The Pauw Mow

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Saint Peter's holds the 42nd Annual Business

Symposium.

Argus Eyes Drama Society tackles "The 25th Annual Putnam County Spelling Bee".

ARTS, PG. 6

LIFESTYLE, PG. 7 Looking for a healthier

and more do-it-yourself Thanksgiving? We got some tips for you.

SPORTS, PG. 12

The Men & Women's Basketball Teams start of their respective sea-

Relief for Some, Headache for Others: New Jersey Approves Higher Minimum Wage

BY JOSE BUSTILLO Staff Writer

overwhelmingly to raise the state's hourly minimum wage by \$1 Tuesday, November 5. While some small local beauty culture occupabusiness argued that the measure would harm their business, others, such as Lucas Diaz, 22, who makes the current minimum wage, cannot wait for next year's hourly

Currently, New Jersey's wage standards are lower than in other states in the region and across the country. Since 2009, the minimum wage in the D.C., raising New Jersey's been \$7.25 an hour. Most employers are required to pay their employees the state's minimum wage activity in the state in the concludes and overtime pay of time first year following the

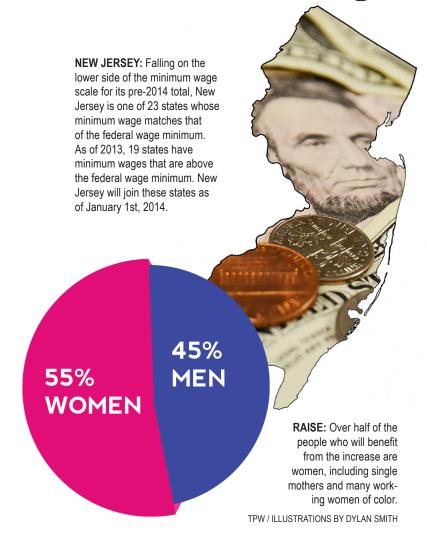
there are exceptions such to the creation of over as: automobile salesper- 1,700 full-time jobs. The sons, outside salesper- EPI also estimates that New Jersey residents sons and minors under close to half a million New the age of 18, except for Jersey workers would benminors working in retail, efit if the minimum wage food service, the first processing of farm products, tions, laundry, cleaning and dyeing occupations, light manufacturing and apparel occupations and hotel and motel occupations. The latest measure passed on Tuesday would take the minimum hourly wage to \$8.25 starting on percent). January 1, 2014.

According to Economic Policy Institute economist with the Center (EPI) in Washington, state of New Jersey has minimum wage to \$8.25 per hour would gener- Does the Mi ate about \$195 million Have No in additional economic Effect on Employment," and a half. However, increase, which will lead

were raised to \$8.25 per hour, including almost 275,000 workers making under \$8.25 per hour and over 200,000 workers who earn just above \$8.25 per hour. More than half of the workers who would get a raise are women (55 percent) and more than half are people of color (55

Not everyone agrees. the According to a senior for Economic and Policy Research in Washington, D.C., John Schmitt, "Why Does the Minimum Wage

SEE WAGE PAGE 3





Students are filmed while working on a video project.

Lights, Camera, Action! Saint Peter's Launches Film Institute

BY FRANCISCO DE JESUS form of the new Sorvino University, Staff Writer

Your actors are ready and the stage is set. The camera is recording and the sound is cued. All that is left is to say those three famous words that will set everything in motion.

In the world of filming, one's idea is translated into a motion picture viewed by all. And for many aspiring filmmakers, it is the ability to artistically convey their thoughts that attracts them Cut, and other skills that is to the medium.

Saint University offers students that opportunity in the President of St. Peter's

2015, the school will offer professionals in filming,

Similar to programs like New York University and School of Visual Arts, the institute will be geared toward students wanting to be a part of the filming world. Between the months of May and August, they will receive first-hand training in using cameras, editing software such as Final the norm for both film and Peter's television.

Dr. Eugene Cornacchia,

introduced Film Institute. Starting in the program during the Golden Door International lectures and seminars from Film Festival at the Loew's Theater back in October. producing, editing and He goes into detail about the program, specifically being open to students beyond St. Peter's.

"The Institute will be a non-credit certificate program open to aspiring filmmakers throughout New York, New Jersey and beyond," he said. "Participants will work in groups in creating a short film, and will have access to cameras, editing software, and everything else they'd need to make a film."

SEE FILM PAGE 3

New Jersey Wins Same-Sex Marriage

News Editor

New Jersey became the 14th state to legalize samesex marriage by a court ruling. The same-sex marriage battle has been pushing strong in the United States, which may lead to the downfall of the Republican party. While some may not find the ruling a surprise, the legalization is considered a milestone for the future of American civil rights movements that the LGBTQ com-

munity continues to face. In NI, same-sex couples were only given the chance to have civil unions until the court decision in October 2013. However, civil unions did not recognize the full benefits married heterosexual couples enjoyed in the state. Local activists and civil rights leaders alike believed that civil unions were a failed institution, as it did not enforce employers to recognize the relationship LGBTQ employees had with their partners.

"Under New Jersey's new law, a civil union is the legally recognized union of two individuals of the same sex. Civil union couples receive the legal benefits and protections and are subject to the legal responsibilities provided under New Jersey law to married couples. But a civil union is not a marriage," reports lambdalegal.org.

The main issue that arose

BY CARLOS GONZALEZ during the times of the NI Civil Union Act is health benefits, as acquired by the employers of an LGBTQ worker in a civil union. When a workplace was considered self-insured, it abides by federal law (when the Defense of Marriage Act was still in place) or by state law. But many employers refused to recognize the NJ Civil Union

"Practically ing, companies covered by ERISA, which comprised an estimated 50 percent of all companies in New Jersey, have an option, rather than a requirement, to offer equal benefits under the state's Civil Union Act," reads the New Jersey Civil Union review Commission published in 2008. Now that same-sex couples are recognized as married in NI, and since the US Supreme Court overturned DOMA, the LGBTQ community can marry and utilize federal marriage benefits.

Self-proclaimed Republican" senior Robert Guerra states that although he personally supports same-sex marriage, the way that NI won its civil rights victory was dodgy.

"I personally support gay marriage in NJ, but the way that it happened is what bothers me. The judge used a rather far-fetched interpretation of the Supreme Court's verdict. The decision should have been up to the NJ State

SEE MARRIAGE PAGE 2

²NEWS

WAGE

FROM FRONT PAGE

minimum wage has little or no discernible effect on the employment prospects of low-wage workers.

disagree. Diaz lives in West New York and emigrated from Guatemala in Secaucus. 3 years ago. Currently, he has two full-time jobs, for all parents, because one at the Olive Garden in the economy is very bad," Secaucus as a dishwasher, and the other at Waitex Warehouse in Clifton.

"Es excelente, porque me ayudara a hacer más bills". dinero"- "It is excellent, because it will help me make more money," he said. He added that an increase in the minimum wage would give him a better opportunity to help more his family back in Guatemala, as he only makes \$290 a week and it is obviously not enough money to pay for rent, phone, and other utilities. Diaz is concerned about his managers at Waitex, because managers disagreed with the new minimum wage measure, and he is afraid of getting

The Economic Policy Institute (EPI), also estimates that parents comprise almost a quarter of workers who would be affected by this minimum wage increase, and more than 282,000 children in the state have a parent who would get a raise. raise contribute, on averfamilies' income.

Union City resident, used to make the minimum wage a few years ago. She believes the increase in the minimum wage would benefit many low-pay But employees like Diaz rently working as a busser in both Houlihan's and at the Olive Garden located full-timers and Temps

> "It is great positive news said Amore. "I will help timer at Wal-Mart". people to resolve more their economic problems, such as to pay rent and

According to Edwin Dickens, Professor of Economy at Saint Peter's by email, but the media University, increasing minimum wages probably increase labor productivity.

"Increases in minimum wage will hence the potential output of the economy, by giving employers an incentive to mechanize production, i.e., substitute machines for workers," he said in an email interview.

Meanwhile, Wal-Mart the world's largest retailer - is under fire for its low without degrees be makwages. Wal-Mart workers and their supporters launched protests in 15 cities across the country, as part of a small but vociferous movement to raise wages and to improve conditions for some Wal-Mart's lowest paid workers. Wal-Mart has about McDonald's on Central 1.3 million workforce.

According to Parents who would see a Roman, Zone Supervisor at Wal-Mart Saddle Brook, age, 41 percent of their the increase in the minimum wage to \$8.25 will franchise.

Rocio Amore, 38, a not make any difference at the store. In his location, employees start off at \$7.80 and \$9.50 for overnight hours. Roman, believes the store will most likely cut employees' workers. Amore, is cur- hours to about 20 hours a

"Wal-Mart won't hire after a 6 month period become part-timers or get fired," he said. "No one can make a living as a part

As a supervisor, Roman encourages his employees and other people to get an education for better job opportunities and wages.

Wal-Mart was contacted relations office did not their jobs are able to offer want to comment.

Meanwhile, some feel raising the wages is unfair. Andrew Colaneri, a resident of Secaucus and a student at the University of Phoenix disagrees with increasing the minimum wage. He is concerned with the fact that some people with college degrees are only making \$10 an hour.

"Why should people ing the same amount of fact that work study stumoney, as people that have the degrees," he said. Colaneri, added that in order to help out the poor, the government should make the middle class stronger.

manager Ave, in Jersey City Heights John refused to comment on any information about the possible effects of the minimum wage in the omore who works at the

Students React to Minimum Wage Increase

BY MARISA CARLUCCI Staff Writer

The recent minimum wage increase has brought students, many of whom have different sources of income, to think about their opinions about one of the newest laws that plans the New Jersey minito go into effect soon.

Some students, though them more than minimum wage, fully agree with the [the increase. a sophomore who earns \$10 an hour working at an after school program in Jersey City, is supportive of the minimum wage increase, "because more kids have the opportunity to save up when they get their paycheck."

However, there is controversy regarding the dents will not be receiving a wage increase: all work study programs have restrictive budgets that prevent employers from paying each individual student more than a certain amount of money per school year, according to Pablo Orantes, the Associate Director of Financial Aid.

Toyin Ogundare, a soph-

O'Toole Library as a work study student, explains that she is "very happy" about the minimum wage

Other students who are not reliant on minimum wage as their main source of income are simply not interested in the fact that mum wage was increased. "I'm indifferent," sophomore Jillian Boyce. "Because I don't work... minimum Marie Ricca, increase] just doesn't cross my mind.

Overall, students generally reacted rather well to the increase--even those who do not rely on minimum wage jobs as their primary source of income. minimum increase likely will benefit many students, from those who rely on their wage as their main source of income to those who choose to have an a second job just for the extra money.

INTERACT

HOW DO YOU FEEL ABOUT THE MINIMUM WAGE? **TWEET US AT: @THEPAUWWOW** WITH YOUR OPINIONS!

MARRIAGE

FROM FRONT PAGE

Legislature or state wide referendum," Guerra said.

Either way, NJ would have due to its geographical proximity to one of the most liberand its largely Democratic

Interestingly enough, Governor Republican Christie has managed to get reelected in NJ, despite his party's stance on the issue.

"[Christie's] position on gay marriage was to let the although it was ultimately decided by the courts. And it was fine as far as the Governor was concerned. So that suits him just fine," said Political Science Professor Alain Sanders. Sanders courts decided, Christie had to respect the court system. Therefore, the legalization suited Christie for his reelection, and presumably will suit him for his candidacy for president, as many believe he will run for.

The question imposed for couples." many Americans is whether and if same-sex marriage is efits, immigration, health ultimately a human right.

most likely legalized same- the question was reframed couples in nursing homes, could need a new source to sex marriage at some point as a question of equality -equal protection of the laws-- thus, allowing some people al states in the US, New York, to marry, and not other people to marry... is that treating people equally? When you reframe the question under those terms, it is very hard -- intellectually and legally-to say 'yes, it's equal to allow some people to marry and

After the media exploit-[residents of NJ] to decide, ed the idea of recognizing same-sex marriage as an equal treatment, Americans were cornered into accepting that denying same-sex couples marriages constitutes discrimination.

The Human explains that, since the Campaign's Answers to Questions about Marriage tion and must settle for sec-Equality states, "Currently in the United States, samesex couples in long-term, committed relationships pay higher taxes and are denied basic protections and rights granted to married straight can face outcasting of being

These taxes and protecor not denying same-sex tions include; hospital visimarriage is discrimination, tations, social security beninsurance, estate taxes, fam-Sander's explains: "When ily leave, accommodating ples, the Republican party home protection, and pensions. When DOMA overturned, same-sex couples, whose marriage is recognized in their state, benefit from 1,100 federal benefits, according to the Human Rights Campaign.

> Another argument that same-sex couples have struggled to overcome, is the burden of being seen as a second-class citizen.

"According to witnesses, gay and lesbian youth are harmed by the reality that their heterosexual siblings and age mates may expect to enter into marriages, but that the government has Rights declared that LGBTI people cannot have that expectaondary status as civil union couples," states the NJ Civil Union Review Commission. In states which same-sex marriage is not fully recognized, LGBTQ people

a second-class citizen by being denied the rights that straight couples enjoy.

Now that states are slowly providing full marriage equality for same-sex coubecome a successful party once again. The Reagan days are over for the Republican party, and Tea Partiers are making the case difficult with a growing liberal society in the US. However, denying same-sex marriage might not be the answer to the Republican party's recent downturn.

"I don't think acceptance of gay marriage would really change the fortunes of my party. It's not an issue that affects a majority of the population nor is it a make or break for the Republicans," said Guerra. Guerra said he believes that there can be other tactics for Republicans, as the party clearly states its moral principles against homosexuality.

"[The Republican party] cannot go on to be as the party of 'no," stated Sanders. "[The party] has to figure out what they're ready to say 'yes' to. And it has to be

something that the majority of Americans are ready to say 'yes' to. And this is a big dilemma, because the Tea Party wants to keep saying 'no' to everything."

Sanders explains the Republican party's continuance of denying many policies that can benefit the country as a whole. However, the party must begin to accept some policies in order to grow. Sanders argues that moderate Republicans are ready to say 'yes' to some policies, but they must configure if the policies are something the majority of Americans want. Whether or not this is same-sex marriage is still up for debate, although it is not likely that the Republican party will accept the notion anytime soon.

Nonetheless, states that recently legalized same-sex marriage include Illinois and Hawaii, and will be effective in late-November and December of this year. The same-sex marriage fight still remains at-large in other Midwestern and Southern states, as the Republican party is largely in power in the region.

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FILM FROM FRONT PAGE

Paul Sorvino, a prominent actor known for his roles in "Law & Order" and "Goodfellas," will serve as the Institute's Chairman Emeritus. Several members of his family, who also have had successful film careers, will contribute to the program's development.

Several students have already expressed interest in the program and what it will offer. Ryan Pineda, can give students a new way to express themselves than ever before.

"I believe it is an innovation," said Pineda "It's a new experience in Saint Peter's University, and it provides a new horizon for students to express themselves in an artistic way."

According to the Motion Picture Association America, the film industry created 10,397 direct jobs and \$724.5 million in New Jersey as of 2011. Additionally, almost 6,700 of those jobs are production-related.

the institute will prepare students with a proper portfolio to help them get hired into the growing field.

When asked how the partnership between the Sorvino family and Saint Peter's began, Cornacchia explained it started as an initial sponsor to the Golden Door Film Festival. However, several meetings between himself and the festival's founder, Bill Sorvino, resulted in the desire to have a well-respected film that the biggest obstacle

program. "The relationship a senior, feels the program began as a simple sponsorship opportunity," said Cornacchia. "And then blossomed to the point where we said, 'You know what, what if Saint Peter's stood up and joined forces with the Sorvino family to make this really happen?"

> Of course, with any new program, institute the will have several obstaof cles to overcome. Joseph Lamachia, a professor in Communications and advisor for WSPR Radio, cites one example in the form of proper exposure. Despite several press releases from

such as The Jersey Journal and Jersey Tribune, students and faculty are still unaware of the new program and its focus.

"There really hasn't been any traction on what they're going to do, how they're going to achieve it, etcetera," said Lamachia. "It's supposed to include different aspects of film, but we don't really know specifically what they're going to do."

Ryan Pineda suggests the new program may face is getting initial students interested. Cornacchia recognizes this, and explains the institute will start out small.

"We won't bite off more than we can chew," he said. "We hope to start off with a small cohort of about 10-12 students, and grow it from there."

Despite these challenges, people are seeing more positives than negatives. Harley Cabrera, a former alumna, is ecstatic at the institute's concept, and wishes it had started before she graduated back in 2012.

"It's about time," she it." Therefore, Saint Peter's and outlets said. "There are so many

students who have a passion for media and film in the metropolitan area. I'm ecstatic that talented students will finally have the sources and tools to put their projects in motion."

Pineda agrees, and feels that once the institute gains prominence, it will have the potential to achieve a number of accomplishments. "The greatest accomplish in that program, which I believe will be, is that students will be able to contribute to major competitions such as the Sundance and Tribeca Film Festival."

Depending the program's success, potentially could lead to Cornacchia and Saint Peter's to consider a filming major for St. Peter's students.

"We envision the Sorvino Film Institute to live as a stand-alone, non-credit bearing certificate program for the first few years," said Cornacchia. "If the market indicates to us that there is an even greater interest in film and television production, we will take a look at

JERSEY CITY

According to the Jersey Journal, yet another incident of violence near a PATH station occurred on November 19th, resulting in a half dozen teens being taken into custody in Hoboken, officials said.

A group of what were described as high school students outside the Hoboken Terminal/PATH Station at about 1 p.m. were verbally harassing people and throwing bottles, New Jersey Transit spokesman William Smith said.

When Hoboken police responded, the teens fled into the train station, where they were taken into custody by NJ Transit police officers, Smith said. The teens were then turned over to Hoboken police to be processed, said Smith, adding that it did not appear that any commuters were hurt.

Two men shot at each other near Wegman Parkway and Ocean Avenue in Jersey City at around 12:17 a.m. before fleeing the scene, according to a woman whose car was shot in the crossfire, a police report stated.

The woman said she parked her car at the northeast corner of Wegman Parkway and Ocean Avenue when a young man wearing a black jacket with a hood standing near her car was shot at by another man who approached the intersection, the report stated.

The young man then returned fire with his own gun while running away toward Martin Luther King Dr., the woman said in the report.

According to the Jersey Journal, county officials for Hudon County are not disputing claims that the game of "Knockout" is seeing high occurences in this area of New Jersey.

"Knockout" is a game where young teenagers often end up violentally beat up or attack a pedestrian on any street or corner. The attacks are meant as wild, random and unexpected. Many of the targets in games of knockout are often homeless people who are either living or sleeping on a street.

Hudson County Assistant Prosecutor Gene Rubino told the Jersey Journal in September that the type of attack wasn't a trend in the area.

"It's not a trend in Jersey City. We're not seeing it in Jersey City," he said.

MORE ONLINE pauwwow.com

Protecting Your Brand:

Saint Peter's Holds 42nd Annual Business Symposium

BY TY-KIERA BROWN Staff Writer

On November 9, students and faculty congregated together for the 42nd Annual Business Symposium, excited further by the special guest -Paul Tagliabue, the former commissioner of the NFL.

Business and marketing marketing. Representatives of numerous businesses also attended the event, giving students the opportunity to network and learn about the dominating companies in the marketing field. There were four key speakers who shared their experiences with the marketing industry. Tagliabue was the spotlight speaker of the event.

"This is my first time being here [and] I really am

event is informative the four speakers are amazing and I understand the message that they are trying to convey," said Richard Palma, a junior business student. "I believe that all majors would have benefited from this event. Porter Gale's experiences in the marketing industry also inspired me to be more ambitious leaving this event."

Palma is an international students attended the event business major. Palma has dressed in business attire to never attended a business learn the fundamentals of symposium, and believes Saint Peter's should host more events that can inspire ambitious students so they can be prepared after their college graduation.

> Porter Gale, former Vice President of Marketing for Virgin America, was one of the four guest speakers who attended the event, giving insight on the marketing business. Gale is the author of the book Your Network is Your Net Worth, which

order to be successful.

"I think students should come to the Business Symposium because there is practical advice on how to build your brand and manage your career and tips about when entering the workforce," Gale said. "Students should monitor what they put on social media and be careful about the things they do not want to follow them ten years from

According to Gale, 35% of companies are not granting interviews because they are Google-searching backgrounds and checking references, so managing one's own brand is important.

"The information given is informative and can be applied to the real world," said Charles Weening, an accounting major at Saint Peter's. "It is interesting to learn how to build your

enjoying this event. This stresses the importance of brand and I am happy to investing in friendship in hear the speakers give advice on how to start and instructions on how to make your brand the best brand."

Weening is an accounting major who was convinced to start his brand instantaneously. He was inspired by the other two speakers, Steve Stoute and Bill Rasmussen; both men discussed how to start from the bottom and rise to the top. Steve Stoute is the founder and chief executive of Translation LLC.

Charles also admired that they shared their experiences and success, and how nothing happens overnight. He believes that his worth ethic can be found compatible to both men, and he will utilize their advice.

"I cannot wait until the day I am sitting in my personal office reflecting on all the advice that was given," said Palma.



Men & Women For Others

a letter from the editor

BY DYLAN SMITH Editor-in-Chief

With the recent events occurring in areas of the Philippines due to Super Typhoon Haiyan, it seems more important now than ever to remember the message of the Jesuits and the message of Saint Peter's University - creating men and women for others. While a vigil has already been organized and taken place, there is much more being done still on campus to help those in the most need of services and resources, and much more the community can conthose in the Philippines. of the lines between arts

seen in the many great men and women on campus is where one can find the most inspirational of actions.

found throughout the pages of this issue. From articles about the raising of the minimum wage to New Jersey's winning of the right to same-sex marriage, the thought of having others in mind while we think of what we have and what others don't is a prominent. I, for one, am glad to see Saint Peter's, as always, step up and come together for cause greater than any one individual person.

Also inside our pages tinue to do in order to help is coverage on both sides

The actions of selflessness and sports. This includes a review of the recent series of performances done by the Argus Eyes Drama Society of "The 25th Annual Similar themes can be Putnam County Spelling Bee" and the recent start of seasons for both the Men's and Women's Basketball Teams. A profile of two young men - one currently on the Men's Baseball Team and one an alumni of such honor - also showcases how dedicated the sports teams at Saint Peter's University

> Inside our pages is also information on how one can reach out and send help to those recovering from Super Typhoon Haiyan and recent coverage on the 42nd Annual Regents Business

Symposium held at Saint Peter's University.

In turn, I hope those who pick up the issue are left inspired, but also left questioning what the world around them means. With the backdrop of the raise in minimum wage set, it is important for every person - young and old, rich and poor, male and female - to reflect on just what these increases can do for people, especially those who are the most in need of them. This attitude is needed even more-so in a time where people reflect on what they're thankful for, keeping in mind what they have that others do not have.

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Review: Argus Eyes Drama Society Tackles "The 25th Annual Putnam County Spelling Bee"

BY JESSICA FACCHINI Staff Writer

Argus Eyes, Saint Peter's University's drama society, has brought another new and successful show to campus. "The 25th Annual Putnam County Spelling Bee", directed by Mason Beggs, had a running of 5 days last week and it kept audiences entertained with its lovable, laughable characters and plot centered on

The comedic musical is about a spelling bee that takes place in Putnam Valley Middle School and consists of several unique adolescents and varied personalities. Each character that takes part in the spelling bee has their own quirks and a background story given by the musical.

Pflaster played Douglas Panch, the middle school's cynical vice principal who was arguably the musical's funniest character. Vice Principal Panch is one of the moderators of the spelling bee and has the responsibility of calling out the words. The character repeatedly made the audience laugh with humorous definitions and sentences that followed the word that was called.

Blake Boles played Mitch Mahoney, a "comfort counselor" on parole who is forced to be at the spelling bee due to community service and does anything but comfort the kids who did not win while simultaneously making the audience

Lisa Peretti, an upbeat modmore refreshing moderator after experiencing the cynical humor of Vice Principal Panch and the intimidating "tough love" method of Mitch Mahoney.

Matthew Holowienka played the role of Leaf Coneybear, a hyperactive and eccentric boy who wears a cape and a helmet to the bee. Coneybear freezes all of his thoughts and his rambles when he spells a word, almost turning into a completely different character for those few seconds. Leaf's character is loveable and humorous, and his happiness is seemingly contagious to the audience.

Nicholas Mederos played Chip Tolentino, a speller who becomes lovestruck by Leaf's sister in the middle of the spelling bee. The sudden crush distracts him and prevents Chip from doing well in the bee. Tolentino's early disqualification is made worse when he is forced to perform the shameful and embarrassing task of handing out cookies, brownies, and other treats during the spelling bee's snack break--which was right after the musical's intermission, when the second half was about to start. Mederos played the part by tossing the snacks to members of the actual audience, which was a delightful surprise to hungry people who were not expecting it.

Siobhan Gordon played Logainne Schwartzandgrunenierre, a motivated and independent speller with a lisp who practices spelling with her two fathers and invisibly writes the words out on her arm before she spells aloud. Logainne is under pressure to live up to her fathers' high expectations of success and is therefore a bit uptight.

Courtney Bowen played Alex Pflaster played Rona the role of Marcy Park, an "all-business", mature, and erator and former winner of slightly stuck up speller. lethargic, monotone, and tive and uplifting, being a the point where she walks back to her seat after spelling a word, without waiting to hear the moderator's verdict. She is an over achiever who speaks 6 languages and is sick of always winning.



Matthew Holowienka (left) and Siobhan Gordon (right) as eager spellers partciipating in the bee

Lisette Santiago played Olive Ostrovsky, a girl who is anxiously awaiting her dad's arrival at the bee. Her mother is in India on a spiritual quest and Olive misses her terribly, as is prevalent in the song "The I Love You Song". Olive becomes friends with William Barfée throughout the spelling bee.

Garvey Potter played the role of William Barfée, a him to spell correctly.

As always, Argus Eyes did not disappoint and put on a terrific performance. The cast sung wonderfully and acted terrifically; they truly proved the extent of their

Perhaps the most interesting aspect of Argus Eyes' performance of "The 25th Annual Putnam County Spelling Bee" was the inter- life story. action with the audience. In the Putnam County Spelling She is over-confident in the dismal speller who was elim- the lobby of the Roy Irving County Spelling Bee" is a Bee who remained posi- accuracy of her spelling to inated from the last spelling. Theatre before the show bee he took part in due to an started, Argus Eyes memallergic reaction. Barfée has bers were recruiting voluna "magic foot" and writes teer spellers that would be the word on the floor with featured in a few scenes of his foot before spelling it the show—the volunteers out loud, which he ends up even slightly interacted realizing is not necessary for with the main characters on

The show was a hit among Saint Peter's University students—the crowd was laughing throughout the two enjoyable hours.

"I enjoyed it," said Mike Joll, a sophomore at Saint Peter's majoring in psychology and political science. "Every character has their own unique personality and

"The 25th Annual Putnam play that presents the diversity of those around us and how everyone we encounter has their own struggles and complexities.

Emily's Lit-Picks: Stuffed with Sagas

BY EMILY ALEQUIN Arts Editor

Halloween is over and upon us: Thanksgiving! While I love all of the to decorate and go to the kitchen for seconds of school work. It's the per-

Pötzsch

historical novel lovers. ters development Oliver Pötzsch's first book in The Hangman's Daughter novels was series: published in 2010 and, since then, he's added 3 Daughter the first of the holidays is more books to the series, the most recent being The Poisoned Pilgrim. food and opportunities Stories of a midwife accused of witchcraft and corrupt secrets hidden Veronica Roth pumpkin pie, I love the away in a monastery are 4 days worth of free time two of the plots that have even more. So after my already been featured. family is finished mak- Pötzsch continues to use ing me eat more and 17th century Germany more of the delicious as his main setting and flood in. Divergent is conhome cooking, I can each book focuses on the finally get started on the same central characters: stockpile of novels that the infamous Schongau has accumulated dur- Hangman, his daughing the weeks of stressful ter Magdalena, and the movies, it doesn't seem young town physician like the comparisons are fect time to catch up on Simon. There's a new certain book series, but adventure to be had and a how to decide on which new mystery to be solved series to start can almost in each installment and be as hard as deciding on it's easy to pick up wherwhich dessert to try first. ever you'd like - you Divergent follows the stodon't have to start at the ry of Beatrice Prior, who 1.) The Hangman's beginning if you don't lives in future Chicago in The Governor, one of Daughter Series - Oliver want to but it's definitely a nice way to learn of the society has been divided intimidatingly changes in their society into: Abnegation, Amity, antagonists to exist in a

The

The Dark Monk

The Beggar King The Poisoned Pilgrim

2.) Divergent Trilogy -

The teen vampire novels are becoming less popular and the dystopian novels have started to stantly being compared to The Hunger Games and now that the trilogy is also getting it's own going to stop any time five episodes in the newsoon. Still, there's nothing wrong with indulging in the genre--especially when the cravings hit. one who watches The one of the five factions the most creepy and

For the mystery and and to watch the charac- Candor, and Dauntless. television show. But how a different virtue of know about this villain? make the choice of which for the rest of their life and will be led to questhought was truth.

Books in the trilogy: Divergent Insurgent Allegient

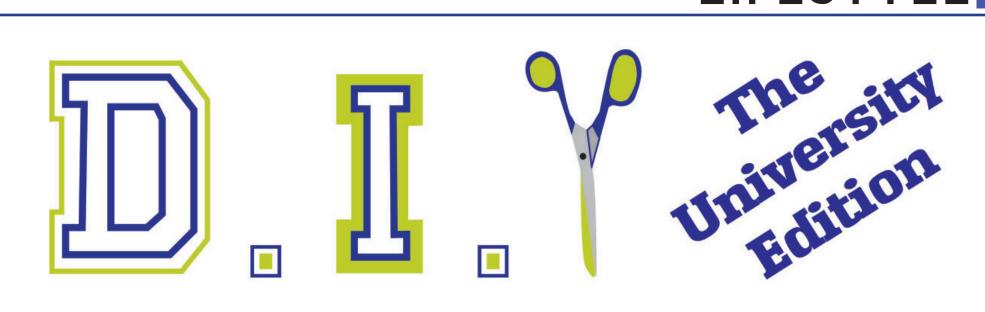
3.) The Walking Dead Novels - Robert Kirkman and Jay Bonansinga

There's already been to catch up. est season of the show and there's plenty more series: to come. By now any-Walking Dead or reads the comics knows about Governor: Part One

Each faction represents much do viewers really Books currently in the humanity, a code to live Who was Philip Blake by. Once a person comes before the deadly zombie Hangman's of age they will have to outbreak? How did he get to Woodbury? How faction they will live in did he become known as "The Governor"? Was he but Beatrice will learn always that psychotic or of the harsher realities was he actually a little behind those choices more sane to begin with? Well, to find out the tion everything she once answers to these questions and many others, you'll have to start reading! The most recent book, The Fall of the Governor: Part One, was released in October while Part 2 will be released in March of next year - giving readers and Walking Dead fans plenty of time

Books currently in the

Rise of the Governor The Road to Woodbury Fall of



BY NATALIE CASTILLO Online Editor

The more you pile on your plate, the more pounds you're likely to gain.

Control Council, the average American consumes 4,500 calories and 229 grams of fat just from a Thanksgiving Day meal, snacks or second servings. one day!

For most, the main Thanksgiving meal is the only big meal of the day. Thanksgiving dinner, it is objects to help measure healthy to eat some fruit or quantities.

a salad prior to the feast.

the meal, using smaller serving spoons or plates will help you control your portions. Make sure the serving table has a variety of foods. Pumpkin pies and turkey shouldn't be the only dishes on the menu. According to the Calorie A healthy Thanksgiving meal should consist of fruits, vegetables, protein, and starches.

To portion your plate, you should divide your which doesn't include meal into four sections. Two areas should be This means that some of us reserved for vegetables or may consume up to at least fruits and the other two 2-3 days worth of food in sections are meant for protein and starches.

If you don't have portion nine-volt batteries. plates or if you're not sure on how much of a food you While waiting for the should eat, use familiar

For example, a major-When it's time to serve ity of the portions for Thanksgiving foods should be no bigger than the size of a baseball or your fist. These foods include: mashed potatoes, stuffing, gravy, green beans, or cranberry sauce.

Entrees like chicken, turkey, or even a slice of consumption, it's pie should be about the same size as a deck of

And when you're snacking throughout the day, it's best to not eat straight from a bag, box, or the ginormous bowl that sits on the middle of the table in the den. The portion for snacks is equivalent to

Alcoholic beverages are also part of a majority of Thanksgiving traditions, the big game on TV or after you just finished your

ier choice of beverage this holiday season should be water. It's fine to have a couple of drinks, but you shouldn't consume more drinks than food. To control your alcohol or soda females from 19-30-years

best to have a drink with 2,600 calories. your dinner rather than tall, slender cups for your drinks rather than small, wide ones. This tricks your mind into essentially thinking that you are consuming more than what you actually are.

prepara-Immense tion always goes into a Thanksgiving dinner that everyone will eventually want seconds. Second servwhether you're watching ings shouldn't occur right

Turkey and mashed potatoes,

crabs. Lumpia which are egg rolls, and of course lots of rice,

stuffing, creamed spinach, and

there's pancit which is a noodle

chatting it up with family first plate. It's best to wait and friends before dinner. 15-20 minutes before get-The preferable and health- ting a second plate or even dessert.

Although the amount of calories consumed in a day are based on age and how active one is, the average calories for males and old ranges from 2,000-

The American Heart before. You can also use Association recommends eating lower-fat reduced foods prior to Thanksgiving Day. And instead of crashing on the couch after the meal, try going for a walk and burn some calories.

> No one wants to count calories on Thanksgiving, but if you do it right, you'll save yourself a trip to the tailor.

Thanksgiving Traditions Passed On

BY TATIANA FERRARO Staff Writer

their table for Thanksgiving grown up eating." other cultures keep the traditions of their ethnic background alive by having different foods appropriate to their culture.

Alex Lopez, a student of Puerto Rican heritage, says her family has turkey for Thanksgiving, along with pernil, which is considered to be pork.

"When my parents were growing up in Puerto Rico they strictly had pernil for Thanksgiving," Lopez said. For my siblings and I growing up in the United States we are a little more Americanized so my mom always prepared both a turkey and pork for us. She made sure we remained in touch with our culture while also eating foods that are not traditional to the island."

Different foods that are cooked in a Puerto Rican family for Thanksgiving include:

"Arroz con gandules (yellow rice w/ pigeon peas), pasteles, platanos maduros (sweet plantains), turkey, pernil (pork), mashed potatoes, vegetables, empanadas, turkey stuffing, pumpkin pie, and sweet potatoes," Lopez said.

These traditional sides are important to Lopez's family because they have been cooked for many generations.

important to us to continue cooking for generations to come," Lopez said. These are the foods that my grandmother grew up eating on Thanksgiving. Her mom taught her how to cook these

recipes and then she cooked them for her children. My mom was taught these recipes as she was growing up and now cooks them for her kids. One day, when I have While most American kids, I will prepare the same families have a turkey on Thanksgiving dinner I've

> Although some traditions may change over the years, some remain the same and these are the occasions in which families unite and relax together.

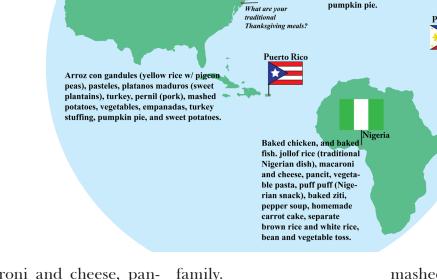
"Thanksgiving is important to us because it's a time to get the whole family together," Lopez added. It's a tradition of ours to have Thanksgiving dinner at my aunt's house every year. If we are busy and get caught up in our own lives throughout the year, we can guarantee that we will see each other and be together on Thanksgiving which makes it more special to us."

The most treasured part of Thanksgiving is to eat the foods families have grown up loving on a holiday when

everyone is together. "As in most cultures, food is a way to share your love and we take pride in being able to share food specific to our culture. Thanksgiving is also one of the holidays when we usually only prepare certain foods such as pernil and pasteles which is also something special for my family and I," Lopez said.

Chinedum Emelumba, a student of Nigerian heritage, says that she and her family also have turkey for Thanksgiving.

"My mom loves to cook. "The foods cooked are In addition to turkey, we have baked chicken, and baked fish," Emelumba said. "She mixes a bunch of different foods – some traditional and some American dishes. She makes jollof rice



macaroni and cheese, pancit, vegetable pasta, puff puff (Nigerian snack), baked ziti, pepper soup, homemade carrot cake, separate brown rice and white rice, bean and vegetable toss."

For Emelumba's family, Thanksgiving is also a time to get together and relax

with loved ones. "Thanksgiving is such an important holiday to my family because during the year everyone is always on the go and we barely get any time to all sit together and just relax, eat and share laughs," Emelumba explained. "So, during thanksgiving we make the best of the day and most importantly we pray and thank God for keeping us all together and alive and well. So, it's a very important holiday for us."

In Nigerian culture traditional clothes are worn and traditional meals are cooked.

"We keep the culture alive through things like our traditional clothes and the traditional meals that we prepare," Emelumba said.

A traditional prayer and bowing of the head at the table before meal is impor-

"My culture is very religious and they always like to stop and give thanks to God for the things and people that they have in life, daily," she explained. "On Thanksgiving after all of the food is prepared and the tables are set, someone always leads with a strong prayer and blesses the food and it's a really special day being that we're all together and no one has to be anywhere else."

Gabrielle Lim is an alumni of Saint Peter's University. She is of Filipino heritage and her family eats turkey for Thanksgiving, which isn't out of the ordinary.

Lim cooks Thanksgiving dinner for herself and her family when it's at her mother's house. It's something she enjoys doing because she loves to cook.

"If we're going to see my mom's side of the family, that usually means there won't be too many people and they'll be coming over to our house. That means I'm cooking and all they need to bring is their appetites. When I cook, everything is traditional. Oven (traditional Nigerian dish), tant to Emelumba and her roasted turkey, stuffing,

mashed potatoes, creamed spinach, and pumpkin pie. It's more about the family relaxing and me taking care of them," Lim said.

There is a special kind of symbolism in the foods at Thanksgiving dinner for Filipino culture, according to Lim.

"In Filipino culture, the amount of food at a gathering, whether it's a party for someone or just a casual get together for a big family dinner, is equal to the amount of love," Lim said. "No matter which side of the family I spend the holidays with there is always lots and lots of food, it's almost endless. So you know that means there's lots and lots of love too."

Whether you're Filipino, Nigerian, Puerto Rican, or American Thanksgiving is about delicious foods and the people you share them with. Every culture may not have the same food in common, but they do share an immense gratitude for their loved ones during the holidays.



What are your plans after graduation?

Consider continuing your educational career with graduate study at Saint Peter's. Attend a Graduate Programs Information Session Lunch and Learn on Thursday, December 5th!

Graduate Programs Information Session Lunch and Learn

Thursday, December 5th, 2013, 12:00 p.m. – 1:00 p.m.

Duncan Family Sky Room

Pizza and Soda will be served

For more information call: (201) 761-6470

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Program Directors/Deans will be available to answer any and all questions.

Let's talk about your future!



Body Modification in the Workplace

BY SABRINA CARTEGENA Staff Writer

Professional careers often call for employees who will dress the part, often meaning employees cannot have visible tattoos, facial piercings and unnatural hair colagainst people with body modifications.

the permanent or semipermanent deliberate



alteration of one's body. This can include wellknown modifications like tattoos, piercings and plastic surgery, to more or abraded into the skin) toos must be covered up." and tongue-splitting.

A petition on change. org is aiming to "include body

in equal opportunity employment." This is referring to the federal laws that make it illegal to discriminate against a potential employee based on the person's "race, color, religion, sex (including pregnancy), national origin, age (40 or older), disability or genetic information," according to the ors. Many people see U.S. Equal Employment this as discrimination Opportunity Commission.

In conjunction with www.SoTattooed.com, we Body modification is believe that people who choose to express themselves in the way they best see fit will continue to receive discrimination when trying to get a respectable job," the petition states. "Body modification is as much a choice as religion, which is included in equal oppor- Discriminate tunity employment."

> Sophomore Danielle Pimentel-Avila has a nose piercing and used to have pink hair and green hair before that. She works as a server at Red Robin, where she had to dye her hair to a natural color.

"I work at a family restaurant, so if you are working in the front of the house you can't show any tattoos or piercings," Pimentel-Avila said. "Your hair has to be a natu-"extreme" modifications ral color, like blonde or like scarification (in which brown. All facial piercings designs are cut, branded must be taken out and tat-

To some, hair dying does not fall under the "body modification"

BODY MODIFICATION FRIENDLY COMPANIES



permanent and not part of the body. However, people fighting for more job opportunities for modified people be a freedom as well.

In a blog post titled, "Why Businesses Against Body Modifications (And Why It's OK)" on localbandhero.com, blogger Phill said businesses can "discriminate" based because appearance they have an image to maintain.

"If a customer walks up to your customer service desk and is greeted by someone with a nose ring, two lip rings, 8 earrings, and a few tattoos adorning his or her face and neck ... the customer will most likely be turned off to the company," Phill said. "Not just because it's 'out of the norm' but because it's also intimidating to the customers."

Sondra Buesing Riley may embrace body art. If said there's truth to the a modified person wants expression, "First impressions are lasting."

"We react first to what believe hair dying should we see, next to what we because it is an art form. hear," Riley said. "In an Other professions where interview or workplace body modification may setting, conservative is always best - that is, if you want to get, and keep the job."

> Employers have every right to exercise discrehiring, according to Riley

"It's important to realize that people with body do not belong to any of protected categories: race, color, religion, age, nationality, origin and gender," she said. has been tight for a numtion has increased for the they look." same jobs, modified people may be at a competitive disadvantage."

However, not every job Director of Cooperative or career requires one to modification umbrella as it is not Education & Internships look a certain way, and

to work in most any artistic fields, he or she will probably be welcomed be accepted include bartending, cooking hair-styling.

Jobs in construction, commercial driving, and waste management may tion and preference in not be as glamorous, but are also generally accepting of body modifications.

Despite changing her piercings and tattoos own appearance for a job, Pimentel-Avila said a person's appearance should not affect his or her career.

"I believe if the person "Because the job market is qualified and willing to work then they should be ber of years, and competi- hired regardless of how

OPINION

A After the Death of a Parent

BY ROSE DRISCOLL Managing Editor

Your parent is someone who is responsible for you. Your parent is likely someone who took care of you, who made sure you were fed and wearing clean clothes and got to school on time. Your parent is someone you'll miss when they're

When your parent dies, though, they become what Internal Revenue Service calls a "decedent." And someone has got to file the decedent's taxes.

The IRS wants the decedent's closest living relative to file the decedent's taxes, so that might be your parent's spouse or sibling. While it's not guaranteed that you'll have to file their taxes, you will have to fill out your Federal Application for then you have to separate their incomes in the paperwork. Hofstra University advises that you get help from a financial aid counselor in doing so.

If you're filing your FAFSA after your parent dies, you might be able to get a dependency override, the same option available for students with abusive or neglectful parents.

According to the association National Students of Ailing Mothers and Fathers, one in three college students experience the loss of a family member or close friend. No statistic was available to indicate whether the decedent in those cases acted as the student's primary financial supporter.

My father was the primary financial support for a household of 12, going by the IRS's definition which dependent counted his spouse - my mother - and his three college aged children

almost entirely.

A few days after his death, I received an email from Saint Peter's administration to offer condolences. I had not informed them, but I guess they found out through alumni because my older brothers also graduated from Saint Peter's - Thomas in 2006 and James in 2012. I replied with my thanks.

Another few days later, I received an email telling me that I owed the school several thousand dollars. I could not approach my mother with this at the time, as she was in the middle of planning a funeral. Instead, I rectified it myself, increasing my loans when the semester began.

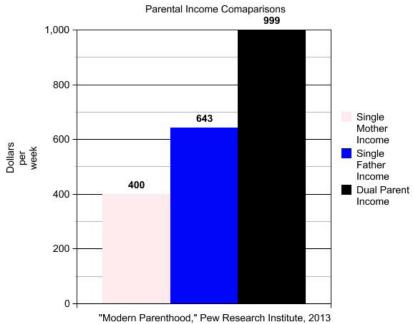
My father's death, which happened nearly a year ago, has set me and my family back significantly. My mother had to file taxes on the late deadline, October 15, and was delayed by the recent government shutdown. The IRS in its infinite mystery assigned a "tax advocate" who communicated directly with the Enrollment Services office to ensure that I wouldn't be tossed out of school.

The people in the Enrollment Services office and the financial aid specialists at Saint Peter's are amazing. With much patience and understanding they helped me sort out the financial troubles that my family is facing, helping

me to finish my degree on time and without too much headache.

While I can't count on my parents for grocery money or new clothes, I know that I'm

Nerdwallet.com, under a section offering advice for filing the FAFSA, apologetically says "The FAFSA can be difficult for non-traditional families." Since only half of still very fortunate to finish American college students



TPW / DATA VISUALIZATION BY ROSE DRISCOLL

my education and improve have two living, married parents, it might be time to

> change the protocols. Many of the same financial uncertainties that come with the death of a parent follow divorces, separation, and declaring emancipation from one's parents. The IRS and consequently the FAFSA have to be changed to suit not some false idea of a traditional family, but the true diversity of today's university student's background.

Rose Driscoll January 10 🙎

The dean emails you one day to say "sorry for your loss" and the next day to say "you owe me twenty billion dollars." I don't know why anyone loves college.

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24 □ 1

Student Aid, or FAFSA, if you want to stay in school.

When you're filling out the FAFSA, you file only your living parent's income. If your parents filed jointly before one of them died, as well as the seven younger children. At the time of his death last December, two of his children had graduated from college and one more had started. Our family's reported income dropped my future prospects.

Changes have got to be made. Only about 50% of parents today are unmarried, according to the Pew Research Center. Their "Modern Parenthood" study from March 2013 shows that single mothers make \$400 per week where single fathers make \$643 and twoparent families can bring in \$999 if both parents are employed. This disparity in income is attributable to the increased child and house care responsibilities single parents face.

SPORTS

Record Holding Peacocks Pitcher Takes His Talents to the Classroom

BY JESSE KICKEY Staff Writer

Former Saint Peter's pitcher Chris Innis was able to enjoy both a record setting baseball career and a successful academic endeavor during his time at the university.

Innis left a lasting impression during his career as a Peacock, and many of the accomplishments that he achieved during his time at Saint Peter's remain school records today.

"As of now, I [still] hold the record at Saint Peter's for most pitching strikeouts with 217," Innis explained. I am also the leader in pitching walks, and in the top 10 of several other pitching categories. I was a two-time MAAC Pitcher of the Week."

That record is more like a target in the eyes of current Peacocks pitcher, Zach Hopf, who is hoping to break the record when the baseball season gets underway this

However, Innis can't worry about this. He has traded in his uniform and his glove for some chalk and textbooks. He is now a social studies teacher for a New Jersey middle school.

After graduating, Innis, who dreamed of playing professional baseball, found himself back in the classroom. Instead of being a student this time, he returned to the classroom as a teacher.

"I attended St. Peter's from Fall 2004 to December 2008," Elementary Education with a minor in American Studies.

During his time at Saint Peter's, Innis was able to balance being both a student and an athlete. He excelled in the classroom and on the field.

"I played baseball at Saint Peter's. I was recruited as an outfielder and started in the outfield," explains Innis. "As our first season went on, I would start in the outfield

game as the closing pitcher. My sophomore year I started as a closing pitcher, and then became a starting pitcher. By my junior year, I would close some games out and I would also start. Senior year, I was a conference starter and closer."

For Innis, sports became an important fixture in his life from a very early age.

"As far back as I can remember, I was always doing something with sports. My dad would take us to the park and we'd play tackle football when I was 4. I must have started playing tee-ball when I was 5 and I remember that it was something that just clicked. The other sports were fun, [such as] football, wrestling, [and] basketball, but baseball was always my favorite."

Just like many other athletes, Innis had role models in the world of sports. As a child, his favorite was Mickey Mantle, a famous baseball player, due to listening to his grandfather talk about him often. When it comes to more contemporary athletes, Innis likes Frank Thomas, famously of the White Sox.

"I always liked Frank Thomas from Chicago. He came out with his own sneakers in 1995 that I bought, they were super ugly, black and white zebra striped, but I liked him. He was a big bulky guy that hit the ball a long way. The first Home Run Derby I ever watched was with Frank Thomas."

In addition to having sports role models, Innis also said Innis, who majored in has role models in his own family. Both of his parents were great supporters of him, but his dad was and remains est I had ever thrown in my his biggest influence.

"No matter how many hours he worked, he would always be up for throwing the football/baseball/basketball around. He really pushed me in terms of conditioning and the mental/psychological aspect of sports," Innis reminisced. "One of his biggest mantras was 'If you want and then come in later in the the results that everyone else Cardinals was there to see

gets, do what everyone else does. If you want different/ better results, do something different/better.' That stuck with me for a long time."

Innis' parents were able to watch him from the very beginning and were with him every step of the way.

"Baseball has always been Chris' passion since he was very young. It's only gotten stronger over time," remarked Mr. & Mrs. Innis. "He really became a student of the game through reading books and articles and playing wherever he could. His exposure to playing in different leagues outside of the traditional season enabled him to build friendships and make contacts, some of which are still strong today."

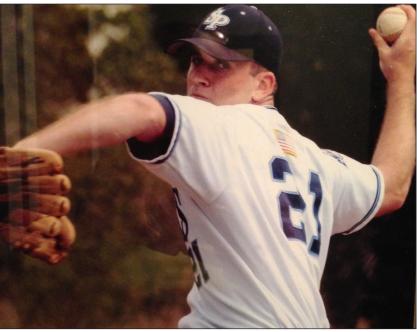
Innis comes from a sports family and even has a connection to a former professional player. His brothers are wrestlers and his sister plays both basketball and rugby. His father both wrestled and played high school football and his uncle was a college football player.

"My grandfather being scouted by the Chicago White Sox as a pitcher," said Innis. "My second cousin, Jeff Innis, was a relief pitcher for the New York Mets in the 1980s. He was a submarinestyle pitcher."

Like many college baseball players, Innis aspired to continue playing the sport that he loved after graduation.

On a cold day in Virginia, with the Peacocks trailing by seven, Innis sat in the bullpen, not planning to pitch in that game. He was hungry and so when a teammate brought chicken from the hotel, Innis had to have some. In the end, he ended up having to come into the game to pitch. Innis recounts

"With chicken grease all over my hands, and at this point my pants and jersey, I started warming up. I went in and threw the hardcareer, 91mph. The problem was that the chicken grease wasn't allowing me traction on the ball. I left one of those 91mph fastballs at belt level, dead center of the plate, and their 3 batter promptly deposited it over the center field fence. What I didn't know was that an area scout for the St. Louis



someone else on my team and my radar gun numbers impressed him. I got a letter saying they would follow me for the season and keep up the hard work. I felt like that was the start of a lifelong dream coming true. Later in the season, I blew out my elbow and the offer disappeared, but it was cool to have the opportunity."

During his career, Innis encountered some injuries that he had to overcome.

"A few weeks after the St. Louis Cardinals letter, I blew out my elbow and ended up with painful tendinitis. It wouldn't hurt to do anything other than pitch, which was ironic. I wasn't supposed to pitch on a Saturday, but our starter slept in and missed the game. A scout from the Detroit Tigers would be there to watch a pitcher from the other team throw, so I volunteered to pitch when our coach asked us if anyone could be ready on shortnotice because I figured that extra exposure couldn't hurt. I pitched ok, but it wasn't my best."

Despite the injury, Innis still persevered and tried out for several independent

Innis then used his Saint a teaching career. Sports are still a part of his life today as he also coaches the girls' middle school basketball team and previously coached high school baseball

"I am happy teaching, it's what I love. If I could go back I would have worked a little harder because teaching is something you can always go back to, being a professional

athlete is something that only a few are lucky enough to do. I always hated school but I loved playing sports. As I got older I realized that I couldn't have one without the other."

Coming from a sports family, Innis would also want his children to participate in them. He recommends that parents let their children play seasonal sports.

"As a teacher and coach I have often seen parents guiding their children towards one particular sport. I have girls on my team that play 50-60 games of basketball before they even get to our season in December. I feel like that's putting all your eggs in one basket. What if your child burns out and hates the game? What if an injury bars them from continuing to compete? In my opinion, children need to play different sports to develop their different skill sets. It also helps them interact with other children who may only play one sport."

To his fellow college student-athletes, Innis shared some insightful advice.

"I would tell a college student athlete to look at your major as 'Plan A' and your sport as your 'Plan B'. You never know what's going to Peter's degree and pursued happen and if you are taking classes that are easy to accommodate your sport, you're in big trouble. I wasted time in classes that I didn't need because I didn't feel like going to class after early morning workouts, or I didn't feel like coming back at night after playing."

Throwing the Kitchen Sink

BY JIM SMITH Staff Writer

On a windy October morning, a man waits in the dugout of a ball field. His pregame routine is complete and he makes his way to the mound. As he walks out to the middle of the infield, his presence is not only felt by his teammates, but by the opposition as well. He goes through his warm up pitches, and every pitch hits the catcher's mitt with the sound of a twelve-gauge shotgun. Three different fastballs, a curveball, a slider, and a change-up all come out of his hand looking exactly the same, confusing batters every time he throws a pitch. The catcher throws down to second base on the last warm up pitch, and he begins to



The Saint Peter's seniors pose with their gifts and their loved ones for their last game at Saint Peter's senior day.

information he has collected Peter's Peacocks Baseball on each hitter in the lineup he faces. He toes the rubber, and goes to work.

team. His work ethic, execution of each pitch, and the plethora of pitches that he Senior Zack Hopf is the throws has helped to keep

games, and has helped him to approach two pertinent records in Peacocks history. Hopf has thrown 257 innings in his career, only 56 innings go through the Rolodex of undisputed ace of the Saint him pitching deep into shy of becoming the all-time

leader in innings pitched in Saint Peter's Baseball. He also has racked up 180 strikeouts, which put him 27

PITCH

FROM PAGE 10

away from being the strikeout leader in school history.

"These accolades mean a lot to me," said Hopf. "If I'm able to obtain these records, it would mean that I've pitched longer than any pitcher at this school. It means you gave it your all every time on the mound, and that's why it's so important."

Hopf grew up in Woodbridge, New Jersey, where he was the all-star pitcher and shortstop of his team. He attended Woodbridge High School, where he became the school's ace pitcher and starting third baseman.

"High school was a lot of fun," Hopf said. "It helped me grow as a player on the field, and by the time I was a senior, I proved that I was ready for college baseball."

Hopf's coaches are very impressed with how well he composes himself. Matt Owens, the pitching coach at Saint Peter's, has only

been here for three months, and he has full confidence in Hopf both on the mound and as a leader on this team.

"Zach is someone that I have complete trust in to handle all daily routines of the entire pitching staff," said Owens, who pitched at St. John's University and Long Island University, "He is someone that I can fully trust with any task and I know that he will get it done. Zach is the type of player you need in order to build a strong program."

What sets Zach apart from most players is his preparation before each start. The night before his start, he spends time in his room looking over statistics, scouting reports, and prior games versus certain batters to prepare a game plan for every hitter on the team he faces the next day.

"Preparation doesn't start the day of your start," explains Hopf. "It starts as soon as you come off of the mound. I try to look up how the next opponent's doing in their last five games. Who's

er guy in the lineup, and who the other pitcher will be I've learned how to pitch and throwing pitches inside to

hitting well. Who is the pow-natural leader by example." "Over my four years here,

a righty batter," says Hopf, "I've also been working on

"Preparation doesn't start the day of your start," explains Hopf. "It starts as soon as you come off of the mound.

when I'm pitching."

"I'm always thinking about I can get better between my last start and my next start. You have things you have to work on during the week to get mentally right."

As a senior, Hopf has worked his way into a leadership role over his four years. His work ethic, effort, and positive attitude are things up to and aspire to be.

"[Zach] is willing to do anything it takes to show his teammates that he wants to lead and wants to win, "

high school, you can throw balls right over the middle of the plate and hitters will miss. In college, you can't just throw it and hope they miss. Here, guys are going to hit pitches you got away with in high school. Now, every batter was the best hitter in their high school. "

Hopf said he knows that that the underclassmen look he has come a long way from where he started here at Saint Peter's, but the Peacocks' ace knows there's room for improvement.

"I've been working on Coach Owens said. "He is a locating my change-up to

not just throw," says Hopf, "in hitters on both sides of the plate without hitting them."

> It may be Hopf's last season in a Peacocks uniform, but his work ethic and determination make it almost certain that his name will be etched in the record books for years after he is gone. It is hard not to like a guy who willing to throw everything at you, even the kitchen sink, in order to win the game.

Swimming & Diving Aim for Big Splash

BY YAOMI LOPEZ Staff Writer

The Saint Peter's University women's and men's swimming & diving teams expect to make a huge splash for their up-and-coming season. Finishing off last season placing in 4th for the men's team and 5th for the women's team in the MAAC Competition, they are working hard in practice to hopefully take first place this time around.

done in the past [season]. And the women's team really showed off last season at MAAC by placing 5th overall, with only 12 women [swimmers] and no divers," said Brigitte Rasmussen, a sophomore.

The team practices are held at 6 a.m., and that in itself displays the biggest form of dedication and commitment because morning hours to go train.

hand movement, as well as a large amount of body control when swimming and/or diving. The players on the team devote hours on end to practices to be able to win as many matches as they can, and hopefully place first at MAAC at the end of the season.

The Men's Swimming & Diving team has a chance to display their hard work to use November 15th at NJIT's Estelle and Zoom Fleishe Athletic Center in Newark at 6 p.m. All eyes will be on freshman Jonathan Gomez, "Both the men and the who was named recently women's team did their MAAC's Men's Swimmer of best they [could] have ever the Week for the week of October 16th-22nd.

As for the Women's Swimming & Diving team they will be competing November 16th, at Fairfield University at 5 p.m. with the Men's team by their side. Veteran Alex Sison is the one to watch. MAAC Competition last

"I have to say Alex Sison letes roll out of bed in the look up to. She is by far one of the most dedicated The physically demand- athletes I have ever met. ing sport requires precise She won MAACs last year



The 2013-2014 Swimming & Diving roster pose together.

She placed first in the and I'm sure she will shine again this season," said Rasmussen.

Packing up their swimnot many student ath- is someone I will always ming gear, goggles, and confidence the Men's and Women's will make their way to Fairfield University Sunday night to compete in

son. Hopefully, the Saint ready for anything, and Peter's fan base will attend really give it our all at the event and give the MAAC. I think the team teams the well-deserved is very prepared for any support they have earned upcoming meets," with their past winning Rasmussen. seasons.

"We have been training

their first meet of the sea- hard every day, so we are

Peacocks Beat Siena on Senior Day

BY ALEXANDRA LIVINGSTON Staff Writer

The Saint Peter's men's soccer team beat the Siena Saints 2-1 at Jaroschak Field November 9, Saturday afternoon. This game marked the last game of the season and was dedicated to the five graduating seniors.

The Peacocks were coming off of a tough loss against Fairfield University when they met Siena College on Saturday. The win was big for this young team, who has had its fair share of bumps in the road this season.

"We've been struggling for results all season but we've been playing well for the most part and it' an minute resulting in a 4-9-5

incredibly young group," Head Coach Julian Richens said. "We have 13 freshmen, and 2 Junior College players coming in, so that's 15 players out of of the 23 players who haven't played Division 1 soccer before. So with everything this year, we've been very good at times, got punished a few times for our inexperience, but its just a case of every 90 minutes we have is an opportunity for us to prove ourselves and be better for the next time we play."

The Peacocks had an aggressive start against the Saints with the majority of the first half spent on the offense. This aggressive style of play lasted throughout the game and eventually led the Peacocks to a win in the final

final record.

"It was pretty intense, but there wasn't a lot of pressure on us because it was the last game of the season, because unfortunately we didn't make the play offs," Senior Johan Romero said. "But it's a young team so they showed a lot of character by winning the last game especially at home, that's really important. It was fun, the last game

of the season." In the first half, the two teams traded possessions which didn't lead to any goals from any team for the first 34 minutes. Romero aided the Peacock's defense with two diving saves. With 11 minutes to go in the first half, a controversial call by a referee led to a goal by Saints player Alex Portela putting them ahead 1-0.

Just five minutes later, Saint Peter's would bounce back. Junior Rafael Braga scored off of a corner kick from Junior Marcel Maddee to tie the game at 1-1. The first half ended without another goal from either

In the second half, the Peacocks and Saints went back and forth with several opportunities to score on both ends. With 20 minutes left in the game, Siena cranked up their defense the Peacocks. Against the increased pressure and with 51 seconds left in the game, freshman Louis Mobbs scored the winning goal putting the Peacocks ahead 2-1. This was Mobbs' second winning goal of the

"Winning the MAAC my

sophomore year, going to the NCAA tournament, playing with guys that are now playing pro in Europe and in Africa, like Noah Sadaoui playing pro in Israel," said Romero when recounting highlights of the year.

With the loss of four seniors after this season, Richens has high hopes for his young team next season.

"We're going to be good, you know the talent is there is just a case of molding everyone," Richens said. "Everyone's going to have a year of experience, there's a lot of playing time, and there's a lot of opportunities for every player. So with hard work and just one or two nuances they need to learn to play college soccer, we're going to be very good."

12SPORTS

Peacocks Downed By Pirates at First Home Game

BY FRANCISCO DE JESUS Staff Writer

Despite a valiant display, Saint Peter's fell to Hampton University 59-64 at the Yanitelli Center on Tuesday, November 12. It was the first home game for the Peacocks, who were cheered on by dozens of people throughout the match.

"It just didn't drop today," said John Dunne, head coach for the men's basketball team. "But I think that as a new group, with eight new guys, we're still learning our chemistry. And we just got to keep working every day, and learn how to win these games."

The first half of the game was a back-andforth battle between the two teams. Saint Peter's, fueled by the roaring home crowd, gained an early lead. But Hampton would a failed layup and 3-point come back, tying the game on several occasions.

It was then that forward Marvin Dominique (21) gave the team an empathic boost with a dunk at 2:21 left, giving St. Peter's the lead 31-24.

pace in the second half, opposing players Du'Vaughn Maxwell (20) and Deron Powers (11) have to learn to adjust the turned the tides, gaining the lead 52-54 with five minutes left. Hampton close games, you got to



TPW / © FRANCISCO DE JESUS

Marvin Dominique (21) goes for the 3-pointer, while Du'Vaughn Maxwell (20) attempts to block it.

shot by Saint Peter's in the game's final seconds.

Coach Dunne recognized several issues that led to the lost. Specifically, he noted the need to avoid the number of fouls (18 overall) made by the play-They would keep the ers, and stop the opposition from taking advantage in the form of easy shots.

"We're just going to hand-chucking," Dunne said. "If you want to win would ultimately win after keep opponents off the Jamel Fields and Desi 2-0, having defeated Ohio

foul line. Conversely, you have to make your own free throws, which we struggled on both counts today."

Saint Peter's is now 0-2 into the season, with their first loss occurring against Brooklyn 87-80. Meanwhile, Hampton's win makes them 2-0, previously defeating William & Mary College 77-69 in their season opener.

were guard Chris Burke (13) with 13 points, Marvin Dominique with 12, and

Washington (11) with nine each. Dominique, who had an impressive outing, noted that the team needs to pass the ball more to each other.

"We've been sharing the ball a lot in previous games, but this game it didn't happen," said Dominique. "So, we got to go back to sharing the ball with each other."

Saint Peter's next game Top scorers of the game will be on November 17 when they face Kent State University in Newark, N.J. The team is currently

Northern and Temple University respectively,

While recognizing Kent's ability, Coach Dunne is not worrying on whether his team will either win or lose. Instead, he will focus on improving his team as best he can.

"We just have to worry about getting better every day," he said. "We can't worry about winning or losing right now. We got to worry about what it takes to win."



Saint Peter's women's basketball team draw in a large crowd for their home opener vs. Brown.

Women's Basketball Team Lose Home Opener to Brown

BY NATALIE CASTILLO Online Editor

Jersey City, N.J.- The Saint Peter's women's basketball team lost their home opener to Brown University on Saturday, 64-52.

The Yanitelli Center was filled with students, family members, and professors who cheered on the Saint Peter's women's basketball team for their first home game.

Saint Peter's came off to a great start when sophomore

off the jump ball. The Peacocks went to work and kept a lead on Brown until they tied 10-10 with 12:52 left in the first half.

Chants of "Defense! Defense!" came in the second half when the Peacocks went from a 23 point deficit to an 11 point deficit.

The game was cut short for Saint Peter's freshman, Marcia Senatus, who stands at 5'4" but still had five rebounds. A bad landing Antonia Smith (no.5) from with 12:44 left in the sec- the Bronx, New York scored ond half put Senatus on the in double figures with 15 of Brown University scored

reserve, Hala Mostafa.

Back-to-back jump shots from Saint Peter's Kaydine Bent and Aziza May and three-pointers from Mostafa just didn't cut it in the second half as Brown's guard, Sophie Bikosky reciprocated the action. Brown eventually kept the momentum going from their 61-46 lead to later defeat the Peacocks.

Saint Peter's starter,

Neechelle Ingram tipped sidelines and brought in points. Guard, Aziza May a career high of 23 points, scored 17 points for the Peacocks and had seven rebounds and six assists. The Peacocks had a total of 40 rebounds as opposed to Brown's 25. Not only did Kaydine Bent (no.34) box out hard in the paint for nine rebounds, but she also scored in double figures with a total of 13 points. Reserve, Hala Mostafa also scored double figures for the Peacocks with 12 points and four rebounds.

Junior, Sophie Bikofsky

giving the Bears an edge on Saint Peter's. Sophomore Jordin Alexander and senior Lauren Clarke both scored double figures for Brown. Free throws also contributed to the win as Alexander went 6-for-6 on the line.

Saint Peter's falls to 0-2 while Brown ties it up to 1-1 for the season.

The Peacocks welcome the Navy to the Yanitelli Center on November 19 at 7 p.m. for a non-conference game.