

The Pauw Wow

INSIDE THE ISSUE



LIFESTYLE, PG. 7
Upperclassmen tips for the incoming Class of 2017

NEWS, PAGE 4
The American Dream & immigration - A journey towards living in the land of the free

OPINIONS, PG. 10
“Oscar Grant could have been my brother.” - A piece on race & Trayvon Martin

SPORTS, PG. 12
The real cost of an injury for a student athlete - an investigative piece

AROUND JERSEY CITY

Welcome, frosh - Today is the first day of classes for all undergraduate students at Saint Peter’s University. Welcome to the incoming Class of 2017.

A little service - Recently, 10 Saint Peter’s University students participated in a two-week service trip to Ecuador through Campus Ministry’s Global Outreach: Service and Solidarity program. The team volunteered at the Working Boys’ Center in Quito, Ecuador.

Supplies Giveaway - South Hudson Civic Association is sponsoring a backpack giveaway on Saturday for Jersey City students kindergarten through 12th grade. The backpacks will be distributed at four locations in Jersey City: Audubon Park, Pershing Field, Hamilton Park, and the Lincoln Park Community Center, 10 a.m. to noon.

Financial Issues - Saint Peter’s University named 1 of 10 N.J. colleges and trade schools to receive low marks in federal ‘financial responsibility’ test, according to the Jersey Journal.

Show your pride - On Sunday, thousands of members in the LGBT community came together and celebrated the Annual Gay Pride Festival and Exchange Place on Sunday, the 24th. This year’s celebration was the 13th year in the festival’s long run.

MLK Drive & Forrest Street - According to the Jersey Journal, a 20-year-old Jersey City resident was shot in the leg near the intersection of MLK Drive & Forrest Street on Saturday, this being the second shooting to occur on the street in less than a month.

Polish is Beautiful - Sunday also saw the annual “Polish is Beautiful” festival happen within Jersey City, attracting the city’s large Polish population. The event and festival, with live music, ended up taking place on Washington Street between Sussex and Grand Streets.

MORE ONLINE
pauwwow.com

The Class of 2017 brings fresh perspective to campus



President Eugene Cornacchia sits during a Freshmen Summer Orientation with parents and students from the Class of 2017.

BY DYLAN SMITH
EDITOR-IN-CHIEF

In the last year, much has changed at Saint Peter’s University. Buildings and signs were fashioned with newer, shinier looking decoration that bared the school’s new name-sake, a new structure had been opened in the hopes of acting as a social hub for the campus, and an overhaul in the school’s branding efforts kicked in, reimagining the school as a powerful leader of the pack in

liberal arts universities. With the generous financial ad packages and proximity to such a media and work area such as New York City, many at Saint Peter’s believe the school to be one to be proud of - the problem was simply promoting what so many saw as a great school.

With this new group of freshmen - the Class of 2017 - the university’s efforts to rebrand itself and reach new ground may just be paying off, with admissions numbers showing th Class of 2017 to be the largest class to

come to Saint Peter’s in several years.

According to Admissions, this year’s class is currently 645 freshmen and 105 transfer students, one of the largest its seen in years.

“We have been dedicated to recruiting efforts where we have the opportunity to engage in conversations with students, parents and guidance counselors,” said Elizabeth Sullivan, the Dean of

SEE **FRESHMEN** PAGE 3

Mayor Steven Fulop’s plans for Jersey City

BY ROSEMARIE DRISCOLL
MANAGING EDITOR

Many students returning to Jersey City for the semester will be missing the familiar face of former mayor Jeremiah Healy, who was replaced by Steven Fulop in a July 1st inauguration ceremony on the steps of City Hall.

Within the first few weeks of Fulop’s administration, political news source PolitickerNJ was already predicting the mayor’s run for governor in 2017. However, residents are beginning to question Fulop’s ability to run Jersey City.

In his campaign, Fulop pledged to improve the City’s

SEE **STEVEN FULOP** PAGE 3

#TheStruggle - Taking on unpaid internships

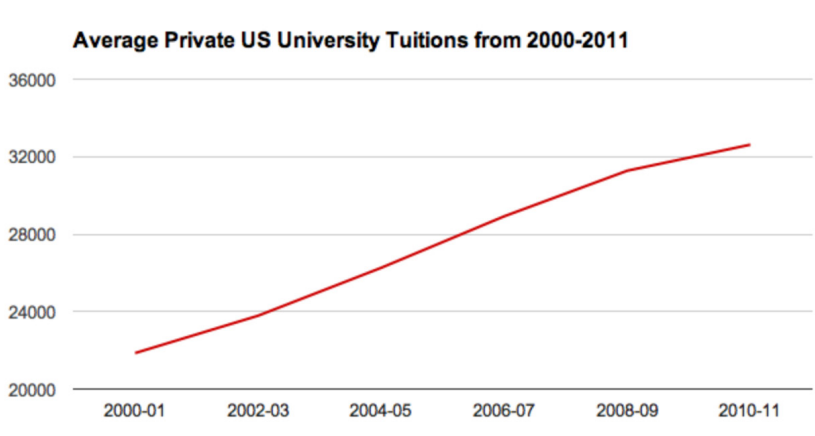
BY CARLOS GONZALEZ
ASSISTANT NEWS EDITOR

The unpaid internship culture has spread throughout the nation as a part of students’ college career. Organizations, companies and the government are even encouraging students to spend a summer or semester in an unpaid internship to have a career in a desired field post-graduation. However, students are still hesitant to have an unpaid internship, as it is difficult to financially support the experience.

Two interns working on set of the 2010 film, *Black Swan*, Eric Glatt and Andrew Footman, filed a lawsuit in 2011 against Fox Searchlight Pictures; the verdict that would follow would require employers that hire unpaid interns to create a learning environment for students, as opposed to making unpaid interns do “menial tasks.”

US District Judge William Pauley said that under the New York Labor Law and Fair Labor Standards Act Law, Glatt and

SEE **#THESTRUGGLE** PAGE 3



VISUAL DATA BY CARLOS GONZALEZ

As seen above, the average tuition costs for private universities in America has slowly increased by several thousands of dollars every year, now reaching heights of an average \$32,000 a year or more at some universities.

Peer pressure more present than ever in higher education

BY JESSE KICKEY
CONTRIBUTING WRITER

Imagine being in a place where everybody is staring at you – looking you up and down, judging how you look and what you are wearing. Then imagine that you are approached and told that you should change your appearance if you want to fit in. For many across the nation, this is something that is experienced on an almost daily basis. There are ways to deal with it, but there is no question that the grip of peer pressure is a strong one.

“Peer pressure does go on and sometimes it is kept secret, but it is your choice to follow it or not,” said Merrideth K., a freshman at one New Jersey university. “I was pressured at

times by some different groups but nothing ever got too serious because I learned how to walk away from these negative situations. However, I have seen many of my friends decide to change who they were in order to be accepted by the group. In the end, unfortunately, they were not accepted and were just used to make a joke out of for the group’s entertainment.”

According to a study released by the University of Columbia, teens are six times more likely to do something if their friends also take part in it.

“I personally have felt peer pressured as I played many sports in the past and always felt the need to be a different person in order to advance on the

SEE **PEER PRESSURE** PAGE 3

First Signature of B-Mode in Cosmic Microwave Background Radiation

BY PRAJWAL NIRLA
CONTRIBUTING WRITER

Noise is unwanted by definition, but not always. Thus, Cosmic Microwave Background (CMB) Radiation came into radar of physicists initially as a noise source, and within a short period of this encounter, it became one of the essential tools for probing the origin of the Universe. The ensuing breakthroughs similarly revealed the crucial information about our universe, in the process also bestowing a couple of Nobel Prizes to scientists and becoming a hotbed for scientific research. Acting as a new addition to this impressive list of achievements, there is now



© DANIEL LUONG-VAN / SPACE.COM

The National Science Foundation’s 10-meter South Pole Telescope located in Antarctica.

SEE **COSMIC** PAGE 3

Your journey begins now...

a letter from the editor

BY DYLAN SMITH
EDITOR-IN-CHIEF

To Saint Peter's University
Freshmen Class of 2017 -

As much as it kills the romanticism behind the thought, the truth is that change is a scary thing. Even terrifying seems like a more ideal and accurate word. It's not some adventure full of joy and escapades through dive bars and coffee shops, even if NYC is only 15 minutes away. Embarking on something completely foreign is not a comforting feeling and truly something that takes an extreme amount of courage to do. The scariest part is that, for you to get the answer you want, you kind of have to just let it hit you when it arrives.

In truth, there's no way to predict the unpredictable. Some gambles will pay off and, sadly, some won't. There's always a chance of slipping when running after what you want. Due

to that, I can't promise you all - Saint Peter's Class of 2017 - much, but I do have some words

that even someone like Dorothy probably wasn't 100% sure that following that yellow brick-road

"I very much enjoy being corrected and seeing the university I go to gain its largest freshman class in years."

of advice - just breathe.

As someone who doubted just what a new student center could bring to Saint Peter's, I very much enjoy being corrected and seeing the university I go to gain its largest freshman class in years after an overhaul of rebranding and efforts to better the campus.

There's over 640 of you and I can likely guarantee you all

would lead her to the Emerald City. Trusting your gut while still being open to new experiences seems like one of those things that can take you down paths you never expected ever even travel.

Even with working on The Pauw Wow since my freshmen year, I can see the change that has breathed new life into the paper's presence on campus.

After nearly being forgotten about, a revival in the form of myself and my peers - my classmates and fellow editors - feverishly fighting and writing our paper's way back into the hands and - most importantly - minds of our classmates and our professors feels like a pay off well deserved. Even more exciting will be the feeling of new hands to pass its legacy down to.

As someone who feels passionate about so many things and wants to pursue them all, the main thing I've learned in three years of higher education is that you sometimes just can't try and plan your next three steps. When you're trying to pick out the most marketable major and easiest way to that six-figure salary, you're probably missing out on some great experiences that make the inevitable waiting periods of life more enjoyable.

Like I said, just breathe. It'll all figure itself out. In the

Disclaimer:

The opinions of The Pauw Wow's editorials are those of the editorial board; those expressed in the articles, letters, commentaries or graphics are those of the individual author.

No part of The Pauw Wow may be reproduced without written consent.

Corrections:

The Pauw Wow works to provide the Saint Peter's University community with the most accurate and well-checked information possible.

If you feel as though an article includes some kind of mistake or error, please send all reports to Pauw Wow's Managing Editor at pauwwow@pauwwow.com.

Letters to the Editor:

The Pauw Wow encourages discussion, but does not guarantee its publication. We reserve the right to edit or reject any letter or feedback. Send your letters to editor@pauwwow.com.

Letters 500 words or less are more likely to be accepted and must include names, phone numbers, major and/or group affiliation and year in school of the author or authors. Phone numbers and addresses will not be published.

 - @ThePauwWow

 - The Pauw Wow

 - @ThePauwWow

EDITORIAL BOARD 2013-2014

EDITOR-IN-CHIEF
Dylan Smith

MANAGING EDITOR
Rosemarie Driscoll

NEWS EDITOR
Garvey Potter

ASSISTANT
NEWS EDITOR
Carlos Gonzalez

ARTS EDITOR
Emily Alequin

LIFESTYLE EDITOR
Tatiana Ferraro

OPINIONS EDITOR
Essence Rogers

SPORTS EDITOR
Kristen Kaneyuki

ONLINE EDITOR
Natalia Castillo

SOCIAL
MEDIA EDITOR
Francesca Rizzo

LAYOUT &
DESIGN EDITOR
Mykela Pascaul

PHOTO EDITOR
Taty Lopez

BUSINESS MANAGER
Laura Reinhart

PAUW WOW-TV
PRODUCER
Ksenia Stsepyetkina

FACULTY ADVISOR
ErnabelDemillo

The faculty advisor acts to support and assist the editorial board. Actual content and editorial decisions are made solely by the student editors.

YOUR AD HERE

THE PAUW WOW IS NOW ACCEPTING AD REQUESTS FOR THE 2013-2014 ACADEMIC YEAR

SPECIAL DISCOUNT PRICES FOR ALL SPU DEPARTMENTS & ALUMNI

FOR MORE INFORMATION, PRICES, OUR PUBLICATION SCHEDULE AND OUR
MEDIA KIT, SIMPLY SHOOT US AN EMAIL AT: ADS@PAUWWOW.COM

FRESHMEN
FROM FRONT PAGE

Undergraduate Admissions at Saint Peter's. "The more we are able to share the Saint Peter's experience with others, including the curriculum, program offerings, faculty interaction, active student community the more prospective students will be excited to be part of Saint Peter's. We also increased the opportunities for students and their families to visit campus." Sullivan also feels that the Mac Mahon Student Center added a new value to the school and a new march of acheivement for the school. Thus, attracting more students. In terms of student perspectives, Lealyza Cambaliza, a sophomore O-Team member and Asian-American Student Union, saw that many students were able to even come to college due to Saint Peter's excellent finacial ad packages.

"Throughout orientation, many students have told me the main reason for attending SPU was because of financial status," she said. "Saint Peter's is indeed a very expensive school, but when you minus your financial aid, your grants, and your scholarships, your tuition is no longer scary looking." Others recognize the university's efforts at expanding its list of majors - like recent additions, such as Sports Management - to its academic repertoire, as part of the reason new students are being attracted to Saint Peter's. "There are many things that attracted them [from what I've seen]," said Christian Ugaz, a first-year O-Team member and Resident Assistant on East Campus. "The student center, new majors, change to University name, [and]best financial package [are really major]." Some also feel that the Class of 2017 is one of the more dynamic and interactive

classes the school has seen in recent years - the freshmen had already started being heavily active with each other via social media platforms like Facebook and Twitter before the school even set up an official Class of 2017 Facebook Page. Nadirah Cherry, a senior who has done O-Team three times now, feels as though there's a unique dyanmic to this class she hadn't seen before. "Definitely the dynamic of this incoming group," said Cherry. "Their personalities and energy were great! Last year was great too, but this year... I can't even find the words to describe them... I think, as a whole, this incoming class is going to be "poppin"... They're just really excited to be coming here." Cambaliza, as a sophomore, relates to the freshmen excitement in finding new freedom. "The incoming freshmen are most excited for having a sense of independence when

they start college," she said. "For commuters and residents, independence is a key word to attending college. Many students have told me that they can't wait to not have someone nag them about cleaning their room and not have someone to remind them about homework, which can be a good and bad thing, ut these students cannot wait to be free and be able to spread their wings." As the Facebook page stands days before all students return back to campus, comment and posts expressing excitement about starting college fill the majority of the feed. Other posts include students asking for advice, interacting and looking into the different clubs and activities offered at the school. "#SPU17", a hashtag, also acted as a way for the freshmen to interact with each other during orientation through social media accounts like Twitter and Instagram. While what is in most of their

futures is still to be determined, many feel as though the months of invesment and limbo that Saint Peter's sat in - the months of construction on the Mac Mahon Student Center - were worth the big pay off in the end. "The new Mac Mahon Student Center opening in March helped to get students and families excited about Saint Peter's," said Sullivan. "As the newest facility and the student hub [became open to the students], we were able to showcase this dynamic new space. Students were able to spend time where they would be as student at Saint Peter's. It's a beautiful and impressive building [and] a real wow factor."



Mayor Fulop won the election race back in May and saw a high amount of students and young people come out and volunteer as part of his efforts to get Jersey City residents to come and vote.

STEVEN FULOP
FROM FRONT PAGE

education and job training and therefore revive the American dream. He said in his inaugural address that Jersey City "cannot collapse into have and have not's. . . . We rise or fall as a community." His plans include job training and education to bring continuing downtown investments to fruition and to extend rebuilding past "the gleaming waterfront" and into Jersey City's historic neighborhoods. How this policy will affect Saint Peter's students is as yet unclear. "We are revamping the city's Office of Employment and Training," Jennifer Morrill, Mayor Fulop's press secretary, says, "and one component we are looking to expand upon is creating real partnership with our business sector. " She continues: "Jersey City is home to dozens of financial industry firms, among many other prominent corporations and non-profits, and we would like these institutions to offer internships to our college and high school students." Fulop established plans to bring investments to the neighborhoods of Jersey City to match those on the waterfronts during his campaign, but these neighborhoods have seen little initiative so far. For example, Morrill denied rumors that McGinley Square would soon be connected to the Hudson-Bergen Light Rail, which would create an easier commute for students in Hoboken, West New York, and Bayonne, as well as connect Saint Peter's more directly to downtown Jersey City. Fulop's campaign also

promised the elimination of corruption in the local government, including setting limits on holding multiple offices in local government and therefore collecting multiple salaries provided by taxpayers. This legislation failed in the Jersey City Council, but that did not stop Fulop from controversially appointing a Public Safety Director to oversee both the City's Fire Department and Police Department. "For too long, public safety resources were unevenly distributed in Jersey City," says Morrill, "The previous administration relied too heavily on crime statistics for the entire city, rather than looking at how crimes were happening on a specific block or in a localized area." She continues, "The Police Department has redeployed personnel to the areas with the greatest need and that have historically seen higher crime." When Jersey City residents get tangled in gang violence, drug use, or any other detriment, it is, according to Fulop, "not our obligation to discard them." In his inaugural address, he quoted the philosophy of the Marines, whom he joined and served with directly following the September 11 attacks, saying, "Leave nobody behind." Fulop acknowledged the need for private investment, which, in past municipal administrations, has been closely tied with corruption. With Jersey City's history of shady politics, which Fulop referred to as a "rich and colorful legacy," residents should watch closely to hold the new mayor to his word.

PEER PRESSURE
FROM FRONT PAGE

team," Merrideth explained. "Going back to high school, I was very active on three different sports teams and felt a ton of pressure since I was an underclassman on a varsity team. The other girls expected a lot from me so the girls would make me do things that would get me into trouble. They said that by me doing those things, it would show them that I was committed to the team so I listened to them." John Carbone, MD, JD, FCLM, the director of North State Forensic Psychiatry, feels that peer pressure is something common among all people at all times. "People have an intrinsic need to 'fit in.' That's the basis of peer pressure. Even adults who desire acceptance will succumb to pressure in a hope, sometimes unconscious, to be liked and part of an accepting larger group." Dr. Carbone went onto talking about cases of peer pressure he came across throughout his career. "The cases often deal with patients who are mentally ill and badly need medication, but whose families tell them "it's all in your head" or "snap out of it... you don't need those silly medications." There are a lot of misconceptions about mental health and illness since people are scared of things they don't understand. Thus, when confronted with the fact that a son or daughter (or spouse or parent) might be mentally ill, some families put their heads in the sand and encourage the patient to "ignore that doctor who doesn't know what he's talking about." This is certainly a form of "(DNA-related) peer pressure." "It takes a very strong and determined person to have the self-esteem to resist such pressure and not really care if the larger group likes it or not," Dr. Carbone said. "Most people cave, even though later many agree that the pressure did more harm than good and that they wish they had summoned the courage to just do what they knew, down deep, was in their best interest." Peer pressure starts out in primary schools and continues throughout the secondary schooling as well. Today, it is clear that college students still have to face and deal with peer pressure. Another freshman at a New Jersey school feels that while peer pressure does go on, you have to be strong enough to stand up to it and not give in. "Peer pressure does go on in

all places regardless of age or gender but you have to be strong enough to recognize the negative effects of peer pressure and be able to stand up against it," said Taylor P. who also went on to speak about her own experience with peer pressure. "I did encounter peer pressure and it was tough at first because I didn't recognize it as being peer pressure, but once I did come to realize it after others were noticing it, I decided to walk away." "Peer pressure, in general, I see starting at a young age," said Rosemarie K., a mother of four, with two college-aged children. "As a mother of four children, two boys and two girls, I see it starting from when they first enter school." "With both a son and daughter currently in college, I see more of a struggle for acceptance with my daughter than my son. I feel girls are pressured more when it comes to their clothes, how they look, and who they choose to associate with." Dr. Donal Malone, an associate professor of sociology and urban studies at Saint Peter's, agreed that college students and even older adults still fall victim to peer pressure. "Even on campus, you can see students dressing in different clothing styles as well as in different brands. These styles and brands often reflect membership into different subcultures here on campus." Dr. Malone feels, however, that while peer pressure is negative, it can be positive too in certain circumstances. Even though peer pressure may go on in colleges and universities nationwide, it is not always something that is visible. Peer pressure is often done quietly and kept a secret to try to influence a person into giving into the demands of a group. "Peer pressure goes on in all places, especially in college," said Jade K., a freshman college student. "I feel that peer pressure exists in all forms and they may be noticeable or done in secret. Peer pressure is always negative in all situations. I think that girls face more pressure because so much is expected of them. Girls are constantly competing with one another regardless of how old they are. However, I think that guys too face peer pressure, it's just they face it in different ways." She goes on to speak about her own experience with peer pressure. "I recently got initiated into a sorority and felt many different types of peer pressure but I learned to simply say no and avoid these situations. But, I have seen many of my friends give into peer pressure." "In high school, especially, I faced a lot of peer pressure when I was starting out there in my

freshman year. It was a brand new school, new people, and I didn't know anyone so I wanted to just make new friends. Here, I gave into peer pressure and felt the need to change my attitude and even did poorly in school in order to keep up with my new friends," remarked Taylor P. "Peer pressure along with their college studies does add a lot of unneeded stress onto them," said Rosemarie K. "I know that their values that they have learned along with a secure and stable home gave both of my children a strong foundation that enables them to deal with peer pressure by not giving into it, walking away, and learning to say no while at the same time holding their head up high and being proud of who they are." Merrideth K. offered some advice for young people who might feel pressured to do something that might make them uncomfortable. When asked what she would tell to others going through peer pressure, Merrideth K. said, "I would just tell them to do what they want. To believe in what you believe in and follow it. Don't allow others to affect you." Taylor P. shared this sentiment. "I would also tell them to stick to their decisions and do not allow others to pressure you into doing something that you don't want to." Jade K. added "I feel that you should never change yourself to get the approval of others. Even though your friends may be doing things, that doesn't mean you have to. You need to listen to your inner self and follow your heart because at the end of the day, you need to be the one to make yourself happy. No one else's opinion really matters - just your own." Dr. Carbone too offered some ways that someone can cope with peer pressure. "It's good to diversify support groups. Kids who are in gangs, for example, only hear the gang's opinion on things. Having a close relationship with family, friends from school, friends from other activities, perhaps church, hobbies, etc., allows a person to hear opinions from a varied assortment of people. If one has that unpleasant gut feeling that one group is proffering bad advice, they can rely on others in their umbrella support group to resist the (bad) pressure from one quarter. Thus, don't put your eggs in one basket."

The American Dream: A journey to living in the land of the free

BY CAROLINE CHAVEZ
CONTRIBUTING WRITER

It was a Sunday morning, clear and sunny. Many undocumented immigrants were idly listening to hear someone give them the okay to safely cross the border into the U.S from Mexico. To many of them it was a dream come true, but to the American government it was an illegal act that can result in deportation.

But for some who entered without documents, there may be some hope. The House Judiciary Committee introduced a series of bills to overhaul the nation's immigration system. The immigration reform proposes a difficult but fair path to legalization for the estimated 12 million undocumented people. That would result in not only a fine and repayment of back taxes, but also a provision that would put them behind individuals currently waiting in line for green cards. The reform would create an effective employment verification system and establish an improved process for admitting future workers.

According to the March 2013 Census Bureau, there is 143,000,000 immigrants in the United States. These immigrants come to the U.S. for many different reasons such as opportunity, freedom, and a chance for a better life. "The Statue of Liberty is an iconic symbol in America because she has open arms that welcomes all people," said Dr. Jennifer Ayala from the Saint Peter's Education Department. She felt strongly that the immigration bill does not do enough for the people due to the lack of substantial funding within the bill.

"The government sends mixed messages as to what they want immigrants to do working wise, one minute they want you to stay the next they want you to deport," said Ayala.

Ernesto Chavez, an

immigrant from Peru speaks about his difficult time coming to the United States. It was February 1982 when he and his family just made it through the illegal maze that would take him from Mexico to the United States. Day in and day out there was a constant struggle because poverty had hit hard where he lived. Little did he know he would also struggle very much to get to the land of opportunity.

Chavez was denied a Visa to come into the United States, so he said he didn't have many options but to risk everything. He knew there were agencies in Peru that could get him connected to people in Mexico who would help cross the border into California. So that's exactly what he did--he packed up his most valuable belongings, and his wife and three year old daughter and left for the United States.

They landed in Mexico and stayed there for a week waiting for a phone call that would provide the time they should be at the border and who they were going to hand over their daughter to. During this time people would meet American citizens at the border who would transport children to safe areas just in case immigration became suspicious.

"I've never been so afraid in my life, not to get caught by immigration, but knowing that I had to hand over my daughter to a complete stranger," said Chavez.

But immigration officials caught him and his wife, and were arrested for a week while they waited for his brother who lived in the United States to post bail. They were transported to San Diego while their daughter was waiting for them at a secret location in California. He was not deported, however, because they gave him a chance to fix his situation and when they got released the family was joined together. They boarded a Greyhound bus to New York with little to drink and bread to

survive on their three day ride. They moved in with his brother and never looked back again.

Another undocumented immigrant from Mexico, Carmen Postigo has explored all her options to become a citizen of the United States. She made her way through the Mexican border in hopes to one day live the American Dream. She made her way to California at the age of 28 and moved in with her cousin, but lived in fearing of the chance of being deported. Another option was to marry an American citizen to grant her citizenship and that's what she did.

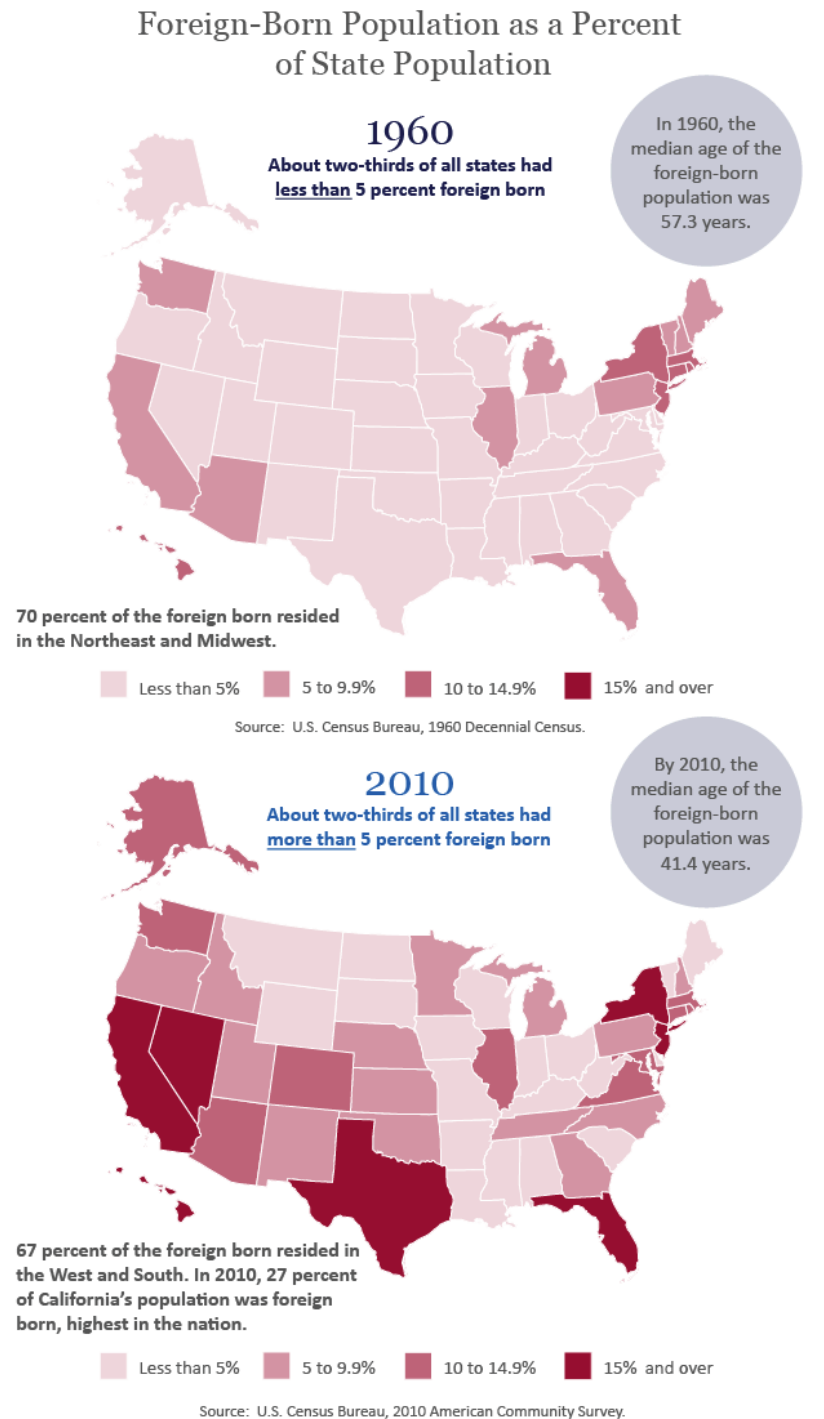
"I paid a man \$3,000 to marry me so I could stay in this country," said Postigo. "I didn't have much choice."

After ten years of marriage and becoming a permanent resident of the United States, she got a divorce and married her true love and had a daughter, Claudia Espinoza. Claudia had a different struggle growing up as a daughter of two immigrants. She faced being ridiculed because she looked different and came from a different background, living in a mostly White town in New Jersey. To her living in the states is all she knew, but she also felt deep inside that people would never let her forget where she came from.

"I'm proud to be Mexican. Yes, I may look different but that's what makes me special," said Claudia Espinoza.

Espinoza is grateful for the opportunity her parents have given her living in the states. She has been accepted to many colleges and works for an insurance company. Her mother agrees that sneaking herself into the United States was wrong, but she did not regret it because her daughter has a bright future and they live a much easier life than in Mexico.

Immigrants do not only leave their country for money and opportunity, but also for freedom. Ibeyise Villa, an



immigrant from Cuba fled the country with her parents and brother at the age of five. At the time Villa left Cuba, Fidel Castro had just taken office, and Villa said she saw her beautiful island turn into a communist country. He gave his people an opportunity to leave the country before the revolution started.

"He didn't want certain people in Cuba, like gays and Cubans who didn't believe in the same religion," said Villa.

Villa's family thought it was best for them to leave at this time because they knew they may never get another chance. At the time it was easier for Cubans to get residency in the United States. Her grandmother

who lived in the States for years "claimed" them through immigration. Claiming is when you ask immigration for immediate family members to come live in the United States.

Fortunately, they got accepted and they have lived in the United States for twenty years.

As many feel, immigration reform can create a difficult, yet fair path to citizenship for unauthorized immigrants currently living in the United States; even more importantly, one that is contingent upon securing our borders and tracking whether legal immigrants have left the country.

COSMIC

FROM FRONT PAGE

detection of a new polarization mode.

CMB is a blackbody radiation - meaning energy radiated by a body at certain temperature, which is governed by Planck's law of radiation. It came as the strongest evidence in the support of Big Bang Origin of the universe, marking an end of the competing Steady State Theory, which stated there is no beginning or end of the Universe. This signal pervading the sky isotropically now lies in the radio region due to expansion of space, and due to enormous redshifting since the period of last scattering.

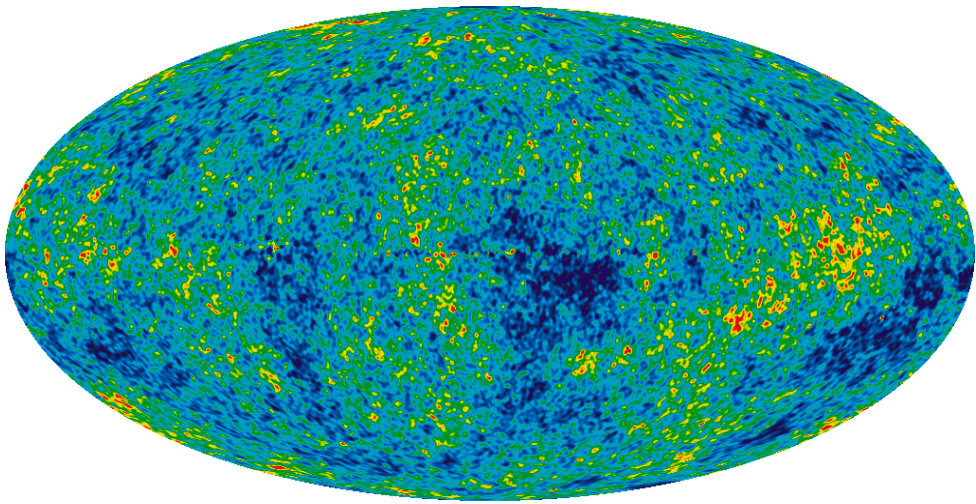
Speaking of its history, there had been theoretical speculation about the presence of such radiation as early as 1950s, from the earlier proponents of Big Bang Theory. The radiation was emitted by the primordial ball of hot plasma, which could no longer scatter the radiation as the universe expanded and the plasma cooled down different charges combined to neutralize. While experiments were being planned to search for such radiation in 1964, Wilson and Penzias, then working in Bell Laboratory, accidentally found a constant noise source, which did not vary with the direction no matter which direction their radio antenna was pointing at. This inadvertent finding

was soon brought to notice to theoretical astrophysicists, and was duly recognized as CMB. The importance of this discovery was recognized by awarding Wilson and Penzias with a Nobel Prize in 1978.

Cosmic Microwave Radiation has proved an important tool in understanding the origin of the universe. In its signals are embedded the information about the earliest galaxy formation, and the development of the universe as we know today from an hot ball of plasma that our universe was. It pervades all the universe, and has blackbody curves corresponding to temperature of 2.73 K. It perfectly fits into the blackbody radiation curve, with minor deviations, which are perfectly explained by the motion of the Earth around the Sun. However, as good as that may sound, a lack of noticeable deviation actually brought a formidable challenge to physicist commonly referred to as horizon problem.

The isotropic nature of cosmic microwave backgrounds meant that different parts of the universe were at thermal contact during the time of last

scattering. And special relativity commands that any information, including thermal, should

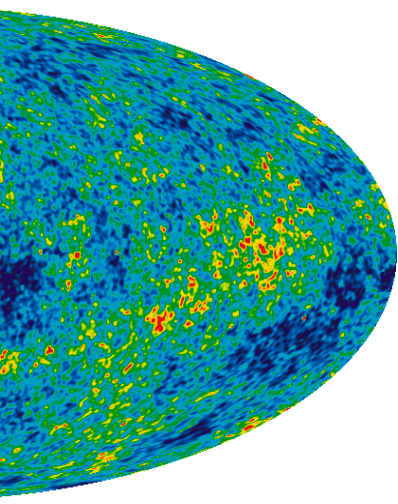


Fluctuations in CMB recorded by WMAP (NASA)

be causally related, which seemed impossible given the size of the universe. This led to the development of an inflationary theory, which predicts a phase of rapidly accelerated expansion of the universe and inflation, before the period of last scattering. As relativity allows expansion of speed greater than speed of light, the theory helped to solve the problem. However, the nature of inflation, primarily the field driving the inflation and the period of before the period of last scattering, are currently topics of considerable research and speculation.

Fluctuation in cosmic radiation was first detected by COBE satellites at the turn of

the century. The data obtained from the experiment showed the existence of fluctuations



© NASA

in the radiation at the level of 1 in 105. This fluctuation are quantum mechanical in origin, and were responsible in creating the minor variation in mass density, which later acted center for creation of the galaxies. The detection of fluctuation was recognized with a Nobel Prize in 2006 to George Smoot and John Mather. Later, two more satellites via WMAP in 2002 and Planck in 2009 were launched, which have carried out detailed measurement all over the sky.

In addition to satellites, there are many ground-based telescopes dedicated to look at Cosmic Microwave Background like Atacama

Cosmology Telescope and South Pole Telescope, built on some of the driest places on the earth to avoid radiation produced by water vapor in the air. Recently over this summer, the South Pole Telescope detected first sign of B mode polarization in the cosmic microwave radiation produced by distortion by galaxies. B mode are certain types of polarization which occurs due to gravitational effect on CMB. However, the recent findings are from gravitational effect from galaxies, and the bigger catch would be in detecting primordial B modes arising from gravitational effects of the early universe itself. This would allow physicists to look into the universe during period of inflation.

The new experimental evidence will allow us to directly look into the time of inflation, a period of time about which much information is currently inaccessible. Thus, this will help to replace our previous speculations about inflation field firm experimental evidences, and it will be the next step in our pursuit of knowing - where we all came from.

#THESTRUGGLE
FROM FRONT PAGE

Fair Labor Standards Act Law, Glatt and Footman were considered employees and not unpaid interns. The unpaid internship experience still begs the question of whether the experience will ensure a paid position for university graduates.

“Among 2013 graduates who had applied for a job, those who took part in paid internships enjoyed a distinct advantage over their peers who undertook an unpaid experience or who didn’t do an internship,” said the National Association of Colleges and Employers. In study conducted by the NACE, it was revealed in college students of the class of 2013, 63.1 percent of those who had a paid internship were offered at least one job post-graduation, compared to 37 percent of those did an unpaid internship during their college career.

“Unpaid internships are designed to be a learning experience.. to test their skills, see what they’re good at, and see what they like” said Mandy Sciacchitano, the InteRDom Internships and Global Foundation for Democracy and Development (GFDD) Manager. In unpaid internships, students have the opportunity to earn credit, add their experience to their resume, and have that experience of being in the field.

InteRDom Internships is a internship program and a GFDD initiative for students to intern and study abroad in the Dominican Republic. “In the developing world you have the opportunity to make an impact and really do something innovative and different that might not have been introduced there yet,” said Sciacchitano.

Developing countries are in the process to integrate technology, a form of government, and proper health care systems. Minds from a developed country, such as the US, gives the country an opportunity to experiment with students, and

in exchange, students are able to experiment with a prospective career path. This could give both the developing country and the student a fulfilling experience.

In the US, the current economic standing has yet to fully recover from the economic crash, making companies and organizations cut paid positions and give those jobs to unpaid interns. Additionally, as American university tuitions keep rising, however, parents are finding it more difficult to financially support their children through university and an unpaid internship, and students resort to getting a part-time job that has nothing to do with their field of study.

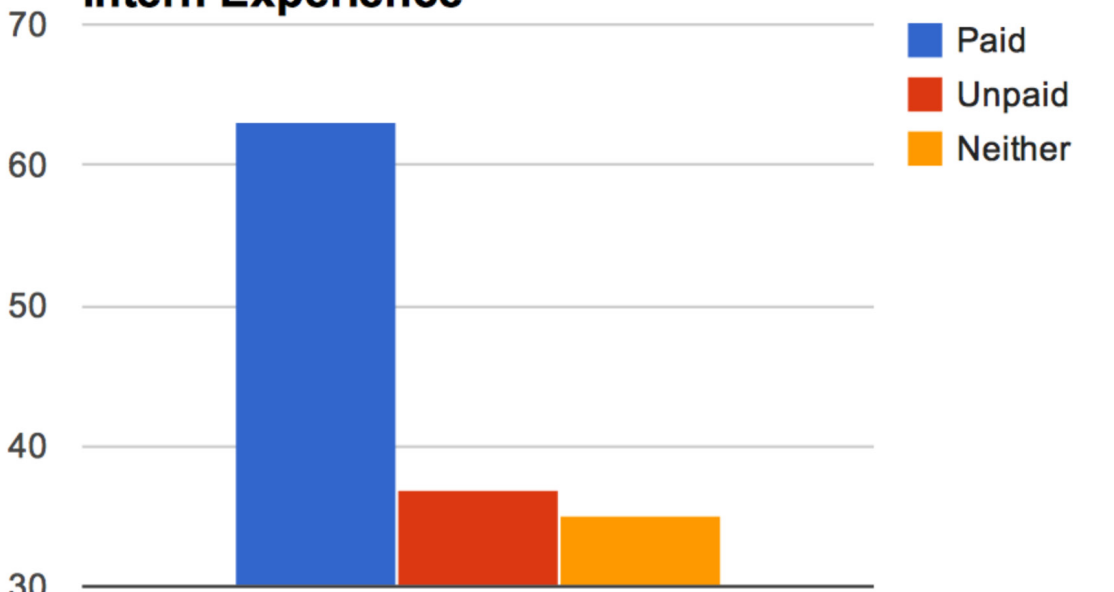
According to the National Center for Education Statistics, in the academic year of 2006-07, the average private not-for-profit four year universities (such as Saint Peter’s) tuition was \$28,919. In the academic year of 2010-2011, the average rose to \$32,617, resulting in a 12.8% increase in five years. Unless the employment rates and salary wages increase, students will continue to have a difficult time paying for university and funding their time during an unpaid internship.

As youth unemployment decreased in the summer of 2013, youth labor is increasing and the economy is attempting to fit youth in the job market. “This summer the youth labor force grew by 2.8 million, or 13.4 percent, to a total of 23.5 million in July,” according to the Bureau of Labor Statistics. In order to study and work to make-ends-meet, the American Association of University Professors recommends that university students work 10-15 hours per week.

When placing students in internships in the Dominican Republic, Sciacchitano said that InteRDom “... suggests to offer some sort of incentive, but it’s not always within the means of the organization” to finance the intern.

Paid and unpaid internships differ, as organizations and companies see them as

2013 Graduates Offered At least One Job After Graduation Based on Intern Experience



VISUAL DATA BY CARLOS GONZALEZ

Despite claims that internships always lead to new opportunities, many young students have found that taking an unpaid internship only ends with full-time employment for about 30-or-so students per every one hundred in an internship.

differently for the students.

“The difference might be that in a paid internship a student might be completing regular work assignments, while in an unpaid internship the emphasis might be on a student’s learning experiences,” said Peter Gotlieb, the Associate Dean-Cooperative Education of Saint Peter’s. Sciacchitano would agree that the experience between a paid and unpaid internships are different because an unpaid internship position would require the organizations or companies to take on an academic role for the interns.

Saint Peter’s University Career Services and InteRDom help students financially when students land an unpaid internship by providing scholarships and stipends are available for students who cannot finance their experience.

“We try and help the student inquiring the funding necessary,” said Sciacchitano.

“Many students arrange their class schedules so that they can continue with their part-time jobs, (e.g. work study jobs), while doing an unpaid internship. This allows them support their financial needs while

advancing their professional development,” said Gotlieb.

“My parents [financially] supported me through my internship experiences,” said Rhoda Severino, a Saint Peter’s University graduate of 2011.

Severino interned at five different organizations while doing her undergraduate studies in political science and history, and a graduated with a master’s degree in comparative democracy from the London School of Economics in 2012. She spent summers in Washington, DC, New York city and Manila trying to boost her resume during her undergraduate studies.

Severino currently lives in her hometown of Singapore, where she works as a Research Assistant at the Lee Kuan Yew School of Public Policy. Although, “currently I am job hunting for a job that I really want. This job is only temporary,” said Severino. Severino’s current job is in the political science field, but she believes her tasks are not what she is working towards in her career.

“Some employers don’t even look at unpaid internships as real experience,” said Severino from her personal experience job hunting both in Singapore

and abroad. Severino emphasizes that some organizations do not grasp the unpaid experience as academic. “Never have I gone to go get coffee for someone,” argued Severino, but prospective employers sometimes saw her unpaid internship experience as such during her job hunt.

When trying to fill your resume and considering unpaid internships Severino said “it helps to have something there,” and Sciacchitano believes that the experience can help students to “test the waters.”

The experience itself can be valuable, but financing can prove to be the most challenging aspect for modern-day university students. Especially when considering the results of the NACE study which illustrated that only 37 percent of students who acquired an unpaid internship were offered at least one job after 2013 graduation.

Sophomores reflect on their freshmen experience

BY LAUREN GLASSBERG
CONTRIBUTING WRITER

Chelsey Holloway woke up every morning and looked at her pink sticky note countdown. She then took off a note, crumpled it into a little ball, and slam dunked it into her waste bin. Her morning ritual was very important to her – she was counting down the days until her plane ride home and the end of freshman year.

Freshman year is really the clincher that sells the world of higher education to fresh-faced high school graduates. A good freshman year experience can make a student want to stay in school and try harder in classes. But what about the hardships freshmen have to go through to adjust to college?

According to a 2010 survey done by the Higher Education Research Institute, first time college freshmen are more emotionally unstable and stressed than ever before. When asked about their emotional health, only 51.9% of freshmen said they were “above average.”

“I just miss home so much,” Chelsey said with a sigh. She’s from Saint Croix on the Virgin Islands – a long, long way from Jersey City. Many students at the school go home every weekend. Chelsey can only go home to her family for winter and summer break. That’s enough to make any person homesick.

It’s almost expected of Chelsey to be the timekeeper of days with her friends. “I started in the hundreds,” Chelsey recalls.

Adjusting to life away from home can be hard even for the students who do live close enough to go home to clean their laundry and eat a home cooked meal.

“I know I don’t actually live too far away from school, but when I’m at school, I miss being around my family,” Elise Soares explains. Elise goes home almost every weekend. During the week she can’t help but long to be home, with her parents, her younger sister, and even her dog. She especially longs for food not served from the cafeteria.

“Even the food here makes me feel homesick,” Elise says. “When I eat it, I just want to be home eating my mom’s food.” She is very close with her family and being away from them is difficult. She jokes that during school, she sometimes dreams of her favorite meal: her mom’s cheesy rice.

There are also issues facing those who choose to stay on campus for the weekend.

“It’s like a ghost town here on the weekends,” Aminata Hughes states. “There is just no one here and nothing to do. It’s tragic.” Aminata is from Queens, close enough to go home for the weekend, but she’d rather be around campus.



© LAUREN GLASSBERG

“I feel like, why should I go home? It’s boring there and my friends are here. But then there’s absolutely nothing to do.” Aminata says, “just because there’s so many commuters and a lot of the residents go home on the weekend is no excuse for the lack of everything.” She thinks that if there were fun things to do on campus during the weekend, less people would want to go home and it wouldn’t be so depressing to stay.

“And just because we’re so close to the city is no excuse,” she quips.

Curtis McCormack has a

complaint of a similar nature. Things on campus close so early. Dinner stops being served at 8 o’clock.

“You can only sign people in until 2 am,” Curtis complains, “which is so stupid. Especially if the person you signed in goes to this school. If I sign in my friend from Millennium, they have to be out by 2 am. Why? They go to this school!”

Dr. Michele Picarelli is a math professor and freshman advisor, someone who helps students adjust to college life, from academic questions to general concerns.

“The freshmen I advise are the freshmen who do summer academy - 3 weeks over the summer,” says Dr. Picarelli, “the students are usually more adjusted to the school than those who might have only seen the school once.” Dr. Picarelli explained that if more students got to know the school the summer before attending, then they probably would have an easier time adjusting to college life and making sure that Saint Peter’s is right for them.

Of course, there are the

freshmen who feel like they picked wrong when they picked Saint Peter’s. Freshmen year in a university that doesn’t feel right can make adjusting difficult or almost impossible.

“This school was just not the right fit for me,” Karen Izaguirre says. She’s felt unhappy at Saint Peter’s for a while, desperately trying to find a way to transfer.

“I kind of want to go to University of Indiana,” Karen says, “I like their English program way more than the one here.”

“I hated almost everything about this school,” Karen said with a grimace. “The classes going over basic stuff, the food in the cafeteria, and most of the other students. It doesn’t feel like an actual university. It feels like no one here is serious about education. I just want to graduate and get a career in publishing.”

This is the same case for Jacky Chen. He transferred to Fairleigh Dickinson University, which is in North Jersey. Although he liked it enough at Saint Peter’s, he felt like FDU is just a better fit for him.

While some have not had the best experiences during their freshmen year, many returning freshmen feel that the current freshmen simply have to wait it out and that any problems will resort themselves out.

Summer Mysteries: “Gone Girl” by Gillian Flynn vs. The Cuckoo’s Calling by Robert Galbraith

BY EMILY ALEQUIN
ARTS EDITOR

Chelsey Holloway woke up every morning and looked at her pink sticky note countdown. She then took off a note, crumpled it into a little ball, and slam dunked it into her waste bin. Her morning ritual was very important to her – she was counting down the days until her plane ride home and the end of freshman year.

Freshman year is really the clincher that sells the world of higher education to fresh-faced high school graduates. A good freshman year experience can make a student want to stay in school and try harder in classes. But what about the hardships freshmen have to go through to adjust to college?

According to a 2010 survey done by the Higher Education Research Institute, first time college freshmen are more emotionally unstable and stressed than ever before. When asked about their emotional health, only 51.9% of freshmen said they were “above average.”

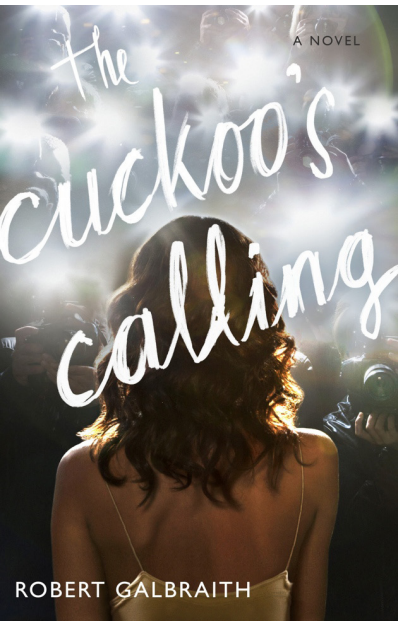
“I just miss home so much,” Chelsey said with a sigh. She’s from Saint Croix on the Virgin Islands – a long, long way from Jersey City. Many students at the school go home every weekend. Chelsey can only go home to her family for winter and summer break. That’s enough to make any person homesick.

It’s almost expected of Chelsey to be the timekeeper of days with her friends. “I started in the hundreds,” Chelsey recalls.

Adjusting to life away from home can be hard even for the students who do live close

enough to go home to clean their laundry and eat a home cooked meal.

“I know I don’t actually live too far away from school, but when I’m at school, I miss being around my family,” Elise Soares explains. Elise goes home almost every weekend. During the week she can’t help but long to be home, with her parents, her younger sister, and even her dog. She especially longs for food not served from the cafeteria.



“Even the food here makes me feel homesick,” Elise says. “When I eat it, I just want to be home eating my mom’s food.” She is very close with her family and being away from them is difficult. She jokes that during school, she sometimes dreams of her favorite meal: her mom’s cheesy rice.

There are also issues facing those who choose to stay on campus for the weekend.

“It’s like a ghost town here on the weekends,” Aminata

Hughes states. “There is just no one here and nothing to do. It’s tragic.” Aminata is from Queens, close enough to go home for the weekend, but she’d rather be around campus.

“I feel like, why should I go home? It’s boring there and my friends are here. But then there’s absolutely nothing to do.” Aminata says, “just because there’s so many commuters and a lot of the residents go home on the weekend is no excuse for the lack of everything.” She thinks that if there were fun things to do on campus during the weekend, less people would want to go home and it wouldn’t be so depressing to stay.

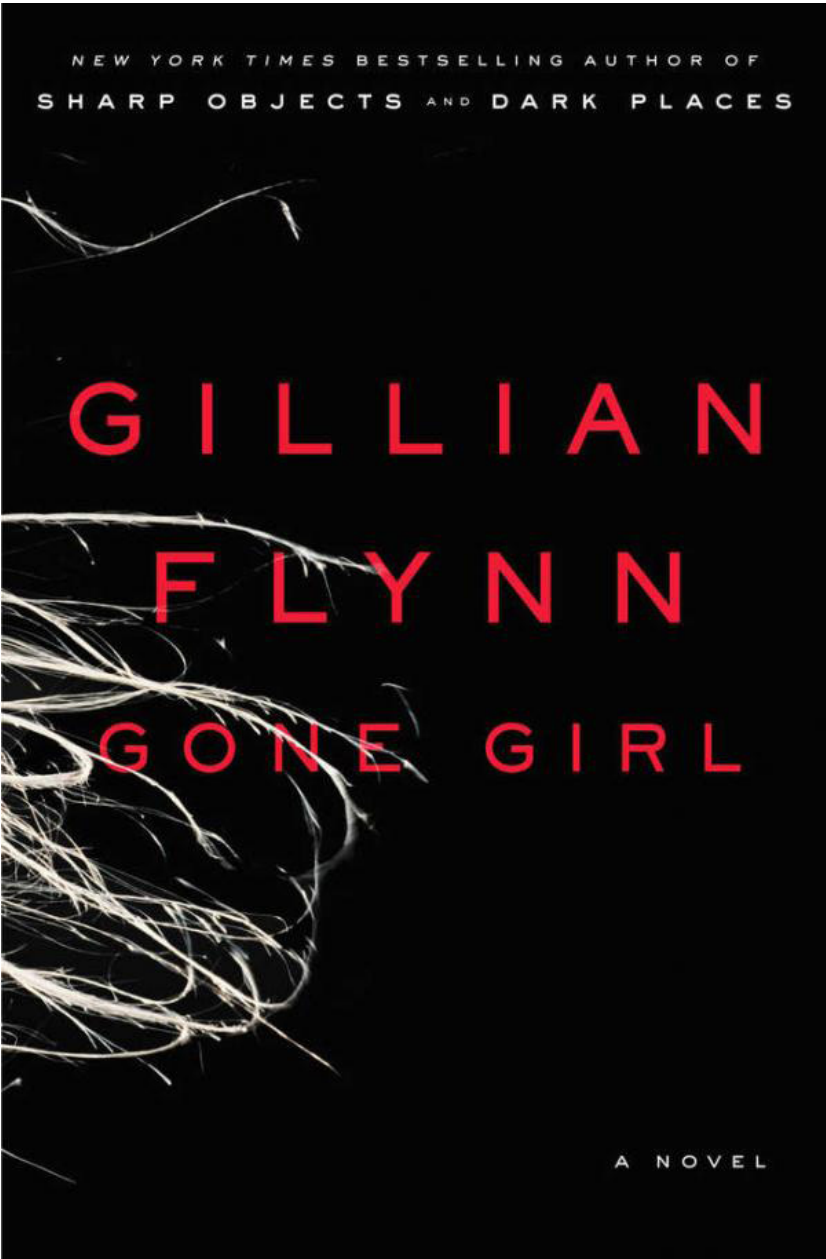
“And just because we’re so close to the city is no excuse,” she quips.

Curtis McCormack has a complaint of a similar nature. Things on campus close so early. Dinner stops being served at 8 o’clock.

“You can only sign people in until 2 am,” Curtis complains, “which is so stupid. Especially if the person you signed in goes to this school. If I sign in my friend from Millennium, they have to be out by 2 am. Why? They go to this school!”

Dr. Michele Picarelli is a math professor and freshman advisor, someone who helps students adjust to college life, from academic questions to general concerns.

“The freshmen I advise are the freshmen who do summer academy - 3 weeks over the summer,” says Dr. Picarelli, “the students are usually more adjusted to the school than those who might have only seen the school once.” Dr. Picarelli explained that if more students got to know the school the



summer before attending, then they probably would have an easier time adjusting to college life and making sure that Saint Peter’s is right for them.

Of course, there are the freshmen who feel like they picked wrong when they picked Saint Peter’s. Freshmen year in a university that doesn’t feel right can make adjusting difficult or almost impossible.

“This school was just not the right fit for me,” Karen Izaguirre says. She’s felt unhappy at Saint Peter’s for a while, desperately trying to find a way to transfer.

“I kind of want to go to University of Indiana,” Karen says, “I like their English program way more than the one

here.”

“I hated almost everything about this school,” Karen said with a grimace. “The classes going over basic stuff, the food in the cafeteria, and most of the other students. It doesn’t feel like an actual university. It feels like no one here is serious about education. I just want to graduate and get a career in publishing.”

This is the same case for Jacky Chen. He transferred to Fairleigh Dickinson University, which is in North Jersey. Although he liked it enough at Saint Peter’s, he felt like FDU is just a better fit for him.

From smart phones to syllabi - mixing social media and school

BY MEGHAN INAIRO
STAFF WRITER

With a majority of people using technology, it’s no surprise that interaction by means of social media has, in some cases, become more popular than face-to-face interaction. Not only does it provide ways of communication between people and their peers, but also between schools and students, and even companies and the general public for advertising purposes. It is often said that social media has become a “distraction for students”, but if used the right way, it can potentially be a student’s biggest help.

Take a look at these social networking sites and how you can use them to your advantage, including some that you probably use every day:

TUMBLR: Several blogging platforms like TuMblr allow for a user to post a wide variety of content including text, photos, music, and videos. Not only can a user post anything originally, he or she can also “reblog” another user’s post, search for tags that may be of interest, or follow other blogs whose posts will show up on the user’s dashboard (or homepage). Tumblr also incorporates an “Ask” feature, in which users have the option of sending a message to another user anonymously.

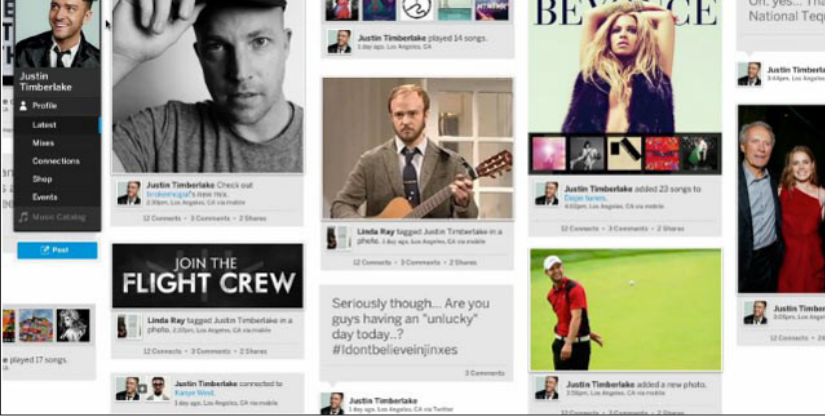
However, on a blogging site like Tumblr, there is much opportunity to get creative. Students within fields that may require portfolios of one’s work can make use of Tumblr’s

features to do so. A person can also use Tumblr to share original writing, photography, or art with his or her peers. Specific blogs including music, fashion, and food reviews can also be made. The appeal of Tumblr is that there is so much possibility, whether the purpose is simply to make friends or to potentially find a career.

LINKEDIN: Recently lowering the age restriction to 14 years old, LinkedIn is a professional networking site which allows users to find careers. The website gives users the opportunity to create “Connections” with people in the job market that they know personally, upload resumes, showcase skills and experience, and search for jobs that are hiring. Employers also use LinkedIn to search for potential employees.

F U N N E L B R A I N : FunnelBrain is the ideal website for those who have trouble studying and retaining information. It combines social networking with education, providing an environment in which students can improve their study habits in a fun, interactive way. It works by allowing users to create custom flashcards and quizzes using whatever information they would like. The social aspect comes into play with the “Study Team” feature in which users can study together as a group by sharing flashcards, quizzes, messages in the discussion boards, or even uploading documents.

The “unholy trinity” of social networking, so to speak,



has in many cases caused students to become distracted, whether it was choosing a “Top 8” on MySpace, #hashtagging on Twitter, or “liking” away on Facebook. However, how a person uses these websites is what’s really important.

MYSPACE: MySpace recently received a makeover. What was once a website where people could send out bulletins saying “Like my new default picture from the Fall Out Boy concert and I’ll like your default back!”, has matured along with its users.

The “New MySpace”, as advertised, is the go-to website for all things music and media - in fact, focusing heavily on networking and the concepts of new media. New users can select an account type (including but not limited to: entrepreneur, musician, model, actor, activist, etc.) and be identified as such. It also allows people to connect to whatever it is they want, thus placing it on a stream of all things they’ve connected to.

FACEBOOK: Facebook is a website many people already

use daily, but what some may not know about is all of the resources Saint Peter’s has for its students. Not only is Saint Peter’s on Facebook, so is the university bookstore, Saint Peter’s Student Activities (which has a weekly giveaway called “Facebook Freebie Friday”), and many clubs within the school. Below is a list of links to such pages:

Saint Peter’s University - <https://www.facebook.com/saintpetersuniversity>

Saint Peter’s University Student Activities - <https://www.facebook.com/SaintPetersSA>

Saint Peter’s University Bookstore - <https://www.facebook.com/SaintPetersUniversityBookstore>

Saint Peter’s University Alumni - <https://www.facebook.com/saintpetersalumni>

Saint Peter’s University Athletics -

<https://www.facebook.com/SaintPetersAthletics>

TWITTER: Twitter, a website used to make statements in 140 characters or less, can easily become distracting as it is a continuous stream of tweets. However, some Twitter accounts do offer advice on finding careers and internships.

@CAREEREALISM - “A career and job resource.”

@sweetcareers - “Your personal college career center. Helping college students, recent grads and young professionals make the transition from college to work.”

@heatherhuhman - “Helping Gen Y find internships and entry-level jobs. Career expert, experienced hiring manager, and founder of content marketing/PR firm @ComeRecommended.”

@findinternships - “Free online database of internships and entry-level jobs for college students.”

The diversity of social media allows its users to make whatever they want out of it. Whether it is used for interacting with friends or for building a professional lifestyle, it allows one to become connected with the outside world.

Buy, rent, or go broke - how to save money on textbooks

BY SUSAN RAGHEB
STAFF WRITER

As college students, we all feel the pains of financing higher education. Paying tuition is difficult and acquiring affordable textbooks is almost as hard, as families find that they are sending their children to college on smaller and smaller budgets. Some students have said that they felt that the university bookstore does not exactly offer competitive pricing as compared to other sources.

The average Saint Peter’s University student spends \$400 on books per semester, as calculated by the University and submitted to the Department of Education. In my personal experience, I find that most students agree with the thought that Science and Math majors also typically spend more money on textbooks, as their courses require more expensive books.

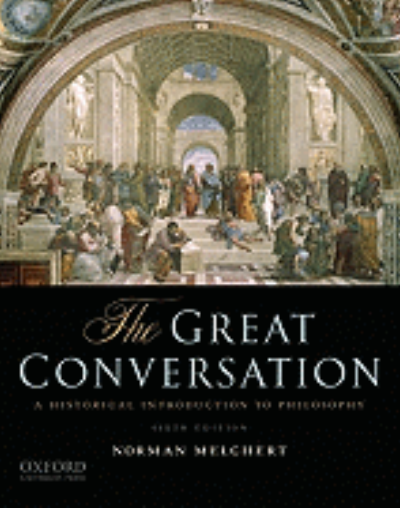
Thankfully, there are multiple ways to cut back on the costs of pricey textbooks. Renting, buying used textbooks, trading books online or even with other students have become popular alternatives for those with a smaller budget.

Having an e-book reader is also an option to save money in the long run, as many textbooks are generally cheaper than e-books. There are a lot of free e-books available online, like at sources such as the Gutenberg.org. Gutenberg offers a quick and easy process to getting access to needed textbooks as no registration is required either. In addition to cutting down costs, if a class does not require high

BOOKSTORE AMAZON CHEGG HALF				
BUY (NEW)	\$92.95	\$75.75	\$69.99	\$116
BUY (USED)	\$69.75	\$43.41	-----	\$43.40
RENT (NEW)	\$65.07	-----	\$18.99	\$39.30 (125 DAYS)
RENT (USED)	\$39.50	-----	\$18.99	\$19.70 (30 DAYS)

textbook usage, some students suggest taking advantage of the copy of a course textbook that the professor puts on reserve in the O’Toole Library, especially if the level of usage is relatively low in the course.

The “Great Conversation” is a textbook required for some of the sections of PL-100 (Intro to Philosophy). When exploring the options of where to buy the book, this is how the price for



the book breaks down:

Chegg was the first website to offer online renting rather than simply selling. It offers competitive pricing and a lot of perks for its users. Chegg allows

its users to instantly access the book they have rented as an e-book via a variety of devices, including smartphones, giving them the digital option while they wait for the actual book to arrive in the mail.

Chegg makes the process of renting a book easy. Simply search for the book needed on the website, make the commitment to purchase the rental, and the book arrives in less than a week on average, according to the company’s website. Returning the book is just as simple - all one needs to do is place it back in the box it came in, go on the website to get the return UPS shipping label, drop it off at a nearby UPS location - there is one in Journal Square - and then shortly receive emails with updates letting you know what’s going on with your shipment and rentals. Overall, Chegg is very efficient, streamlined and offers great rental prices.

Half.com is a sub-division of eBay that solely offers books. Hence, it uses the same seller feedback system and has a support system that will assist you if you ever happen to have someone take advantage of you. There have been a couple times where the product was different

than the one mentioned in the post, according to several select customer reviews, but if the website suggests that if you communicate with the seller, chances are that you can get it easily solved. However, despite the chance of fake sell accounts, Half does offer competitive purchasing prices.

Websites like Half.com and Amazon.com have a great advantage over Chegg.com because they are a network of sellers competing against each other to offer the best prices for the product. However, unlike Half.com, Amazon.com does not offer textbook rental. Amazon.com does offer great customer service feedback options and offers guarantees that they will efficiently assist its customers if any problems occur.

Paperbackswap.com offers free swapping! Only pay shipping for the book you may send in exchange. A rather unorthodox method to acquire textbooks, but nevertheless it is becoming more and more popular to trade books online. Paperbackswap.com claims to be one of the most popular book-trading website out there - the site allows its members to trade everything from textbooks to

daybooks, and even ex-library books. Swapping is actually for free - you only pay the cost of shipping the books you send. The website operates using a simple point system. New members can receive two points for simply listing 10 books and earn additional points for every book they send. The website even offers a printable mailer to wrap your book in. According to its policy online, all books are worth one point and audiobooks are worth two, regardless of their retail value. Books are “postable” as well, as long as they follow the “Golden Book Rule”, that books must have a front and back flap, all pages, no writing or highlighting (signatures and notes written on front or back flaps are permissible) and be in generally good condition.

In my opinion, after weighing all the options, it seems that Chegg offers the most convenient rental service, while both Half.com and Amazon.com offer great purchase prices if you would like to keep the book. However, always keep an open mind towards trading or sharing textbooks with other students.

So long sweet summer and welcome to the Class of 2017

BY TATIANA FERRARO
LIFESTYLE EDITOR

With summer winding down to an end and classes starting up in late August, it’s time to get back into the groove of school. Luckily for the Class of 2017, O-Team members have been helping incoming freshmen ease their way into the school year. Orientation is a great way to help incoming freshmen become aware of Saint Peter’s University and all it has to offer.

Gabrielle Sepulveda is part of the O-Team crew and she has dedicated part of her summer to helping out the freshmen.

“All activities are geared at helping incoming freshmen get



© STUDENT ACTIVITIES

Gabrielle Sepulveda, pictured above, believes that things like the Summer Orientation sessions and all the work that Student Activities and other student organizations do is important because they make students feel as though they belong, so they can adjust to the new environment that they might not be used to yet.

to know each other and become comfortable with each other before the semester starts.”

This welcoming for the incoming freshman class creates a way for each student to interact with one another and loosen up a little bit.

“This is super important because it helps them go into the semester knowing that they are not alone. Since they are already becoming comfortable with each other, asking for help with an assignment or partnering up for group projects shouldn’t be as big of a deal once the semester starts,” she said.

After the freshmen have met their future buddies during orientation there’s nothing more to do but get into the groove of school.

“There are tons of awesome activities always going on at Saint Peter’s, but you have to remember that you are here to get an education first. Don’t let your academics fall to the wayside. Also, being yourself is super important. Saint Peter’s is such a diverse campus, it’s basically guaranteed that you are going to meet people who will appreciate you for who you are,” Sepulveda said.

Dominique Koranteng is a senior at the university and she believes in the Saint Peter’s

community and the resources it presents.

“This school is very welcoming to people of all different backgrounds and are willing to learn about them if they don’t know about it as well. What’s best of course is to make sure you do your work, because slacking off doesn’t pay off at all,” she said.

DK is a senior at Saint Peter’s University and his advice to the incoming freshmen is simple and heartfelt.

“Your next few years will not be a smooth ride nor should it be, but remember that your friends will be your anchor to keep you grounded and your life vest to keep you afloat. When your friends can’t help, use the resources available to you by the school because there is someone here that will help you because they have to. Their job is to help you succeed,” he said.

The years ahead are about achieving our dreams and making memories with people you’ll never forget. The resources that Saint Peter’s hold will help you in every adversity you face while you complete your education here.

Marissa Fontanez is also an

upperclassman with advice for incoming students.

“Do NOT procrastinate, ever! And also make the library your best friend. Get into the habit early of using the library resources especially the online library databases because research papers will be abundant but if, as a freshman, you become acquainted with using those resources to help, those big assignments will be much easier to tackle,” she said.

Procrastinating can become a dangerous habit in college and if you neglect to keep up with your syllabus you will definitely find yourself pulling out hair to meet deadlines.

Overall, the majority of the upperclassmen spoken to have a positive outlook on the new freshmen class, looking forward to embracing them with open arms as part of the Saint Peter’s community. Despite any initial fears of how they will balance classes, a social life in a new place, and figuring out just who they are and where they want to futures to go, many feel that the new freshmen class is in good hands at Saint Peter’s University.



© STUDENT ACTIVITIES

By being part of O-Team, Sepulveda feels as though she can help be a link between the way the new students enter as unsure of themselves and bringing them to a sense of belonging within the Saint Peter’s community.

Cheap... and no poisoning!? Don’t settle for your comfort food this year

BY YOMNA ELDEEB
STAFF WRITER

Yes, there’s a Subway on Bergen Ave... And a Burger King Dunkin’ Donuts, and Prince of Pizza, but you’ve pretty much have had that your entire life, no?

Have you ever wanted to try food from a different culture other than yours, but never had the guts to go in the restaurant just so you wouldn’t have to make a fool out of yourself? Have you lived in a small town or suburban area you’re entire life, and one of the reasons why you’ve come to Saint Peter’s is so you can try something different? However, you’re still not sure where you around the campus are places where you can try different foods without having to worry about food quality and more importantly, food quantity?

Don’t worry, a great variety of tasty food is closer than one might expect.

Saint Peter’s University is located right across the bay from the Big Apple itself, where all walks on Earth have offered their own unique cuisines for people of different cultures other than their own to try out and enjoy.

But not everyone who attends Saint Peter’s has the time to look for these places, and the majority of student don’t even have the type of money that is drawn up on their menus. Fortunately, Jersey City has many different hot spots that offer the same cuisines but for cheaper prices.

Since my freshman year, I’ve been told by many of my peers of the famous “Gypsy Grill” located on Newark Ave, but never had the time to visit to place. Little did I know, this little gem is actually a Middle Eastern hot spot that offers falafels, chicken shawerma, kabobs and many more. I paid a mere \$6 bucks to have perhaps one of the best kabob sandWiches in my life; please, can it get any cheaper than that?

Now, right across the street from the “Gypsy Grill”, is the “Saigon Cafe”, but keep in mind that it is a bit more casual than

the other. This Vietnamese hotspot is more ideal if you have a date with that crush you’ve had on the girl you met at orientation than a quick bite to eat. Also, keep in mind that you won’t get \$6 kabob sandwiches, but you will get a \$12 bowl of some good sautéed ginger chicken with jasmine rice.

Not all students can afford a trip to the Caribbean, but who’s to say one can’t afford their mouthwatering jerk chicken? There are two places nearby campus that you will be able to satisfy your Jamaican taste buds, one more closer to than other.

Located right across the street from the armory parking lot, the “Coconut Latin Caribbean Grill” was packed when I first visited the place, but I was able to go back a while

later when it was less busy. If you want to try some good stew or jerk chicken, you will not be disappointed--I almost fainted from how amazing they smelled before I devoured them!

A little further away than the Grill is “Nicole’s Restaurant”, located on the corner of Jersey Ave, also a Caribbean gem Jersey City has to offer. The plus sides to both of these places? The awesome food with the awesomely cheap prices. The down side? I do not recommend you deliver - instead, grab a friend and head out and dine in to these places.

And finally, dessert, the favorite part of all our meals. There are two spots that I visited on my little detour to Jersey City, but there are many more places that you can visit that offer amazing dessert at a good

TUNE IN NOW TO:



WSPR
The **Voice** of SAINT PETER’S UNIVERSITY
www.saintpeters.edu/wspr

FOR DAILY PROGRAMS FEATURING
INTERVIEWS, MUSIC, AND NEWS
BROADCASTS ABOUT EVERYTHING
YOU NEED TO KNOW WHILE AT
SAINT PETER’S UNIVERSITY

price. The first that I want to point out (and this place has become THE no. 1 spot on

my list) would be “Cookies N’ Crepes” located on Newark Ave and right by the “Gypsy Grill” and the “Saigon Cafe”. Not only did it take me awhile to make up my mind because of all the yummy options on the menu, but when I finally went up to pay, I was so shocked at how little I had to pay for the most amazing crepe I’ve ever had. It was so good, and the price so affordable, that I had to leave the workers a good tip. Do Jersey City a favor and do not pass up this dessert spot!

The second dessert spot that I visited was the “Choc-O-Pain” bakery located a few doors away from “Cookies N’ Crepes” on Jersey Ave. Now this little French gem is a bit more pricier than “Cookies N’ Crepes”, but if you’re a french macaron fein such as myself, then I definitely will tell you that you won’t be disappointed to pay \$2.70 for a mouthwatering salted caramel macaron.

This bakery also offers other sweets, but I was not able to indulge. However, just from the look of the yummy goods on display, I guarantee you will not be disappointed.

So there you have it folks! A small, but not limited, list to all the hotspot cuisine places that you can change your taste buds too. If you’re going to school in an area that offers so much, why pass up?



© YOMNA ELDEEB

Throughout the course the day, Jersey City offers several delicious ways to partake in breakfast, lunch, dinner and even dessert - and, with being in such a multicultural and diverse area, there's never a need to skip unique meals due to prices.

BE PART OF AN
AWARD-WINNING
STUDENT PAPER

JOIN US FOR THE FIRST GENERAL MEETING
AUGUST 29TH, THURSDAY

12, NOON

ADD REAL-WORLD
LIKE EXPERIENCE
TO YOUR RESUME

MAC MAHON
STUDENT CENTER
FIFTH FLOOR

The perks of being a broke college student: cool things to do in New York City

BY NATALIE CASTILLO
ONLINE EDITOR

College is a time to explore your newfound freedom, yet not many may realize that freedom is only a 10-minute PATH train ride away. For most, the stereotypical college party scene includes red cups, illegal paraphernalia and loud EDM straight out of a scene from the movie Project X, but with a grand city just across the river there are more sophisticated and educated ways to live while you're young.

Graduated to the MoMa... - Jay Z:

The Metropolitan Museum of Art (82nd St., 5th Ave.) is opened seven days a week and offers a student price of \$12.



© NATALIE CASTILLO

With a vast collection of art, some of the features include:

European galleries, Greek and Roman galleries and galleries for musical instruments. Art making programs and workshops are also included as well as concerts and films. Some of the most popular exhibitions that were recently featured were galleries for Andy Warhol and Punk to Chaos which was the theme for the famous MET Ball; it featured designs from Alexander McQueen, Givenchy, Vivienne Westwood and Versace.

The Museum of Modern Art, MoMa (11 W 53rd St.) is opened seven days a week with student admission of \$14 with proper identification. The MoMa features diverse subjects of art that include everything from architecture and design to film, performance art and sculptures. All of the art ranges from before the 1920s to present

25th St.) is opened Monday thru Friday with free admission. This gallery has three locations, 508, 510 and 534 all on W 25th St. With its art at the same caliber of the MoMa, it features work from artists like James Franco, Pablo Picasso and recently Jay Z who performed his song "Picasso Baby" for six hours.

The American Museum of Natural History (81th St., Central Park West) is opened seven days a week with a student admission price of \$17 with proper identification. The museum which was featured in the movie A Night at the Museum features historical art and tours about Theodore Roosevelt, Earth and Space and animals like dinosaurs and whales.

Sights:

A walk in Central Park won't cost you much unless you try a New York City hot dog and go for a ride on a CitiBike. There are many hidden treasures and history in this 1.317 square mile park.

Lions, Tigers and Bears, oh my! -

Central Park Zoo is opened seven days a week and charges an adult admission fee of \$18. With a 4-D movie theater and every type of animal from mammals to amphibians, birds and reptiles, there is a lot to learn and experience!

A bike rental at Central Park starts at just \$15 for the first hour so you can create your own tour of the historical park. A few attractions in the park are: the Belvedere Castle which was built in 1865 and is now used as a weather station, statues of William Shakespeare



© NATALIE CASTILLO

and Alice in Wonderland and Strawberry Fields. Strawberry Fields, located between 71st and 74th streets is a 2.5 acre area that pays tribute to the late John Lennon of The Beatles. This area of Central Park was Lennon's and wife, Yoko Ono's favorite place in the park.

Other famous and free attractions in New York include the New York Public Library which was featured in the movie The Day After Tomorrow, located in Mid-Manhattan on 5th Avenue. The High-Line is a 1-mile park located in the Chelsea area of New York (23rd St., 10th Ave.) where the New York Central Railroad, built in the 1930s used to stand. Now as an elevated public park, the High-Line shows off beautiful views of the city and creates architectural comfort for all of its guests. Bryant Park located on 42nd St., 5th Ave. was once home to New York Fashion Week. The 9.603 acre park and landmark holds events like chess matches, juggling, features movies on its famous lawn, yoga classes and even concerts. A quick trip to Governor's Island, which used to be a military base for two centuries will give you a better view to Brooklyn. The 172 acre land features events

like art classes and exhibits, festivals with carousel rides and vintage baseball.

Sports fans can enjoy baseball games at either Citi Field or Yankee Stadium. The New York Mets participate in Student Rush where tickets are only \$10 for those with proper school i.d. Yankees also give student discounts for select games; tickets are half-priced and must be purchased on game day.

After a fun and educated filled day of exploring Upper and Midtown Manhattan, you might want to head back downtown to take the PATH home, but not before you explore the eccentric SoHo area. With great stores to shop in, restaurants to dine in and movies theaters, there are many places to use your student i.d. to get discounts on your spending. AMC Theaters, the Apple Store, Off-Off Broadway Shows, Topshop, Urban Outfitters and even McDonald's offer student discounts in select areas.

New York City may seem expensive for a student who needs to buy textbooks, ramen noodles and pay for tuition but believe it or not, there are perks to being a broke college student.

The Pair You Wear: A story of the underground culture of sneaker collecting

BY TOOLSIE RAGHOO
CONTRIBUTING WRITER

What is a typical college student's morning like? Waking up, showering, getting dressed and heading to class. However, what is the morning like for a self-described Sneakerhead college student?

"Wake up, pick the kicks that fit the style, start from the feet up and head out," said Quayyum Morakinyo.

How much is too much for a good pair of shoes? Since 2008, inflation rates have risen 8.1%, but that hasn't affected the sneaker culture or what is commonly known as the "Sneakergame."

Even in today's economy, many Sneakerheads will spend anywhere from \$100 to nearly \$300 on a desired pair. With sneakers becoming such a huge status symbol in today's society, many people wonder what attracts people to them. Some feel that, with their bright colors and different designs, sneakers will draw a crowd - as long as it has a value and a name attached.

Quayyum Morakinyo, a Senior at Saint Peter's, is someone who would be considered a "Sneakerhead." Growing up in a household with parents who weren't into sneakers, Quayyum found himself as the odd one of the bunch.

After getting money from his parents when he was younger to purchase sneakers, it slowly became an obsession. His first pair of sneakers, that started it all, was a pair of 2006 Jordan "Aqua" 8's. The Jordan 8's were

considered ahead of its time, especially known for their padded ankle and Achilles support. Soon after, Quayyum began to fall in love with sneakers.

"People make the worth," Quayyum's states, suggesting such an attitude is a sign of the times. Sneakers have become a fashionable symbol with rappers, singers, sports players and many other celebrities. Fans clamor for a new pair when they see it on their favorite celebrity.

"I think I could rock these kicks better than someone with them, so now I want them," said Quayyum.

Being a young sneakerhead causes a lot of competition between other people. Some people dress casual and others wear their sneakers in high fashion. The main competition is the outfit one wears with the sneakers. With new Jordans releasing every Saturday, many people shop ahead of time for the outfits just so they can outdo the next person who gets them.

Lines start forming in the early hours when a sneaker is released. Some people dread waiting, while others don't mind waiting in line if it means they will eventually have the pair that they want. People in the lines have become deadly though, a new revelation that has come as more riots breakout in association with sneaker releases. Just last year on Christmas, a high school student was stabbed in line for a pair of Jordans, and in New York there are many riots and shootings in lines for sneakers that have limited pairs and are rare releases. According to L.A. Times, the Air Jordan's alone

are responsible for over 1,200 deaths a year.

Quayyum prefers to purchase sneakers online rather than in stores; however, he adds, "Most of the time, when

aren't celebrities that influence the sneakergame, regardless of fame," says Haytham.

The first pair that got Haytham into the so-called



© MIKE COLLINS FOOTWEAR

some kicks are more exclusive, they're worth that wait in line."

Haytham Elgawly, manager and creative director of Sneakerroom, a growing sneaker store in Jersey City Heights, says that sneakers are becoming more of a lifestyle.

"It went from performance to style," he said. A majority of the sneakers owned by Sneakerheads are either basketball, skating or running sneakers. In the past, they were mainly used for just that. Now, they slowly begin to form into a trend that becomes an urban subculture.

"The thing that influences the culture right now is the next person, everyone influences everyone. With social media becoming so attractive, you're being connected to every single person around the world. There are certain people that

sneakergame was a pair of Jordan "Grape" 5's. One of the more stylish sneakers in the Jordan brand, the Jordan 5 was designed to model an army fighter jet with its slick leather and 3M material tongue. Haytham said that it was a great shoe at its time, and still remains one today.

"Anything with time goes through inflation - gas, milk, etc. - you can't expect sneakers to not do it the same. [Sneakers are] still owned by a big corporation, that's still out to make money as much as we love it," Haytham said.

Sneakers have shot up in retail prices in the past 5 years. In 2008, according to online retailers, the retail price for what many sneakerheads would consider good pair of sneakers was \$120.00; today, the same pair will cost around \$180.00-\$200.00.

"You used to be able to get sneakers at any time, no matter how rare they were, but now people just get them for the money and for the resell value," says Ricardo Jyont, a skater, filler, and manager for general releases and quickstrikes at Classic Skateshop in Bayonne, NJ.

"I can't imagine paying \$400.00 for a pair of sneakers," Jyont adds. Being a skateboarder for over 15 years now, Ricardo is loyal to the S.B. name on Nike's premier brand, Nike SB. Nike SB stands for Skateboarding; although a majority of brands are worn for fashion, they were initially made for skateboarding.

"Shoes now are just for fashion, it doesn't matter what the title is. People wear Nike running shoes just because they go with the outfit. Look at all the Kevin Durants and Lebrons out there; they have all these wild colorways, but you never see anyone using them to actually play basketball, they wear them for fashion," Ricardo said.

"[Nike] limits it on purpose, so that people will want them," he added. "Sneakers are being limited a lot. Retailers don't know why, but the shrinkage in the popular sneakers are becoming more noticeable."

Wearing his popular "Red Lobster" Nike S.B. shoes, Ricardo skates away with the hard to miss pair on his feet; on Ricardo, it looks quite fashionable.

EDITORIAL

- EDITOR-IN-CHIEF

In response to the events that unfolded on August 12th that included a member of staff at Saint Peter’s University being shot in the leg while on campus, The Pauw Wow has decided to publish a map that the JCPD uses to mark the areas of high interest in crime around Jersey City.

The map comes from The Peacock Press and was published alongside an article in March 2012 about the areas to avoid while in the Saint Peter’s University area.

The map breaks down Jersey City into four different areas - North (The Heights), West (The Hill), East, and South (Greenville). According to The Peacock Press, the JCPD does not consider one area to be more dangerous than the other, but that there are certain spots and groupings where crime occurs more than in other spots around Jersey City.

In the North area, also known as The Heights, The Peacock Press suggests that people avoid the intersection at Griffith Street and Webster Avenue, as well as Palisades Ave as shaded green on the map. Another place to be aware around is the area around Pershing Field City Park, and the basketball courts at night.

In the West is also the section of Jersey City where Saint

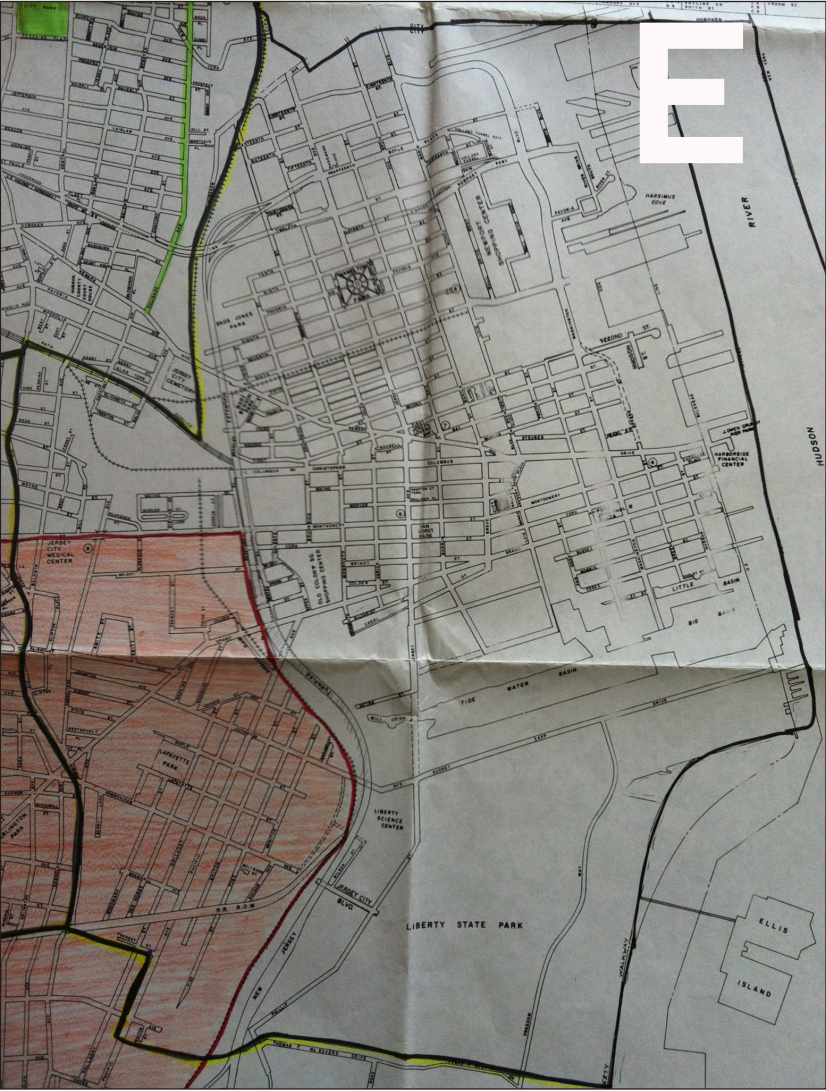
Peter’s University campus is located, as labeled by The Pauw Wow in bright blue on the map. According to The Peacock Press, the JCPD considers over a third of this area to be a “high crime” area. The areas colored in red on the map are those high crime areas that should be avoided at all hours of the day according to JCPD. The areas not shaded are apparently okay to be in during the day time hours, but The Peacock Press recommends avoiding those areas at night time due to possible crime.

In the East, known as Downtown Jersey City, areas indicated in red are still to be avoided, but areas like Exchange Place, areas near the Holland Tunnel and areas near the waterfront are all safes places to visit and travel to during the day.

In the South, known as Greenville, The Peacock Press says the JCPD considers this area to be a high-crime rate area of mostly industrial facilities and not residential areas. This area should then be avoided during all hours of the day due to possible crime.

To see the full map and to get more info on how to keep safe as a student while on the Saint Peter’s University campus, visit PauwWow.com.

Photo Credit - The Peacock Press // Linda Giant



“Fresh meat”: freshmen dating upperclassmen

BY ESSENCE ROGERS
OPINIONS EDITOR

College, as with any milestone, introduces us to a plethora of new people, places, things, and experiences. For those who live on campus, this introduction is a lot more striking because there is no effective way of avoiding it.

Commuters can easily go home, receive a home cooked meal, discuss their ordeal with their families face to face, and even link up with their high school sweetheart that they have been dating for any long period of time. However, any of those who live on campus, especially those who live great distances from their homes, experience a strain in their relationship with whoever they have at home. If they have no significant other at home, the idea of being on a campus faraway not knowing anyone is enough to make you feel lonely. And loneliness often drives us into the presence - or arms - of someone who has already established a life on campus, better known as an upperclassmen.

It feels pretty safe to say that upperclassmen - and by that, I mean upperclassMEN - tend to go after freshmen girls.

“There’s no doubt in my mind some guys go out scouting the freshmen females,” said MacKenzie Way, a senior at Saint Peter’s University, “Some see it as an easier playing field because they already have a standing reputation within the school.”

Being a freshman is a new start. You move into Whelan or Millenium, the freshmen

dorming halls. You live with someone that you do not know at all in a small room. And even after you become comfortable with that, there are classes and the café, which you have to become accustomed to. A whole

“

Never let your emotions overpower your intelligence.

”

new group of people are thrown in your face and you have to adjust, or face “social suicide”. So when an upperclassman extends their hand and accepts you into their already established sphere of influence, anyone desiring friends may be willing to go along for the ride.

Although college students are adults, some still identify as very impressionable and feel that people do take advantage it. Many freshmen do things out of their character just to be excited, sometimes with humiliating consequences.

Even Deborah Myrttil, a current freshman at Saint Peter’s and member of the Class of 2017, has heard that upperclassmen males often go after freshmen, but she doesn’t think that should deter a relationship between two people in different classes.

“I know that upperclassmen have a reputation, in a sense, of going after freshmen, but if you like someone, what year they’re in shouldn’t be a problem,” said Myrttil, “I’m open to it because you never know who you’ll be attracted to or who will be attracted to you.”

Since college is a time for people to explore themselves, while at the same time transition into adulthood, part of adulthood is the seeking of a mate to marry. The Office for National Statistics show that women marry for the first time at 29, and men at 32, showing that women generally seem to go for older men - suggesting that the idea of a freshman girl seeking an upperclassmen is not so far fetched. It’s pretty typical actually, especially if you ask those on campus.

As a junior at Saint Peter’s University, who was obviously a freshman at one time, I can speak for many when I say that the idea of an upperclassmen being interested in “little ol’ me” can be quite alluring.

“Since this is such a small school, [freshman girls] don’t know who is who or what a guy has done,” says Way. “They just know this guy who has already been at this school is talking to them and they run with it.”

Not at all upperclassman-freshman relationships consist of a woman being the freshman. For LJ Blue, a senior at Saint Peter’s University, he was the freshman dating a senior. What started out a mere fling until she graduated became a three year relationship.

Blue was at first hesitant to embark on a relationship - or series of relations - with an



© SAINT PETER'S UNIVERSITY

upperclassmen because she was, at 20 years old, more sexually experienced than his 17 years of age. It was the stigma of dating an older woman and her financial independence that made Blue overlook everything else.

“I didn’t care because I was dating an older woman,” laughed Blue, “She had her own car and her own money. It was nice to know she could pay her own way.”

Although Blue’s relationship was a little different in terms of dynamics, it worked out in his favor, but that does not happen for everyone. Many spoken to suggest the safest and best bet is to make school one’s main focus, adding that there will always be time for romance.

Some freshmen, like Myrttil, think freshmen shouldn’t make having a relationship a priority at all, whether it’s with an upperclassmen or another freshman.

“Honestly, I’m focused on adjusting to school and running track”, said Myrttil. “I think

incoming freshmen shouldn’t worry about getting into a relationship and focus on what’s important.”

Many freshmen can feel that it is easy to get caught up in the mayhem of yearning to be accepted and thus beginning a relationship with someone older, but think about this - that upperclassman you’re interested in will be leaving soon to embark on another life journey. It would be more productive to create your own reputation in school, rather than rely on someone else’s who will soon leave.

People enjoy faces they’ve never seen before and sometimes pursue them on a much deeper level than just looking. Just remember why you’re in college. It’s easy to get caught up in the aura of someone who is established in a place that is foreign to you. Be smart, and as MacKenzie Way has said: “Never let your emotions overpower your intelligence.”

Stand Your Ground: The time my brother was almost Oscar Grant

BY NATALIE CASTILLO
ONLINE EDITOR

Since the Newtown shootings, approximately 21, 982 people, according to the CDC, have died due to guns in the United States. 370 teens, 140 children and 1 Trayvon Martin. Roughly 60% of deaths by firearms in America are caused by suicide, but America still holds one of the highest records of gun related homicides than any other country in the world.

When the verdict came in not guilty in the case of Trayvon Martin, a majority of the country was upset, while those who celebrated held on tightly to their guns and their right to bear arms. After watching the trial day in and day out, I honestly believed George Zimmerman was guilty. All of the signs that could lead to a guilty verdict were right there. He was told he did not need to follow the subject who he described to police dispatchers as a punk and then briefly mentioned prior incidents that occurred in the gated-community like vandalism as though Trayvon was somehow responsible.

An everyday piece of clothing like a hoodie is now a historical symbol for those who want to fight against the wrongs of racial profiling and vigilantes.

In my opinion, February 26th, 2012, could have turned out differently if the neighborhood watchman followed his own protocol and let police officers handle the law as they should.

Although this trial was about finding justice for a teenage boy who was just trying to get home, it quickly became a media circus. News organizations quickly brought up Zimmerman and Trayvon’s past. Zimmerman had studied criminal justice, he knew the Stand Your Ground law, despite him lying in an interview for Fox News in which he denied knowing the law. Zimmerman also had a violent past in which

Trayvon was a typical teenager. People believed he was a “thug” because of the way he acted, but then we have someone like Miley Cyrus twerking and admitting she would rather smoke pot than drink alcohol getting praised on award shows. Typical double standards.

Unlike most people my age, who believe they can multi-task and speak on political issues as long as the 140-characters on Twitter will let them, the



© NATALIE CASTILLO

A peaceful protest at Union Square in response to the verdict in the George Zimmerman trial, where Zimmerman was found innocent. Protestors of all ages and races come together to support Trayvon Martin and Martin’s family.

he assaulted an off-duty police officer and had a restraining order put against him by an ex-girlfriend. Then the media began posting twitter photos of Trayvon, stating that he smoked pot and listened to rap music. Since when does being a fan of hip hop and smoking pot justify someone murdering you?

death of Trayvon Martin still resonates with me. This trial resonated with me so much that, when the movie Fruitvale Station came out, I watched it. Fruitvale Station is the story of Oscar Grant who was wrongly killed by a police officer who mistook his firearm for his taser. The officer was found guilty

of involuntary manslaughter and served about two years in prison. The movie depicted a day in the life of Oscar Grant and it was obvious he struggled to get by. Torn between taking care of his family, he sold drugs and tried to get back a job he was fired from, but all in all, he was a great father.

What I learned from this trial and movie is that race and stereotypes will always be an issue in this country. No matter how much you accomplish, you will always be judged by your skin color, what you wear, your mannerisms and where you come from.

Just over a year ago, my brother went out to ride his bike when he didn’t even get across the street before a police officer stopped him. Apparently, my brother looked suspicious in his t-shirt and basketball shorts. The officer accused him of stealing the bike, while my brother protested and tried to tell the officer that his name and address were all engraved on the bike; his address that matches the building on that same corner. The officer did not listen and my brother tried to keep calm, not put his hands in pockets or make the officer as uncomfortable as he had been. After going back and forth, the officer finally agreed to walk into the building to see if the name on the bike matched the name on the mailbox. He then rang the doorbell and my older sister came down to tell the officer that the suspicious looking Hispanic male on the bicycle was indeed her brother.

Luckily, my brother was let go and did not end up in a similar demise like that of Oscar Grant or Trayvon Martin.

Because of Oscar Grant, because of Trayvon Martin and because of my brother, I decided to join a group of people in Union Square, New York, as they protested against the verdict in the trial of Trayvon Martin. We respected the verdict, but we wanted a change, so we marched like those who came before us. It was beautiful to see people of all races and ages come together for the cause. We marched to the New York Supreme Court and had a rally on the steps. The officers stood across from us, there were over 100 of them for about 75 peaceful people. The police officers had their batons ready and vans parked on the corners ready to take anyone and everyone downtown if things went south. As a few people spoke on the microphones and preached about equality and racial profiling, the Caucasian officers mocked us. They mocked us as if they didn’t have children they wanted to protect like we did, as if they were better than us just because they wore badges. And I know that no race is better or worse than the next because evil comes in all different forms, but it’s instances like this that upset me. That, as much as a piece of paper says we are all equal, we truly won’t be until we choose to be.

SPEAK UP:

HAVE AN ISSUE YOU WANT TO SPEAK ON, AN ARTICLE YOU WANT TO RESPOND TO, OR JUST SOMETHING ON YOUR MIND TO SHARE? EMAIL ALL LETTERS TO THE EDITOR AT: EDITOR@PAUWWOW.COM

Staying ‘summertime’ active during the new semester

BY FRANCESCA RIZZO
SOCIAL MEDIA EDITOR

It’s hard to find yourself wanting to stay inside during the summer. The sun is out, the weather is warm, and the beach is calling your name. Staying active in the summer is almost a no-brainer. But with school back in session, you may feel like you have to cut your recreational time short or even off completely. Have no fear, because this is not the case. There are plenty of ways to stay active and plenty of things to do to keep you up on your feet - when your nose isn’t buried in a book studying, of course.

It goes without saying that student athletes have staying active as a part of their daily routine. They begin their season even before preseason, in most cases. The coaches of the athletic programs at Saint Peters give their teams a summer or pre-presason workout routine to follow regularly to remain in shape for the upcoming season. It includes various stretches, exercises and weight-lifting techniques to optimize

their performance once the regular season comes around.

If you aren’t a student athlete, but enjoy sports, do not fear. There are plenty of other options and opportunities to stay active. The intramural program has tournaments that run year-round with different sports. Winners of each tournament at the end receive a free champions t-shirt. Sports to register for include soccer, basketball, and volleyball, all of which are co-ed. Many students consider it a great opportunity to play the sport you love with friends in a competitive atmosphere.

The gyms at Saint Peters also offer machines and weights that can help keep anyone in shape. The gym at the Yanetelli Center is home to several treadmills, ellipticals, bikes, weight machines, an equipped weight room and now an all-new spinning room that students can use to their advantage whenever they please. The Yanetelli Center also offers free classes for students, such as yoga, kick-boxing and all-around fitness classes that you can attend. The

MacMahon Student Center is also home to a brand new gym containing brand new bikes, treadmills, ellipticals, weight machines and weight balls.

Another option for staying active is visiting Lincoln Park, located just a short walk away from campus. There are basketball courts, racquetball courts, baseball diamonds, and open spaces perfect for a friendly game of football, kicking around a soccer ball, throwing a baseball or setting up volleyball nets. There are also paths that make it the perfect place to take an afternoon stroll or an after-class run.

Just because summer is ending does not mean your active lifestyle has to as well. There are plenty of options to keep yourself up and at ‘em, even with the semester kicking off. Find a group of friends and get an intramural team together, take a class at the Rec Center or a walk through Lincoln Park, the possibilities are endless! Staying active is a great way to stay healthy, fight stress and have fun here at Saint Peter’s.



WELCOME

The Pauw Wow would like to introduce Pat Coyle as the new Women’s Basketball Team Head Coach. along with introducing both Phyllis Mangina and Dave Scarborough as the new assistant coaches for the Women’s Basketball Team, as well. We welcome all three to the Saint Peter’s University community.

Investigation: The real cost of an injury for a student athlete

BY TATIANA FERRARO & NATALIE CASTILLO

LIFESTYLE EDITOR & ONLINE EDITOR

Editor’s Note - Tatiana Ferraro and Natalie Castillo conducted a 3-month investigation into the state of student athlete injuries on a college level. Included in this special two-part investigative piece is their findings. Names marked by an asterisk () are names changed to protect students’ identities.*

For many college athletes, getting injured can lead to a financial crisis. Not only can they lose their hard earned scholarships, but some may have to pay the cost of treating the injuries they are inflicted with.

Many athletes also begin training at a very young age. For some it is a hobby passed down by an older sibling, a voluntary or involuntary decision and for others, it is their only opportunity for better living situations.

“I used basketball as a way out of a bad situation,” said Jamel Fields, a Division I basketball player at Saint Peter’s University. “So it was kind of forced upon due to the people I had around me [who] weren’t making good decisions; so I took a different route.”

Most student-athletes at Saint Peter’s University have been playing sports as young as three-years old.

Amy Collins*, Division I softball player at Saint Peter’s, was just four when she first started playing softball and began private hitting and fielding lessons. Aaryn Palmer* came to Saint Peter’s on an academic scholarship, but she was able to make the volleyball team as a walk-on. She is no longer on the team. She started off at the age of 8 in pee wee leagues and worked her way up to play volleyball, basketball and softball all throughout high school.

“I started soccer when I was 8 in one of those pee wee leagues, volleyball when I was 9, and basketball [and] softball when I was in 8th grade,” said Palmer*. “For volleyball,

I played club and as a part of that we had a strength and conditioning program at a different facility we would go to twice a week.”

Her first injury (one of many that she would encounter) was a torn anterior cruciate ligament (ACL) in just her freshmen year of high school.

“I’ve broken a few fingers blocking at the volleyball net,” said Amy*. “But my most serious injury was slipping two discs in my back the summer going into my sophomore year of college volleyball which required me to go home have surgery, resulting in me missing my first semester of sophomore year.”

When she did play college sports, she practiced with her team four to five times a week and had games every weekend.

“My back injury happened at the end of my summer training at home and sort of just got worse at start of preseason my sophomore year,” said Amy*. “I’m not sure how the costs were covered honestly, but the school’s athletic trainer, Angel Montanez was great at getting me in to see all the doctors and specialists to figure out what injuries I had and how to go about treating them.”

Her emergency flight back home cost her \$350.

When it comes to covering the costs of college athlete injuries, in most cases there are

Form 990, Part IX - Statement of Functional Expenses - 24a - 24e Other Expenses

<i>Do not include amounts reported on line 6b, 8b, 9b, and 10b of Part VIII.</i>	(A) Total expenses	(B) Program service expenses	(C) Management and general expenses	(D) Fundraising expenses
STUDENT MEAL PLAN	3,428,648	3,428,648	0	0
other expenses	3,154,528	1,434,304	1,675,839	44,385
BAD DEBT	499,479		499,479	
ATHLETICS EXPENSE	380,731	380,731		
DATABASES, PERIODICALS,	276,765	276,765		

up the idea of athletes being employed by the school to play a sport. After all, athletes are told to be good students, where to go, when to exercise, etc. Their days are already planned out for them as long as they are part of an organization.

Waldrep lost his appeal for workers’ compensation in 2000. According to his former college, a full scholarship which he was awarded was more than enough compensation.

It wasn’t until 1964 that the NCAA coined the term “student-athlete” to avoid compensation cases in which athletes believed themselves to be employees.

In 1991, the NCAA created a catastrophic insurance plan for all Division I athletic organizations which was to be paid for by Final Four revenue.

This insurance plan states that it will cover the costs “for student-athletes, student coaches, student managers, student trainers and student cheerleaders who are catastrophically injured while participating in a covered event. The policy

NCAA required universities to make sure their athletes had their own personal insurance.

The NCAA is a non-profit organization which as of May 2012, represents 420,000 student athletes and 1,000 member institutions. The total annual revenue for the organization for 2011-2012 was \$871.6 million.

The organization distributes 13% of its revenue to Division I schools, 4% to Division II and only 3% to Division III schools.

Surprisingly, only 4% is distributed towards central services such as building operations and salaries.

Another 4% is for other services like the eligibility center, a website for potential student athletes who want more information about certain programs and who wouldn’t mind having a “virtual student-athlete mentor.”

According to the NCAA, the average school revenue from a college men’s basketball team is an average of \$10.1 million per school.

When asked about the annual athletic budget, athletic director, Joseph Quinlan said, “We do not publish the department budget.”

According to the Saint Peter’s University 990 form filed for the 2010- 2011 tax year, the athletics department budget was \$2,123,196. The amount of athletic fees was \$282, 867 while the budget to operate the Yanitelli Recreational Center was only \$25,500.

Patrick Elliott, former athletic director who recently left the department at Saint Peter’s is now the Director of Athletics at Binghamton University. Shortly after his departure, Joseph Quinlan was hired.

Athletes from each team at Saint Peter’s are accommodated with two trainers to assist them with the injuries that may be inflicted upon them.

Although, it seems some athletes are seen around campus fashioning off a sling or crutch the Athletic Director, Joseph Quinlan disagrees.

“There is a certain number of injuries that are destined to occur when you participate in organized athletics at any level,” explained Quinlan.“I do not believe that there are an inordinate number of injuries that are occurring within our program. The percentage of students who sustain injuries varies from year to year.”

Those injured athletes regardless of the injuries being “inordinate” are receiving available assistance according to Quinlan.

“All of the athletic (and RLC facilities, including the pool and Fitness Center) are available for our students to utilize as part of their rehabilitation program, under the direction of our sports medicine staff and team physicians,” he said.

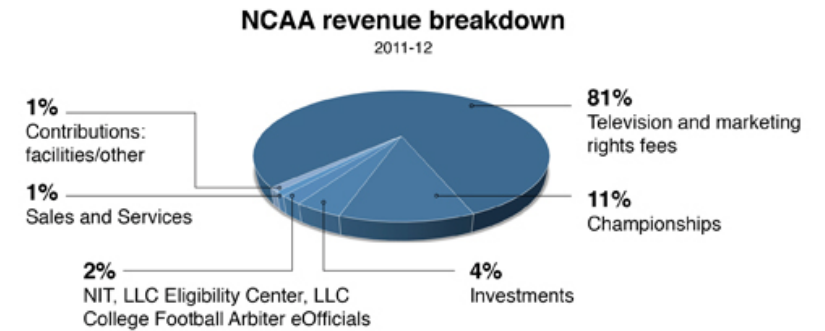
When an athlete gets injured they are covered partially by the athletic department and by their personal insurance. It’s mandatory for student athletes to have personal insurance to be on a sports team.

“The athletic department insurance program includes coverage for those injuries that are determined to be athletically-related (e.g., University sponsored practice, training, competition), in combination with the student’s personal insurance coverage,” said Quinlan.

In an Athletic Injuries survey sent to every athlete at Saint Peter’s, most athletes stated that the facilities were “lacking”.

Some student-athletes admitted to hiding injuries in the survey.

Pick up a copy of the next Pauw Wow for the second half of our investigation, out September 13th.



a few ideal options: the school covers the cost, the NCAA, personal insurance and one not so ideal, debt.

In 1997, former college football player, Kent Waldrep went to court to receive compensation after his neck snapped during a game leaving him in a wheelchair for the rest of his life. In court, his lawyers brought

provides benefits in excess of any other valid and collectible insurance.”

A “covered event” would be defined as players on a team who are part of a schedule made by their school and they must be part of official team activities like conditioning or practice sessions.

It wasn’t until 2005 that the