs, not talking in a high-pitched voice, and being laidback — this is what sophomore Tierra Boyd says she is doing before someone tells her to "act like a lady."

The phrase is a microaggression, an everyday saying that most people don't intend to use as a form of insult, but can be very offensive to the receiver.

But in a world that has made changes in how we approach women's issues and what it means to be a woman, how is it that members of both sexes still tell women to act ladylike? More specifically, those who are older are continuing to use the phrase towards young women.

"It came from my dad," said Boyd. "Sometimes it's necessary, but sometimes it's not. There's a time and place to act like a lady and there's a time and place where you can do whatever you

want."

That time and place Boyd referred to are places where being professional is needed such as at work. If a woman needs to be told to be professional, why can't people come right out and say so?

"If they said instead to act more proper or professional, that's something I would understand," said sophomore Brenda Aguirre. "I wouldn't take it as an offence."

Yes. The phrase "act like a lady" comes off as offensive especially since changes in the world where more people are expressing their true selves.

"Everybody should be able to act the way they want to, not pressured to be a certain way just because of our gender," said sophomore Christina Andrade.

In sports, men are sometimes told that they "throw like a girl" or "play like a girl." Which not only stuns them, but also women.

"It basically insults them," said senior Matt Puzzo. "If you look at the men's U.S. soccer team versus

the women's, the women's team is so much better than the men's.... The men usually get knocked out by the second round. The women usually win the world cup. In that case it's a good thing to play like a girl because they're the ones who are winning."

As President Barack Obama put it when the U.S. women's national soccer team was congratulated at the White House, the team "taught all of America's children that 'playing like a girl' means you're a badass."

"When you hear somebody say 'act like a lady' or do this, the first thing I think of is old-fashioned," said Aguirre. "In the movies you see the debutantes with the etiquette, that's the first thing I think of."

Puzzo added, "It's a stupid thing. Just because someone says 'act like a girl' doesn't mean they're right. They're not. If a girl needs or wants to act like a guy, fine. I'm not her. She's in charge of her behavior. If she wants to do that, it's her right."

Together We Raised Our Flags

(Continued from pg. 1)



@Bridget Whitfield

SOCA is a club that prides themselves on bringing people together and sophomore member Anyah Bryan joined to be a part of something that was familiar.

"What I enjoy most is the people we meet, because in some sense they are just like you", Bryan said. "We might not be from the same island but we all come together because of our heritage."

The Flag Party is for everyone to wave any flag they represent with pride in their country.

"It's a Caribbean themed party, but students from all different countries are welcome to represent their flag", Ganess said. "It allows students to show pride in where they are from and show that they appreciate their culture."

Many people know the catchy and fast tempo Reggaeton songs that come on the radio, but this year many were introduced to some of the classics that only native Caribbean people are familiar with.

"At other parties, you will only here a couple Caribbean songs and the rest is mainstream music", Ganess said. "For this year's party, we wanted to take a spin on our regular Flag Party. We decided to do a Throwback Edition, highlighting Soca, Reggaeton, Bachata, Kompa, and African, tunes that we Caribbean's grew up listening to."

The Flag Party allows Saint Peter's students to peak into a small window of the Caribbean culture for a night.

"The thing that is special about the flag party is that you get to come out and show your West Indian pride", Bryan said. "You don't even have to be West Indian to love the islands, you may just love the music. I enjoy dancing and having fun with my Caribbean and non-Caribbean people at the party every year."

Sports

No More Excuses for Pay Gap

(Continued from pg. 1)

Their social media presence increased immensely; with a 130 percent increase in followers for the FIFA Women's World Cup Facebook page and an 81 percent increase in Twitter followers.

You want to talk attendance? The total attendance for the Women's World Cup was 1, 353, 506 fans, the average attendance was 26, 029, all of the US Women's soccer games were sold out, and Canada 2015 set a new total attendance record for a FIFA competition other than the FIFA World Cup.

Moving on to ratings. FOX scored its biggest ever audience for a soccer match, with 8.4 million viewers. About 25.4 million viewers watched the Women's World Cup Final. The New York Times notes that it was the most watched televised soccer event ever in U.S history.

FIFA, stop making excuses. The women's game is increasingly growing and with the 2016 Olympics coming up it's only going to be even more vital for FIFA to support the women's teams and to reach some sort of salary equality.

Not only is there a huge pay gap in the national teams but also in the leagues. The Major League

Soccer (MLS) players make 11 times more than the National Women's Soccer League (NWSL) players. The NWSL players have a salary of \$6,000 to \$30,000, which in many states is below the poverty line.

Since the World Cup, the NWSL has attracted major sponsors, including Nike; they formed a broadcast agreement with FOX Sports, and had record-breaking attendance for many league teams.

FIFA has constantly neglected professional women soccer players. More and more teams have spoken out for equal pay. The Australian Women's National Team, known as the Matildas, has even boycotted playing in order to receive a worthy salary.

We soccer fans should no longer tolerate the disrespect that FIFA has shown women's soccer over the years. It is time. This issue has been brought into the limelight and FIFA will have to deal with it sooner or later. With the momentum that women's soccer has in the US, I would think it would be better for FIFA to wake up and properly pay World Cup Champs as they should and respect them just as much as their male counterparts.

Moving Past the Wall at MAAC's

By Bridget Whitfield
Staff Writer

On October 30th in Rosedale Park, Georgie Nicholes, a sophomore on the Saint Peter's University Cross Country team places 121st overall in the six kilometer race. I modest victory looking from the outside, but this was a moment in Nicholes career that gave her rejuvenation and motivation to move forward.

She's bubbly, putting her things beside her, giggling as she sits down. She arranges her long brown hair, and looks up with a smile as she waits for me to begin.

"Individually, how did you feel about your performance this weekend?"

Her eyes light up as she scoots forward in her chair, and sits up straight.

"I haven't been able to beat my 5k time, until the MAAC championship. It was actually a 6K, so I beat my 5K and my 6k time."

"I was calling my dad and I was like 'dad I beat my 5k time I ran

20:11", she said. "I didn't realize and all the sudden I was like wait, I ran 20:11, and I started crying."

"Everyone's staring at me like why are you crying, it's not that serious. I was just like I finally beat it", she said. "I was just so happy."

She remembers her high school slump, when she was unable to beat her personal record and go to state.

"I ran my best time for a 5k my junior year of high school which was 20:17 and my senior year I was going to be the first girl that was going to go five years in a row to states" she said. "But I had a really rough season and I just kept hitting wall after wall at all of my races and one of those races was state, and I didn't make it by 4 seconds."

She fidgets with her hair and her eyes dim. "It was so heart-breaking."

"Finally being able to get past that wall that I got caught behind has really motivated me", she said. "For a while I really didn't think I could do it anymore and seeing that on a longer run I beat

the shorter distance time, I never thought I'd be able to do that. Ever."

November 8th the Nick Russo Halloween Classic at Branch Brook Park is the next competition, and Nicholas is looking forward to it.

"Halloween run is one of the highlights of the year for me", she said. "I'm not going into this thinking I'm going to beat my best time of this year, but I'm going to run it hard."

"I'm going to be in a lady Captain America costume", she giggles. "So my legs aren't going to be covered, but it's a different feeling than the other races, it's really fun."

Having the momentum she's gained from the MAAC Championship, her goals are higher and she is determined to go further.

"So really, my dream is to break 19:00", she said. "But I want to break 20:00, then from there hopefully when I'm still on a roll and getting my times down, I can carry it over to the next season."

Saint Peter's Lady Peacocks in Pursuit of Going Against the Odds

By Charlotte Caporrino
Contributing Writer

After putting up a fight in the Metro Atlantic Athletic Conference (MAAC) championships last season, the Saint Peter's Women's Basketball team is confident in making their mark during the 2015-2016 season.

Although the Saint Peter's Peacocks ended last season with a 5-26 record, they believe they have a steady foundation to build upon. Head coach Pat Coyle is confident that each of her players is ready to take the court and

make strides.

Last season, we saw the lady Peacocks struggle to play the full 40 minutes on the court. Lack of endurance and communication got in the way of rewarding results. This season, the Peacocks say they have corrected their weaknesses and are ready to surprise those in the and out of the conference game play.

"We've turned a corner since last season", says Coyle. "We'll be better and more competitive for a full forty minutes of the game".

The Peacocks start the season with 4 out of 5 starters returning,

including the team's top scorers, sophomores Alyssa Velles and Sajanna Bethea.

"At the end of last year, I think we all saw what we are capable of", says Bethea. "We need to carry over our individual growth from the summer and preseason to this season in order to reach our full potential as a team".

In the preseason polls, the Peacocks were ranked 7th seed. Coach Coyle is not content with the ranking.

"According to our performance last season, 7th seed is justifiable. But I am not satisfied", says

Coyle. "Our players have put in a ton of work- hard work. And I think they will finally start to see the rewards from that".

Senior Hala Mostafa believes it gives the Peacocks an advantage.

"I think it is better to surprise", says Mostafa. "With a lot of girls returning, we have experience and I think its best being the underdog because it gives us the opportunity to surprise".

With five seniors, two juniors, four sophomores, and three freshmen- the lady Peacocks have a chemistry on the court that can be described as dynamic.

"We evaluate constantly and I think we've done a good job in identifying what our players need to get better at", says Coyle. "The chemistry is good and our players work well together."

The Peacocks are rigorously working towards a better season by playing on the court and hitting weight room six days a week.

"We have high expectation", says Velles.

The Saint Peter's Peacocks opened their season against Duquesne on November 13th at the Yanitelli Center in Jersey City.

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