

The Pauw Wow

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AROUND JERSEY CITY

Art in the City - Several students, alumni and faculty participated in the 2013 Jersey City Artists Studio Tour, an art showing that ran through the weekend of the October 4th. Participating members of the Saint Peter’s community included Dr. Frank Gimpaya, Professor Beatrice Mady, Dean Velda Goldberg, Class of 2014’s Tatiana Lopez, alumni Sidney Montanez and others.

No Turn On Red - According to the Jersey Journal, Drivers traveling east and west on Audubon Avenue in Jersey City will not be allowed to make right turns onto Kennedy Boulevard at the red light between 9 a.m. and 5 p.m., in response to safety concerns from neighborhood residents, Hudson County freeholders announced. Freeholder Bill O’Dea said that residents in the area expressed concerns about pedestrian traffic at the busy intersection, especially students from nearby School 38 and New Jersey City University.

A Slice of Sharing - Following in the footsteps of NJ.com and in honor of National Pizza Month, The Pauw Wow wants to see your best takes on what the most delicious slice in Jersey City is. Tweet, instagram or share with us photos of your favorite slices and where you got them, and we’ll share the best ones to let our readers know just where to go to get their grub on.

A Memorable ‘Chance’ - Bob Chance might not be a household name in Hudson County, but the former Major Leaguer’s road to professional baseball started in Jersey City. Chance, who forged a six-year career in the big leagues after a brief stint with the Jersey City Cubs of the city’s Twilight League, died Thursday in Charleston, W. Va. He was 73, according to the Jersey Journal. The Statesboro, Ga., native took a considerable step toward a life in professional baseball when Cubs manager Herman Mincey heard about the player from a friend living in Statesboro. Mincey paid for Chance’s transportation to Jersey City, put him up in his house, fed him and got him a job at a painting firm at Communipaw Avenue and Monitor Street.

MORE ONLINE
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Students walk for Breast Cancer Awareness



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BY SABRINA CARTAGENA
Staff Writer

Pink ribbons and fundraisers are some of the ways people observe National Breast Cancer Awareness Month and help researchers try to find a cure, but that doesn’t mean people are as aware of breast cancer. Breast cancer is a “malignant tumor that starts in the cells of the breast,” according

to the American Cancer Society (ACS). A malignant tumor is a group of cancer cells that can grow into its surrounding tissues and spread to different areas of the body. About one in eight women in the United States will develop invasive breast cancer in their lifetime,

according to the ACS. It is the second leading cause of cancer death in women. Making Strides Against Breast Cancer is a network of events that spreads awareness and raises money to help the ACS fight the disease and give women access to mammograms. They held a breast cancer walk in Jersey City’s

Lincoln Park on October 20, and raised well over \$100,00 from the walk. Even with breast cancer’s steady rates and lack of a cure, misconceptions and lack of awareness subsist. Junior Lauren Squillante said she thought she was

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Immigration reform advocate speaks on campus

BY MARISA CARLUCCI
Managing Editor

The crowd buzzed with chatter before My Life as an Undocumented Immigrant, a program about immigration reform, began on Monday, October 7th at 11A.M. in Roy Irving Theater. The program, organized by the Guarini Institute for Government and Leadership, featured Jose Antonio Vargas, an advocate for undocumented immigrants, namely the DREAM Act. Vargas is also the founder of the non-profit organization “Define American”. Vargas has been an advocate

for this cause since 2011, when he admitted in a New York Times Magazine article that he was an undocumented immigrant from the Philippines. The program began with opening remarks from Nicholas Chiaravallotti, executive director of the Guarini Institute, and Dr. Eugene Cornacchia, president of Saint Peter’s University. “Immigration reform has been a hot topic in the government and on our campus,” Chiaravallotti said. After being introduced by Dr. Cornacchia, who referred to immigration reform as “yet another frontier of the Civil Rights movement,” Vargas began his speech.

One of the main topics in Vargas’ speech was the idea of justice. He recalled reading a piece about Dr. Martin Luther King, Jr. when he was in eighth grade, which included King’s quote “An unjust law is no law at all.” Vargas remembered not being able to understand that a law could be unjust. However, upon trying to get a driver’s permit at the age of sixteen with an illegitimate green card in the state of California, he realized the validity of this quote. Not only did he find out that he was in the U.S. without proper documents, but he also discovered that he could not obtain a driver’s license. Also, though he was

able to obtain a social security card, it was clearly labeled, “Not Valid for Work.” Although he was able to get around the restrictions stated on his social security card by covering up the label and making copies, he was puzzled by the fact that he was never questioned; the government could easily figure out his identity, but they never did. He attributes his luck to the fact that he did not look like a “stereotypical” immigrant. At a particularly heated moment in his speech, Vargas said, “Are they expecting someone who looks brown?...”

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Paid sick leave guaranteed in JC

BY ROSE DRISCOLL
Managing Editor

With the new “Earned Sick Time” Bill, Jersey City joins San Francisco, Seattle, Portland, Washington DC, New York City, and Connecticut in mandating paid sick days for full and part time employees within its municipality. “It’s critical that workers and families have

money in their pockets so they can continue to buy the things they need,” says Helen Luryi, a Work and Family Policy Associate with the National Partnership for Women and Families. The Partnership is a lobbying firm based in Washington, DC, that supports legislation that helps workers do what’s best for themselves, their families, and their local economies.

The Earned Sick Time Bill, which was passed on September 26, 2013, will help workers by mandating that full-time, part-time, and seasonal workers in companies that employ 10 or more employees get one hour of paid sick leave for every 30 hours they work. Earned sick time will go into effect on January 24, 2014, which is important for graduates

looking to stay in the area. Jersey City workers will be able to use their sick time if they or a family member are ill. Their employers are not allowed to force the workers to find a replacement for your shift. The hours are accrued according to the hours worked, and employers are not legally obligated to pay workers for

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Improvement is a Constant

a letter from the editor

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BY DYLAN SMITH
Editor-in-Chief

One of the first things you quickly earn in college is that you never were really as prepared or as "good" at the whole thing as you thought you were going to be. It takes time to change and really fill the shoes you were meant to fill. There's a nervous pressure that comes over you. Suddenly, you are no longer great - by new standards - at what you thought and claimed you were more than great at. It's like a juggling act between people's expectations, your reality and your happiness.

This pressure can be overwhelming. I've seen friends cry over not knowing what to do with their life, that the workload in

their major was just too hard, or that it just isn't what they expected. I walked into the position of Editor-in-Chief after working closely under the previous EiC, Rose Driscoll, acting out and doing already of the many duties I became responsible for this year. While there have been some problems with some of this semester's publications, I don't want the rest of the year to be a year of gloom or for people here to think differently of The Pauw Wow.

I also don't want The Pauw Wow to lose its identity and to lose what I think made it special - its nerve. The nerve to talk about things that people may not want to talk about. While some think it's a negative publication, a kind of Debby Downer,

or that they feel The Pauw Wow has been an ongoing "problem", I want to remind people the good the newspaper does and what it brings to the campus community.

I think one of the most powerful things one can do is to remind themselves to be fearless. A fearless reporter is one of the most terrifying and powerful things there is in the world and, as Editor-in-Chief, want my staff to continue to be as fearless as they can be. The same being true for everyone who reads the paper - that, no matter what, the reality is that the cliché is true: there is nothing to fear but fear itself.

People are limitless beings, so why let other people limit what you do? Your happiness is the only thing that matters,

and the improvement you must measure is the improvement and growth in satisfaction you see in yourself. As people, we owe ourselves the willingness to follow our dreams and become the versions of ourselves we vision us to be and the love in loving the versions of ourselves we go through until we get there.

Our true success and improvement come from knowing this and knowing that we'll never be perfect. The excitement and life lessons come from our heartfelt and passionate attempts to reach that state. Until I walk across that stage and grab that diploma, I won't stop attempting to shape The Pauw Wow into a great and, most importantly, honest showcasing of real student journalism.

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WALK
FROM FRONT PAGE

well-aware of breast cancer and its effects, but didn't know what a clinical breast exam was and has never self-examined.

A clinical breast exam is when a health professional exams someone's breasts and the area under both arms. The professional looks for "abnormalities in size or shape, or changes in the skin of the breasts or nipples," according to the National Breast Cancer Foundation.

Womens Day reported that clinical exams are as important as mammograms because mammograms are an imperfect screening tool, especially for women with dense breasts.

A mammogram is an x-ray exam that looks for abnormal changes in the breasts and can often detect a lump before it can be felt. According to the NBCF, women 40 and older should have mammograms every one to two years, but women under 40 who are at higher risk of breast cancer should talk to a health professional about when to start having mammograms and how often.

A self-exam is essentially the same as a clinical breasts exam. The NCBF encourages women to do self-exams at least once a month, stating that "breast self-exams help you to be familiar with how your breasts look and feel so you can alert your healthcare professional if there are any



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changes."

Squillante did, however, know that some women may not properly self-exam.

"A lot of women don't know they're also supposed to feel under their arms for swollen lymph nodes," she said.

Clinical breast exams may be better for those who do not know how to exam themselves.

Junior Tanya Xavier said she is "kind of" knowledgeable about breast cancer because her aunt suffered from breast cancer and had a website on how she dealt with it.

"I just know the emotional things that are behind it and the things you go through,"

Xavier said.

Aside from her aunt, Xavier said she has no family history of breast cancer, so she doesn't know if she could develop it herself.

One breast cancer myth is that women with a family history of breast are likely to develop it as well. Those women are at a higher risk, but most women diagnosed with breast cancer do not have a family history of it.

NBCF stated that women who have a family history of breast cancer are in a higher risk group, but "statistically only about 10% of individuals diagnosed with breast cancer have a family history of this disease."

Although junior Kevin Seelall said it's "not an impossibility" that he could develop breast cancer, he doesn't think it's important for him to know more about the disease.

"[It's not important] only because I don't personally know somebody with it," he said.

Another breast cancer myth is that only women can develop it. Men actually can develop breast cancer, but women are about 100 times more likely, according to the ACS.

The belief that only women can develop breast cancer may be detrimental to the health of male breast cancer

patients.

"Men carry a higher mortality than women do, primarily because awareness among men is less and they are less likely to assume a lump is breast cancer, which can cause a delay in seeking treatment," according to the NBCF.

Seelall and sophomore Ivan Altamirano both said they knew men can develop breast cancer. Neither men have self-examined, and Altamirano didn't know what it was. When asked if he would be willing to do a self-examination for breast cancer, Altamirano responded with a firm "no."

AMERICAN
FROM FRONT PAGE

Why didn't anyone ever wonder?"

This brought up the subject of racism in the immigration system, which was another main topic in his speech. He noted the contradictions between Europeans immigrating to Ellis Island approximately sixty years ago and minority groups immigrating to the United States in the present day.

However, his speech seemed to downplay the struggles that immigrants traveling to Ellis Island faced, according to some

who attended the event.

According to Dwayne Paul, the Assistant Director of Campus Ministry for Community Service, "[Vargas] could've been a little stronger and more accurate in his analysis of race."

Vargas also talked about the general dehumanization of undocumented immigrants. A particularly moving example was when he showed a clip of his soon-to-be-released documentary, "Documented".

One particular clip featured Vargas interviewing a man in Alabama, who summed up his view of undocumented immigrants in only a few sentences. "Get

your papers or get out," he said.

Mary Anne Pacis-Lizares, a senior who attended the speech, believes that undocumented immigrants already face enough by not being able to receive federal aid for school and cannot legally get jobs, yet are required to pay taxes.

In addition to the racism and stereotyping that undocumented immigrants already face, the inability of these immigrants to get jobs just makes it that much harder for them to survive in the U.S.

However, some students were not as adamant about their opinion when it came

to their view of immigration reform.

Matthew Puzzo, a sophomore, admits that he had never given the topic much thought before. "I understand where they're coming from," he said. "It's just an issue I should be thinking about more than I have been."

According to Dr. Anna Brown, head of the Social Justice Department, many clubs and organizations are trying to get the word out about immigration reform, as well.

"The work of solidarity with undocumented immigrants and for immigration reform is not solely the

work of the Social Justice Program", she said in an e-mail interview.

Brown also said that, although the Saint Peter's community has participated in various events, such as immigration reform petition drives, prayer services, and academic research projects, more work will be done to make people aware of immigration reform.

"We will continue these many works as well as to increase our presence in Washington, in Trenton, and at rallies in support of our immigrant brothers and sisters," she added.

SICK
FROM FRONT PAGE

sick days until they have been on the job for 90 days.

Joe DeCiscio, the director of Human Resources at Saint Peter's University, says the measure will have little effect on Saint Peter's employees.

"We more than cover the proposal," DeSciscio says. "Full time employees get 10 sick days per year. Part time get sick benefits on a pro-rated basis." This means that they get five times the number of hours they work on any given day.

However, 1.2 million workers in New Jersey do not get paid sick leave. This means that one third of the workforce must choose between their health and their wages. Likewise, the law does not cover freelancers or independent contractors.

"The only area that's unclear is the adjunct professors, whether this

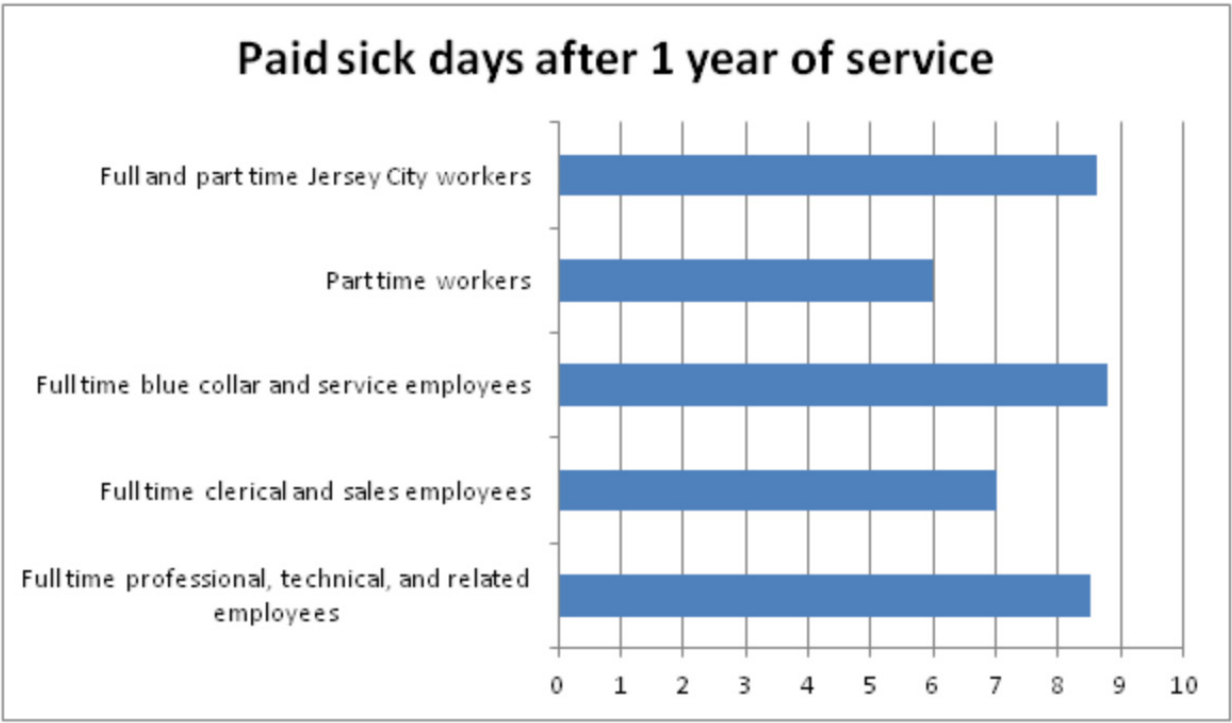
proposal covers them," DeSciscio adds. "Their schedules are really all over the place." This is a particular concern for Saint Peter's because the size of the freshmen class necessitated the hiring of several new adjunct professors.

The Earned Sick Time Bill has also upset some small business owners who are concerned about the potential loss of productivity.

"You can get nurses to work 3 days a week for 12 hour shifts for the same pay, the same benefits. That way less people need to be hired," says DeSciscio. "Employers are becoming inventive on how to cut down costs."

"Not all employers give sick days, not required by law to give sick days, to give vacations," he adds. "The thing is, if you didn't [give certain benefits], you'd never get anybody to work for you."

Luyri and her organization want to allay such fears. "This will protect



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the jobs of people who need time off, which will in turn reduce turnover, so companies don't have to waste resources training new employees," she says.

"If you've been sick and gone to work, you know that you're absolutely unproductive," Luyri adds. "Workers who are sick and have the

opportunity to recover and to not infect their coworkers."

Mayor Fulop said in a press release that "Healthy workers are productive workers," and cites improvements to the state GDP as his reason for supporting this bill.

In addition to the historic work bill, Fulop

also supports a statewide referendum to raise New Jersey's minimum wage to \$8.25 per hour. Voters will decide whether or not the wage will rise on November 5.

Masters of Horror: Poe Vs. Lovecraft

BY EMILY ALEQUIN
Arts Editor

Tales of menacing ravens and grotesque monsters from the deep that could only exist in a person's darkest nightmares are just two of the horrors Edgar Allan Poe and Howard Phillips Lovecraft chose to write of in their works. From the disturbed and haunting call of creatures and inner demons to the maddening pull of insanity, these authors focused on the dark, dismal, and, of course, frightening elements of life.

Both writers created their own versions of a twisted reality with personal and social horrors. Poe wrote of murders, reanimated corpses and the mental and psychological attacks on the fragile human conscious. Lovecraft, however, fused myths with other worldly elements, along with writing stories that present the idea of an abstract reality hidden beneath the veil of normality.

While each writer has his own distinct style, each is considered an excellent horror writer, so now the question is: which author is more effective and memorable for his style of work?

"I always found Poe's ability to convey such strong emotions with his choice of words to be his best quality as a writer. He has an ability to transport the reader into the literature; the reader becomes the narrator of the story or the speaker of the poem. Poe's ability to establish a mood throughout his works, along with his ability to help the reader forget reality, have always been the most enticing aspects of his literature to me," said Michelle Gentile, an English major at Saint Peter's and a lover all of things Poe.

Lauren Squillante, a history major, however, had a very different view of Poe.

"Many of Poe's stories do not seem to have a coherent plot. They are creepy and they are interesting, but I feel as if they start en media res [in the midst of things] and then don't have a satisfying conclusion. The Raven, arguably Poe's most famous story, seems this way to me especially. I suppose the only one which does not seem like that to me is The Tell Tale Heart, and even that story I don't really understand. He kills the man because he has a really gross cataract? Weird."

It's clear to see why an author such as Poe would elicit two contrasting responses from readers, but let's look at three of his most famous works to see what subjects this creator prefers to delve into and how he's remained famous to this day.

Works by Poe:

1. The Raven

Being awakened in the middle of the night by a sudden noise is scary to most people - especially when you think someone is knocking at the door only to find that no one is there. Are you imagining things? Are you losing your mind? And, just as you're about to forget about that noise, a very large and creepy raven flies into your room and just perches itself over your door to watch you with large, glowing yellow eyes that look like they're filled with the fires of hell. Plus, it is also past midnight, as if the situation was not creepy enough. The structure and language of this poem is what also makes it truly haunting - "And my soul from out that shadow that lies floating on the floor - Shall be lifted - Nevermore!"

2. The Fall of the House of Usher

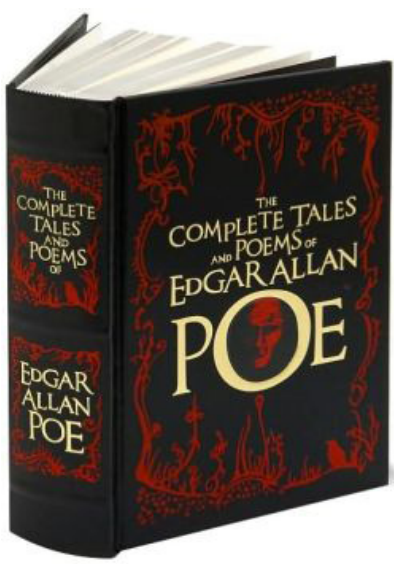
A very old and very creepy mansion is owned by the narrator's childhood friend and his dying sister, Madeline. After she passes away, the two men bury her beneath the mansion, hoping to lay her to rest, but when a storm hits a few nights later, they realize they have made a grim mistake: they had buried Madeline alive. Now, her corpse is rising from her grave to haunt the mansion and drag her brother back into death with her.

3. The Tell Tale Heart

Enter the mind of a murderer in this short story. The main character is a man who takes us through a day which ends in a horrifying event - his fear and paranoia of an old man has led him to not only murder the man, but to dismember his body and store the pieces under the floorboards of his bedroom. Now, the increasingly maddening sound of the dead man's beating heart thunders in the murderer's ears - does the man still live? Is his corpse attempting to rise from beneath the floor?

Other works of fiction that are worth mentioning are The Pit and the Pendulum; a tale of a victim of the Spanish Inquisition who was sentenced to a slow and painful death and had to endure the harrowing tortures. Also, The Masque of Red Death is pretty haunting and focuses on a prince and townspeople who hide away at a masquerade ball in the prince's castle while a plague ravishes the land. At the fateful stroke of midnight, a masked figure suddenly appears in the crowd of joyous people with the frightening appearance of a decaying corpse and clothing as red as blood.

"Being such a big Poe fan, I enjoy most of his works.



Although this may be the expected answer, my favorite work by Poe is a toss up between The Raven and The Tell Tale Heart. Each work allows the reader to enter the mind of the speaker/narrator and experience his emotions," said Gentile.

Now onto Lovecraft, who some readers might say greatly rivals Poe, but did you know that Lovecraft was actually influenced by him? One of Lovecraft's short stories, The Thing on the Doorstep, makes mention of Poe and a lot of Poe's elements for horror and fantasy can be discovered within Lovecraft's works and his style of writing. It's not an uncommon thing; many authors are influenced by others whether they came before, after, or during their time.

"I decided to read one of Lovecraft's works to see what he was like, and I was pleasantly surprised. It was creepy, it was suspenseful, I loved the occult references, and it had a beginning, a middle, and an ending!" Said Squillante.

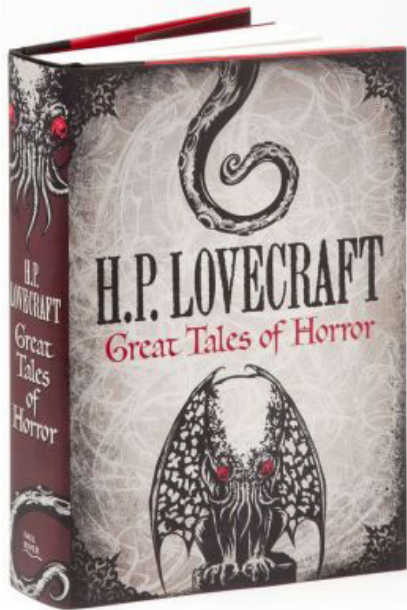
Works By Lovecraft:

1. The Call of Cthulhu

An investigative story of a man looking to discover the origins of a mysterious creature known as the Cthulhu. Separated into three connecting tales, Thurston, the narrator, first discovers a frightening statuette created by an artist who often suffered from the same nightmare. Cthulhu is a creature with the head of an octopus, wings of a dragon, and a gruesome, gigantic body that it has the power to change the shape of whenever it wishes. Despite its horrid appearance, there are cultists who worship this being and believe he will one day return to claim the Earth. Thurston then goes in search of these hidden cults, which leads him to an uninhabited island where Cthulhu might very well be real.

2. The Shadow over Innsmouth

Innsmouth is an abandoned town no longer shown on local maps. After



suffering from a strange epidemic, which led to a great decrease in its population, the town is believed to now be uninhabited and even dangerous. Innsmouth is avoided and feared - anyone who enters its borders always goes missing. One night a traveler decides to visit this haunted town to uncover its secrets and learn the consequences of his fool curiosity.

3. The Dunwich Horror

Another tale of another creepy, isolated village. This time, the story is focused on a social outcast, Wilbur Whateley, whose repulsive appearance causes fear and hatred in the townspeople. His birth and existence are a mystery and he ages at a very fast and alarming rate for someone who is supposed to be human. Having no one for a friend or company, Wilbur turns to his grandfather who teaches him the arts of dark magic and ritual; that is when the two of them discover a creature hidden in the abandoned barn - a creature Wilbur hopes to summon into our world to cause chaos.

One other work by Lovecraft, which Squillante mentioned enjoying, is The Thing on the Doorstep. The tale is centered around Daniel Upton, who has just murdered his best friend, Edward Derby, yet swears he has not lost his sanity nor is he a murderer. The reader must take his word and follow his explanation, which leads to a tale of horrors that involves demons, possessions, cults and a mental hospital.

"I read The Thing on the Doorstep by Lovecraft and it was really good. I could almost smell the putrefaction and it was disgustingly awesome," Squillante stated.

So after reading both authors' samples of works, how did the opinions of Squillante and Gentile change or possibly remain the same?

"I think Poe seems a bit more erratic in his writings than Lovecraft seemed. I'm sure this is not the case, because Poe was a fantastic author and a brilliant man,

but it seems as though he just started writing many of his stories, and wherever they wound up they wound up. Now, I'm not saying this for all of them. Frankly, I think The Cask of Amontillado is fantastic. I do love that story, but, for some reason, I just feel differently reading that tale than other Poe tales. I don't feel like I'm reading Poe when I read that one. Lovecraft was really brilliant in writing. In The Thing on the Doorstep, you kind of knew where it was going, but you still wanted to read to see what the heck was truly going on. He sucked you in and made the characters of Edward Derby and Daniel Upton really interesting and likable characters. I found myself caring about them much more than I have cared about any of Poe's characters," Squillante said.

Style is something every author needs to learn to develop in order to create their own voice so the readers can feel themselves being pulled into the books, stories, characters, and even turmoil the author hopes to convey.

"Both authors seem to have perfected the execution of horror within their works. I had never read Lovecraft before I was asked to do this interview, so I decided to research him before I read his works. After seeing that Lovecraft was influenced by Poe, I was excited to read his stories. I was able to detect many of Poe's influences on Lovecraft's works, most specifically the creation of a horrifying fantasy world," Gentile said. "I enjoyed the works of both authors, however, I still prefer the works of Edgar Allan Poe. Poe has always been my favorite author, so I may be a little biased, but this interview has certainly made me a fan of H.P. Lovecraft as well."

Of course, you don't have to look just to classic authors to fill your thirst for the eerily creepy or just plain gory. Modern day horror stories can be just as deep and twisted, and since this is the season of horrors and scares, you're free to choose for yourself which sort of spine-tingling novel or short story you prefer.

As for me, I fully enjoy a wide variety of horror since it is my favorite genre (plus, children's horror always seems to be a little more eerie since it often involves creepy little children or suspicious looking dolls and toys.) So choose for yourself, and don't forget to dim the lights and sit in a dark corner during this haunted season of reading.

GRAPHIC DESIGNER? ARTIST? PHOTOGRAPHER?
CARTOONIST? SOMEONE WITH AN EXTREMELY
CREATIVE EYE WITH A NEED TO CREATE?

COME TO THE DESIGN TEAM INTEREST MEETING
THURSDAY (10/24) AT FIVE PM, FIFTH FLOOR OF THE STUDENT CENTER

Another Year, Another Comic Con

BY FRANCISCO DEJESUS
Staff Writer

Imagine: a place where geeks and nerds could come together and celebrate their love for comic books, anime, video games, and more.

Such a place came in the form of New York Comic Con (NYCC), held at the Javits Convention Center from October 10-13th. Marking its 7th year of the convention, more than 130,000 people attended the four-day event, breaking last year's record of 116,000, according to Comic Book Resources' official website.

Fans from all lifestyles had the opportunity to express their love for anything and everything geeky. They visited the showroom floor - purchasing merchandise not readily available in the U.S. - and the artist alley, meeting with well-known artists up-close and personal. Visitors also had the opportunity to meet with celebrities of popular television and animated series in the form of Q&A panels, meet and greets, autograph signings, and more.

"It's an unforgettable experience," said Eric Soto, an avid attendee from Bayonne, New Jersey. "You're submerged in a pop culture euphoria the entire time."

Celebrities who attended this year's convention included Jason David Frank, famous for his role as Tommy in "Mighty Morphin Power Rangers," as well as several cast members from AMC's popular television series "The Walking Dead."

"I love it!" shouted Elizabeth Henstridge, currently starring on ABC's "Agents of S.H.I.E.L.D.,"

during her interaction with fans at a meet and greet event. "[Meeting fans is] my favorite part!"

Comic book artists and writers also interacted with fans who enjoyed their work in the industry throughout the years. For Peter David, known for his work on series such as "Spider Man" and "Young Justice," such interaction was a renewal of energy in his occasionally lonesome profession of being a writer.

"You sit there in front of your computer, you send the stories in to the editor, and that's pretty much that," he said. "So coming to see the fans, and having them react positively... it's very elevating. It really helps to make me feel as if what I'm doing has worth and value."

For people who were working NYCC, interacting with hundreds of thousands of people is somewhat of an adrenaline rush. A person who experiences that rush, for instance, is Xavier Benj, an exhibitor who sold merchandise under the name "Light it Up & The Grand Illumination." He has participated for several years, and the answer is always the same. "It's exhilarating. It's a feeling that I can't really describe, but it's very fulfilling and very fun."

Attendees also took the opportunity to cosplay, short for "costume play," where they dressed up as their favorite characters from popular television, video game, or anime series.

"It's just really welcoming," said Kirsten Coronado, a Saint Peter's alumni who dressed up as Cammy, a popular character from "Street Fighter." "It's that one time of the year where you can dress



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up and people don't think you're weird."

Unlike previous years, NYCC made several changes in security and accessing the event itself. In particular, visitors who entered and exited the Javits Center had their badges scanned at security checkpoints.

"Basically, what we want to do is make the fan experience here at Comic Con as good as possible," said Roger Bilheimer, the press manager for NYCC. "And so the RFID (radio-frequency identification), which is our newest badge system, allows the attendee to come into the show immediately, and have full access to the show floor and the entire building."

While visitors would argue that scanning IDs would cause traffic in the form of people waiting to get inside, Mohammad Hassan of Jersey City found the concept necessary in order to keep the event moving in a behavioral fashion.

"I don't mind at all," he said. "I've seen people trying to get in using last year's ticket, or squeeze in without being seen. They're just trying to keep things in order."

Ultimately, Bellheimer reported no problems with people getting through checkpoints and enjoying NYCC's most successful showing to date. "People are getting in and out...

there are some great events going on in the special events hall. The crowd control has been pretty good this year."

In the end, no matter the struggle or inconvenience, NYCC is an event where people come together and express their sometimes-hidden passion for superheroes, animation, television shows, and games that they have enjoyed since childhood. For people like Kirsten Coronado, come rain or shine, she will do whatever she can to attend the event for years to come.

"It's just a yearly occurrence for me," she said. "I can't imagine my life would be like without Con."

LIFESTYLE

Do-It-Yourself Halloween Costumes Boom

BY TATIANA FERRARO
Lifestyle Editor

Every Halloween, many dish out big bucks to be Wonder Woman for a night, a sexy nurse, or any other superhero. However, there are also a select few who opt out of buying off-the-shelf costumes and take the time and effort to make their own.

Angel Eduardo is a member of a funk band known as Blue Food and is one of those select few who creates his own costumes by thinking outside the box.

"Early on, I used to modify store-bought costumes. My Spider-Man costume in 2nd grade didn't come with gloves or shoes, so I went out and bought red gloves and socks and drew the webs in with a marker. It wasn't until 2007 though that my brothers and I really started to get into home-made costumes," Eduardo said.

Some of his costumes take a lot of time and effort to create while others don't take any effort at all.

"For my Riddler and Rorschach costumes, it didn't take much time at all. I just went to thrift shops and picked up the clothes I needed. Once I got to Kermit the Frog and Marvin the

Martian, I started working with crafts and things, and so it'd be a great deal of time to figure out how to do the costume and then execute it," he said.

Victoria Malabrigo a costume enthusiast, makes her own costumes and has been doing so since she was a young girl.

"I had the luck of growing up with an art teacher mom, so creating our own costumes started at a young age. The first one I really remember was making a Cleopatra costume with her around age 9," Malabrigo said.

Aside from making Halloween costumes, she has also created a costume for another event known as Comic Con.

"I've just recently been getting into making costumes for New York Comic Con - this year, I did Noodle from the Gorillaz," she said.

Malabrigo takes pride in one of the costumes that she created in 2006 because she took the effort and time to start from scratch.

"My favorite costume has to be Batgirl circa 2006, because it's the first one where I really sewed all the garments from scratch," she said.

Costumes of this sort take a couple hours and much

patience is involved in doing so.

"There have been years I've spent a week on a costume, but I try to get ahead of my timelines as much as I can. I like to have at least a month to really plan and execute everything," she said.

The price in creating these custom costumes varies, but quality is key.

"Depending on the level of detail, I would say I've spent as little as \$40 and as high as \$200. I will say this - better quality fabrics and materials are what makes the difference," she said.

Alyssa Valez also a costume enthusiast, creates costumes for the New York Comic Con, along with other events.

"I put together a makeshift costume for New York Comic Con in 2009, the first comic convention I've ever went to. The first costume I actually made was in 2010 in preparation for that year's NYCC," Valez said.

"Other than Halloween, I make costumes for NYCC. However, I will probably making a few costumes for other conventions and photoshoots," she added.

Lisa Su a costume enthusiast, started making costumes in the summer of 2011.



© TATIANA FERRARO

"I was working on Kitana from Mortal Kombat with my mother in preparation for New York Comic Con that year," Su said.

The price range that Su follows varies depending on how she wants to make her costume.

"Cost varies from costume to costume. I've had costumes cost less than \$100 to over \$200. The more elaborate a costume is, the more money you will most likely have to shell out for it. Choice of fabrics are also an important factor, so sometimes you may

need to spend a little more to get the right look. Wigs can also influence the cost of an entire costume, as well as the additional materials for particular props and accessories," she said.

Every year, Eduardo's band, Blue Food, does a Halloween gig where they perform in costume. Blue Food's Halloween extravaganza is at Sullivan Hall located in New York City on October 26th. You can find more info at bluefood.com.

Where the Wild Things Roam

BY NATALIE CASTILLO
Online Editor

New Jersey is always undermined as the underdog of attention and is overshadowed by the infamous city of New York, but this Halloween season, New Jersey shines its light on some of the spookiest spots around.

Here are some haunted landmarks to explore for all of the kids who have outgrown the norm of trick or treating:

The Devil's Tower, formerly named The Alpine Clock Tower, is located in the borough of Alpine in Bergen County, New Jersey the last place you would expect to find a haunted historical landmark.

The tower is surrounded by mansions with iron gates and immense acres of land. It is located on The Esplanade in the area of Rio Vista. The land and tower were originally owned by Manuel Rionda, a rich plantation owner from the South. Manuel built the tower for his wife, so that she could have a view of New York City.

One day, when Manuel's wife was up in the tower enjoying the view, she spotted her husband having an affair. She became so distraught, she jumped to her

the tower to his house and removed the elevator that led to the top of the tower.

Years after the incident, the town tried to demolish the tower, but it is rumored that construction workers and many others have fallen to their death. Some visitors to the tower claim to have heard shrieks from a woman and others have seen a woman in a white gown.

Warning - There is surveillance in the area. Those disrupting the neighboring houses of the tower can be subjected to prosecution by police officers.

Clinton Road, named one of the creepiest roads in America by Yahoo.com and featured on the Travel Channel, is located in West Milford, Passaic County, New Jersey, and is 10 miles too long.

The road has some spectacular views during the daytime, which invites some campers and the occasional fishermen--but once night falls, the woods, darkness, and shadows can enrapture the imagination.

On the road, there is a section called Dead Man's Curve. The supposed story is that a young boy named Jason rode his bike occasionally on Clinton Road accompanied with his dog. During one of these trips, a drunk driver hit Jason,



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haunt the road. Since the early 1900s, there have been reports of witchcraft and KKK activity in the woods, and deaths from driving too fast on the road. Famous mob hitman, Richard Kuklinski, also admitted to murdering over 100 people and dropping their bodies alongside Clinton Road. There are also remains of an old castle somewhere deep in the woods.

Annie's Road is located in Totowa, Passaic County, New Jersey, on Riverview Drive. The road has the Passaic River on one side and the Laurel Hill Cemetery on the other.

The road is said to be haunted by a young girl named Annie, who lived in the area in the 1960s. She was on her way to her high school prom with her boyfriend when they got into an argument. Annie got out of the car and proceeded to walk to her home on Riverview Drive. The many tales of her death claim that her boyfriend left her on the side of the road where she was picked up by sailors. Another version of her death is that she was hit by a car and died instantly. Her death is said to have been very violent and she continues to haunt the road until this day.

In 1994, a teen was murdered near the location of

where Annie died, by his friends who were obsessed with Annie's tragic death.

There have been many accidents on the road, said to have been caused by Annie's ghost or, maybe, it's just the many twists and turns.

Mercedes Benz Tombstone is a tale that is not as scary, but it is still a sight to see. The tombstone is located in the north end of the Rosedale and Rosehill Cemetery in Linden, New Jersey.

Raymond Tse Jr. was obsessed with the idea of having a license as any teenager would be. Ray died in 1981 and there are several versions of his death. It is said that Raymond was killed in a car accident at the age of 16 and others say he was taken ill before he could even learn how to drive.

His older brother commissioned a 36-ton granite memorial sculpted to resemble a life-sized Mercedes Benz limousine. Reports in the 1970s have estimated the cost of the tombstone at \$500,000. It took about two years for the tombstone to be made and the car has personalized license plates that read Ray Tse. The tombstone takes up 40 cemetery plots.

Greystone Park Psychiatric Hospital is located in Morris Plains, Morris County, New Jersey. It was built in the

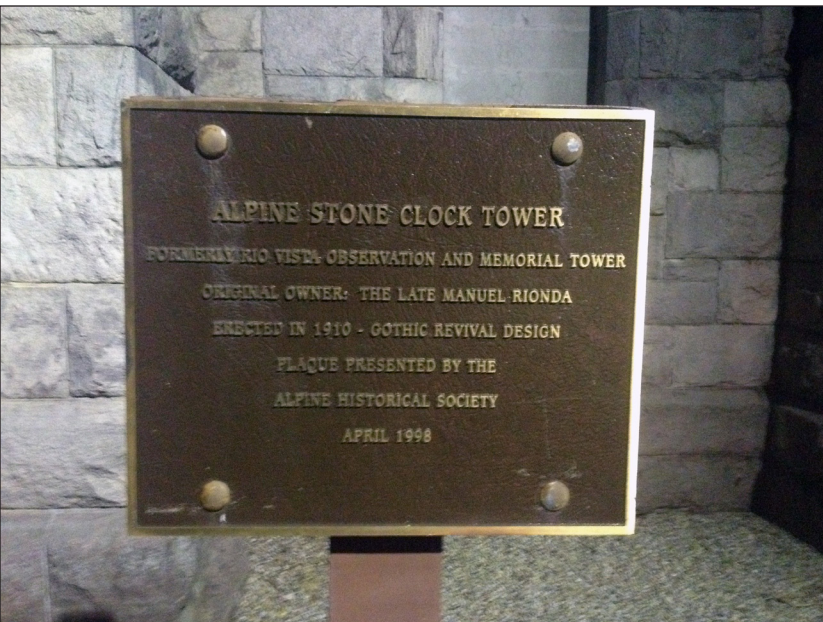
1870s and was once home to singer of "This Land is Your Land", Woody Guthrie, who suffered from alcoholism and schizophrenia. The hospital was officially closed in 2008 and could be demolished in March or February of 2014.

Greystone is one of the most infamous asylums in New Jersey. Over time, the reputation of the Greystone was disgraced due to an overcrowding of patients. At one point, there were over 7,000 patients when it was only meant to house hundreds.

The hospital was ordered to be closed because of reports of sexual abuse by employees to patients as well as patient on patient violence, and multiple suicides.

Greystone Park is over 1,000 acres and at its peak, it once housed over 10,000 patients.

Many people have visited the hospital and have found files of patients from the early 50s and 60s. The files do not have any names on the them, just patient identification numbers. The files also contain a mugshot-looking photo of the patient when they first arrived at the hospital and one for when they were released.



© NATALIE CASTILLO

death. After learning that his wife committed suicide and observing the paranormal activity that followed, Manuel closed down the tunnel that connected

who fell over the bridge and into the water, where he drowned. The driver sped off.

The spirit of Jason and his dog, who also died,

Fall Festivities: Pumpkin Picking & More

BY JESSE KICKEY
Staff Writer

With the trees changing colors and the weather becoming cooler, there is no better time to head off campus and head towards some of the beautiful farms and orchards that New Jersey has to offer.

Antonio Casola Farms

Antonio Casola Farms is a family-run farm that has many of the popular fall activities that visitors enjoy participating in. Casola Farms is located in Holmdel, New Jersey – a forty-five minute drive from the university. Casola Farms is currently showcasing its fall and Halloween activities from now through Halloween from 9am to 10pm. Daytime fall events include a corn maze (weekends only), pumpkin picking, a food court, and the ability to purchase both

fall and Halloween décor for your dorm room or home. At night, guests can ride a haunted hayride or walk through a haunted cornfield - \$15 gets both the haunted hayride and admission to the haunted cornfield.

Contact: Casola Farms can be reached by phone at 732-332-1533 or by email at casolandscape@aol.com. They can also be visited online at www.acasolafarms.com.

Brock Farms

Brock Farms is another farm that has a great deal of supplies that you may need for a fun and festive fall and Halloween. Brock Farms is located in Colts Neck, New Jersey – a forty-five minute drive from the college. Brock Farms is open all week from 8am-6pm. Brock Farms allows for customers to purchase pumpkins and other fall décor. Also, the farm features a costume shop where

visitors can pick up the latest costume for Halloween.

Contact: Brock Farms can be reached by phone at 732-462-0900 and online at www.brockfarms.com. On Twitter, they can be followed @BrockFarms.

Delicious Orchards

Delicious Orchards opened more than one hundred years ago as an apple orchard and has expanded into what is now a country food market. Delicious Orchards is located in Colts Neck, New Jersey – a fifty minute trip from Saint Peter's. The market is open Tuesday through Sunday from 9:30am to 6pm. Customers can purchase fresh baked goods using the freshest ingredients as well as seasonal coffees and teas like pumpkin spice coffee in addition to the many other goods sold at the shop. If the weather is nice, customers

can dine outside at the Cider Café where they can grab a bite to eat underneath one of the apple trees from the original orchard.

Contact: Delicious Orchards can be reached by phone at 732-462-1989 or online at www.deliciousorchardsnjonline.com. You can also follow them on Twitter @D_OrchardsNJ.

Eastmont Orchards

Eastmont Orchards allows visitors to pick their own apples and pumpkins during the fall season. Eastmont Orchards, in Colts Neck, New Jersey, is a fifty minute drive from the university. Eastmont Orchards is open now through the end of October from 9am-5pm during the week and 9am-6pm on Saturday and Sunday. Eastmont Orchards encourages all visitors to check ahead of visiting however as those hours can change due

to inclement weather or a supply shortage. The orchard is free to visitors and they only charge you for the apples and pumpkins that you pick. Eastmont Orchards has more than twenty different varieties of apples that can be picked and even allow for guests to pick fresh peaches during the summer from July through September.

Contact: Eastmont Orchards can be reached by phone at 732-542-5404 or online at www.eastmontorchards.com. You can also check their hours, the varieties of apples being picked, and current conditions at the orchard by following them on Twitter @eastmontorchard.

With fall now in full force, this is the perfect time to hit the road and head out to one of these farms – you won't be disappointed!

Is There Pumpkin in Pumpkin Chai Spice Latte?

BY CARLOS GONZALEZ
Assistant News Editor

Coffee shops are known for their seasonal coffees in the fall, but the ingredients inside these coffees are processed syrups. Some coffee drinks that are advertised for the fall season include pumpkin spice lattes and caramel lattes, both of which include syrups that can be unhealthy for the body.

According to Jazzman's Barista Ana Zapata, pumpkin chai latte is made with "Milk, pumpkin chai syrup and espresso."

Despite the additional syrup and caffeine in coffees such as pumpkin chai spice latte, people still manage to spend their dollars on the drink. Effects of the syrup in these coffees can be dubious and have extra calories.

"Calories can add up to an extra pound depending on each individual syrup," said Kristi L. King, M.P.H. Nutrition's Instructor at the Baylor College of Medicine in Houston, TX. Calories in a coffee serving with artificial syrup are almost 100 calories.

"Theoretically, syrups should have chocolate, cocoa beans, soy beans, vanilla and etc... but sometimes these syrups do not always list every ingredient," King added.

Syrups used in coffees can be vague when stating their ingredients. Jazzman's Monin pumpkin pie latte syrup ingredients include: filtered water, organic evaporated cane juice (tree nuts), black tea, citric acid, xanthan gum, and gellan gum. Ingredients like citric acid are commonly used in soft

drinks for additional flavoring. Xanthan gum is also used for flavoring, however, it is not gluten-free like citric acid.

Syrups' vague ingredient description could be a danger to those allergic to certain foods.

"There could be an allergy in there that is not listed on the syrup," said King. King explains that if a syrup ingredient box reads 'natural and artificial flavors,' it is worthy to research these flavors if in fear of an allergic reaction.

If 'natural and artificial flavors' are read in pumpkin spice lattes syrups,

puree is a natural flavoring of pumpkin mixed with sugar, a process similar to that of chocolate using cocoa beans and sugar.

Luckily for St. Peter's students, Jazzman's coffee syrups brand, Monin, is Kosher and Halal-friendly, GMO free, dairy free, gluten free, and vegan-friendly. Monin also specifies the use of pumpkin puree, which includes real pumpkin, although the amount in the syrup is not specified. Despite the brand's safety, the syrup still contains preservatives that are artificially processed.

"Most gluten and wheat



© CARLOS GONZALEZ

"The wheat that we have today versus the wheat that we had 20 years ago is completely different."

Callahan describes that GMOs (genetically modified foods) are included in almost every food that we eat. "We are fatter because of genetically modified foods, so it is better to eat organic everything," Callahan continued passionately.

GMOs are genetically modified cells or alteration of cells that create new foods that are not natural in food farms. Genetically modified foods can also produce pesticides in plants, or can help plants avoid herbicides. In plain terms, GMOs are artificial and almost all food we eat is never 100 percent natural. Even the giant organic food store Whole Foods admits that "GMOs are pervasive," therefore they cannot avoid selling products that include GMOs.

"Since GMOs are so prevalent in the major food crops in our country — they're a majority of US corn, soy, canola, cottonseed and sugar beets crops — this process will be challenging. But we are working hard and have committed

to having labeling for all products by 2018," states the Whole Foods website in efforts to combat GMO awareness.

Although it is difficult to avoid GMO'd foods, they can be disgusting and dangerous for human health. According to the Institute for Responsible Technology, signs of the modified foods can linger in bodies until death, and can even be transferred to babies if a woman is pregnant. GMO foods can also pollute the environment, even though studies have been "lax" on the issue.

Long-term side effects of artificial syrups used in coffees are yet to be determined due to lack of studies, which could mean that there are no long-term side effects except weight increase according to King.

A freshman who wishes to remain anonymous said coffee with syrup "... tastes better, I don't want [my coffee] too strong."

Coffees with syrup usually provide a sweeter taste that gives take away the bitterness of the espresso in the coffee.

Callahan also admitted that she does not look at the ingredients of these coffees before she orders them. "I guess I'm not that strict of a vegetarian," she said jokingly.

"Anything with less ingredients on it, is a better alternative. And when your hydrated, you will see your energy levels increase, so go for the water," said King when asked what would be the best alternative for people to increase their energy levels in the morning.



© CARLOS GONZALEZ

depending on the company brand, it may include pumpkin puree. Pumpkin

in America is genetically modified," said vegetarian senior Elizabeth Callahan.



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The Greatest Cause - Human Life

BY SOFIA DEPIEROLA
Contributing Writer

When I decided to dye the blonde streak that could be found in my head full of dark hair a funky color last October, many of my friends suggested pink in support of breast cancer awareness. The thought of dying it a color in support of a cause seemed brilliant to me. In that moment, I made up my mind - I was going to dye it purple.

I was shocked when I began to tell my friends my plan. A few were perplexed at the idea that I didn't want to support breast cancer. Some were downright outraged. It seemed as though breast cancer was the only cause they felt needed the attention.

I think many notice the support around this time for breast cancer come in full force for survivors of breast cancer and those currently dealing with it. As soon as October comes rolling around, everything turns

pink. There are pink ribbons, pens, paper, t-shirts, and anything else you can you name. Almost everything being sold in stores has a little pink ribbon on the packaging denoting that a small percentage of the purchase will be put towards breast cancer research.

What my friends and others might not have realized is that I, too, had a special reason and cause for wanting to dye my hair a royal shade of purple.

Many people choose this month to be passionate about finding a cure, and raising awareness to prevent other women and men to develop this horrible disease, but what many aren't aware of is that October also serves as domestic violence awareness month. It seems only those who have been victims of domestic violence support it. In comparison, many people who do not have breast cancer support all things pink, so why are a majority of domestic violence awareness month supporters always those who have experience DV in some way and

not those who feel the need to express their support for survivors?

While a devastating disease, breast cancer is something that can be detected. One can even be genetically tested to see if they have the BRCA gene which indicates a person's likelihood of developing breast cancer.

However, you cannot test someone to see if they will become a victim of domestic violence. You can't cover up cancer cells the way you cover up bruises. Domestic violence awareness is something that is left in the shadows, mostly supported by those who have been victims of domestic violence.

Perhaps it has to do with the fact that many people do not think being in a relationship with domestic violence can happen to them or don't consider it a "social" issue, but it is.

According to the World Health Organization, 1 in 3 women worldwide will experience intimate partner violence. Similarly, 2 in every 5 gay and bisexual men will also experience domestic

violence.

Children of those in violent relationships are also at risk. While the harm of exposing children to abuse and not removing children from violent households are obvious, The Center for Women & Families states that nearly 10 Million children will be exposed to domestic violence every single day.

The Violence Against Women Online Center, which has been taken down due to a lack of funding, reported back in June 2012 that 40% of women with disabilities within the US have reported incidents of intimate partner violence.

One of the many reasons the topic is kept out of normal discussion is because many survivors end up homeless in order to escape their violent partners. According to the National Coalition for the Homeless, half of the cities in the US cite "intimate partner violence" as the primary source for homelessness, while the Institute for Children, Poverty & Homelessness reported that 60% of homeless women in

the US were homeless due to domestic violence - the number increased to 92% when observing homeless women who had children.

Many people don't talk about domestic violence because it's seen as a family or home issue, not a public issue as breast cancer is considered. In reality, domestic violence is everyone's issue and problem.

The effects of domestic violence know no boundaries. It has to start with society opening their eyes and realizing that domestic violence is just as debilitating as breast cancer and we must all stand up in the fight against domestic violence.

As a survivor and witness of domestic violence, I choose to paint the town purple. There are so many people painting it pink and we need some diversity, so don't judge me too harshly just because you think I support a different cause. In the end, it is not a different cause. It's the same cause - life.

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Reginald Dixon: ‘That Man is Lightning.’

BY ESSENCE ROGERS
Opinions Editor

I sat in the bleachers of the Lincoln Park track in Jersey City, NJ waiting to ask questions to someone I had seen before on the track circuit. He seemed larger than life. Whenever his name was brought up, it was followed by “He’s so fast” or “That man is lightning”. I had only seen him run once for myself two years ago and I have to say I was thoroughly impressed, not just by the speed, but by the technique and effortless motion.

I continued to snap a few photos of the blue, worn out track and from the corner of my eye, I saw a very youthful looking black man, standing about 5’7” approaching me. On his head was a charcoal gray skull cap and his shirt was jet black with the words “TRACK NATION” written across it in bold, white Arial font.

“What’s up?” he said. I heard a slight southern accent, which seemed strange being that he was born and raised in Plainfield, New Jersey. As I inquired about the dialect, he informed me that while living five years in Virginia and attending Hampton University to run, play football, and to get his MBA in Business, he had picked it up.

This accent belonged to a man by the name of Reginald Dixon, professional track and field athlete who is now running for the athletic company, Adidas.

I was slightly expecting someone very boisterous. We often think of elite athletes as cocky hams who are in your face and live to be in front of a camera. Dixon, on the other hand, was rather quiet and reserved, often causing me to lean in in order to hear his soft voice. Although his voice was soft, the way he spoke was very assured, letting me know why he was in the position he was in. His eyes often shifted low as he spoke or gazed out toward the track, but even they had a

eventually the Olympic Trials of 2012.

The Olympic Trials warranted a slightly peculiar situation for Dixon. Instead of the event he is most passionate about, the 100- meter dash, he only qualified for the 200-meter dash, leaving him slightly on edge, but grateful for the opportunity for exposure.

“It was my senior year of college” said Dixon. “We had to run a certain time to qualify and I ran the time. I didn’t make it for the 100, which is my main event; I made it for the 200. I can run well in the 200, but it’s not really my focus. I don’t really like it. It’s not my passion.”

In preparation for the trials, Dixon had to increase his workout from his usual short, quick burst speeds to maintaining a quick speed and good form for two hundred meters.

“I went from doing 60s, 80s, and 100s, 150s, and 180s for my practice. Now, I’m doing 300s to work on my 200 and I’m not as strong in that area.”

Dixon did not make the Olympic team. However, he did accomplish his goal which was to “get [his] name out there and get noticed.” After he ran, his coach informed him that someone was waiting to speak with him. It was an agent from Adidas.

Unfortunately, it is against NCAA rules to discuss contracts with athletes while they are still in college and Dixon was still affiliated with Hampton University at the Olympic trials. However, right after Dixon’s last meet running as a Hampton athlete, he was approached by several companies who wanted him to represent their brand. The Adidas agent he met at the Olympic trials was the most appealing, having already drew up a resume of where Dixon would be running, including meets located overseas.

“I went to Canada,” said Dixon. “I was there for about two weeks. I went to Belgium. I went to Amsterdam. And actually, the first meet I had



© ESSENCE ROGERS

actually football, a sport he has been playing since he was five years old. Recently, he had to decide between going to the NFL or going to the Olympics trials.

“Football is my passion. I’m just good at track.”

Dixon was eventually drafted to the Washington Redskins after running at a free agency combine in 2012. However, he chose to continue his career in running and possibly join the NFL later on down the road.

“Hopefully, I’ll be able to go back. If I can’t, than I’m okay with track” said Dixon. “But if I decide to stop running and play football, I’ll let my agent know. He’ll contact the teams and tell them ‘He’s done with running. He wants to play football’. We’ll negotiate with the teams who respond back and decide who’s going to pay Reggie more in order for him to play.”

Dixon’s life is a success story told through the 81 tattoos covering his biceps, chest, stomach, and back. At first,

he was somewhat shying away from telling me the story of this tattoos, but after some persistence, he opened up, revealing each tattoo and what it represented.

“They’re all separate, but they mean something to me” said Dixon. “I tried to piece them together to make a story. I have a Mighty Mouse because that’s what they called me in high school. I have a tattoo of a football and baton on me. I have a solar system on my stomach. I was into space when I was little. I have Jersey on my side because I’m from Jersey. On my chest I have clouds, stars, and thunderbolts representing the trials and tribulations that I went through and also the glory that I have. I have nine stars, going from my arm and across my chest to my other arm representing each person in my family. And I have a three on my shoulder because that’s my favorite number.”

Although Dixon has succeeded in the eyes of many, it was not always

that way. In high school, Dixon was a very average runner, running about 22.5 in the 200 meter dash and 10.6 in the 100 meter dash. It was not until attending Hampton University that his times dropped to 20.5 and 10.2, nearing those of Olympians and getting the attention of agents.

Reginald Dixon, a New Jersey native whose father introduced him to football when he was five, has become a top athlete in both football and track. He has travelled the world and ran with the most elite athletes. He now lives in Jersey City with his track and field coach who he is training with in preparation for the Summer Olympics of 2016 in Rio De Janeiro, Brazil.

As for when he plans to retire as a professional athlete, Dixon says: “Whenever I have to stop running. Whenever my body tells me I can’t run anymore.”



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look of determination. It was hard work and confidence that placed him at the starting line at IC4As, NCAA nationals, and

after signing to Adidas was in Australia.”

Despite all this success and wins on the track and field, Dixon’s passion is

Women’s Volleyball Falls to NJIT in Straight Sets

BY ALEX LIVINGSTON
Staff Writer

The Saint Peter’s women’s volleyball team lost to the NJIT Highlanders in straight sets in a non-conference match at the Yanitelli Recreation Center, Wednesday, October 16th. The Peahens had quick starts against the Highlanders throughout the match, but would eventually fall 20-25, 23-23, and 18-25 resulting in a 3-17 record overall.

“I feel like at times we were doing really well and energetic, but then I feel like we lost our drive and that’s why we fell into a hole,” Senior libero Jenny Pliska said. “We were up by a lot and just let them come back. I just think we need to be more aggressive towards the end of the games.”

Sophomore Lauren Brehens led the Peahens with 10 kills and was closely followed by Junior outside hitter Dayana Arrufat-Rondon who

had 8 kills. Although the Peahens were able to set up points that resulted in kills, it proved difficult to defend against Highlander Danica Vukotic who had 11 kills and 7 digs.

Saint Peter’s got off to a good start in the second set with a quick 3-0 lead. The Peahens would continue to attack the Highlanders and eventually lead 17-11. After 6 consecutive points won by the Highlanders to tie the game at 17-17, the Peahens would fall in a competitive second set 23-25.

“We had really close games until late in the sets. We had some good opportunities to extend some leads, unfortunately we allowed them to go on too many runs late in games,” Head Coach Andrew Brown said. “Serve and receive could’ve been a little bit stronger towards the end of the match in order to close that out. We played hard at moments, we played well just got to continue to combine that and play for every single point because at the end of the day it ends up

matter.”

Pliska believes confidence played a role in the close loss in the second set. “I feel like we started not having confidence in ourselves,” Pliska said. “We all know we can play ten times better. We actually played a really bad game so it’s hard to talk about.”

Once again, in the third set the Peahens jumped out to a quick start trading kills with the Highlanders. Long points proved to be a theme especially in the third set as Senior outside hitter Laura Reinhart tallied a team-high 12 digs throughout the match. Although the Peahens kept it competitive throughout the first half of the third set, they would eventually fall 18-25.

“Again, we just have to go back and work at the basics. Serving and passing needs to continue to be the strength in order to win,” Coach Brown responded when asked about his plan to adjust for the upcoming matches.



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Peacocks Pull a Tie Against the Broncs

BY JAMES PRESTIA
Contributing Writer

A late goal by Junior midfielder Rafael Braga helped St. Peter’s men’s soccer team pull out a draw against Rider in their first home conference match of the season on Wednesday, October 16th at Jaroschak Field.

It didn’t take long for the Broncs (6-4-1, 1-0-1) to get on the score board. In the 4th minute, sophomore defenseman Sonimi Halliday scored off of a corner kick by Christian Flath.

The Peacocks (2-4-4, 0-0-1) hung tough behind their Senior keeper Carlos Saurez, who only had to make two saves on the day, but had to make a big one right before the end of the first half. He made a diving stop with only a few minutes left in the half to keep the score 1-0 and keep his team in the game.

The Peacocks’ offense came to life in the second half, creating a lot more opportunities, which included a chance in the 50th minute off a header from Junior striker Omar Crowl. This forced the Rider freshman goalie David Pastuna to make a



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diving save to keep his team in front, and was probably the toughest of his four saves he made on the day.

But St. Peter’s was not to be denied; after knocking on the door the whole second half, they finally broke through with a goal of their own. Reining MAAC offensive player of the week, Marcel Maddee’s corner kick was headed into the back of the net by Peacocks midfielder Rafael Braga with only twelve minutes left in regulations. Maddee’s assist was his 5th

of season. which added to his team leading thirteen points.

Maddee had a couple of chances late in the 84th and 86th minutes of the game to send the Peacocks home with a victory, but both shots failed to find the net as both teams went into overtime at one a piece.

Rider had most of the chances in the extra time, starting in the first overtime period when freshman defensemen Rob Nardeillo and Sonimi Halliday both missed wide in the 98th and

99th minutes. Rider also had a pair of great scoring chances in the second OT period when Broncs junior defenseman Justin Gregory and freshman striker Zack Bond both missed high with their attempts in 105th and 108th minutes.

Saint Peter’s made a last gasp effort at breaking the tie when freshman defenseman Chris Stragepede’s shots was stopped by the keeper with twenty seconds left in the match.

Both teams walked away from this physical game,

which saw both teams combine for 36 fouls and one player from each team being shown a yellow card with a tie on their records. St. Peter’s remains unbeaten in conference play this year with their second tie in as many games. This was Rider’s first draw of the season as they remain on top of the Metro Atlantic Athletic Conference.

This game was the Peacocks’ sixth overtime game of the season and their fourth straight such game in a row.

Peacocks clipped by Manhattan, lose 1-0



© JAMES SMITH

BY JIM SMITH
Contributing Writer

In a game filled with tension and a chance to move up in the MAAC standings, the Saint Peter’s Men’s Soccer team fell to the Manhattan Jaspers at home on Wednesday with a score of 1-0. The Peacocks fought hard with the Jaspers for the full ninety minutes, but could not manage to find the back of the net.

The game was scoreless for the entire first half, and it boiled over at times with both teams

combining for 25 fouls in the match and a yellow card given to each team. Between both teams combing for five shots on goal and six corner kicks in the first half, it looked as if this game would go into overtime. But within the first minute of the second half, the Jaspers broke through on a goal by Julian Laguna Kennedy. From there on out, it was a deficit the Peacocks just could not come back from.

“It was a very disappointing game for us,” said Peacocks’ coach Julian Richens. “When teams start putting ten

bodies in the box, it’s difficult to defend against.”

The Peacocks had multiple opportunities in the second half, including two corner kicks and five shots. However, the Jaspers defense stopped any chance of the Peacocks scoring a game-tying goal.

“I give credit to our back line,” said Manhattan coach Jorden Scott, “I thought that they won it for us today. Our back line and our goalkeeper are out of this world right now.”

With the loss, Saint Peter’s drops to 2-6-4 on the season, and they

remain winless in the MAAC conference. The Peacocks have a seven-day break before their next match on October 23rd at Monmouth University.

“We have seven starters injured right now,” said Coach Richens. “Hopefully we can get some good regeneration in over the next seven days and get ready for the next game.”

12SPORTS



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BY ESSENCE ROGERS
Opinions Editor

Bronx, New York - Sophomore Lance Weaver was the first to cross the finish line for the Saint Peter's Men's Cross Country team on October 11, 2013, at Van Cortlandt Park in the Bronx, New York.

This was the 85th Metropolitan Cross Country Meet hosted by Fordham University. Teams competing included Fordham University, Saint Peter's University, NYU, Wagner University, Rutgers University, Fairleigh Dickinson, Seton Hall, St. Francis College, and Manhattan College.

Cross country teams are

all too familiar with the sudden hills and slopes of the Van Cortlandt Park cross country course, which makes it very difficult to run.

Weaver finished the 8 kilometer race in 29:33.13, placing 83rd overall, despite the urge to give up at one point.

"The hardest part of the race was the last hill, Cemetery Hill, and once I hit the top of that, I wanted to stop," Weaver said. "But I figured I had nothing to lose and kept going for the last mile."

Lance ran a personal record and shaved almost a full minute off his last time, making him more confident about the upcoming MAAC Championships.

"For MAACs, we are going to keep working hard in

practice as a team and motivate each other to do better in our biggest meet of the season," he added.

Not far behind Weaver was junior, John Paul Herrera, running at a time of 34:14.92 and Jose Baxter, running a time of 35:48.58.

Dexter Valley, freshman, came through the finish line at 37:38.65, followed by Karl Desil, junior, who came in at 41:36.05.

The Saint Peter's Men's Cross Country team fell to last place overall with a total of 325 points. In first place was New York University with 24 points, followed by Columbia University and Rutgers University.

Nathalia Carvalho led the Saint Peter's Women's Cross Country team, finishing the

5 kilometer race in 22:14.01, and placing 91st overall.

This is Carvalho's 4th time leading her team through the finish.

"It feels really good," Carvalho said. "I've worked really hard all summer to come in strong for cross country."

Like Weaver, Carvalho also faced turbulence during the course.

"This course is especially tough" she added. "There are a lot of hills in the back. That's where I felt the most pain. The pace of the race was a lot faster too so I think the combination of both hit me hard in the back hills."

Following Carvalho was freshman, Jackie Rizzo-Cassio, running a time of 23:15.12.

Next through the finish was sophomore, Selena Marshall, with a time of 32:32.49, Gina Nocerino, senior, in 25:09.37, Raquel Henderson, freshman, in 27:59.36, and Sunita Kumar, senior, in 28:11.32.

The Saint Peter's Women's Cross Country team fell to last place overall with 371 points. In first place was Columbia with 25 points, followed by New York University and Rutgers University.

Next, the Men's and Women's Cross Country team will run at the MAAC Conference Championships at Van Cortlandt Park in the Bronx, NY. The time will be announced soon on saintpeterspeacocks.com.

Saint Peter's Falls to Marist 4-0

BY ISIAH HARRIS
Contributing Writer

Marist defeated Saint Peter's 4-0 Saturday afternoon at Jaroschak Field in a MAAC women's soccer matchup. The Saint Peter's Peacocks (2-11-0, 0-7-0 MAAC) couldn't seem to hold their own against the Red Foxes (7-6-2, 5-2-0 MAAC). Marist held them to zero shots in the first half. The Peacocks ended up with five shots in total with only one being on goal.

The Red Foxes wasted no time getting their first goal. Rycke Guiney scored off a header in the 4th minute of action. Marissa Mertens found the back of the net in the 14th minute when she landed a shot from about 20 yards out that went over the head of Peacock's goalkeeper, Molly O'Halloran. With Marist having a 2-0 lead before halftime, Saint Peter's coach, Rob Bielan, decided to make a goalkeeper change. Kelsey Roberts entered the game in the 21st minute for the first time as a collegiate goalkeeper. She made two saves during the game.

Marist's bench played a huge factor in the game, as



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well. Marist made six substitutions in the first half and 14 in total, compared to the Peacock's six substitutions.

One of Marist's bench players, Juliette Loccisano had a great performance

during the game. In the 63rd minute, Loccisano racked in an assist after Alycia Cartica scored off of her pass. Loccisano wasn't done there. She took a pass from Megan McEnroe down the left side

of the field before scoring in the 82nd minute

Coach Bielan let it be known that the team is in the middle of some defensive changes, but the girls had some trouble adjusting to it.

"We have to keep following through on what we're doing. We know what we have to do and just keep working forward," Bielan said.